

West Catholic Athletic League

Commissioner: Ed Ravenscroft
 Phone: (408) 782-9212
 FAX: (408) 782-9202
 E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 Website: www.wcal sports.org

WCAL GIRLS CROSS COUNTRY STANDINGS

October 31, 2012

Varsity

WCAL Champion – Archbishop Mitty

WCAL III

| | <u>WCAL I</u> <u>Score</u> | <u>WCAL I</u> <u>Points</u> | <u>WCAL II</u> <u>Score</u> | <u>WCAL II</u> <u>Points</u> | <u>WCAL III</u> <u>Score</u> | <u>WCAL III</u> <u>Points</u> | <u>Total</u> <u>Points</u> |
|------------------------|-------------------------------|--------------------------------|--------------------------------|---------------------------------|---------------------------------|----------------------------------|-------------------------------|
| Archbishop Mitty | 27 | 7 | 20 | 7 | 34 | 14 | 28 |
| Saint Ignatius | 64 | 6 | 63 | 6 | 75 | 12 | 24 |
| Presentation | 79 | 5 | 190 | 2 | 88 | 10 | 17 |
| St. Francis | 96 | 4 | 89 | 4 | 104 | 6 | 14 |
| Sacred Heart Cathedral | 109 | 3 | 96 | 3 | 94 | 8 | 14 |
| Valley Christian | 133 | 2 | 87 | 5 | 109 | 4 | 11 |
| Notre Dame | 208 | 1 | 201 | 1 | 218 | 2 | 4 |

| <u>Place</u> | <u>Name</u> | <u>School</u> | <u>Yr.</u> | <u>Time</u> |
|--------------|-------------|---------------|------------|-------------|
|--------------|-------------|---------------|------------|-------------|

| | | | | |
|-----|-----------------------|------------------------|----|-------|
| 1. | Kendal Hacker | St. Ignatius | 11 | 18:03 |
| 2. | Molly Haar | Archbishop Mitty | 12 | 18:16 |
| 3. | Hannah Wood | Presentation | 11 | 18:54 |
| 4. | Olivia Brobst | Archbishop Mitty | 11 | 19:11 |
| 5. | Olivia Rintala | Archbishop Mitty | 12 | 19:18 |
| 6. | Kellie Redmond | Sacred Heart Cathedral | 12 | 19:25 |
| 7. | Sophia Cannata-Bowman | Sacred Heart Cathedral | 12 | 19:34 |
| 8. | Gia Kim | St. Francis | 09 | 19:35 |
| 9. | Jessica Xu | Valley Christian | 11 | 19:38 |
| 10. | Ana Duffy | St. Ignatius | 12 | 19:42 |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
 Phone: (408) 782-9212
 FAX: (408) 782-9202
 E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 Website: www.wcal sports.org

WCAL GIRLS CROSS COUNTRY STANDINGS

October 31, 2012

Junior Varsity

WCAL Champion – Archbishop Mitty

WCAL III

| | <u>WCAL I Score</u> | <u>WCAL I Points</u> | <u>WCAL II Score</u> | <u>WCAL II Points</u> | <u>WCAL III Score</u> | <u>WCAL III Points</u> | <u>Total Points</u> |
|------------------------|-------------------------|--------------------------|--------------------------|---------------------------|---------------------------|----------------------------|-------------------------|
| Archbishop Mitty | 28 | 7 | 30 | 7 | 19 | 14 | 28 |
| St. Francis | 38 | 6 | 58 | 5 | 45 | 12 | 23 |
| Saint Ignatius | 122 | 3 | 45 | 6 | 93 | 10 | 19 |
| Sacred Heart Cathedral | 108 | 4 | 119 | 4 | 115 | 8 | 16 |
| Valley Christian | 90 | 5 | 159 | 2 | 124 | 6 | 13 |
| Presentation | 134 | 2 | 128 | 3 | 126 | 4 | 9 |
| Notre Dame Belmont | - | - | 214 | 1 | - | - | 1 |

| <u>Place</u> | <u>Name</u> | <u>School</u> | <u>Yr.</u> | <u>Time</u> |
|--------------|-------------|---------------|------------|-------------|
|--------------|-------------|---------------|------------|-------------|

| | | | | |
|-----|---------------------|------------------|----|-------|
| 1. | Haley Weiner | Archbishop Mitty | 11 | 20:18 |
| 2. | Montana Loveday | Archbishop Mitty | 12 | 20:25 |
| 3. | Kelly Sweeney | Archbishop Mitty | 11 | 20:46 |
| 4. | Vasilia Veziris | St. Francis | 10 | 20:57 |
| 5. | Jenna McGuigan | Archbishop Mitty | 12 | 21:32 |
| 6. | Bettina Alessandria | St. Ignatius | 11 | 21:38 |
| 7. | Janice Gau | St. Francis | 11 | 21:38 |
| 8. | Paris Grabeel | Archbishop Mitty | 10 | 21:42 |
| 9. | Rachel Morrison | St. Francis | 11 | 21:44 |
| 10. | Courtney Fetter | St. Francis | 11 | 21:45 |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
 Phone: (408) 782-9212
 FAX: (408) 782-9202
 E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 Website: www.wcalports.org

WCAL GIRLS CROSS COUNTRY STANDINGS

October 31, 2012

Frosh/Soph

WCAL Champion – Archbishop Mitty

WCAL III

| | <u>WCAL I</u> <u>Score</u> | <u>WCAL I</u> <u>Points</u> | <u>WCAL II</u> <u>Score</u> | <u>WCAL II</u> <u>Points</u> | <u>WCAL III</u> <u>Score</u> | <u>WCAL III</u> <u>Points</u> | <u>Total</u> <u>Points</u> |
|------------------------|-------------------------------|--------------------------------|--------------------------------|---------------------------------|---------------------------------|----------------------------------|-------------------------------|
| Archbishop Mitty | 23 | 7 | 20 | 7 | 21 | 14 | 28 |
| Saint Ignatius | 43 | 6 | 47 | 6 | 52 | 12 | 24 |
| St. Francis | 64 | 5 | 59 | 5 | 56 | 10 | 20 |
| Sacred Heart Cathedral | 119 | 4 | - | - | - | - | 4 |

| <u>Place</u> | <u>Name</u> | <u>School</u> | <u>Yr.</u> | <u>Time</u> |
|--------------|-------------------|------------------|------------|-------------|
| 1. | Veronica Alberts | St. Ignatius | 09 | 20:19 |
| 2. | Erin Weiner | Archbishop Mitty | 09 | 20:20 |
| 3. | Caitlin Palacio | Archbishop Mitty | 09 | 20:42 |
| 4. | Maggie Wang | Archbishop Mitty | 10 | 21:06 |
| 5. | Allison Le | Archbishop Mitty | 10 | 21:14 |
| 6. | Barbara Zhao | St. Francis | 09 | 21:16 |
| 7. | Uma Ramaratnam | Archbishop Mitty | 10 | 21:37 |
| 8. | Alexa Fotinos | St. Ignatius | 10 | 21:45 |
| 9. | Jyotsna Gopinath | Archbishop Mitty | 10 | 21:49 |
| 10. | Francesca Ledesma | St. Ignatius | 10 | 21:58 |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
 Phone: (408) 782-9212
 FAX: (408) 782-9202
 E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 Website: www.wcalports.org

WCAL BOYS CROSS COUNTRY STANDINGS

October 31, 2011

Varsity

WCAL Champion - Bellarmine

WCAL III

| | <u>WCAL I</u> <u>Score</u> | <u>WCAL I</u> <u>Points</u> | <u>WCAL II</u> <u>Score</u> | <u>WCAL II</u> <u>Points</u> | <u>WCAL III</u> <u>Score</u> | <u>WCAL III</u> <u>Points</u> | <u>Total</u> <u>Points</u> |
|------------------------|-------------------------------|--------------------------------|--------------------------------|---------------------------------|---------------------------------|----------------------------------|-------------------------------|
| Bellarmino | 35 | 8 | 51 | 8 | 28 | 16 | 32 |
| St. Francis | 77* | 5 | 55 | 7 | 72 | 14 | 26 |
| Saint Ignatius | 61 | 7 | 67 | 6 | 78 | 12 | 25 |
| Archbishop Mitty | 77* | 6 | 81 | 5 | 89 | 10 | 21 |
| Sacred Heart Cathedral | 124 | 4 | 116 | 4 | 126 | 8 | 16 |
| Junipero Serra | 128 | 3 | 132 | 3 | 132 | 6 | 12 |
| Valley Christian | - | - | 167 | 2 | 191 | 4 | 6 |
| Archbishop Riordan | 209 | 2 | - | - | 238 | 2 | 4 |

| | <u>Place</u> | <u>Name</u> | <u>School</u> | <u>Yr.</u> | <u>Time</u> |
|--|--------------|--------------------|------------------|------------|-------------|
| | 1. | Joseph Berriatua | Junipero Serra | 12 | 15:19 |
| | 2. | Raymond Meijer | Bellarmino | 12 | 15:26 |
| | 3. | Ciaran Murphy | St. Ignatius | 12 | 15:46 |
| | 4. | Richard Guzikowski | Archbishop Mitty | 12 | 15:51 |
| | 5. | Justin Barry | Bellarmino | 11 | 15:54 |
| | 6. | Alex Sasser | Bellarmino | 09 | 15:57 |
| | 7. | Charles Deanda | Bellarmino | 12 | 15:57 |
| | 8. | Miles Meijer | Bellarmino | 10 | 15:59 |
| | 9. | Matt Seidel | Bellarmino | 11 | 16:05 |
| | 10. | Gabriel McLarnan | St. Francis | 11 | 16:06 |

*- Archbishop Mitty wins the tie breaker – WCAL I.

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
 Phone: (408) 782-9212
 FAX: (408) 782-9202
 E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 Website: www.wcal sports.org

WCAL BOYS CROSS COUNTRY STANDINGS

October 31, 2012

Junior Varsity

WCAL Champion - Bellarmine

WCAL III

| | <u>WCAL I</u> <u>Score</u> | <u>WCAL I</u> <u>Points</u> | <u>WCAL II</u> <u>Score</u> | <u>WCAL II</u> <u>Points</u> | <u>WCAL III</u> <u>Score</u> | <u>WCAL III</u> <u>Points</u> | <u>Total</u> <u>Points</u> |
|------------------------|-------------------------------|--------------------------------|--------------------------------|---------------------------------|---------------------------------|----------------------------------|-------------------------------|
| Bellarmino | 15 | 8 | 15 | 8 | 15 | 16 | 32 |
| Saint Ignatius | 78 | 7 | 83 | 7 | 83 | 14 | 25 |
| Sacred Heart Cathedral | 120 | 4 | 120 | 5 | 95 | 12 | 21 |
| St. Francis | 96 | 6 | 127* | 3 | 97 | 10 | 19 |
| Junipero Serra | 112 | 5 | 127* | 4 | 115 | 8 | 17 |
| Archbishop Mitty | 177 | 2 | 114 | 6 | 136 | 6 | 14 |
| Archbishop Riordan | 245 | 1 | 139 | 2 | - | - | 3 |
| Valley Christian | 149 | 3 | - | - | - | - | 3 |

| <u>Place</u> | <u>Name</u> | <u>School</u> | <u>Yr.</u> | <u>Time</u> |
|--------------|------------------|------------------------|------------|-------------|
| 1. | Isaac Madrid | Bellarmino | 11 | 16:33 |
| 2. | Joshua Pleva | Bellarmino | 11 | 16:35 |
| 3. | Tyler Lazar | Bellarmino | 11 | 16:42 |
| 4. | Andrew Blankley | Bellarmino | 11 | 17:03 |
| 5. | Marshall Seid | Bellarmino | 12 | 17:04 |
| 6. | Ken Saxton | Bellarmino | 12 | 17:05 |
| 7. | Moises Hernandez | Sacred Heart Cathedral | 11 | 17:09 |
| 8. | Jeffrey Hara | Bellarmino | 11 | 17:26 |
| 9. | Nick Shea | Bellarmino | 12 | 17:32 |
| 10. | Akhil Surapaneni | Bellarmino | 11 | 17:35 |

*Junipero Serra wins the tie Breaker – WCAL II

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
 Phone: (408) 782-9212
 FAX: (408) 782-9202
 E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 Website: www.wcal sports.org

WCAL BOYS CROSS COUNTRY STANDINGS

October 31, 2012

SOPHOMORES

WCAL Champion - Bellarmine

WCAL III

| | <u>WCAL I</u> <u>Score</u> | <u>WCAL I</u> <u>Points</u> | <u>WCAL II</u> <u>Score</u> | <u>WCAL II</u> <u>Points</u> | <u>WCAL III</u> <u>Score</u> | <u>WCAL III</u> <u>Points</u> | <u>Total</u> <u>Points</u> |
|------------------------|-------------------------------|--------------------------------|--------------------------------|---------------------------------|---------------------------------|----------------------------------|-------------------------------|
| Bellarmino | 15 | 8 | 17 | 8 | 15 | 16 | 32 |
| Sacred Heart Cathedral | 97 | 6 | 71 | 6 | 72 | 14 | 26 |
| Saint Ignatius | 59 | 7 | 70 | 7 | 78 | 12 | 26 |
| St. Francis | 141 | 3 | 121 | 5 | 115 | 10 | 18 |
| Junipero Serra | 135 | 4 | 140 | 3 | 149 | 6 | 13 |
| Valley Christian | - | - | 128 | 4 | 118 | 8 | 12 |
| Archbishop Mitty | 112 | 5 | 203 | 2 | 209 | 4 | 11 |

| <u>Place</u> | <u>Name</u> | <u>School</u> | <u>Yr.</u> | <u>Time</u> |
|--------------|-------------|---------------|------------|-------------|
|--------------|-------------|---------------|------------|-------------|

| | | | | |
|-----|---------------|--------------|----|-------|
| 1. | Ricky Avila | Bellarmino | 10 | 16:07 |
| 2. | Tucker Meijer | Bellarmino | 10 | 16:12 |
| 3. | Michael Hase | Bellarmino | 10 | 16:31 |
| 4. | Ryan Burd | Bellarmino | 10 | 16:43 |
| 5. | Bennet Shaw | Bellarmino | 10 | 16:47 |
| 6. | Thomas Doyle | Bellarmino | 10 | 17:09 |
| 7. | Aidan Olander | St. Francis | 10 | 17:35 |
| 8. | Padraig Lyons | St. Ignatius | 10 | 17:41 |
| 9. | Matthew Clem | Bellarmino | 10 | 17:48 |
| 10. | Lupe Rojas | Bellarmino | 10 | 17:48 |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
 Phone: (408) 782-9212
 FAX: (408) 782-9202
 E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 Website: www.wcal sports.org

WCAL BOYS CROSS COUNTRY STANDINGS

October 31, 2012

FRESHMAN

WCAL Champions – Bellarmine

WCAL III

| | <u>WCAL I</u> <u>Score</u> | <u>WCAL I</u> <u>Points</u> | <u>WCAL II</u> <u>Score</u> | <u>WCAL II</u> <u>Points</u> | <u>WCAL III</u> <u>Score</u> | <u>WCAL III</u> <u>Points</u> | <u>Total</u> <u>Points</u> |
|------------------------|-------------------------------|--------------------------------|--------------------------------|---------------------------------|---------------------------------|----------------------------------|-------------------------------|
| Bellarmino | 18 | 8 | 26 | 8 | 24 | 16 | 32 |
| St. Ignatius | 97 | 6 | 58 | 7 | 47 | 14 | 27 |
| St. Francis | 63 | 7 | 60 | 6 | 65 | 12 | 25 |
| Archbishop Mitty | 105 | 5 | 113 | 5 | 111 | 10 | 20 |
| Junipero Serra | 130 | 4 | 126 | 4 | 144 | 8 | 16 |
| Archbishop Riordan | 186 | 2 | 177 | 3 | 165 | 6 | 11 |
| Sacred Heart Cathedral | 138 | 3 | 189 | 2 | 173 | 4 | 9 |

| <u>Place</u> | <u>Name</u> | <u>School</u> | <u>Yr.</u> | <u>Time</u> |
|--------------|------------------|------------------|------------|-------------|
| 1. | Kevin Lehr | St. Ignatius | 09 | 16:11 |
| 2. | Marcus Avila | Bellarmino | 09 | 16:33 |
| 3. | Donald Welsh | Bellarmino | 09 | 16:33 |
| 4. | Derek Shiu | Bellarmino | 09 | 17:33 |
| 5. | Alex Ward | St. Francis | 09 | 17:38 |
| 6. | Justin Siu | Archbishop Mitty | 09 | 17:41 |
| 7. | Aziz Ghadiali | Bellarmino | 09 | 17:46 |
| 8. | Jacob Lazar | Bellarmino | 09 | 17:54 |
| 9. | Raymond Breault | St. Ignatius | 09 | 17:56 |
| 10. | Matthew Gschwind | St. Francis | 09 | 18:11 |

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL FOOTBALL FINAL STANDINGS

November 10, 2012

WCAL Champion - Bellarmine

Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Bellarmino | 7 | 0 | 9 | 1 |
| Junipero Serra | 5 | 2 | 8 | 2 |
| St. Ignatius | 5 | 2 | 7 | 3 |
| Archbishop Mitty | 4 | 3 | 7 | 3 |
| St. Francis | 4 | 3 | 5 | 5 |
| Valley Christian | 2 | 5 | 4 | 6 |
| Sacred Heart Cathedral | 1 | 6 | 2 | 8 |
| Archbishop Riordan | 0 | 7 | 3 | 7 |

Results

November 9th

Bellarmino 42 – Sacred Heart Cathedral 13

November 10th

St. Ignatius 21 – Archbishop Mitty 6

Valley Christian 45 – Archbishop Riordan 0

St. Francis 24 – Junipero Serra 0

Games This Week

CCS Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL FOOTBALL FINAL STANDINGS

November 10, 2012

WCAL Champion – St. Ignatius

Junior Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>League Ties</u> | <u>League Points</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|--------------------|----------------------|--------------------|
| Saint Ignatius | 7 | 0 | 0 | 14 | 9 | 1 | 0 |
| St. Francis | 6 | 1 | 0 | 12 | 9 | 1 | 0 |
| Archbishop Mitty | 5 | 2 | 0 | 10 | 7 | 2 | 1 |
| Bellarmino | 4 | 3 | 0 | 8 | 6 | 4 | 0 |
| Junipero Serra | 2 | 4 | 1 | 5 | 5 | 4 | 1 |
| Valley Christian | 2 | 4 | 1 | 5 | 4 | 5 | 1 |
| Sacred Heart Cathedral | 1 | 6 | 0 | 2 | 1 | 9 | 0 |
| Archbishop Riordan | 0 | 7 | 0 | 0 | 3 | 7 | 0 |

Results

November 9th

Bellarmino 41 – Sacred Heart Cathedral 6

November 10th

St. Ignatius 28 – Archbishop Mitty 7

Valley Christian 21 – Archbishop Riordan 6

St. Francis 31 – Junipero Serra 0

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL FOOTBALL FINAL STANDINGS

November 10, 2012

WCAL Champion - Bellarmine

Freshman

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|-------------|---------------|--------------------|----------------------|
| Bellarmino | 7 | 0 | 8 | 1 |
| Valley Christian | 6 | 1 | 8 | 1 |
| Archbishop Riordan | 5 | 2 | 7 | 2 |
| Junipero Serra | 4 | 3 | 6 | 3 |
| St. Francis | 2 | 5 | 3 | 6 |
| Archbishop Mitty | 3 | 4 | 5 | 4 |
| Saint Ignatius | 1 | 6 | 3 | 6 |
| Sacred Heart Cathedral | 0 | 7 | 1 | 8 |

Results

November 9th

Junipero Serra 22 – St. Francis 14
Valley Christian 13 – Archbishop Riordan 6
Archbishop Mitty 29 – St. Ignatius 27

November 10th

Bellarmino 35 – Sacred Heart Cathedral 16

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org

WCAL GIRLS GOLF FINAL STANDINGS

October 22, 2012

Round Robin Co-Champions - St. Ignatius & Valley Christian

Tournament Champion - Presentation

Varsity

| | League | League | Points | Season | Season |
|------------------------|-------------|---------------|--------|-------------|---------------|
| | <u>Wins</u> | <u>Losses</u> | | <u>Wins</u> | <u>Losses</u> |
| St. Ignatius | 10 | 2 | 20 | 12 | 2 |
| Valley Christian | 10 | 2 | 20 | 10 | 2 |
| Presentation | 9 | 3 | 18 | 9 | 3 |
| St. Francis | 7 | 5 | 14 | 7 | 5 |
| Archbishop Mitty | 4 | 8 | 8 | 4 | 8 |
| Notre Dame Belmont | 1 | 11 | 2 | 3 | 11 |
| Sacred Heart Cathedral | 1 | 11 | 2 | 1 | 11 |

Results

October 22nd

WCAL Championships @ Poplar Creek – Silver Tees

1. Presentation - 401
2. Valley Christian - 402
3. St. Ignatius- 411
4. St. Francis - 428
5. Archbishop Mitty - 441
6. Notre Dame Belmont - 479
7. Sacred Heart Cathedral - 517

Medalist: Nancy Xu (SF) 68

Matches This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org

WCAL GIRLS GOLF FINAL STANDINGS

October 22, 2012

WCAL Champion – St. Ignatius

Junior Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Points</u> |
|------------------------|-------------|---------------|---------------|
| Saint Ignatius | 8 | 0 | 16 |
| Presentation | 5 | 3 | 10 |
| Archbishop Mitty | 4 | 4 | 8 |
| Valley Christian | 2 | 6 | 4 |
| Sacred Heart Cathedral | 1 | 7 | 2 |

Results

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org

WCAL GIRLS TENNIS STANDINGS

October 29, 2012

WCAL Co-Champions – Archbishop Mitty & St. Francis

Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|-------------|---------------|--------------------|----------------------|
| Archbishop Mitty | 11 | 1 | 16 | 2 |
| St. Francis | 11 | 1 | 13 | 4 |
| Saint Ignatius | 8 | 4 | 12 | 6 |
| Valley Christian | 6 | 6 | 10 | 8 |
| Sacred Heart Cathedral | 4 | 8 | 13 | 9 |
| Notre Dame Belmont | 2 | 10 | 9 | 11 |
| Presentation | 0 | 12 | 1 | 14 |

Results

October 23rd

Valley Christian 5 – Presentation 2
St. Francis 4 – Archbishop Mitty 3
Sacred Heart Cathedral 4 - Notre Dame Belmont 3
St. Ignatius – Bye

October 25th

Archbishop Mitty 7 - Presentation 0
St. Francis 7 - Valley Christian 0
St. Ignatius @ Notre Dame Belmont PPD to 10/29 Rain
Sacred Heart Cathedral - Bye

October 29th

St. Ignatius 5 – Notre Dame Belmont 2

Matches This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org

WCAL GIRLS TENNIS STANDINGS

October 29, 2012

WCAL Champion – St. Francis

Junior Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|-------------|---------------|--------------------|----------------------|
| St. Francis | 12 | 0 | 12 | 0 |
| Saint Ignatius | 10 | 2 | 12 | 3 |
| Archbishop Mitty | 8 | 4 | 8 | 5 |
| Presentation | 6 | 6 | 8 | 6 |
| Sacred Heart Cathedral | 4 | 8 | 7 | 8 |
| Valley Christian | 2 | 10 | 3 | 10 |
| Notre Dame Belmont | 0 | 12 | 0 | 12 |

Results

October 23rd

St. Francis 6 – Archbishop Mitty 1
Presentation 4 – Valley Christian 3
Sacred Heart Cathedral 6 – Notre Dame Belmont 1
St. Ignatius - Bye

October 25th

St. Francis 7 – Valley Christian 0
Archbishop Mitty 4 – Presentation 3
Notre Dame Belmont @ St. Ignatius PPD to 10/29 Rain
Sacred Heart Cathedral – Bye

October 29th

St. Ignatius 7 – Notre Dame Belmont 0

Matches This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org

WCAL GIRLS VOLLEYBALL FINAL STANDINGS

October 27, 2012

Round Robin Champion – Archbishop Mitty

Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|-------------|---------------|--------------------|----------------------|
| Archbishop Mitty | 6 | 0 | 25 | 0 |
| Sacred Heart Cathedral | 4 | 2 | 28 | 8 |
| Valley Christian | 4 | 2 | 23 | 7 |
| Presentation | 4 | 2 | 21 | 12 |
| St. Francis | 2 | 4 | 16 | 11 |
| Saint Ignatius | 1 | 5 | 9 | 20 |
| Notre Dame Belmont | 0 | 6 | 16 | 13 |

Results

October 22nd

Notre Dame Belmont 3 – Notre Dame (SJ) 1 (25-23, 19-25, 25-13, 25-16)

Bishop O'Dowd 3 - Presentation 1 (22-25, 25-20, 25-14, 25-14)

October 24th

Archbishop Mitty 3 - Sacred Heart Cathedral 0 (25-12, 25-16, 25-16)

St. Francis 3 - Notre Dame Belmont 0 (25-18, 25-18)

Presentation 3 – St. Ignatius 0 (25-16, 25-17, 25-17)

Valley Christian – Bye

October 26/27

Santa Barbara Tournament of Champions

St. Francis 3 - Cathedral Catholic (SD) 1 (17-25, 25-23, 25-21, 25-22)

Archbishop Mitty 3 - St. Francis 0 (25-20, 25-20, 29-27)

St. Francis 3 - Clovis West 0 (25-19, 25-23, 25-20)

St. Francis 3 - Mira Costa 1 (23-25, 25-23, 25-16, 25-19) - St. Francis 5th Place

Archbishop Mitty 3 - Santa Barbara 0 (25-23, 25-14, 25-21)

Archbishop Mitty 3 - Torrey Pines 1 (21-25, 25-17, 25-12, 25-24)

Archbishop Mitty 3 - Marymount 1- (23-25, 25-26 30-28 25-22 15-4) Archbishop Mitty Tourney Champions

Spikefest II

Valley Christian 2 - Independence 0

Valley Christian 2 - Westmont 0

Valley Christian 2 - Homestead 1

Valley Christian 2 - Central Valley Christian 0

Valley Christian 2 - Sacred Heart Cathedral 0 (25-22, 35-33) - Valley Christian Tourney Champions

St. Ignatius 2 – Gunn 0

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Mercy (B) 2 – St. Ignatius 0
El Rio 2 – St. Ignatius 1
St. Ignatius 2 – North Salinas 1
St. Ignatius 2 – Burlingame 1
Sacred Heart Cathedral 2 – Gilroy 0
Sacred Heart Cathedral 2 – Crystal Springs 0
Sacred Heart Cathedral 2 – Aptos 0
Sacred Heart Cathedral 2 – Woodside 0

`Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org

WCAL GIRLS VOLLEYBALL FINAL STANDINGS

October 27, 2012

WCAL North Champion – Sacred Heart Cathedral

WCAL South Champion – St. Francis

Junior Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------------|-------------|---------------|--------------------|----------------------|
| <u>North Division</u> | | | | |
| Sacred Heart Cathedral | 8 | 0 | 28 | 0 |
| Notre Dame Belmont | 4 | 4 | 18 | 11 |
| St. Ignatius | 2 | 6 | 11 | 6 |
| <u>South Division</u> | | | | |
| St. Francis | 8 | 1 | 26 | 3 |
| Archbishop Mitty | 6 | 3 | 28 | 7 |
| Presentation | 2 | 7 | 8 | 9 |
| Valley Christian | 1 | 8 | 14 | 14 |

Results

October 22nd

Notre Dame Belmont 2 – Notre Dame (SJ) 0 25-20, 25-21)

October 24th

St. Francis 2 – Notre Dame Belmont 0

Sacred Heart Cathedral 2 – Archbishop Mitty 1 (20-25, 25-23, 16-14)

St. Ignatius 2 – Presentation 0

Valley Christian – Bye

October 25th

Archbishop Mitty 2 – Presentation 0 (25-10, 25-22)

October 26th

St. Francis 2 – Valley Christian 0

Sacred Heart Cathedral 2 – St. Ignatius 0

October 27th

Harbor Tourney

Archbishop Mitty 2 – Aptos 0 (25-8, 025-6

Archbishop Mitty 2 – Gunn 0 (25-5, 25-15)

Archbishop Mitty 2 – Mt. View 0 (25-12, 25-17)

Archbishop Mitty 2 – Menlo 0 (25-10, 25-11)

Archbishop Mitty 2 – Presentation 0 (25-16) – Archbishop Mitty Tourney Champions

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org

WCAL GIRLS VOLLEYBALL FINAL STANDINGS

October 26, 2012

WCAL North Champion – St. Ignatius

WCAL South Champion St. Francis

Freshman

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------------|------------------------|--------------------------|------------------------|--------------------------|
| <u>North Division</u> | | | | |
| Saint Ignatius | 8 | 0 | 23 | 1 |
| Sacred Heart Cathedral | 4 | 4 | 20 | 5 |
| Notre Dame Belmont | 2 | 6 | 18 | 10 |
| <u>South Division</u> | | | | |
| St. Francis | 8 | 1 | 22 | 3 |
| Archbishop Mitty | 5 | 4 | 23 | 9 |
| Presentation | 3 | 6 | 8 | 7 |
| Valley Christian | 0 | 9 | 8 | 17 |

Results

October 24th

St. Francis 2 – Notre Dame Belmont 0 (25-16, 25-20)
Sacred Heart Cathedral 2 – Archbishop Mitty 1 (25-10, 23-25, 15-6)
St. Ignatius 2 – Presentation 0
Valley Christian – Bye

October 25th

Archbishop Mitty 2 – Presentation 1 (23-25, 25-20, 15-13)

October 26th

St. Francis 2 – Valley Christian 0
St. Ignatius 2 – Sacred Heart Cathedral 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org

WCAL GIRLS WATER POLO STANDINGS

October 24, 2012

WCAL Round Robin Champions – St. Francis

Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|--------------------|-------------|---------------|--------------------|----------------------|
| St. Francis | 6 | 0 | 17 | 3 |
| Sacred Heart Prep | 5 | 1 | 15 | 5 |
| Archbishop Mitty | 4 | 2 | 14 | 8 |
| Saint Ignatius | 3 | 3 | 6 | 8 |
| Presentation | 2 | 4 | 10 | 9 |
| Valley Christian | 1 | 5 | 7 | 10 |
| Notre Dame Belmont | 0 | 6 | 0 | 8 |

Results

October 24th

Archbishop Mitty 18 – Notre Dame Belmont 1
St. Francis 6 – Sacred Heart Prep 3
St. Ignatius 7 – Presentation 3
Valley Christian - Bye

Games This Week

October 25th

Santa Teresa @ Valley Christian (S) 2:30

October 26th

Sacred Heart Prep, St. Francis, St. Ignatius @ NorCal Invitational

October 27th

Sacred Heart Prep, St. Francis, St. Ignatius @ NorCal Invitational
Presentation, Valley Christian @ Panther Varsity Challenge

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org

WCAL GIRLS WATER POLO STANDINGS

October 24, 2012

WCAL Round Robin Champions – St. Ignatius

Junior Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>League Ties</u> | <u>Points</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|--------------------|--------------------|----------------------|--------------------|---------------|--------------------|----------------------|--------------------|
| Saint Ignatius | 6 | 0 | 0 | 12 | 17 | 1 | 0 |
| St. Francis | 5 | 1 | 0 | 10 | 14 | 5 | 0 |
| Presentation | 3 | 2 | 1 | 7 | 15 | 8 | 1 |
| Archbishop Mitty | 3 | 2 | 1 | 7 | 11 | 4 | 1 |
| Sacred Heart Prep | 2 | 4 | 0 | 4 | 15 | 6 | 0 |
| Valley Christian | 1 | 5 | 0 | 2 | 9 | 7 | 0 |
| Notre Dame Belmont | 0 | 6 | 0 | 0 | 0 | 6 | 0 |

Results

October 24th

St. Francis 7 – Sacred Heart Prep 4
Archbishop Mitty 13 – Notre Dame Belmont 3
St. Ignatius 5 – Presentation 4
Valley Christian - Bye

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org
www.twitter.com/wcalsports

WCAL BOYS WATER POLO Final STANDINGS

November 3, 2012

WCAL Round Robin Champions – Sacred Heart Prep

Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>League Points</u> | <u>Playoff Points</u> | <u>Total Points</u> |
|-------------------|-------------|---------------|------------------------|--------------------------|--------------------------|---------------------------|-------------------------|
| Sacred Heart Prep | 6 | 0 | 22 | 4 | 6 | 6 | 12 |
| Bellarmino | 5 | 1 | 15 | 11 | 5 | 5 | 10 |
| Junipero Serra | 3 | 3 | 13 | 14 | 3 | 4 | 7 |
| St. Francis | 4 | 2 | 12 | 15 | 4 | 3 | 7 |
| Valley Christian | 2 | 4 | 13 | 12 | 2 | 2 | 4 |
| Saint Ignatius | 1 | 5 | 15 | 12 | 1 | 1 | 2 |
| Archbishop Mitty | 0 | 6 | 7 | 17 | 0 | 0 | 0 |

Results

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org
www.twitter.com/wcalsports

WCAL BOYS WATER POLO STANDINGS

October 24, 2012

WCAL Champion - Bellarmine

Junior Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|-------------------|-------------|---------------|--------------------|----------------------|
| Bellarmino | 6 | 0 | 21 | 2 |
| St. Francis | 5 | 1 | 13 | 5 |
| Sacred Heart Prep | 3 | 3 | 10 | 10 |
| Valley Christian | 2 | 4 | 7 | 5 |
| Junipero Serra | 3 | 3 | 13 | 7 |
| Saint Ignatius | 2 | 4 | 6 | 4 |
| Archbishop Mitty | 0 | 6 | 0 | 6 |

Results

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org
www.twitter.com/wcalsports

WCAL BOYS WATER POLO STANDINGS

October 24, 2012

WCAL Champion – St. Francis

Freshman

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------|-------------|---------------|------------------------|--------------------------|
| St. Francis | 5 | 0 | 14 | 5 |
| Bellarmino | 4 | 1 | 9 | 10 |
| Valley Christian | 2 | 2 | 3 | 5 |
| Archbishop Mitty | 2 | 3 | 4 | 4 |
| Saint Ignatius | 1 | 3 | 2 | 9 |
| Junipero Serra | 0 | 5 | 4 | 14 |

Results

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS BASKETBALL FINAL STANDINGS

February 9, 2013

Varsity

WCAL Champion – Archbishop Mitty

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Archbishop Mitty | 13 | 1 | 19 | 5 |
| Junipero Serra | 12 | 2 | 21 | 3 |
| Sacred Heart Cathedral | 8 | 6 | 15 | 9 |
| Archbishop Riordan | 7 | 7 | 16 | 8 |
| Bellarmino | 6 | 8 | 16 | 8 |
| St. Ignatius | 6 | 8 | 15 | 9 |
| St. Francis | 4 | 10 | 9 | 15 |
| Valley Christian | 0 | 14 | 5 | 18 |

Results

February 7th

Junipero Serra 69 - St. Ignatius 39
Archbishop Mitty 63 - Valley Christian 29
St. Francis 53 - Bellarmine 50
Archbishop Riordan 61 - Sacred Heart Cathedral 54

February 9th

Archbishop Mitty 78 – Sacred Heart Cathedral 49
Archbishop Riordan 57 - St. Francis 56
Bellarmino 60 - St. Ignatius 51
Junipero Serra 69 – Valley Christian 32

This Weeks Games

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL BOYS BASKETBALL FINAL STANDINGS

February 9, 2013

Junior Varsity

WCAL Champions – Junipero Serra

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Junipero Serra | 12 | 2 | 20 | 3 |
| Bellarmino | 10 | 4 | 16 | 7 |
| St. Francis | 9 | 5 | 15 | 8 |
| St. Ignatius | 8 | 6 | 15 | 6 |
| Sacred Heart Cathedral | 6 | 8 | 12 | 10 |
| Archbishop Mitty | 6 | 8 | 8 | 14 |
| Archbishop Riordan | 5 | 9 | 11 | 12 |
| Valley Christian | 0 | 14 | 5 | 18 |

Results

February 7th

Bellarmino 52 – St. Francis 28

Sacred Heart Cathedral 37 – Archbishop Riordan 29

St. Ignatius 41 – Junipero Serra 33

Archbishop Mitty 40 – Valley Christian 27

February 9th

Junipero Serra 75 – Valley Christian 24

Bellarmino 51 – St. Ignatius 22

St. Francis 50 – Archbishop Riordan 34

Archbishop Mitty 55 - Sacred Heart Cathedral 53 (OT)

This Weeks League Games

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org
www.twitter.com/wcalsports

WCAL BOYS BASKETBALL FINAL STANDINGS

February 9, 2013

Freshman A

WCAL Champion – Junipero Serra

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Junipero Serra | 14 | 0 | 19 | 2 |
| St. Francis | 11 | 3 | 18 | 3 |
| Archbishop Riordan | 8 | 6 | 12 | 9 |
| St. Ignatius | 7 | 7 | 13 | 8 |
| Bellarmino | 7 | 7 | 13 | 8 |
| Valley Christian | 4 | 10 | 8 | 11 |
| Archbishop Mitty | 3 | 11 | 6 | 14 |
| Sacred Heart Cathedral | 2 | 12 | 3 | 16 |

Results

February 7th

St. Francis 50 – Bellarmine 42
Archbishop Riordan 56 – Sacred Heart Cathedral 32
Junipero Serra 40 – St. Ignatius 30
Valley Christian 51 – Archbishop Mitty 38

February 9th

Junipero Serra 62 – Valley Christian 35
Bellarmino 63 – St. Ignatius 47
Archbishop Riordan 40 – St. Francis 35
Archbishop Mitty 55 - Sacred Heart Cathedral 43

This Weeks League Games

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL BOYS BASKETBALL FINAL STANDINGS February 9, 2013 Freshman B

WCAL Co-Champions – Bellarmine & Junipero Serra

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|------------------------|--------------------------|------------------------|--------------------------|
| Junipero Serra | 12 | 2 | 17 | 4 |
| Bellarmino | 12 | 2 | 16 | 5 |
| Archbishop Riordan | 9 | 5 | 15 | 6 |
| St. Francis | 9 | 5 | 15 | 6 |
| Archbishop Mitty | 7 | 7 | 11 | 12 |
| St. Ignatius | 5 | 9 | 8 | 12 |
| Sacred Heart Cathedral | 2 | 12 | 4 | 16 |
| Valley Christian | 0 | 14 | 0 | 18 |

Results

February 7th

Archbishop Riordan 44 – Sacred heart Cathedral 22

Bellarmino 48 – St. Francis 38

Archbishop Mitty 38 – Valley Christian 29

Junipero Serra 34 – St. Ignatius 29

February 9th

Junipero Serra 64 – Valley Christian 23

Bellarmino 40 – St. Ignatius 25

St. Francis 51 – Archbishop Riordan 44

Archbishop Mitty 48 - Sacred Heart Cathedral 37

This Weeks League Games

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL GIRLS BASKETBALL FINAL STANDINGS

February 9, 2013

Varsity

WCAL Champion – Sacred Heart Cathedral

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Sacred Heart Cathedral | 11 | 1 | 19 | 3 |
| Archbishop Mitty | 10 | 2 | 18 | 4 |
| St. Francis | 8 | 4 | 18 | 6 |
| St. Ignatius | 7 | 5 | 17 | 7 |
| Presentation | 4 | 8 | 10 | 14 |
| Valley Christian | 2 | 10 | 10 | 14 |
| Notre Dame Belmont | 0 | 12 | 6 | 18 |

Results

February 6th

Archbishop Mitty 52 - Valley Christian 23

St. Francis 29 - Presentation 23

St. Ignatius 62 - Notre Dame Belmont 30

Sacred Heart Cathedral – Bye

February 7th

Sacred Heart Cathedral 47 – Archbishop Mitty 43

February 8th

St. Ignatius 51 – Presentation 26

February 9th

Valley Christian 47 – Notre Dame Belmont 27

This Weeks Games

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL GIRLS BASKETBALL FINAL STANDINGS

February 9, 2013

Junior Varsity

WCAL Co-Champions – St. Francis & St. Ignatius

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| St. Francis | 11 | 1 | 21 | 1 |
| St. Ignatius | 11 | 1 | 21 | 2 |
| Sacred Heart Cathedral | 6 | 6 | 11 | 9 |
| Archbishop Mitty | 5 | 7 | 13 | 9 |
| Notre Dame Belmont | 5 | 7 | 9 | 9 |
| Presentation | 3 | 9 | 9 | 13 |
| Valley Christian | 1 | 11 | 8 | 13 |

Results

February 6th

St. Francis 28 – Presentation 27
Archbishop Mitty 41 – Valley Christian 13
St. Ignatius 24 – Notre Dame Belmont 17
Sacred Heart Cathedral – Bye

February 7th

Sacred Heart Cathedral 43 – Archbishop Mitty 33

February 8th

St. Ignatius 40 – Presentation 10

February 9th

Notre Dame Belmont 40 – Valley Christian 38

This Weeks League Games

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL GIRLS BASKETBALL FINAL STANDINGS

February 7, 2013

Freshman

WCAL Champion – Sacred Heart Cathedral

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Sacred Heart Cathedral | 6 | 2 | 15 | 3 |
| Archbishop Mitty | 5 | 3 | 12 | 3 |
| St. Ignatius | 5 | 3 | 13 | 4 |
| St. Francis | 4 | 4 | 11 | 8 |
| Presentation | 0 | 8 | 7 | 13 |

Results

February 6th

St. Francis 48 – Presentation 21

Archbishop Mitty, St. Ignatius & Sacred Heart Cathedral – Bye

Archbishop Mitty 51 – Notre Dame (SJ) 15

February 7th

Sacred Heart Cathedral 44 – Archbishop Mitty 33

February 8th

St. Ignatius 35 – Presentation 18

This Weeks League Games

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS SOCCER FINAL STANDINGS

February 6, 2013

Varsity

WCAL Champion – Archbishop Mitty

| | <u>League Wins</u> | <u>League Losses</u> | <u>League Ties</u> | <u>League Points</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|--------------------|----------------------|--------------------|
| Archbishop Mitty | 9 | 0 | 5 | 23 | 13 | 1 | 6 |
| Bellarmino | 7 | 3 | 4 | 18 | 12 | 4 | 4 |
| St. Francis | 7 | 4 | 3 | 17 | 11 | 4 | 3 |
| St. Ignatius | 6 | 4 | 4 | 16 | 10 | 5 | 4 |
| Junipero Serra | 7 | 6 | 1 | 15 | 12 | 7 | 1 |
| Valley Christian | 4 | 6 | 4 | 12 | 6 | 9 | 4 |
| Sacred Heart Cathedral | 4 | 7 | 3 | 11 | 8 | 8 | 4 |
| Archbishop Riordan | 0 | 14 | 0 | 0 | 2 | 18 | 0 |

Results

February 6th

St. Ignatius 4 – Archbishop Riordan 1
Archbishop Mitty 0 – Bellarmine 0
Junipero Serra 2 – Sacred Heart Cathedral 0
St. Francis 3 – Valley Christian 0

Games This Week

February 9th

WCAL Playoffs – High Seed Home – 11:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL BOYS SOCCER FINAL STANDINGS

February 6, 2013

Junior Varsity

WCAL Champion - Bellarmine

| | <u>League Wins</u> | <u>League Losses</u> | <u>League Ties</u> | <u>League Points</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|--------------------|----------------------|--------------------|
| Bellarmino | 11 | 0 | 3 | 25 | 12 | 1 | 3 |
| Archbishop Mitty | 8 | 2 | 4 | 20 | 10 | 4 | 5 |
| St. Ignatius | 8 | 3 | 3 | 19 | 11 | 5 | 3 |
| Valley Christian | 4 | 5 | 5 | 13 | 9 | 5 | 5 |
| Sacred Heart Cathedral | 6 | 8 | 0 | 12 | 9 | 9 | 1 |
| St. Francis | 4 | 6 | 4 | 12 | 6 | 7 | 4 |
| Junipero Serra | 3 | 6 | 5 | 11 | 8 | 7 | 5 |
| Archbishop Riordan | 0 | 14 | 0 | 0 | 0 | 19 | 0 |

Results

February 6th

Archbishop Mitty 2 – Bellarmine 2
Sacred Heart Cathedral 1 – Junipero Serra 0
Valley Christian 1 – St. Francis 0
St. Ignatius 5 – Archbishop Riordan 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS SOCCER FINAL STANDINGS

February 6, 2013

Freshman

WCAL Champion - Bellarmine

| | <u>League Wins</u> | <u>League Losses</u> | <u>League Ties</u> | <u>League Points</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|--------------------|----------------------|--------------------|
| Bellarmino | 9 | 0 | 1 | 19 | 12 | 2 | 2 |
| Sacred Heart Cathedral | 8 | 1 | 1 | 17 | 11 | 1 | 3 |
| Archbishop Mitty | 6 | 4 | 0 | 12 | 7 | 4 | 0 |
| St. Ignatius | 3 | 6 | 1 | 7 | 5 | 6 | 1 |
| St. Francis | 1 | 7 | 2 | 4 | 2 | 10 | 2 |
| Junipero Serra | 0 | 9 | 1 | 1 | 0 | 15 | 2 |

Results

February 6th

Bellarmino 5 – Archbishop Mitty 0
Sacred Heart Cathedral 3 – Junipero Serra 1
St. Francis & St. Ignatius - Bye

League Games This Week - Played after JV Match

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL GIRLS SOCCER STANDINGS

February 6, 2013

Varsity

WCAL Champion – Archbishop Mitty

| | League | League | League | League | Season | Season | Season |
|------------------------|-------------|---------------|-------------|---------------|-------------|---------------|-------------|
| | <u>Wins</u> | <u>Losses</u> | <u>Ties</u> | <u>Points</u> | <u>Wins</u> | <u>Losses</u> | <u>Ties</u> |
| Archbishop Mitty | 11 | 0 | 1 | 23 | 16 | 0 | 4 |
| St. Francis | 8 | 2 | 1 | 17 | 14 | 2 | 1 |
| Valley Christian | 7 | 4 | 1 | 15 | 13 | 4 | 2 |
| Presentation | 7 | 4 | 1 | 15 | 12 | 5 | 1 |
| St. Ignatius | 3 | 9 | 0 | 6 | 6 | 12 | 1 |
| Notre Dame Belmont | 2 | 10 | 0 | 4 | 8 | 11 | 1 |
| Sacred Heart Cathedral | 1 | 11 | 0 | 2 | 5 | 14 | 1 |

Results

February 6th

Archbishop Mitty 1 – Presentation 0

Notre Dame Belmont 2 – Sacred Heart Cathedral 0

St. Francis 2 – Valley Christian 0

St. Ignatius - Bye

Games This Week

February 9th

WCAL Playoffs – Round 1

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL GIRLS SOCCER FINAL STANDINGS

February 6, 2013

Junior Varsity

WCAL Champion – St. Francis

| | <u>League Wins</u> | <u>League Losses</u> | <u>League Ties</u> | <u>League Points</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|--------------------|----------------------|--------------------|
| St. Francis | 12 | 0 | 0 | 24 | 19 | 0 | 0 |
| Archbishop Mitty | 9 | 3 | 0 | 18 | 10 | 5 | 2 |
| Presentation | 6 | 4 | 2 | 14 | 11 | 4 | 2 |
| St. Ignatius | 4 | 5 | 3 | 11 | 8 | 6 | 3 |
| Valley Christian | 3 | 7 | 2 | 8 | 8 | 7 | 3 |
| Notre Dame Belmont | 3 | 7 | 2 | 8 | 6 | 9 | 2 |
| Sacred Heart Cathedral | 0 | 11 | 1 | 1 | 3 | 13 | 2 |

Results

February 6th

St. Francis 1 – Valley Christian 0
Notre Dame Belmont 2 – Sacred Heart Cathedral 0
Archbishop Mitty 1 – Presentation 0
St. Ignatius - bye

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL GIRLS SOCCER STANDINGS

February 6, 2013

Freshman

WCAL Champion – St. Ignatius

| | <u>League Wins</u> | <u>League Losses</u> | <u>League Ties</u> | <u>League Points</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|--------------------|----------------------|--------------------|
| St. Ignatius | 7 | 0 | 3 | 17 | 9 | 1 | 4 |
| Archbishop Mitty | 6 | 0 | 4 | 16 | 8 | 3 | 7 |
| Presentation | 5 | 5 | 0 | 10 | 7 | 5 | 1 |
| St. Francis | 4 | 3 | 3 | 10 | 4 | 7 | 6 |
| Sacred Heart Cathedral | 1 | 7 | 2 | 4 | 1 | 7 | 2 |
| Notre Dame Belmont | 0 | 8 | 2 | 2 | 1 | 10 | 4 |

Results

February 6th

Archbishop Mitty 1 – Presentation 0

Notre Dame Belmont 0 – Sacred Heart Cathedral 0

St. Francis & St. Ignatius - Bye

League Games This Week – Freshman follow JV's

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS WRESTLING FINAL STANDINGS

February 6, 2013

Varsity

WCAL Champion – Junipero Serra

| | <u>League Wins</u> | <u>League Losses</u> |
|------------------------|--------------------|----------------------|
| Junipero Serra | 6 | 0 |
| Archbishop Mitty | 5 | 1 |
| St. Francis | 4 | 2 |
| Bellarmino | 3 | 3 |
| Archbishop Riordan | 2 | 4 |
| Sacred Heart Cathedral | 1 | 5 |
| Valley Christian | 0 | 6 |

Results

February 4th

St. Francis 39 – Valley Christian 6

February 5th

Archbishop Mitty 44 – Bellarmine 21

February 6th

Junipero Serra 49 – Sacred Heart Cathedral 19

League Matches Next Week

February 9th

WCAL Championships @ Sacred Heart Cathedral 8:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL BOYS WRESTLING FINAL STANDINGS

February 6, 2013

Junior Varsity

WCAL Champion – Junipero Serra

| | League Wins | League Losses |
|------------------------|------------------------|--------------------------|
| Junipero Serra | 6 | 0 |
| St. Francis | 5 | 1 |
| Bellarmino | 4 | 2 |
| Sacred Heart Cathedral | 3 | 3 |
| Archbishop Mitty | 2 | 4 |
| Archbishop Riordan | 1 | 5 |
| Valley Christian | 0 | 6 |

Results

February 4th

St. Francis 33 – Valley Christian 9

February 5th

Bellarmino 27 – Archbishop Mitty 22

February 6th

Junipero Serra 45 – Sacred Heart Cathedral 24

League Matches Next Week

February 9th

WCAL Championships @ Sacred Heart Cathedral 8:00

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL BOYS WRESTLING FINAL STANDINGS

February 6, 2013

Freshman

WCAL Champion – Archbishop Riordan

| | <u>League Wins</u> | <u>League Losses</u> |
|------------------------|--------------------|----------------------|
| Archbishop Riordan | 6 | 0 |
| Junipero Serra | 5 | 1 |
| Archbishop Mitty | 4 | 2 |
| St. Francis | 3 | 3 |
| Sacred Heart Cathedral | 2 | 4 |
| Bellarmino | 1 | 5 |
| Valley Christian | 0 | 6 |

Results

February 4th

St. Francis 12 – Valley Christian 6

February 5th

Archbishop Mitty 30 – Bellarmino 0

February 6th

Junipero Serra 52 – Sacred Heart Cathedral 24

League Matches Next Week

February 9th

WCAL Championships @ Sacred Heart Cathedral 8:00

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
E-mail: wcalaid@wcalports.org

WCAL BOYS FINAL BASEBALL STANDINGS

May 3, 2013

WCAL CO-CHAMPIONS – JUNIPERO SERRA & ST. FRANCIS

Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| St. Francis | 11 | 3 | 24 | 3 |
| Junipero Serra | 11 | 3 | 22 | 5 |
| Bellarmino | 10 | 4 | 21 | 6 |
| Valley Christian | 7 | 7 | 18 | 10 |
| Archbishop Mitty | 7 | 7 | 17 | 10 |
| St. Ignatius | 4 | 10 | 15 | 11 |
| Archbishop Riordan | 3 | 11 | 12 | 15 |
| Sacred Heart Cathedral | 3 | 11 | 12 | 14 |

Results

April 30th

Junipero Serra 9 - Archbishop Riordan 4

Bellarmino 1 - St. Francis 0

Archbishop Mitty 3 - Sacred Heart Cathedral 2

Valley Christian 1 - St. Ignatius 0

May 3rd

Bellarmino 4 – Archbishop Riordan 0

Junipero Serra 9 – Sacred Heart Cathedral 0

Valley Christian 5 – St. Francis 4

Archbishop Mitty 2 – St. Ignatius 0

Games This Week

May 7th

WCAL Playoffs – Round 1 – 4:00 – High Seed Home

May 8th

WCAL Playoffs – Semi-Finals – 4:30 & 7:30 @ Santa Clara University

May 9th

WCAL Playoffs – Finals – 6:00 @ Santa Clara University

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
E-mail: wcalcid@wcalports.org

WCAL BOYS FINAL BASEBALL STANDINGS

May 4, 2013

WCAL CHAMPION – ST. FRANCIS

Junior Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> | <u>Season</u> <u>Ties</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|------------------------------|
| St. Francis | 12 | 2 | 18 | 5 | 0 |
| Bellarmino | 11 | 3 | 19 | 4 | 0 |
| Junipero Serra | 9 | 5 | 13 | 9 | 0 |
| St. Ignatius | 8 | 6 | 15 | 7 | 0 |
| Valley Christian | 6 | 8 | 13 | 11 | 0 |
| Archbishop Mitty | 6 | 8 | 13 | 10 | 0 |
| Archbishop Riordan | 4 | 10 | 8 | 13 | 1 |
| Sacred Heart Cathedral | 0 | 14 | 4 | 18 | 0 |

Results

April 30th

Junipero Serra 11 – Archbishop Riordan 3

Bellarmino 2 – St. Francis 1

Archbishop Mitty 12 – Sacred Heart Cathedral 5

May 1st

St. Ignatius 6 – Valley Christian 1

May 3rd

Bellarmino 12 – Archbishop Riordan 0

St. Francis 11 – Valley Christian 7

St. Ignatius 4 – Archbishop Mitty 3

May 4th

Junipero Serra 16 – Sacred Heart Cathedral 1

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
E-mail: wcalcid@wcalports.org

WCAL BOYS FINAL BASEBALL STANDINGS

May 4, 2013

WCAL CHAMPION – ST. FRANCIS

Freshman

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| St. Francis | 11 | 2 | 17 | 3 |
| Bellarmino | 10 | 4 | 17 | 4 |
| Archbishop Mitty | 9 | 5 | 16 | 5 |
| Junipero Serra | 9 | 5 | 13 | 7 |
| St. Ignatius | 8 | 6 | 11 | 9 |
| Valley Christian | 6 | 7 | 7 | 13 |
| Archbishop Riordan | 1 | 13 | 4 | 16 |
| Sacred Heart Cathedral | 1 | 13 | 2 | 15 |

April 30th

Junipero Serra 12 – Archbishop Riordan 11

Bellarmino 4 – St. Francis 2

Archbishop Mitty 3 – Sacred Heart Cathedral 2

May 1st

St. Ignatius 4 – Valley Christian 1

May 3rd

Bellarmino 14 – Archbishop Riordan 2

St. Ignatius 8 – Archbishop Mitty 7

May 4th

Junipero Serra 1 – Sacred Heart Cathedral 0 (8)

St. Francis ? – Valley Christian ?

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
E-Mail: wcal sid@wcal sports.org

WCAL BOYS GOLF FINAL STANDINGS

April 25, 2013

WCAL CHAMPION – ARCHBISHOP MITTY

Varsity

| | League <u>Wins</u> | League <u>Losses</u> | League <u>Ties</u> | League <u>Points</u> | Season <u>Wins</u> | Season <u>Losses</u> | Season <u>Ties</u> |
|------------------------|-----------------------|-------------------------|-----------------------|-------------------------|-----------------------|-------------------------|-----------------------|
| Archbishop Mitty | 13 | 1 | 0 | 26 | 13 | 1 | 0 |
| St. Ignatius | 11 | 3 | 0 | 22 | 11 | 3 | 0 |
| Bellarmino | 10 | 3 | 1 | 21 | 10 | 5 | 1 |
| Junipero Serra | 8 | 5 | 1 | 17 | 8 | 5 | 1 |
| Valley Christian | 7 | 7 | 0 | 14 | 8 | 7 | 0 |
| Archbishop Riordan | 3 | 11 | 0 | 6 | 3 | 11 | 0 |
| St. Francis | 3 | 11 | 0 | 6 | 3 | 11 | 0 |
| Sacred Heart Cathedral | 0 | 14 | 0 | 0 | 0 | 14 | 0 |

Results

April 22nd

St. Ignatius 187 - St. Francis 204 - Medalist: Jonny Churton (SI) 33

April 23rd

Archbishop Mitty 183 - Sacred Heart Cathedral 245 - Medalist: Owen Lin (M) 34

Valley Christian 190 - Junipero Serra 202 - Medalist: Matt Ashley & Adam Domingue (VC) 37

April 24th

St. Ignatius 196 - Valley Christian 218 - Medalist: Max Plank (SI) 37

Bellarmino 192 - Archbishop Riordan 240

April 25th

Archbishop Mitty 195 - Archbishop Riordan 214 - Medalist: Shintaro Ban (AM), Ryan Cuenca (AM), Owen Lin (AM) and Kevin Cassidy (AR) 38

Bellarmino 222 - Sacred Heart Cathedral 251 - Medalist: Jensen Li (B) 41

Matches This Week

April 29th

WCAL Championships @ Eagle Ridge 12:00

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
E-Mail: wcal sid@wcal sports.org

WCAL BOYS GOLF FINAL STANDINGS

April 25, 2013

WCAL CHAMPION - BELLARMINE

Junior Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> | <u>Season</u> <u>Ties</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|------------------------------|
| Bellarmino | 11 | 1 | 12 | 2 | 1 |
| St. Ignatius | 9 | 3 | 9 | 3 | 0 |
| St. Francis | 8 | 4 | 8 | 4 | 0 |
| Junipero Serra | 6 | 6 | 8 | 6 | 0 |
| Archbishop Mitty | 6 | 6 | 6 | 6 | 0 |
| Valley Christian | 2 | 10 | 2 | 10 | 0 |
| Sacred Heart Cathedral | 0 | 12 | 0 | 12 | 0 |

Results

April 22nd

Junipero Serra 200 – Valley Christian 204 – Medalist: Justin Groten (S) 37

Archbishop Mitty 198 – Sacred Heart Cathedral 236 – Medalist: Jordan Jean (M) 37

April 23rd

St. Francis 195 – Archbishop Mitty 215 – Medalist: Matt Heitel (SF) 34

April 25th

St. Francis 202 – Junipero Serra 227 – Medalist: Matt Heitel (SF) 37

League Matches This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
E-mail: wcal sid@wcal sports.org

WCAL BOYS FINAL LACROSSE STANDINGS

May 2, 2013

WCAL CHAMPION – ST. IGNATIUS

Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> | <u>Season</u> <u>Ties</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|------------------------------|
| St. Ignatius | 10 | 0 | 17 | 1 | 0 |
| Bellarmino | 8 | 2 | 16 | 6 | 0 |
| St. Francis | 5 | 5 | 12 | 7 | 0 |
| Junipero Serra | 5 | 5 | 10 | 10 | 1 |
| Archbishop Mitty | 1 | 9 | 4 | 11 | 0 |
| Sacred Heart Cathedral | 1 | 9 | 4 | 13 | 0 |

Results

April 29th

St. Francis 14 – Palma 3

April 30th

De La Salle 9 – Bellarmine 7

St. Ignatius 19 – Junipero Serra 2

May 2nd

Sacred Heart Cathedral 10 – Archbishop Mitty 10

Bellarmino 13 – Junipero Serra 6

St. Ignatius 14 – St. Francis 5

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
E-mail: wcalcid@wcalports.org

WCAL BOYS FINAL LACROSSE STANDINGS

May 2, 2013

WCAL CHAMPION – ST. IGNATIUS

Junior Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| St. Ignatius | 12 | 0 | 17 | 1 |
| Bellarmino | 10 | 2 | 13 | 7 |
| St. Francis | 8 | 4 | 12 | 4 |
| Archbishop Mitty | 6 | 6 | 7 | 8 |
| Junipero Serra | 4 | 8 | 8 | 12 |
| Archbishop Riordan | 2 | 10 | 5 | 14 |
| Sacred Heart Cathedral | 0 | 12 | 0 | 15 |

Results

April 29th

St. Francis 9 – Palma 8

Archbishop Mitty 9 – Archbishop Riordan 4

April 30th

De La Salle 8 – Bellarmine 2

St. Ignatius 15 – Junipero Serra 1

May 1st

Archbishop Riordan 8 – Sacred Heart Cathedral 4

May 2nd

Archbishop Mitty 15 – Sacred Heart Cathedral 3

Bellarmino 13 – Junipero Serra 5

St. Ignatius 17 – St. Francis 2

May 4th

St. Ignatius 14 – Archbishop Riordan 0

May 5th

St. Ignatius 11 – De La Salle 2

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
E-mail: wcalid@wcalports.org

WCAL FINAL SOFTBALL STANDINGS

May 3, 2013

WCAL CHAMPION – ARCHBISHOP MITTY

Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> | <u>Season Ties</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|--------------------|
| Archbishop Mitty | 12 | 0 | 25 | 0 | 0 |
| St. Ignatius | 7 | 5 | 15 | 12 | 0 |
| Valley Christian | 6 | 6 | 13 | 13 | 0 |
| St. Francis | 5 | 7 | 12 | 12 | 1 |
| Notre Dame Belmont | 4 | 8 | 13 | 13 | 0 |
| Sacred Heart Cathedral | 4 | 8 | 12 | 14 | 0 |
| Presentation | 4 | 8 | 11 | 16 | 0 |

Results

April 30th

Archbishop Mitty 11 - St. Francis 0
Notre Dame Belmont 16 - Sacred Heart Cathedral 2
Valley Christian 11 - Presentation 5
St. Ignatius - Bye

May 1st

St. Ignatius 12 - Castilleja 2
Wilcox 15 – Presentation 0

May 2nd

Archbishop Mitty 5 - St. Ignatius 0

May 3rd

Valley Christian 10 – Notre Dame Belmont 0
Sacred Heart Cathedral 6 – Presentation 5
St. Francis 11 – Palo Alto 2

Games This Week

May 7, 8, 9

WCAL Playoffs – 3:30 – High seed home

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
E-mail: wcal sid@wcal sports.org

WCAL FINAL SOFTBALL STANDINGS

May 3, 2013

WCAL CHAMPION – ARCHBISHOP MITTY

Junior Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| Archbishop Mitty | 11 | 1 | 15 | 1 |
| St. Ignatius | 9 | 3 | 14 | 5 |
| Presentation | 9 | 3 | 18 | 5 |
| St. Francis | 6 | 6 | 8 | 14 |
| Valley Christian | 5 | 7 | 9 | 10 |
| Notre Dame Belmont | 2 | 10 | 9 | 14 |
| Sacred Heart Cathedral | 0 | 12 | 2 | 20 |

Results

April 29th

Archbishop Mitty 6 – Presentation 2

April 30th

Archbishop Mitty 13 – St. Francis 3

Presentation 6 – Valley Christian 3

Notre Dame Belmont 16 – Sacred Heart Cathedral 6

May 2nd

Archbishop Mitty 6 – St. Ignatius 3

May 3rd

Presentation 6 – Sacred Heart Cathedral 0

Valley Christian 3 – Notre Dame Belmont 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS FINAL SWIMMING AND DIVING STANDINGS

April 25, 2013

WCAL Champion - Bellarmine

Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Bellarmino | 6 | 0 | 6 | 0 |
| St. Francis | 5 | 1 | 6 | 1 |
| St. Ignatius | 4 | 2 | 5 | 2 |
| Junipero Serra | 3 | 3 | 3 | 3 |
| Valley Christian | 2 | 4 | 3 | 4 |
| Archbishop Mitty | 1 | 5 | 1 | 5 |
| Sacred Heart Cathedral | 0 | 6 | 0 | 6 |

Results

April 25th

Archbishop Mitty 125 - Sacred Heart Cathedral 36

Bellarmino 115.5 - St. Ignatius 67.5

St. Francis 119 - Junipero Serra 66

Valley Christian - Bye

Meets This Week

May 3rd

WCAL Swim Trials @ Junipero Serra 4:00

WCAL Swim Finals @ Junipero Serra 3:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Boys Varsity Swimming 2013 Best Times

| <u>Event</u> | <u>Name</u> | <u>School</u> | <u>Year</u> | <u>Time</u> |
|-----------------------|--------------------|---------------|-------------|-------------|
| 200 Medley Relay | | SF | | 1:36.74 |
| 200 Freestyle | Curtis Ogren | SF | 11 | 1:39.94 |
| 200 Individual Medley | Curtis Ogren | SF | 11 | 1:51.71 |
| 50 Freestyle | Zachary Lowenstein | VC | 11 | 21.81 |
| 100 Butterfly | Jason Locke | Bell | | 52.91 |
| 100 Freestyle | Ben Ho | SF | 09 | 46.93 |
| 500 Freestyle | Griffin Burke | SI | | 4:48.05 |
| 200 Freestyle Relay | | SF | | 1:28.03 |
| 100 Backstroke | Ben Ho | SF | 09 | 53.24 |
| 100 Breaststroke | Joe Kmak | Serra | 10 | 56.66 |
| 400 Freestyle Relay | | SF | | 3:12.36 |
| Diving | Brian Minor | VC | 10 | 180.60 |

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS FINAL SWIMMING AND DIVING STANDINGS

April 25, 2013

WCAL Champion - Bellarmine

Frosh/Soph

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| Bellarmino | 6 | 0 | 6 | 0 |
| St. Francis | 5 | 1 | 6 | 1 |
| Junipero Serra | 4 | 2 | 4 | 2 |
| St. Ignatius | 3 | 3 | 3 | 3 |
| Archbishop Mitty | 2 | 4 | 2 | 4 |
| Valley Christian | 1 | 5 | 2 | 5 |
| Sacred Heart Cathedral | 0 | 6 | 0 | 6 |

Results

April 25th

Archbishop Mitty 105 – Sacred Heart Cathedral 61

Bellarmino 134 – St. Ignatius 42

St. Francis 121 – Junipero Serra 59

Valley Christian - Bye

League Meets This Week

May 3rd

WCAL Swim Trials @ Junipero Serra 4:00

May 4th

WCAL Swim Finals @ Junipero Serra 3:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL GIRLS FINAL SWIMMING AND DIVING STANDINGS

April 25, 2013

WCAL Champion – St. Francis

Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|------------------------|--------------------------|------------------------|--------------------------|
| St. Francis | 6 | 0 | 7 | 0 |
| Archbishop Mitty | 5 | 1 | 6 | 1 |
| Presentation | 4 | 2 | 5 | 2 |
| St. Ignatius | 3 | 3 | 4 | 3 |
| Valley Christian | 2 | 4 | 4 | 3 |
| Notre Dame Belmont | 1 | 5 | 1 | 6 |
| Sacred Heart Cathedral | 0 | 6 | 0 | 6 |

Results

April 25th

Archbishop Mitty 122 - Sacred Heart Cathedral 4

St. Francis 144 - Notre Dame Belmont 34

Presentation 114 - St. Ignatius 72

League Meets This Week

May 2nd

WCAL Trials @ Junipero Serra 4:00

May 4th

WCAL Finals @ Junipero Serra 3:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Girls Varsity Swimming 2013 Best Times

| <u>Event</u> | <u>Name</u> | <u>School</u> | <u>Year</u> | <u>Time</u> |
|-----------------------|---------------------|---------------|-------------|-------------|
| 200 Medley Relay | | Pres. | | 1:48.69 |
| 200 Freestyle | Elise Locke | Pres. | 12 | 1:53.66 |
| 200 Individual Medley | Chloe Isleta | Pres. | 09 | 2:07.62 |
| 50 Freestyle | Chloe Isleta | Pres. | 09 | 23.85 |
| 100 Butterfly | Marie-Pierra Delise | Mitty | 12 | 57.31 |
| 100 Freestyle | Brown | SI | | 54.31 |
| 500 Freestyle | Sarah Shimomura | Mitty | 10 | 5:07.54 |
| 200 Freestyle Relay | | Pres. | | 1:39.93 |
| 100 Backstroke | Chloe Isleta | Pres. | 09 | 55.81 |
| 100 Breaststroke | Czarina Isleta | Pres. | 12 | 1:07.12 |
| 400 Freestyle Relay | | Pres. | | 3:39.10 |
| Diving | Ria Chuapoco | Pres. | 11 | 232.75 |

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL GIRLS FINAL SWIMMING AND DIVING STANDINGS

April 25, 2013

WCAL Champion – Archbishop Mitty

Junior Varsity

| | League | League | Season | Season |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| | <u>Wins</u> | <u>Losses</u> | <u>Wins</u> | <u>Losses</u> |
| Archbishop Mitty | 6 | 0 | 6 | 0 |
| St. Francis | 5 | 1 | 5 | 1 |
| Presentation | 4 | 2 | 5 | 2 |
| St. Ignatius | 3 | 3 | 3 | 3 |
| Valley Christian | 2 | 4 | 4 | 4 |
| Notre Dame Belmont | 1 | 5 | 1 | 6 |
| Sacred Heart Cathedral | 0 | 6 | 0 | 6 |

Results

April 18th

Archbishop Mitty 136 – Sacred Heart Cathedral 30
Presentation 135 – St. Ignatius 49
St. Francis 144 – Notre Dame Belmont 30
Valley Christian - Bye

League Meets This Week

May 2nd

WCAL Trials @ Junipero Serra 4:00

May 4th

WCAL Finals @ Junipero Serra 3:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org

WCAL BOYS TENNIS FINAL STANDINGS

WCAL Co-Champions – Junipero Serra & Bellarmine

April 19, 2013

Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|-------------|---------------|--------------------|----------------------|
| Bellarmino | 13 | 1 | 19 | 3 |
| Junipero Serra | 13 | 1 | 16 | 1 |
| St. Francis | 9 | 5 | 14 | 6 |
| Archbishop Mitty | 9 | 5 | 12 | 6 |
| Sacred Heart Cathedral | 5 | 9 | 10 | 8 |
| Valley Christian | 5 | 9 | 8 | 12 |
| Saint Ignatius | 2 | 12 | 3 | 14 |
| Archbishop Riordan | 0 | 14 | 0 | 17 |

Results

April 15th

Bellarmino 5 – Archbishop Mitty 2

Valley Christian 4 – St. Ignatius 3

April 16th

Bellarmino 7 - Archbishop Riordan 0

Valley Christian 4 - Sacred Heart Cathedral 3

Junipero Serra 6 - Archbishop Mitty 1

St. Francis 5 – St. Ignatius 2

April 18th

Junipero Serra 6 - Valley Christian 1

Bellarmino 6 - St. Ignatius 1

St. Francis 6 - Archbishop Riordan 0

Archbishop Mitty 5 – Sacred Heart Cathedral 2

April 19th

Bellarmino 6 - Sacred Heart Cathedral 1

Matches This Week

April 24th/25th

WCAL Tournament @ Cuesta Park

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org

WCAL BOYS TENNIS FINAL STANDINGS

WCAL Champion - Bellarmine

April 18, 2013

Junior Varsity

| | <u>Wins</u> | <u>Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|-------------|---------------|--------------------|----------------------|
| Bellarmino | 14 | 0 | 18 | 0 |
| St. Francis | 12 | 2 | 17 | 3 |
| Junipero Serra | 10 | 4 | 10 | 4 |
| Archbishop Mitty | 7 | 7 | 7 | 7 |
| Valley Christian | 7 | 7 | 7 | 7 |
| Saint Ignatius | 4 | 10 | 5 | 11 |
| Sacred Heart Cathedral | 1 | 13 | 1 | 13 |
| Archbishop Riordan | 1 | 13 | 1 | 14 |

Results

April 15th

Valley Christian @ St. Ignatius – Cancelled due to wind

April 16th

Junipero Serra 5 – Archbishop Mitty 2

St. Francis 6 – St. Ignatius 1

Bellarmino 7 – Archbishop Riordan 0

Valley Christian 6 – Sacred Heart Cathedral 1

April 17th

Valley Christian 5 – St. Ignatius 2

St. Francis 6 – Mt. View 1

April 18th

St. Francis 6 – Archbishop Riordan 0

Bellarmino 6 – St. Ignatius 1

Junipero Serra 6 – Valley Christian 1

Archbishop Mitty 6 – Sacred Heart Cathedral 1

League Matches This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS FINAL TRACK AND FIELD STANDINGS

May 1, 2013

WCAL CHAMPION – BELLARMINE

Varsity

| | <u>League Wins</u> | <u>League Losses</u> | <u>Season Wins</u> | <u>Season Losses</u> |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| Bellarmino | 7 | 0 | 7 | 0 |
| St. Francis | 6 | 1 | 6 | 1 |
| Junipero Serra | 5 | 2 | 5 | 2 |
| St. Ignatius | 4 | 3 | 4 | 3 |
| Sacred Heart Cathedral | 3 | 4 | 3 | 4 |
| Archbishop Mitty | 2 | 5 | 2 | 5 |
| Archbishop Riordan | 1 | 6 | 1 | 6 |
| Valley Christian | 0 | 7 | 0 | 7 |

Results

May 1st

Bellarmino 122 – Valley Christian 36
St. Francis 112 – Archbishop Mitty 22
Junipero Serra 88 – Archbishop Riordan 36
St. Ignatius 99 – Sacred Heart Cathedral 36

League Meets This Week

May 8,10

WCAL Track and Field Trials and Finals @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

2013 Varsity Best Marks

| <u>Event</u> | <u>Name</u> | <u>School</u> | <u>Year</u> | <u>Mark</u> |
|--------------|------------------|---------------|-------------|-------------|
| 100 Meters | Khalid Johnson | St. Francis | 12 | 10.80 |
| 200 Meters | Khalid Johnson | St. Francis | 12 | 21.46 |
| 400 Meters | Edward Lampkin | SHC | 12 | 48.71 |
| 800 Meters | Gabriel McLarnan | St. Francis | 11 | 1:55.70 |
| 1600 Meters | Ciaran Murphy | St. Ignatius | 12 | 4:14.77 |
| 3200 Meters | Charlie DeAnda | Bellarmino | 12 | 9:33.58 |
| 110 Hurdles | Jaylen Wright | Bellarmino | 12 | 14.40 |
| 300 Hurdles | Jaylen Wright | Bellarmino | 12 | 38.08 |
| 4x100 Relay | | St. Francis | | 42.14 |
| 4x400 Relay | | Bellarmino | | 3:25.78 |
| Long Jump | Matthew Wong | Mitty | 12 | 23' 6.75" |
| Triple Jump | Matthew Wong | Mitty | 12 | 46' 9" |
| High Jump | Jonah Underwood | Bellarmino | 10 | 6' 2" |
| Pole Vault | Marc Toney | St. Francis | 12 | 15' 6" |
| Shot Put | Jon Beering | Serra | 12 | 58'11" |
| Discus | Arnie Sambel | Serra | 12 | 165' 3" |

Updated 5/21/2013

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL BOYS FINAL TRACK AND FIELD STANDINGS

May 1, 2013

WCAL CHAMPION - BELLARMINE

Frosh/Soph

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| Bellarmino | 7 | 0 | 7 | 0 |
| St. Ignatius | 6 | 1 | 6 | 1 |
| Archbishop Mitty | 5 | 2 | 5 | 2 |
| Junipero Serra | 4 | 3 | 4 | 3 |
| St. Francis | 3 | 4 | 3 | 4 |
| Archbishop Riordan | 3 | 4 | 3 | 4 |
| Valley Christian | 1 | 6 | 1 | 6 |
| Sacred Heart Cathedral | 0 | 7 | 0 | 7 |

Results

May 1st

Bellarmino 116 – Valley Christian 20
Archbishop Riordan 63 – Junipero Serra 62
Archbishop Mitty 92 – St. Francis 44
St. Ignatius 113 – Sacred Heart Cathedral 23

League Meets This Week

May 7, 8, 10

WCAL Track and Field Trials and Finals @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org
www.twitter.com/wcalsports

WCAL GIRLS FINAL TRACK AND FIELD STANDINGS

May 1, 2013

WCAL CHAMPION – ARCHBISHOP MITTY

Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| Archbishop Mitty | 6 | 0 | 6 | 0 |
| St. Francis | 5 | 1 | 5 | 1 |
| Valley Christian | 4 | 2 | 4 | 2 |
| St. Ignatius | 3 | 3 | 3 | 3 |
| Presentation | 2 | 4 | 2 | 4 |
| Notre Dame Belmont | 1 | 5 | 1 | 5 |
| Sacred Heart Cathedral | 0 | 6 | 0 | 6 |

Results

May 1st

Archbishop Mitty 76 – St. Francis 70
Valley Christian 72 – Presentation 61
St. Ignatius 102 – Sacred Heart Cathedral 20
Notre Dame Belmont - Bye

League Meets This Week

May 7, 10

WCAL Trials and Finals @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

2013 Varsity Best Marks

| <u>Event</u> | <u>Name</u> | <u>School</u> | <u>Year</u> | <u>Mark</u> |
|--------------|------------------|---------------|-------------|-------------|
| 100 Meters | Skylar Fenton | St. Ignatius | 11 | 12.38 |
| 200 Meters | Cecily Agu | Mitty | 12 | 26.20 |
| 400 Meters | Marisa Padilla | St. Francis | 12 | 58.30 |
| 800 Meters | Olivia Rintala | Mitty | 12 | 2:16.38 |
| 1600 Meters | Molly Haar | Mitty | 12 | 5:04.61 |
| 3200 Meters | Molly Haar | Mitty | 12 | 11:17.62 |
| 100 Hurdles | Lauren Johnson | St. Francis | 11 | 15.22 |
| 300 Hurdles | Julia Chizanskos | Mitty | 09 | 48.20 |
| 4x100 Relay | | St. Ignatius | | 49.40 |
| 4x400 Relay | | St. Francis | | 4:04.34 |
| Long Jump | Marquel Lee | Mitty | 11 | 17' 3" |
| Triple Jump | Marquel Lee | Mitty | 11 | 36' 11.5" |
| High Jump | Kristina Bassi | St. Francis | 12 | 5'4" |
| Pole Vault | Taylor Jacques | Presentation | 11 | 12'5.5" |
| Discus | Jennifer Lucian | St. Francis | 12 | 117' |
| Shot Put | Tyhana Cooper | SHC | 12 | 40' 2.5" |

Updated 5/27/2013

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalsports.org
www.twitter.com/wcalsports

WCAL GIRLS FINAL TRACK AND FIELD STANDINGS May 1, 2013

WCAL CHAMPION – ARCHBISHOP MITTY Junior Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| Archbishop Mitty | 6 | 0 | 6 | 0 |
| St. Francis | 5 | 1 | 5 | 1 |
| St. Ignatius | 4 | 2 | 4 | 2 |
| Sacred Heart Cathedral | 3 | 3 | 3 | 3 |
| Notre Dame Belmont | 2 | 4 | 2 | 4 |
| Presentation | 1 | 5 | 1 | 5 |
| Valley Christian | 0 | 6 | 0 | 6 |

Results

May 1st

Archbishop Mitty 80 – St. Francis 56
Presentation 66 – Valley Christian 55
St. Ignatius 67 – Sacred Heart Cathedral 60
Notre Dame Belmont - Bye

League Meets This Week

May 7, 10

WCAL Trials and Finals @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcal sports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcal sports.org
www.twitter.com/wcal sports

WCAL BOYS VOLLEYBALL FINAL STANDINGS

April 25, 2013

WCAL CHAMPIONS – ARCHBISHOP MITTY

Varsity

| | <u>League</u> <u>Wins</u> | <u>League</u> <u>Losses</u> | <u>Season</u> <u>Wins</u> | <u>Season</u> <u>Losses</u> |
|------------------------|------------------------------|--------------------------------|------------------------------|--------------------------------|
| Archbishop Mitty | 11 | 1 | 23 | 5 |
| Bellarmino | 10 | 2 | 25 | 6 |
| St. Francis | 9 | 3 | 21 | 8 |
| Sacred Heart Cathedral | 5 | 7 | 17 | 15 |
| St. Ignatius | 5 | 7 | 16 | 14 |
| Valley Christian | 2 | 10 | 14 | 16 |
| Junipero Serra | 0 | 12 | 5 | 21 |

Results

April 22nd

Archbishop Mitty 3 - Valley Christian 0 (25-12, 25-15, 25-12)

St. Francis 3 - Mt. View 0

April 23rd

St. Francis 3 - Junipero Serra 0 (25-15, 25-15, 25-16)

Bellarmino 3 - Sacred Heart Cathedral 0

St. Ignatius 3 - Valley Christian 2

Archbishop Mitty 3 - Los Gatos 0

April 25th

Sacred Heart Cathedral 3 - St. Ignatius 1

Games This Week

April 30th, May 1st, May 2nd

WCAL Playoffs – High seed home

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
Website: www.wcalports.org
www.twitter.com/wcalports

WCAL BOYS VOLLEYBALL FINAL STANDINGS

April 25, 2013

WCAL CHAMPION - BELLARMINE

Junior Varsity

| | League | League | Season | Season |
|------------------------|--------------------|----------------------|--------------------|----------------------|
| | <u>Wins</u> | <u>Losses</u> | <u>Wins</u> | <u>Losses</u> |
| Bellarmine | 11 | 1 | 24 | 3 |
| St. Ignatius | 10 | 2 | 20 | 7 |
| St. Francis | 9 | 3 | 18 | 6 |
| Sacred Heart Cathedral | 4 | 8 | 14 | 20 |
| Valley Christian | 4 | 8 | 10 | 11 |
| Junipero Serra | 3 | 9 | 10 | 14 |
| Archbishop Mitty | 1 | 11 | 1 | 11 |

Results

April 22nd

Valley Christian 2 – Archbishop Mitty 0

April 23rd

Bellarmine 2 – Sacred Heart Cathedral 1

St. Francis 2 – Junipero Serra 0

St. Ignatius 2 – Valley Christian 0

April 25th

St. Ignatius 2 – Sacred Heart Cathedral 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian