

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (408) 910-9299
E-Mail: jfugate@wcalports.org
Website: www.wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalid@wcalports.org
Twitter: www.twitter.com/wcalports

2017 WCAL Boys Cross Country All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Meika Beaudoin-Rousseau	Bellarmino	Senior
Shyan Kumar	Saint Francis	Senior
Colton Colonna	Saint Francis	Junior
Daniel Skahill	Saint Francis	Junior
Eric Eng	Saint Francis	Junior
Juan Pablo Garcia	Saint Francis	Sophomore
Aiden Madison	Saint Francis	Sophomore

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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Second Team

Mason Elefant	Saint Francis	Junior
Ross D'Orfani	Bellarmino	Junior
Alex Scales	Bellarmino	Senior
Samuel Leather	Archbishop Mitty	Senior
Luke Hammers	Bellarmino	Junior
Joseph Renati	Valley Christian	Senior
Devin Makhni	Archbishop Mitty	Junior

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2017 WCAL Girls Cross Country All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Paige Comiso	Presentation	Senior
Gianna Mendoza	Presentation	Sophomore
Zoe Hartfield	Presentation	Freshman
Sabina House	Sacred Heart Cathedral	Sophomore
Medeleine Coli	Saint Francis	Senior
Audrey James	Presentation	Junior
Isabelle Cairns	Saint Francis	Freshman

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Second Team

Katelyn Stone	Valley Christian	Sophomore
Alexandra Lazar	Presentation	Junior
Christine Albrecht	Valley Christian	Junior
Gabriella Escobar	Presentation	Junior
Haley Torsney	Saint Francis	Senior
Katie O'Dea	Saint Ignatius	Senior
Roxane Thomas	Saint Francis	Freshman

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2017 WCAL Football Players of the Year

Player of the Year – Atonio Mafi – Junipero Serra

Most Valuable Running Backs – Darrell Page – Saint Francis

Most Valuable Quarterbacks – Luke Bottari – Junipero Serra

Most Valuable Offensive Linemen – Tyler Manoa – Saint Francis

Most Valuable Wide Receivers – Patrick Nunn – Junipero Serra

Most Valuable Defensive Lineman – RJ Stone – Valley Christian

Most Valuable Linebacker – Folasa'aitu Punalo Pulete Tofi – Archbishop Riordan

Most Valuable Defensive Back – D'Angelo McKenzie – Valley Christian

Most Valuable Kicker – Damon Lewis – Junipero Serra

Most Valuable Utility Player – Chris Park – Junipero Serra

Junior Player of the Year – Opeti Fangupo – Saint Francis

Sophomore Player of the Year – Shamir Bey – Archbishop Mitty

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2017 WCAL All League Football Teams

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<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Atonio Mafi	Junipero Serra	Senior	OL/DL
Isiah Kendrick	Junipero Serra	Senior	RB WR/DB
Luke Bottari	Junipero Serra	Junior	QB
Patrick Nunn	Junipero Serra	Senior	WR/SS
EJ Lahlouh	Junipero Serra	Junior	LB/OL
Chris Park	Junipero Serra	Senior	WR/DB
Nick Brown	Junipero Serra	Senior	DE/TE/LB
Moses Tameilau	Junipero Serra	Senior	OL/DL
Alton Julian	Valley Christian	Senior	WR/DB
Conner Edgar	Valley Christian	Senior	FB/LB
Daniel Machado	Valley Christian	Senior	OL/DL
Johnny Castro	Valley Christian	Senior	OL
D'Angelo McKenzie	Valley Christian	Senior	DB/WR/RB
RJ Stone	Valley Christian	Senior	DE/TE
Charlie Bostic III	Valley Christian	Senior	RB/DB
Tyler Manoa	Saint Francis	Senior	OL/DL
Reed Vettel	Saint Francis	Senior	QB
Darrell Page	Saint Francis	Junior	RB
Opeti Fangupo	Saint Francis	Junior	FB/LB

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Lucas Andrighetto	Saint Francis	Senior	RB/DB
Junior Fehoko	Saint Francis	Senior	TE/OLB
Will Irons	Sacred Heart Cathedral	Senior	QB
Uriah Uila	Sacred Heart Cathedral	Senior	LB
Are'on Mitchell	Sacred Heart Cathedral	Senior	WR/DB/Returner
Anthony Heard	Sacred Heart Cathedral	Junior	RB/DB
Zack Lealeo	Sacred Heart Cathedral	Senior	LB/DE
Mark Biggins	Saint Ignatius	Junior	RB/DB
John Hanley	Saint Ignatius	Senior	OL/DL
Charlie Katz	Saint Ignatius	Senior	QB/DB
David Woodruff	Saint Ignatius	Senior	WR/DL
Nick Alftin	Archbishop Mitty	Senior	TE/DE
Joseph Vaughn	Archbishop Mitty	Junior	WR/FS
Lemuel Marucot	Archbishop Mitty	Senior	CB
Tyler Laton	Archbishop Mitty	Senior	OL/DL
Austin Ajiake	Bellarmino	Senior	RB/LB
Brandon Bumanlag	Bellarmino	Senior	FB/LB
Cade Hall	Bellarmino	Senior	TE/DT
Claude Cole	Bellarmino	Senior	OT/DT
Folasa'aitu Punalu Pulete Tofi	Archbishop Riordan	Senior	LB
Travis Benham	Archbishop Riordan	Senior	QB/P
Jordan Fox	Archbishop Riordan	Senior	WR/DB

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<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Shane Villaroman	Junipero Serra	Senior	WR
Andres Atkins	Junipero Serra	Senior	WR
Raymond Redmond	Junipero Serra	Junior	LB
Billy Stonitsch	Valley Christian	Senior	LB/FB
Zach Barnao	Valley Christian	Senior	OL/DL
Skyler Loving-Black	Valley Christian	Junior	TE/DE/DL
Longahula Ahola	Saint Francis	Senior	OL/DL
Alex Waddell	Saint Francis	Senior	OL/DL
Evan Williams	Saint Francis	Junior	WR/DB
Amin Oglesby	Sacred Heart Cathedral	Senior	WR/DB
Ronan Orford	Sacred Heart Cathedral	Senior	WR/DB/P
Spencer Goldfein	Sacred Heart Cathedral	Junior	OL
Finn Burke	Saint Ignatius	Senior	WR/LB
Kieran O'Keeffe	Saint Ignatius	Senior	OL/LB
Jack Thomson	Saint Ignatius	Senior	TE/LB
Jake Serpa	Archbishop Mitty	Senior	WR/DB/K/Returner
Shamir Bey	Archbishop Mitty	Sophomore	QB
Ethan Matus	Archbishop Mitty	Senior	OL/DL
Griffin Nelson	Bellarmino	Senior	OG/DT

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Tyson Garcia	Bellarmino	Junior	RB/CB
Noah Laine	Bellarmino	Senior	RB/CB
Max Mezie	Archbishop Riordan	Senior	DB/WR
Mel Faaleava	Archbishop Riordan	Senior	DL/TE
Mauricio Lama	Archbishop Riordan	Senior	OL/DL

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Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Elijah Folau	Junipero Serra	Senior	OL
Vince Campana	Junipero Serra	Junior	OL
Keelan O’Riordan	Junipero Serra	Junior	OL
Isaac Jennings	Junipero Serra	Senior	DB
Nico Rollandi	Junipero Serra	Senior	DE
Juan Turner	Valley Christian	Senior	QB
Judaea Moon	Valley Christian	Junior	LB/FB
Isaiah Barajas	Valley Christian	Senior	DE
Zach Gieg	Valley Christian	Junior	OL/DL
D’Von Lang	Valley Christian	Junior	RB/DB
Joshua Pakola	Saint Francis	Junior	TE/OLB
Maurice Wilmer	Saint Francis	Junior	WR/DB
Tyler McCabe	Saint Francis	Junior	LB
Justin Sinclair	Saint Francis	Junior	DB
Mose Vavao	Saint Francis	Sophomore	OL/DL
LeVar Watkins Jr.	Sacred Heart Cathedral	Junior	WR/DB
Sami Nazzai	Sacred Heart Cathedral	Senior	OL
Evan Dere	Sacred Heart Cathedral	Junior	LB
AJ Alston	Sacred Heart Cathedral	Senior	DE
John Franceschini	Sacred Heart Cathedral	Senior	OL
Jack Dyke	Saint Ignatius	Junior	OL/DL
Malachy Milligan-McAleese	Saint Ignatius	Senior	OL/DL

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Chase Scandalios	Saint Ignatius	Senior	OL/LB
Beau Sidwell	Saint Ignatius	Senior	WR/DB
Henry Tunney	Saint Ignatius	Senior	OL/DL
Slader Basso	Archbishop Mitty	Senior	LB
Gabriel Meza	Archbishop Mitty	Senior	OL/DL
James Thomas	Archbishop Mitty	Sophomore	RB/CB/K
Dom Torregroza	Archbishop Mitty	Senior	OL/DL
Xander Zell	Bellarmino	Senior	OG/DT
Isaac Wegner	Bellarmino	Senior	TE
Dillon Andrews	Bellarmino	Senior	TE/LB
Nick Del Biaggio	Bellarmino	Senior	OT/DT
Louie Mezie	Archbishop Riordan	Junior	DB/RB
Michael Estrada	Archbishop Riordan	Junior	OL/DL
Ian Tupulua	Archbishop Riordan	Sophomore	OL/DL
Jeff Peleseuma Breiz	Archbishop Riordan	Senior	LB
Isaac Mpolo	Archbishop Riordan	Senior	DB

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2017 WCAL Outstanding Golfer Quynn Duong – Senior - Valley Christian

2017 Tournament Medalist Doodle Yuen – Saint Francis - Sophomore

2017 WCAL Girls Golf All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Aishvarya Bedi	Saint Francis	Sophomore
Grace Bettis	Saint Ignatius	Junior
Grace Chen	Saint Francis	Senior
Maya Pugatch	Saint Francis	Senior
Kristine Tran	Valley Christian	Junior
Nicole Viver	Valley Christian	Sophomore

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Camilla Chung	Saint Ignatius	Junior
Shauna Eng	Sacred Heart Cathedral	Senior
Audrey Heckel	Saint Francis	Junior
Linette Jun	Valley Christian	Sophomore
Reisha Savadatti	Saint Francis	Senior
Doodle Yuen	Saint Francis	Sophomore

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Phone: (925)

E-Mail:

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Mariana Antaya	Presentation	Junior
Meghan Duong	Valley Christian	Freshman
Alina Feng	Saint Francis	Sophomore
Alice Lin	Archbishop Mitty	Sophomore
Amanda Schwabe	Saint Ignatius	Senior
Alexa Weaver	Sacred Heart Cathedral	Sophomore

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2017 WCAL Tennis All League Teams

WCAL Singles Player of the Year

Shreya Ravilla – Saint Francis

WCAL Doubles Team of the Year

Cate Liston/Akanksha Pabari – Saint Francis

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Alisha Chulani	Saint Francis	Sophomore
Liz Moore	Archbishop Mitty	Senior
Tiffany Boudagian	Saint Ignatius	Sophomore
Claire Gelerkin	Saint Ignatius	Freshman
Shreya Ravilla	Saint Francis	Sophomore
Emily Kha	Saint Francis	Junior
Janise Liang	Valley Christian	Junior

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Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Cate Liston/Akansksha Pabari	Saint Francis	Senior/Sophomore
Kim Krtolica	Presentation	Senior
Gabby Perich	Saint Ignatius	Sophomore
Julie Ira/Annamaria Chavarria	Sacred Heart Cathedral	Senior/Senior
Hanna Erickson/Rucha Mehendale	Valley Christian	Junior/Freshman
Megan Truong	Archbishop Mitty	Senior
Hailey Lancaster	Saint Ignatius	Senior
Raquel Miller	Presentation	Freshman
Elise Yang	Saint Francis	Freshman

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<u>Name</u>	<u>School</u>	<u>Year</u>
Sophie Standen	Sacred Heart Cathedral	Senior
Angela Gill	Presentation	Freshman
Ella Scanga/Lauren McPartland	Sacred Heart Cathedral	Senior/Senior
Katie Petersen/Chaelee Park	Archbishop Mitty	Senior/Sophomore

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2017 WCAL Girls Volleyball All League Teams

Most Valuable Player – Kamrin Caoili – Archbishop Mitty

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Kamrin Caoili	Archbishop Mitty	Senior
Skye Daval-Santos	Saint Ignatius	Senior
Mollie Ebertin	Saint Francis	Senior
Lizzie Fleming	Saint Ignatius	Junior
Megan Lenn	Sacred Heart Cathedral	Sophomore
Nicole Liddle	Archbishop Mitty	Senior
Makaela Tanaka	Archbishop Mitty	Senior
Melanie Williams	Valley Christian	Senior

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Second Team

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Julia Devine	Archbishop Mitty	Senior
Taylor Fleming	Valley Christian	Junior
Gabbie Heller	Saint Francis	Senior
Rachel Hunsaker	Saint Francis	Senior
Saupuni Mavaega	Sacred Heart Cathedral	Senior
Delaney Peranich	Saint Ignatius	Senior
Jenna Sandall	Presentation	Junior
Sierra Tyson	Saint Ignatius	Junior

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Julia Cabri	Archbishop Mitty	Sophomore
Ashley Chan	Sacred Heart Cathedral	Sophomore
Rose Holscher	Saint Ignatius	Senior
Maddi McLaren	Valley Christian	Senior
Skyleur Savage	Archbishop Mitty	Senior
Alden Standley	Sacred Heart Cathedral	Sophomore

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2017 WCAL Boy's Water Polo All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Andrew Churukian	Sacred Heart Prep	Junior	2 Meter
Alex Tsotadze	Sacred Heart Prep	Senior	Driver
Larsen Weigle	Sacred Heart Prep	Junior	Driver
Alexander Nemeth	Sacred Heart Prep	Senior	Goalkeeper
Gabe Discipulo	Bellarmino	Junior	2 Meter Offense
Anthony Rethans	Bellarmino	Senior	Goalkeeper
Dominick Kirk	Bellarmino	Junior	Attack
Hunter Barnett	Valley Christian	Senior	Attack
Chase Zamborelli	Valley Christian	Junior	Goalkeeper
Nathan Puentes	Saint Francis	Senior	Driver
Brian Butler	Junipero Serra	Senior	Attack
Alexander Lansill	Saint Ignatius	Senior	Attack

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Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Michael Sonsini	Sacred Heart Prep	Senior	Driver
Chris Rowland	Sacred Heart Prep	Senior	2 Meter Defender
Nicky Fontes	Bellarmino	Junior	Attack
JT Kujawa	Bellarmino	Sophomore	Utility
Jonathan Matarangas	Valley Christian	Junior	Center Defender
Trent Itow	Valley Christian	Junior	Attack
Frank Lozinski	Saint Francis	Junior	Utility
Sean Ferrari	Saint Francis	Senior	Driver
Danny Gilmartin	Junipero Serra	Senior	Center
Robert Greene III	Junipero Serra	Senior	Attack
Paul Gouchon	Saint Ignatius	Junior	Goalkeeper
Colby Paine	Saint Ignatius	Junior	Attack
Nirav Pakala	Archbishop Mitty	Senior	Center Defender
Manato Yamamoto	Archbishop Mitty	Sophomore	Attack

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Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Walker Seymour	Sacred Heart Prep	Junior	Driver
Thomas Rogers	Bellarmino	Senior	2 Meter Defender
David McKenna	Valley Christian	Senior	Center
Ziad Tannous	Saint Francis	Senior	Utility
Mitchel Alandt	Junipero Serra	Senior	Goalkeeper
Alex Peterson	Saint Ignatius	Junior	Attack
Logan Frey	Archbishop Mitty	Sophomore	Attack

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Izzy Mandema	Saint Francis	Senior	Utility
Izzy Ditzler	Saint Francis	Senior	Utility
Natalie Blanc	Saint Francis	Junior	Goalkeeper
Megan LaCroix	Saint Francis	Junior	Utility
Nadia Paquin	Sacred Heart Prep	Senior	Defender
Nellie McAdams	Sacred Heart Prep	Junior	Goal Keeper
Claire Kerrigan	Sacred Heart Prep	Senior	Driver
Addi Duvall	Sacred Heart Prep	Senior	Utility
Destiny Barnett	Valley Christian	Junior	Driver
Stephanie Chiang	Valley Christian	Senior	Driver
Kaitlin Rooney	Presentation	Senior	Attack
Amanda Rice	Archbishop Mitty	Senior	Field
Se Kim	Saint Ignatius	Senior	Attack

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Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Elise Walker	Saint Francis	Sophomore	Utility
Christina Reed	Saint Francis	Sophomore	Utility
Eleanor Facey	Sacred Heart Prep	Freshman	Center
Annabel Facey	Sacred Heart Prep	Sophomore	Driver
Annika Garrett	Valley Christian	Senior	Driver
Sarah Murchison	Valley Christian	Senior	2 Meter Defender
Olivia Davis	Presentation	Junior	Attack
Heather Jacobson	Presentation	Junior	Goalkeeper
Arrington McGee	Archbishop Mitty	Sophomore	Field
Niki Love	Archbishop Mitty	Sophomore	Field
Betsy Wooler	Saint Ignatius	Sophomore	Attack
Lindsey Merrigan	Saint Ignatius	Senior	Attack

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (408) 910-9299
E-Mail: jfugate@wcalsports.org
Website: www.wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Charlene Ma	Saint Francis	Senior	Utility
Bella Bachler	Sacred Heart Prep	Freshman	Driver
Lauren Hadding	Valley Christian	Senior	Goalkeeper
Audrey Mullen	Presentation	Senior	Attack
Joanna Jain	Archbishop Mitty	Junior	Field
Claire Cruse	Saint Ignatius	Junior	Attack

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
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2018 WCAL All LEAGUE BOY'S BASKETBALL TEAMS

PLAYER OF THE YEAR - Jake Wojcik – Bellarmine – Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Kendall Stubblefield	Bellarmino	Senior
Logan Johnson	Saint Francis	Senior
Riley Grigsby	Archbishop Mitty	Senior
Darrion Trammell	Saint Ignatius	Senior
Bryce Monroe	Sacred Heart Cathedral	Sophomore
Je'Lani Clark	Archbishop Riordan	Sophomore
Colin McCarthy	Junipero Serra	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Parker McDonald	Junipero Serra	Junior
Roy Yuan	Saint Francis	Junior
Brandon Beckman	Saint Ignatius	Senior
Emmett Neal Jr.	Sacred Heart Cathedral	Junior
Cameron Fini	Valley Christian	Senior
James Chun	Archbishop Riordan	Senior
Kiran Kruse	Bellarmino	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation –
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Nathan Metzger	Bellarmino	Senior
Charles Meng	Archbishop Mitty	Senior
Devan Sapp	Archbishop Mitty	Sophomore
Amin Ogelsby	Sacred Heart Cathedral	Senior
Maurice Wilmer	Saint Francis	Junior
Tyler Manoa	Saint Francis	Senior
Henry James	Junipero Serra	Senior
Masie Mohammadi	Junipero Serra	Senior
Matt Redmond	Saint Ignatius	Senior
Teddy Snyder	Saint Ignatius	Junior
Wrenn Robinson	Saint Ignatius	Junior
Jay Allen	Valley Christian	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation –
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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E-Mail: jfugate@wcalsports.org

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E-Mail: wcalsid@wcalsports.org
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2018 WCAL GIRL'S ALL-LEAGUE BASKETBALL TEAM

PLAYER OF THE YEAR

Haley Jones – Archbishop Mitty - Junior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Karisma Ortiz	Archbishop Mitty	Senior
Nicole Blakes	Archbishop Mitty	Senior
Ava Williams	Presentation	Senior
Talo Li-Uperesa	Sacred Heart Cathedral	Junior
Nyah Willis	Valley Christian	Junior
Krissy Miyahara	Archbishop Mitty	Senior
Sharon Roldan	Presentation	Senior
Paige Uyehara	Saint Francis	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
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Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Ania McNicholas	Archbishop Mitty	Junior
Lydia Foust	Saint Francis	Senior
Rachel Harvey	Saint Ignatius	Sophomore
Akemi Namba	Presentation	Senior
Errayanna Hatfield	Sacred Heart Cathedral	Senior
Yaniah Fleming	Sacred Heart Cathedral	Senior
Fallon Dexheimer	Valley Christian	Sophomore
Alyssa Downs	Saint Ignatius	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Carla Pelino	Presentation	Junior
Kelly Heimburger	Presentation	Sophomore
Katie Mason	Valley Christian	Senior
Trinity Stark	Valley Christian	Senior
Mia Grizelj	Saint Francis	Junior
Amanda Inserra	Saint Francis	Senior
Georgia Madden	Saint Ignatius	Senior
Diary Khin	Saint Ignatius	Sophomore
Rainah Smith	Sacred Heart Cathedral	Senior
Gianna Silvestri	Sacred Heart Cathedral	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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2018 WCAL Boys Soccer Players of the Year

Defender of the Year

Cole Hackett – Senior - Bellarmine

Midfielder of the Year

Jota Yamaguchi – Senior – Archbishop Mitty

Forward of the Year

David Woodruff – Senior – Saint Ignatius

Goalkeeper of the Year

Nathan Kushner – Senior – Saint Ignatius

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2018 WCAL Boys Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Nathan Kushner	Saint Ignatius	Senior	Goalkeeper
Joseph Markus	Sacred Heart Cathedral	Senior	Defender
Jay Houston	Archbishop Mitty	Senior	Defender
James Holland	Saint Francis	Senior	Defender
Camron Haynes	Bellarmino	Senior	Defender
Cole Hackett	Bellarmino	Senior	Midfield/Defender
Alex Bailey	Saint Ignatius	Senior	Midfielder
Adam Joss	Junipero Serra	Senior	Midfielder
Jota Yamaguchi	Archbishop Mitty	Senior	Midfielder
Josh Robertson	Archbishop Mitty	Senior	Midfielder
Colin O'Donoghue	Junipero Serra	Senior	Forward
David Woodruff	Saint Ignatius	Senior	Forward
Cory Hill	Saint Francis	Senior	Forward

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Parker Whitcomb	Sacred Heart Cathedral	Senior	Goalkeeper
Willem Kelson	Saint Francis	Junior	Goalkeeper
Jake Serpa	Archbishop Mitty	Senior	Defender
Brandon Garcia	Junipero Serra	Senior	Defender
Sebastian Mendoza	Saint Francis	Senior	Defender
Alex Stanley	Valley Christian	Senior	Defender
Alec Perliss	Sacred Heart Cathedral	Junior	Defender
Giovannie Rodriguez	Archbishop Riordan	Senior	Midfielder
Jack Benniger	Sacred Heart Cathedral	Senior	Midfielder
Zach Addison	Valley Christian	Sophomore	Midfielder
Nicholas Brown	Saint Ignatius	Senior	Forward
Iver Lyche III	Junipero Serra	Senior	Forward
Jake Rhodes	Bellarmino	Junior	Forward

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Cameron Roffey	Valley Christian	Senior	Goalkeeper
Eli Streicker-Hirt	Sacred Heart Cathedral	Junior	Defender
Murdo Nicolson	Junipero Serra	Sophomore	Defender
Fabian Magana	Archbishop Riordan	Senior	Defender
Paul Rich	Saint Ignatius	Junior	Midfielder
Ivan Orlovic	Archbishop Mitty	Junior	Midfielder
Ryan Maier	Saint Francis	Senior	Midfielder
Paxton Hall	Bellarmino	Freshman	Forward

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
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2018 WCAL Girls Soccer Players of the Year

Goalkeeper of the Year

Lauren Zontos – Presentation - Freshman

Defenders of the Year

Hailey Prentice – Archbishop Mitty – Senior

Lily Perryman – Saint Francis – Senior

Lexie Lotti – Saint Ignatius - Junior

Midfielder of the Year

Macy McHale – Archbishop Mitty - Senior

Striker of the Year

Hailey Smith – Archbishop Mitty – Senior

Player of the Year

Hailey Smith – Archbishop Mitty - Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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2018 WCAL Girls Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Paris Fox	Archbishop Mitty	Senior
Sophia Mendoza	Archbishop Mitty	Senior
Macy McHale	Archbishop Mitty	Senior
Hailey Prentice	Archbishop Mitty	Senior
Hailey Smith	Archbishop Mitty	Senior
Jayne Cowell	Presentation	Senior
Amanda Avila	Presentation	Junior
Jordan Karr	Presentation	Sophomore
Lauren Frohan	Saint Ignatius	Junior
Lexie Lotti	Saint Ignatius	Junior
Lily Perryman	Saint Francis	Senior
Lauren Beers	Saint Francis	Sophomore
Paivi Miller	Sacred Heart Cathedral	Senior
Oryann Addison	Valley Christian	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Shannon Coyle	Archbishop Mitty	Junior
Katelyn Meyer	Archbishop Mitty	Junior
Sofia Martin	Presentation	Freshman
Devin Ferguson	Presentation	Senior
Lauren Zontos	Presentation	Freshman
Claire Dworsky	Saint Ignatius	Senior
Tierney White	Saint Francis	Sophomore
Kelly Schultz	Saint Francis	Sophomore
Alyssa Forsman	Sacred Heart Cathedral	Junior
Miriam Steicker-Hirt	Sacred Heart Cathedral	Senior
Kayla Ryan	Valley Christian	Senior
Alexa Wilson	Valley Christian	Sophomore

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Caeley Goldstein	Saint Ignatius	Sophomore
Audrey Schaeffer	Saint Ignatius	Junior
Isabella Panaccione	Saint Francis	Freshman
Sophi Rodil	Sacred Heart Cathedral	Junior
Isabella Euerle	Valley Christian	Sophomore

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2018 WCAL Baseball All League Teams

Player of the Year - Nick Yorke – Archbishop Mitty - Sophomore

Pitchers of the Year - Josh Seward – Archbishop Mitty - Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Michael Mitchell	Bellarmino	Senior	Pitcher
Mitchell Scott	Junipero Serra	Senior	Pitcher
Uday Narottam	Sacred Heart Cathedral	Sophomore	Pitcher
Kevin Pence	Valley Christian	Senior	Pitcher
Patrick Wicklander	Valley Christian	Senior	Pitcher
Ryan Belluomini	Valley Christian	Senior	Catcher
Nick Lopez	Junipero Serra	Senior	Designated Hitter
Miguel Cebedo	Archbishop Mitty	Senior	Infield
Joe Yorke	Archbishop Mitty	Junior	Infield
Connor Henriques	Bellarmino	Senior	Infield
Ryan Higgins	Saint Francis	Senior	Infield
Nick Mariconz	Valley Christian	Senior	Infield
Ryan Jeffries	Saint Francis	Senior	Utility
Jonah Advincula	Archbishop Mitty	Junior	Outfield
Keshawn Ogans	Sacred Heart Cathedral	Junior	Outfield
Coleman Brigman	Valley Christian	Junior	Outfield
Eddie Park	Valley Christian	Sophomore	Outfield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Dominic Quinones	Archbishop Mitty	Junior	Pitcher
Michael Altman	Archbishop Riordan	Senior	Pitcher
Josh Mollerus	Bellarmino	Senior	Pitcher
Wes Harper	Bellarmino	Senior	Pitcher
Joey Schott	Saint Francis	Sophomore	Pitcher
Mason Eng	Bellarmino	Senior	Catcher
Josh Pakola	Saint Francis	Junior	Designated Hitter
Marty Cole	Sacred Heart Cathedral	Senior	Utility
Jack Dyke	Saint Ignatius	Junior	Infield
Matt Kao	Bellarmino	Senior	Infield
Dawson Brigman	Valley Christian	Senior	Infield
Ricky Martinez	Saint Francis	Senior	Infield
Jack Damelio	Junipero Serra	Senior	Infield
Reed Sparling	Bellarmino	Junior	Outfield
Brad Shimabuku	Junipero Serra	Senior	Outfield
Peter Halpin	Saint Francis	Sophomore	Outfield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Martin Chavarria	Sacred Heart Cathedral	Senior	Pitcher
Joe Ammirato	Bellarmino	Senior	Pitcher
Travis Benham	Archbishop Riordan	Senior	Pitcher
Drew Dowd	Junipero Serra	Sophomore	Pitcher
Gianluca Shinn	Saint Francis	Sophomore	Pitcher
Cooper Foard	Saint Francis	Senior	Catcher
Cameron Barstad	Junipero Serra	Senior	Catcher
Zach Baramo	Valley Christian	Senior	Designated Hitter
Matthew Calhoun	Archbishop Riordan	Senior	Infield
Ryan Sutter	Junipero Serra	Senior	Infield
JJ Ota	Junipero Serra	Senior	Infield
Jack Thomson	Saint Ignatius	Senior	Infield
Danny Hinderliter	Sacred Heart Cathedral	Junior	Outfield
Noah Marcelo	Junipero Serra	Senior	Outfield
Steven Zobac	Valley Christian	Junior	Outfield
Jack McDowell	Sacred Heart Cathedral	Senior	Outfield
Jared Reupert	Archbishop Mitty	Senior	Outfield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

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2018 WCAL Boys Golf All League Team

Most Outstanding Golfer – Brian Ma – Junior - Archbishop Mitty

Medalist – Brian Ma – Junior – Archbishop Mitty

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Justin Polk	Bellarmino	Senior
Daniel Kim	Archbishop Mitty	Senior
Caleb Shetler	Valley Christian	Junior
John Heckel	Saint Francis	Freshman
Aashish Achanta	Archbishop Mitty	Junior
Tyson Dinsmore	Saint Francis	Senior
Angelo Marcon	Sacred Heart Cathedral	Sophomore
Moibhi Tyndall	Saint Francis	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Mike Savin	Junipero Serra	Senior
Rajvir Bedi	Bellarmino	Junior
Matt Adams	Saint Francis	Junior
Jack Steck	Bellarmino	Sophomore
Easton Doyle	Saint Francis	Senior
Ralph Kho	Junipero Serra	Sophomore
Dan Sheedy	Saint Ignatius	Junior
Will Meinhardt	Bellarmino	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Zach McKay	Saint Ignatius	Junior
Ethan Manalo	Junipero Serra	Senior
Brandon Choy	Sacred Heart Cathedral	Senior
Zach Strauss	Valley Christian	Senior
Tyler Hartland	Bellarmino	Senior
Andrew Hiebert	Saint Francis	Junior
Niko Veroulis	Archbishop Mitty	Junior
Matthew Audibert	Archbishop Riordan	Senior

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2018 WCAL Lacrosse All League Teams

Player of the Year – Tommy Barnds – Sacred Heart Prep - Junior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Tommy Barnds	Sacred Heart Prep	Junior	Midfield
Jack Devine	Bellarmino	Senior	Midfield/FO
Cody Wiebe	Sacred Heart Prep	Junior	Goalie
Mac Gates	Saint Ignatius	Senior	Goalie
Brody LaPorte	Menlo	Senior	Defender/LSM
Topher Bligh	Saint Ignatius	Junior	Midfield
James Gilfillan	Saint Ignatius	Senior	Defender
Payton St. Gem	Saint Ignatius	Junior	Attack
Conor McCusker	Menlo	Junior	FO/Midfield
Louis Harvey	Bellarmino	Junior	Goalie
Spencer Wood	Saint Francis	Sophomore	Goalie
Dante Bravo	Bellarmino	Senior	Defender
David Schmaier	Menlo	Senior	Attack
Ben Ramsey	Sacred Heart Prep	Freshman	Midfield
Mark Stephens	Saint Ignatius	Junior	Midfield
Kieran Ruf	Archbishop Mitty	Junior	Attack
Jack Crockett	Sacred Heart Prep	Senior	Attack
Kyle Adleman	Saint Ignatius	Junior	LSM
Evan Dere	Sacred Heart Cathedral	Junior	FO/DM
Alex Bean	Sacred Heart Prep	Sophomore	Defender

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Joey Danlkemper	Sacred Heart Prep	Junior	FO
Elliott Adams	Junipero Serra	Senior	Midfield
Dominic Bravo	Bellarmino	Freshman	Defender/LSM
Samson Axe	Menlo	Sophomore	Midfielder
Ben De La Cruz	Saint Francis	Senior	Defender
Lawton Corrigan	Bellarmino	Sophomore	Attack
Jack DePenaloza	Sacred Heart Cathedral	Junior	Midfield
Randy Lewis	Junipero Serra	Junior	LSM
Trevor Williams	Saint Ignatius	Senior	Midfield
Cooper Stewart	Menlo	Senior	Defender
Larry Hart	Sacred Heart Prep	Junior	Midfield
Wells Bligh	Saint Ignatius	Sophomore	Attack
Ryan Young	Menlo	Sophomore	Attack
Sean Mahoney	Archbishop Mitty	Junior	Midfield
Cole Kastner	Menlo	Sophomore	Defender
Brendan Callagy	Junipero Serra	Junior	Midfield
William Peterson	Sacred Heart Prep	Junior	Defender
Jonathan Cassin	Saint Francis	Junior	LSM/Defender
John Purpura	Saint Francis	Senior	Attack
Jonathan Cole	Sacred Heart Cathedral	Junior	Midfield
Eli Serepca	Saint Francis	Junior	Attack
Joshua Rowsey	Saint Francis	Senior	Midfield
John Pollak	Saint Ignatius	Senior	Attack
Duke Reeder	Saint Ignatius	Freshman	Defender
Jacob Michael	Bellarmino	Senior	Defender
Owen Bennett	Bellarmino	Junior	Attack
Silas Stewart	Menlo	Senior	Midfield
Finn Leschly	Menlo	Sophomore	Midfield
Wilson Weisel	Sacred Heart Prep	Sophomore	Midfield
Jacques Allard	Archbishop Mitty	Sophomore	Midfield
Patrick Vergara	Junipero Serra	Senior	Defender
Tommy Huges	Bellarmino	Senior	D Midfield
Paul Barton	Sacred Heart Prep	Freshman	Defender
Brendan Quinn	Saint Francis	Senior	Defender
Taten Williams	Sacred Heart Cathedral	Sophomore	Attack

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Larkin Koker	Archbishop Mitty	Sophomore	Goalie
Brogan Reed	Junipero Serra	Junior	Attack
Callan Davey	Saint Francis	Senior	Defender Midfield
Nick Prestine	Bellarmino	Sophomore	LSM
Diego Luquin	Sacred Heart Cathedral	Junior	LSM

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

2018 WCAL Softball All League Teams

Player of the Year

Kacey Zobac – Valley Christian – Junior - Catcher

Co-Pitchers of the Year

Kayla Dominguez - Valley Christian – Junior

Madison Augusto – Saint Ignatius - Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Lauren Hendrickson	Valley Christian	Senior	First Base
Korie Thomas	Valley Christian	Junior	Shortstop
Aubrie Thomas	Valley Christian	Freshman	Third Base
Daisy Bradanini	Valley Christian	Senior	Centerfield
Hannah Damore	Saint Francis	Junior	Shortstop
Jordan Schurring	Saint Francis	Junior	Pitcher
Hailey Prahm	Saint Francis	Sophomore	First Base
Maicie Levitt	Saint Ignatius	Junior	Shortstop
Kelly McGuigan	Saint Ignatius	Sophomore	Catcher
Leila Hennessey	Saint Ignatius	Freshman	Third Base
Mariah Dewey	Archbishop Mitty	Senior	Shortstop
Hannah Edwards	Archbishop Mitty	Junior	Pitcher
Diamond Holland	Archbishop Mitty	Sophomore	Centerfield
Gabrielle Garlow	Sacred Heart Cathedral	Senior	Pitcher
Kaia McCaul	Presentation	Senior	Pitcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Lexi Okamoto	Valley Christian	Senior	Second Base
Kailyn Stewart	Valley Christian	Senior	Leftfield
Andrea Delfino	Saint Francis	Junior	Outfield
Sarah Stephens	Saint Francis	Senior	Outfield
Marjoelle Palacio	Saint Ignatius	Junior	Second Base
Madison Gunn	Saint Ignatius	Junior	Centerfield
Hana DeGuzman	Archbishop Mitty	Senior	Leftfield
Marissa Ramos	Archbishop Mitty	Senior	Second Base
Mai Ly Cohen	Sacred Heart Cathedral	Senior	Outfield
Marisa Fujimoto	Sacred Heart Cathedral	Senior	First Base
Carolyn Skotz	Presentation	Junior	Shortstop
Kennedy Adkinson	Presentation	Freshman	Centerfield

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Livie Buck	Valley Christian	Senior	
Alexandra Attard	Saint Francis	Junior	Infield
Marina Egbert	Saint Ignatius	Freshman	First Base
Mady Salonga	Archbishop Mitty	Junior	Catcher
Vivien Hughston	Sacred Heart Cathedral	Freshman	Infield
Gabrielle Stevens	Presentation	Senior	Second Base

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (408) 910-9299
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

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2018 WCAL Boys Tennis All League Teams

Player of the Year – Ethan Smith – Saint Ignatius

Doubles Team of the Year – Nathan Tran/Curtis Lin – Saint Francis

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Luke Casper	Bellarmino	Freshman
Kunal Barde	Archbishop Mitty	Senior
Brandon Leung	Sacred Heart Cathedral	Senior
Ethan Carroll	Saint Francis	Senior
Ajith Kumar	Saint Francis	Senior
Jesse Ding	Saint Francis	Junior
Ethan Smith	Saint Ignatius	Senior
Manroop Saini	Valley Christian	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Joshua Leopold	Bellarmino	Senior
Geoffrey Golan	Bellarmino	Freshman
Brian Chong	Archbishop Mitty	Freshman
Nathan Tran/Curtis Lin	Saint Francis	Senior/Sophomore
Nate Van Dell	Junipero Serra	Senior
Daniel Boudagian	Saint Ignatius	Sophomore
Ishaan Jain	Valley Christian	Junior

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Anthony Teciorowski	Bellarmino	Sophomore
Rohit Subramanian/Matt Moore	Bellarmino	Senior/Junior
Anand Narayan/Jack Garvey	Archbishop Mitty	Senior/Senior
James Schmalz	Archbishop Riordan	Senior
Dean DeLeon	Archbishop Riordan	Senior
Dominic Dal Porto	Sacred Heart Cathedral	Senior
Brian Chang	Sacred Heart Cathedral	Senior
Kenneth Wirjadisastra	Saint Francis	Freshman
Abhi Erra	Junipero Serra	Senior
Bobby Berliner	Saint Ignatius	Junior
Daniel Gaffney	Saint Ignatius	Sophomore
Ethan Chin	Saint Ignatius	Freshman
Steven Hao/Ryan Kuan	Valley Christian	Senior/Junior

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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2018 WCAL Volleyball All League Teams

Player of the Year – Zachary Smith – Junipero Serra

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Zachary Smith	Junipero Serra	Senior
Brett Allen	Bellarmino	Senior
Derek Jones	Archbishop Mitty	Senior
Brian Perkins	Bellarmino	Senior
John Alexander	Saint Ignatius	Senior
James Dinneen	Saint Francis	Junior
Grant Dupuy	Valley Christian	Sophomore
Michael Gonzales	Junipero Serra	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Brian Ronan	Junipero Serra	Junior
Ryan Foreman	Bellarmino	Senior
Ryan Li	Archbishop Mitty	Junior
Brian Ross	Bellarmino	Senior
Thomas Lawler	Saint Francis	Junior
Joseph Beima	Sacred Heart Cathedral	Sophomore
Neeraj Keshav	Junipero Serra	Junior
Tyler Hudson	Valley Christian	Sophomore

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Anthony Le	Saint Francis	Senior
Lucas Sant' Ana	Archbishop Mitty	Junior
Alexander Knapen	Bellarmino	Senior
Darren Kim	Sacred Heart Cathedral	Senior
James Mayer	Valley Christian	Senior
Trent Miller	Junipero Serra	Senior
Marko Ristic	Archbishop Mitty	Junior