

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (408) 910-9299
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

2019 WCAL Girls Soccer Players of the Year

Goalkeeper of the Year

Lauren Zontos - Sophomore - Presentation

Co-Defenders of the Year

Alexa Arancio - Sophomore – Archbishop Mitty
Lexie Lotti – Senior – Saint Ignatius

Midfielder of the Year

Camille Lafaix – Senior – Archbishop Mitty

Striker of the Year

Lauren Frohan – Senior – Saint Ignatius

Co-Players of the Year

Lauren Zontos – Sophomore – Presentation
Camille Lafaix – Senior – Archbishop Mitty

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (408) 910-9299
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

2019 WCAL Girls Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Lauren Frohan	Saint Ignatius	Senior	Midfielder/Striker
Audrey Schaffer	Saint Ignatius	Senior	Goalkeeper
Elle Van Giesen	Saint Ignatius	Junior	Defender
Lexie Lotti	Saint Ignatius	Senior	Defender
Alexa Arancio	Archbishop Mitty	Sophomore	Defender
Camille Lafaix	Archbishop Mitty	Senior	Midfielder
Katelyn Meyer	Archbishop Mitty	Senior	Defender
Amanda Avila	Presentation	Senior	
Lauren Zontos	Presentation	Sophomore	
Nicola Lebakos	Saint Francis	Senior	Defender
Lauren Beers	Saint Francis	Junior	Defender
Rhea Chan	Sacred Heart Cathedral	Senior	Forward
Kayla Nanez	Valley Christian	Senior	Defender

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (408) 910-9299

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Katrina Avila	Saint Ignatius	Junior	Midfielder
Olivia Carroll	Saint Ignatius	Junior	Forward/Midfielder
Shannon Coyle	Archbishop Mitty	Senior	Defender
Svea Neunfinger	Archbishop Mitty	Junior	Forward
Ciara Mahoney	Presentation	Junior	
Megan Lore	Presentation	Sophomore	
Riley Burrill	Saint Francis	Senior	Midfielder
Isabella Schou	Saint Francis	Junior	Forward
Sophia Rodil	Sacred Heart Cathedral	Senior	Forward
Evalani Dudum	Sacred Heart Cathedral	Sophomore	Defender
Faye Karoglou	Valley Christian	Senior	Goalkeeper
Katherine Kooiman	Valley Christian	Senior	Striker

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Kelly Wall	Saint Ignatius	Junior	Forward
Emma Vane	Archbishop Mitty	Sophomore	Midfielder
Josefine Ackley	Presentation	Junior	
Morgan Ketas	Saint Francis	Senior	Forward
Sophie Simpson	Sacred Heart Cathedral	Junior	Midfielder
Mackenzie Haneman	Valley Christian	Junior	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian