

# West Catholic Athletic League

Commissioner: Ed Ravenscroft  
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## WCAL GIRLS CROSS COUNTRY FINAL STANDINGS

November 6, 2013

### WCAL CHAMPION – ST. FRANCIS

#### Varsity

<i>WCAL III @ Crystal Springs 2.95</i>	<b>WCAL I</b>	<b>WCAL I</b>	<b>WCAL II</b>	<b>WCAL II</b>	<b>WCAL III</b>	<b>WCAL III</b>	<b>Total</b>
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Points</u>
St. Francis	45	7	23	7	29	14	28
Archbishop Mitty	47	6	46	6	60	12	24
Saint Ignatius	69	5	60	5	77	8	18
Valley Christian	107	4	128	3	69	10	17
Sacred Heart Cathedral	140	2	123	4	144	4	10
Presentation	120	3	-	-	139	6	9
Notre Dame	196	1	169	2	194	2	5

	<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Time</u>
	1.	Julia Bounds	St. Francis	09	18:14
	2.	Brianna Bilter	St. Ignatius	09	18:47
	3	Gia Kim	St. Francis	10	19:07
	4.	Jessica Xu	Valley Christian	12	19:14
	5	Kailey Eddy	Valley Christian	10	19:40
	6.	Emily Skahill	St. Francis	09	19:45
	7.	Hannah Kim	St. Francis	11	19:46
	8.	Allison Le	Archbishop Mitty	11	19:57
	9.	Sara Van Wagoner	Valley Christian	12	20:06
	10.	Erin Weiner	Archbishop Mitty	10	20:07

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS CROSS COUNTRY FINAL STANDINGS

November 6, 2013

### WCAL CO-CHAMPIONS – ARCHBISHOP MITTY & ST. FRANCIS

#### Junior Varsity

<i>WCAL III @ Crystal Springs 2.95</i>	<b>WCAL I</b>	<b>WCAL I</b>	<b>WCAL II</b>	<b>WCAL II</b>	<b>WCAL III</b>	<b>WCAL III</b>	<b>Total</b>
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Points</u>
Archbishop Mitty	67	6	30	6	28	14	26
St. Francis	25	7	26	7	32	12	26
Saint Ignatius	77	5	107	5	99	10	20
Sacred Heart Cathedral	135	3	116	4	100	8	15
Valley Christian	119	4	133	3	140	4	11
Presentation	135	2	179	2	133	6	10
Notre Dame	177	1	184	1	702	2	4

	<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Time</u>
	1.	Abby Mangilog	Archbishop Mitty	09	20:30
	2.	Nicole Asbun	Archbishop Mitty	11	21:24
	3.	Janice Gau	St. Francis	12	21:32
	4.	Courtney Fetter	St. Francis	12	21:33
	5.	Anne Vanbesouw	Archbishop Mitty	10	21:46
	6.	Vasilia Veziris	St. Francis	12	21:47
	7.	Sabrina Nguyen	Archbishop Mitty	11	21:58
	8.	Jules Moura	Presentation	12	22:02
	9.	Dominique Yadegar	St. Francis	12	22:05
	10.	Rachel Morrison	St. Francis	12	22:06

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS CROSS COUNTRY FINAL STANDINGS

November 6, 2013

### WCAL CHAMPION – ST. IGNATIUS

#### Frosh/Soph

<i>WCAL III @ Crystal Springs 2.95</i>	<b>WCAL I</b>	<b>WCAL I</b>	<b>WCAL II</b>	<b>WCAL II</b>	<b>WCAL III</b>	<b>WCAL III</b>	<b>Total</b>
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Points</u>
Saint Ignatius	39	7	31	7	22	14	28
Archbishop Mitty	46	6	48	6	63	12	24
St. Francis	75	5	97	4	70	10	19
Presentation	111	3	59	5	90	8	16
Valley Christian	100	4	155	3	133	6	13
Sacred Heart Cathedral	159	2	-	-	-	-	2

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Time</u>
1.	Kaela Lee	St. Ignatius	09	21:22
2.	Catherine Gao	Archbishop Mitty	09	21:24
3.	Kiley Dyke	St. Ignatius	09	21:33
4.	Christine Nguyen	St. Francis	09	21:45
5.	Dyllen Ford	St. Ignatius	09	22:07
6.	Maura McInerny	St. Ignatius	09	22:14
7.	Katrina Keating	St. Ignatius	10	22:14
8.	Jorden Carroll	Archbishop Mitty	09	22:16
9.	Chloe LeClair	Presentation	10	22:25
10.	Natascha Holenstein	Presentation	09	22:28

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## WCAL BOYS CROSS COUNTRY FINAL STANDINGS

November 6, 2013

### WCAL CHAMPION - BELLARMINE

#### Varsity

<i>WCAL III @ Crystal Springs 2.95</i>	<b>WCAL I</b>	<b>WCAL I</b>	<b>WCAL II</b>	<b>WCAL II</b>	<b>WCAL III</b>	<b>WCAL III</b>	<b>Total</b>
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Points</u>
Bellarmino	47	7	27	8	20	16	31
St. Francis	37	8	58	7	54	14	29
Saint Ignatius	50	6	65	6	84	12	24
Junipero Serra	111	5	122	5	111	10	20
Archbishop Mitty	175	3	129	4	125	8	15
Sacred Heart Cathedral	114	4	131	3	128	6	13
Valley Christian	209	2	212	2	214	4	8

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Time</u>
1.	Kevin Lehr	St. Ignatius	10	15:41
2.	Alex Sasser	Bellarmino	11	15:46
3.	Matt Seidel	Bellarmino	12	15:50
4.	Tucker Meijer	Bellarmino	11	15:56
5.	Justin Barry	Bellarmino	12	16:01
6.	Miles Meijer	Bellarmino	11	16:01
7.	Gabriel McLarnan	St. Francis	12	16:02
8.	Marcus Avila	Bellarmino	10	16:05
9.	Gaurav Gegur	St. Francis	12	16:07
10.	Ben Osipow	St. Ignatius	11	16:13

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## WCAL BOYS CROSS COUNTRY STANDINGS

November 6, 2013

### WCAL CHAMPION - BELLARMINE

#### Junior Varsity

<i>WCAL III @ Crystal Springs 2.95</i>	<b>WCAL I</b>	<b>WCAL I</b>	<b>WCAL II</b>	<b>WCAL II</b>	<b>WCAL III</b>	<b>WCAL III</b>	<b>Total</b>
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Score</u>	<u>Points</u>
Bellarmino	15	8	15	8	15	16	32
St. Francis	66	7	78	6	74	14	27
Sacred Heart Cathedral	79	6	105	4	90	12	22
Junipero Serra	93	5	76	7	108	8	20
Saint Ignatius	118	4	96	5	91	10	19
Archbishop Mitty	189	3	172	3	156	6	12
Valley Christian	205	2	219	2	219	4	8

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Time</u>
1.	Andrew Blankley	Bellarmino	12	16:39
2.	Nico Filip-Sanchez	Bellarmino	11	16:43
3	Bryan Heng	Bellarmino	11	16:48
4.	Bennett Shaw	Bellarmino	11	16:48
5	Thomas Doyle	Bellarmino	11	17:00
6.	Josh Pleva	Bellarmino	12	17:01
7.	Isaac Madrid	Bellarmino	12	17:03
8.	Prajay Lolabattu	Bellarmino	11	17:12
9.	Connor Doyle	St. Francis	11	17:15
17:15	Moises Hernandez	SHC	12	17:16

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## WCAL BOYS CROSS COUNTRY FINAL STANDINGS

November 6, 2013

### WCAL CHAMPION - BELLARMINE

### SOPHOMORES

<i>WCAL III @ Crystal Springs 2.95</i>	<b>WCAL I</b>	<b>WCAL I</b>	<b>WCAL II</b>	<b>WCAL II</b>	<b>WCAL III</b>	<b>WCAL III</b>	<b>Total</b>
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Points</u>
Bellarmino	27	8	23	8	26	16	32
St. Francis	68	7	61	7	57	14	28
Saint Ignatius	108	4	71	6	78	12	22
Junipero Serra	94	6	104	5	91	10	21
Archbishop Riordan	173	3	184	2	47	8	13
Sacred Heart Cathedral	203	1	163	3	172	6	10
Archbishop Mitty	95	5	144	4	-	-	9
Valley Christian	190	2	-	-	-	-	2

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Yr.</u>	<u>Time</u>
1.	Donald Welsh	Bellarmino	10	16:22
2.	Derek Shiu	Bellarmino	10	16:40
3.	Arora Samir	St. Francis	10	17:07
4.	Kyle Reidy	St. Ignatius	10	17:08
5.	Morgan Sommer	St. Ignatius	10	17:08
6.	Daniel Gurza	Bellarmino	10	17:12
7.	Miles Todzo	Bellarmino	10	17:14
8.	Matthew Busse	Bellarmino	10	17:33
9.	Thomas Busse	Bellarmino	10	17:34
10.	Jacob Deppmeier	Bellarmino	10	17:37

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS CROSS COUNTRY FINAL STANDINGS

November 6, 2013

### WCAL CHAMPION – BELLARMINE

### FRESHMAN

<i>WCAL III @ Crystal Springs 2.95</i>	<b>WCAL I</b>	<b>WCAL I</b>	<b>WCAL II</b>	<b>WCAL II</b>	<b>WCAL III</b>	<b>WCAL III</b>	<b>Total</b>
	<b>Score</b>	<b>Points</b>	<b>Score</b>	<b>Points</b>	<b>Score</b>	<b>Points</b>	<b>Points</b>
Bellarmino	20	8	17	8	20	16	32
Valley Christian	87	7	65	7	59	14	28
St. Francis	92	6	124	5	127	10	21
St. Ignatius	107	5	88	6	138	8	19
Sacred Heart Cathedral	152	3	156	3	127	12	18
Archbishop Riordan	173	2	151	4	144	6	12
Archbishop Mitty	147	4	170	2	186	2	8
Junipero Serra	189	1	196	1	174	4	6

<b>Place</b>	<b>Name</b>	<b>School</b>	<b>Yr.</b>	<b>Time</b>
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1.	Benjamin Micallef	Bellarmino	09	17:04
2.	Dylan Doblal	Bellarmino	09	17:04
3.	Ara Archbold	Junipero Serra	09	17:14
4.	Matthew Richardson	Bellarmino	09	17:24
5.	Nick Hollister	St. Ignatius	09	17:24
6.	Chris Sedayao	Bellarmino	09	17:44
7.	Cole Parrish	Bellarmino	09	17:51
8.	Cameron Lockard	Valley Christian	09	17:55
9.	Justin Baraona	Valley Christian	09	17:57
10.	Andrew Joseph	Bellarmino	09	18:18

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL FOOTBALL FINAL STANDINGS

November 16, 2013

### WCAL CO-CHAMPIONS – JUNIPERO SERRA & ARCHBISHOP MITTY

#### Varsity

	League <u>Wins</u>	League <u>Losses</u>	Season <u>Wins</u>	Season <u>Losses</u>
Archbishop Mitty	6	1	9	1
Junipero Serra	6	1	8	2
Valley Christian	5	2	7	3
St. Francis	4	3	7	3
Bellarmino	4	3	7	3
St. Ignatius	2	5	2	8
Archbishop Riordan	1	6	3	7
Sacred Heart Cathedral	0	7	2	8

#### **Results**

##### November 15<sup>th</sup>

St. Francis 42 – Sacred Heart Cathedral 13

##### November 16<sup>th</sup>

Bellarmino 35 – Archbishop Riordan 22

Junipero Serra 31 – Archbishop Mitty 7

Valley Christian 10 – St. Ignatius 9

#### **Games This Week**

CCS Playoffs - TBA

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian



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## WCAL FOOTBALL FINAL STANDINGS

November 16, 2013

### WCAL CO-CHAMPIONS – BELLARMINE & VALLEY CHRISTIAN

#### Junior Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
Bellarmine	6	1	9	1
Valley Christian	6	1	9	1
Archbishop Mitty	5	2	8	2
Sacred Heart Cathedral	4	3	7	3
Archbishop Riordan	3	4	6	4
Saint Ignatius	2	5	5	5
St. Francis	2	5	4	6
Junipero Serra	0	7	0	10

#### **Results**

##### November 15<sup>th</sup>

St. Francis 14 – Sacred Heart Cathedral 13

##### November 16<sup>th</sup>

Bellarmine 45 – Archbishop Riordan 21

Archbishop Mitty 28 – Junipero Serra 14

Valley Christian 42 – St. Ignatius 14

#### **Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL FOOTBALL FINAL STANDINGS

November 16, 2013

### WCAL CHAMPION – VALLEY CHRISTIAN

#### Freshman

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Valley Christian	6	0	1	13	8	0	1
St. Francis	6	1	0	12	7	2	0
Junipero Serra	5	1	1	11	7	1	1
Bellarmino	4	3	0	8	6	3	0
Saint Ignatius	3	4	0	6	5	4	0
Archbishop Mitty	2	5	0	4	4	5	0
Archbishop Riordan	1	6	0	2	1	8	0
Sacred Heart Cathedral	0	7	0	0	1	7	0

#### *Results*

##### November 15<sup>th</sup>

Valley Christian 21 – St. Ignatius 0

Bellarmino 57 – Archbishop Riordan 18

Junipero Serra 39 – Archbishop Mitty 25

##### November 16<sup>th</sup>

St. Francis 38 – Sacred Heart Cathedral 0

#### *Games This Week*

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS GOLF FINAL STANDINGS

October 17, 2013

### WCAL CHAMPION – SAINT FRANCIS

#### Varsity

	League <u>Wins</u>	League <u>Losses</u>	League <u>Ties</u>	<u>Points</u>
St. Francis	11	1	0	22
Presentation	9	2	1	19
St. Ignatius	8	4	0	16
Valley Christian	6	6	0	12
Archbishop Mitty	5	6	1	11
Notre Dame Belmont	2	10	0	4
Sacred Heart Cathedral	0	12	0	0

#### **Results**

##### October 14th

St. Francis 202 - St. Ignatius 206 - Medalist: Bibi Liu (SF) 35

##### October 15th

Valley Christian 210 - Archbishop Mitty 224 - Medalist: Kyleigh Moreno (AM) 33

St. Francis 202 - Presentation 223 – Medalist: Christina Kim (P) 36

##### October 17th

St. Francis 201 - Valley Christian 218 - Medalist: Nancy Xu (SF) 35

Presentation 206 - Archbishop Mitty 206 - Medalist: Christine Kim (P) 35

St. Ignatius 217 - Sacred Heart Cathedral 298 - Medalist: Samantha Gong (SI) & Jamie West (SI) 40

#### **League Matches This Week**

##### October 21<sup>st</sup>

WCAL Championships @ Spring Valley 11:45

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS GOLF FINAL STANDINGS

October 16, 2013

### WCAL CHAMPION – SAINT IGNATIUS

#### Junior Varsity

	<u>Wins</u>	<u>Losses</u>	<u>Points</u>
Saint Ignatius	8	0	16
Presentation	6	2	12
Valley Christian	4	4	8
Archbishop Mitty	1	7	2
Sacred Heart Cathedral	1	7	2

#### **Results**

##### October 14<sup>th</sup>

Valley Christian 257 – Archbishop Mitty 258

##### October 15<sup>th</sup>

Presentation 270 – Valley Christian 274

St. Ignatius 238 – Archbishop Mitty 272

##### October 16<sup>th</sup>

St. Ignatius 218 – Presentation 228

#### **League Matches This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS TENNIS FINAL STANDINGS

October 31, 2013

### WCAL TRI-CHAMPIONS

ARCHBISHOP MITTY, ST. FRANCIS, ST. IGNATIUS

### Varsity

	League	League	Season	Season
	<u>Wins</u>	<u>Losses</u>	<u>Wins</u>	<u>Losses</u>
Saint Ignatius	10	2	16	3
Archbishop Mitty	10	2	16	3
St. Francis	10	2	13	5
Valley Christian	6	6	15	6
Sacred Heart Cathedral	4	8	12	10
Notre Dame	1	11	9	13
Presentation	1	11	5	11

### **Results**

#### October 29<sup>th</sup>

St. Francis 7 – Sacred Heart Cathedral 0

Notre Dame Belmont 5 – Presentation 2

#### October 30<sup>th</sup>

Archbishop Mitty 4 - St. Ignatius 3

#### October 31<sup>st</sup>

St. Francis 7 - Notre Dame Belmont 0

Sacred Heart Cathedral 5 - Presentation 2

St. Ignatius 4 - Valley Christian 2

### **Matches This Week**

#### November 6<sup>th</sup>

WCAL Championships @ Cuesta Park

#### November 7<sup>th</sup>

WCAL Championships @ Cuesta Park

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL GIRLS TENNIS FINAL STANDINGS

October 31, 2013

### WCAL CHAMPION – ST. IGNATIUS

#### Junior Varsity

	<u>Wins</u>	<u>Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Saint Ignatius	12	0	12	0
St. Francis	10	2	11	2
Archbishop Mitty	6	6	7	6
Sacred Heart Cathedral	6	6	8	6
Valley Christian	5	7	7	7
Presentation	3	9	4	9
Notre Dame	0	12	2	13

#### **Results**

##### October 29<sup>th</sup>

St. Francis 7 – Sacred heart Cathedral 0

Presentation 5 – Notre Dame Belmont 2

##### October 30<sup>th</sup>

St. Ignatius 6 – Archbishop Mitty 1

##### October 31<sup>st</sup>

St. Francis 7 – Notre Dame Belmont 0

Sacred Heart Cathedral 4 – Presentation 3

St. Ignatius 4 – Valley Christian 3

#### **League Matches This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS VOLLEYBALL FINAL STANDINGS

November 2, 2013

### WCAL CHAMPION – VALLEY CHRISTIAN

#### Varsity

	<u>Wins</u>	<u>Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Valley Christian	6	0	28	7
Archbishop Mitty	5	1	32	4
Sacred Heart Cathedral	4	2	26	7
St. Francis	3	3	21	11
Presentation	2	4	21	13
Saint Ignatius	1	5	15	12
Notre Dame	0	6	18	11

#### **Results**

##### October 30<sup>TH</sup>

Archbishop Mitty 3 – Notre Dame Belmont 0 (25-13, 25-18, 25-21)  
Valley Christian 3 – St. Ignatius 0 (25-15, 25-21, 25-12)  
Sacred Heart Cathedral 3 – St. Francis 2 (25-23, 23-25, 26-24, 12-25, 17-15)

##### November 1st

###### *Santa Barbara Tournament of Champions*

Archbishop Mitty 3 - Salinas 0 (25-22, 25-22, 25-15)  
Archbishop Mitty 3 - CDM 0 (26-24, 25-13, 25-20)  
Valley Christian 3 - Espertanza 0 (25-9, 25-14, 25-13)  
Valley Christian 3 - La Costa Canyon 0 (25-20, 25-16, 25-20)

##### November 2nd

###### *Santa Barbara Tournament of Champions*

Archbishop Mitty 3 - Valley Christian 1 (25-19, 30-28, 19-25, 25-22)  
Valley Christian 3 - Mira Costa 2 (23-25, 25-22, 20-25, 25-23, 15-10)  
Archbishop Mitty 3 - La Salle (Pasadena) (24-26, 25-16, 21-25, 25-15, 15-10)

###### *Spikefest II*

Sacred Heart Cathedral 2 - Mt Pleasant 0  
Sacred Heart Cathedral 2 - Mt. View 0  
Sacred Heart Cathedral 2 - Rio Americana 1

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Sacred Heart Cathedral 2 - Palo Alto 1  
Homestead d. Sacred Heart Cathedral

## ***Games This Week***

November 5<sup>th</sup>, 6<sup>th</sup>  
WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian



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## WCAL GIRLS VOLLEYBALL FINAL STANDINGS

NOVEMBER 1, 2013

### WCAL CHAMPIONS

NORTH DIVISION – ST. IGNATIUS

SOUTH DIVISION – ARCHBISHOP MITTY

### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
<b><u>North Division</u></b>					
St. Ignatius	6	2	28	2	0
Sacred Heart Cathedral	5	3	25	7	0
Notre Dame	1	7	13	12	0
<b><u>South Division</u></b>					
Archbishop Mitty	7	2	15	1	0
Presentation	6	3	16	3	0
Saint Francis	5	4	28	5	0
Valley Christian	1	8	14	16	1

### **Results**

#### **October 30<sup>th</sup>**

Sacred Heart Cathedral 2 – St. Francis 1  
Archbishop Mitty 2 – Notre Dame Belmont 0  
St. Ignatius 2 – Valley Christian 0

#### **November 1<sup>st</sup>**

Presentation 2 – St. Francis 1  
Archbishop Mitty 2 - Valley Christian 0  
Notre Dame Belmont 2 – St. Ignatius 1 (21-25, 28-26, 18-16)

### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL GIRLS VOLLEYBALL FINAL STANDINGS

November 1, 2013

### WCAL CHAMPIONS

**NORTH DIVISION – SACRED HEART CATHEDRAL**

**SOUTH DIVISION – ST. FRANCIS**

### Freshman

	<u>Wins</u>	<u>Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
<b><u>North Division</u></b>				
Sacred Heart Cathedral	8	0	31	0
Saint Ignatius	5	3	16	4
Notre Dame	1	7	19	9
<b><u>South Division</u></b>				
St. Francis	7	2	24	4
Archbishop Mitty	6	3	6	4
Presentation	3	6	9	7
Valley Christian	0	9	7	23

### **Results**

#### **October 30<sup>th</sup>**

Sacred Heart Cathedral 2 – St. Francis 0 (25-5, 25-21)

Archbishop Mitty 2 – Notre Dame Belmont 1 (20-25, 25-23, 15-13)

St. Ignatius 2 – Valley Christian 0

#### **November 1<sup>st</sup>**

St. Francis 2 – Presentation 1

Archbishop Mitty 2 – Valley Christian 0

St. Ignatius 2 – Notre Dame Belmont 0

### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS WATER POLO FINAL STANDINGS

October 30, 2013

### WCAL CHAMPION – SACRED HEART PREP

#### Varsity

	League <u>Wins</u>	League <u>Losses</u>	Season <u>Wins</u>	Season <u>Losses</u>
Sacred Heart Prep	6	0	20	3
Bellarmine	5	1	15	8
Saint Ignatius	4	2	17	6
St. Francis	3	3	9	14
Junipero Serra	2	4	9	9
Valley Christian	1	5	13	11
Archbishop Mitty	0	6	4	16

#### **Results**

##### October 30<sup>th</sup>

St. Francis 12 - Junipero Serra 11  
Valley Christian 17 - Archbishop Mitty 7  
Sacred Heart Prep 19 - St. Ignatius 11

# West Catholic Athletic League

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## WCAL BOYS WATER POLO FINAL STANDINGS

October 30, 2013

### WCAL CHAMPION - BELLARMINE

#### Junior Varsity

	<u>Wins</u>	<u>Losses</u>	Season <u>Wins</u>	Season <u>Losses</u>	Season <u>Ties</u>
Bellarmine	6	0	20	0	0
St. Francis	5	1	16	4	0
Valley Christian	3	3	11	7	0
Archbishop Mitty	3	3	12	5	1
Sacred Heart Prep	2	4	8	13	0
Saint Ignatius	1	5	12	11	0
Junipero Serra	1	5	10	11	0

#### **Results**

##### October 30<sup>TH</sup>

St. Francis 18 – Junipero Serra 3  
St. Ignatius 12 – Sacred Heart Prep 9  
Archbishop Mitty 9 – Valley Christian 8 (OT)

#### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS WATER POLO FINAL STANDINGS

October 30, 2013

### WCAL CHAMPION - BELLARMINE

#### Freshman

	<u>Wins</u>	<u>Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Bellarmine	5	0	18	6
St. Francis	3	2	13	9
Saint Ignatius	3	2	8	10
Junipero Serra	2	3	7	10
Archbishop Mitty	2	3	8	9
Valley Christian	0	5	1	13

#### **Results**

##### October 30<sup>th</sup>

St. Francis 9 – Junipero Serra 4

Archbishop Mitty 11 – Valley Christian 2

#### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS WATER POLO FINAL STANDINGS

October 30, 2013

### WCAL CHAMPION – ST. FRANCIS

#### Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
St. Francis	6	0	19	0
Sacred Heart Prep	5	1	15	5
Archbishop Mitty	4	2	10	5
Saint Ignatius	3	3	10	6
Presentation	2	4	11	11
Valley Christian	1	5	10	12
Notre Dame	0	6	7	14

#### **Results**

##### October 30<sup>th</sup>

Archbishop Mitty 9 – Valley Christian 5  
St. Francis 17 – Notre Dame Belmont 2  
Sacred Heart Prep 6 – St. Ignatius 2

#### **Games This Week**

##### November 1<sup>st</sup>

Sacred Heart Prep & St. Francis @ Nor Cal Championships @ M-A  
Notre Dame Belmont vs. Mercy (B) 1:00 @ Serra

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS WATER POLO FINAL STANDINGS

October 30, 2013

### WCAL CHAMPION – ST. IGNATIUS

#### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Saint Ignatius	6	0	13	9
Sacred Heart Prep	4	2	17	7
St. Francis	4	2	17	2
Archbishop Mitty	4	2	7	3
Presentation	2	4	9	9
Valley Christian	1	5	4	10
Notre Dame	0	6	3	13

#### **Results**

##### October 30<sup>th</sup>

Archbishop Mitty 13 – Valley Christian 1

St. Ignatius 3 – Sacred Heart Prep 2

St. Francis 14 – Notre Dame Belmont 1

#### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS BASKETBALL FINAL STANDINGS

February 15, 2014

### Varsity

## WCAL CHAMPION – ARCHBISHOP MITTY

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Mitty	12	2	20	4
Junipero Serra	11	3	18	6
St. Ignatius	11	3	19	5
Archbishop Riordan	9	5	16	8
Sacred Heart Cathedral	7	7	15	9
St. Francis	3	11	13	11
Bellarmino	2	12	9	15
Valley Christian	1	13	6	18

### **Results**

#### **February 13<sup>th</sup>**

Archbishop Riordan 62 – Valley Christian 49

Junipero Serra 48 – St. Ignatius 44

Archbishop Mitty 63 – Bellarmine 33

Sacred Heart Cathedral 74 – St. Francis 63

#### **February 15<sup>th</sup>**

Archbishop Riordan 68 – Bellarmine 44

St. Ignatius 66 – St. Francis 47

Archbishop Mitty 83 – Valley Christian 47

Junipero Serra 50 – Sacred Heart Cathedral 35

### **Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian



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## WCAL BOYS BASKETBALL FINAL STANDINGS

February 15, 2014

### Junior Varsity

## WCAL CHAMPION – JUNIPERO SERRA

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Junipero Serra	12	2	20	2
St. Ignatius	10	4	17	6
Archbishop Mitty	9	5	16	5
Bellarmino	8	6	17	6
St. Francis	7	7	13	10
Archbishop Riordan	7	7	13	10
Sacred Heart Cathedral	2	12	7	13
Valley Christian	1	13	4	17

### **Results**

#### February 13<sup>th</sup>

Archbishop Riordan 78 – Valley Christian 45

Junipero Serra 44 – St. Ignatius 35

St. Francis 55 – Sacred Heart Cathedral 37

Bellarmino 47 – Archbishop Mitty 46 (OT)

#### February 15<sup>th</sup>

St. Ignatius 50 – St. Francis 44

Archbishop Riordan 52 – Bellarmino 39

Junipero Serra 48 – Sacred Heart Cathedral 35

Archbishop Mitty 64 – Valley Christian 31

### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS BASKETBALL FINAL STANDINGS

February 15, 2014

### Freshman A

### WCAL CO-CHAMPIONS

### ARCHBISHOP MITTY & VALLEY CHRISTIAN

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Valley Christian	11	3	17	3
Archbishop Mitty	11	3	16	4
Bellarmino	10	4	16	5
St. Francis	8	6	12	9
St. Ignatius	6	8	10	9
Junipero Serra	6	8	9	12
Archbishop Riordan	3	11	6	14
Sacred Heart Cathedral	1	13	5	16

#### **Results**

##### February 13<sup>th</sup>

Valley Christian 57 – Archbishop Riordan 46

Junipero Serra 50 – St. Ignatius 46

Archbishop Mitty 49 – Bellarmine 43

St. Francis 57 – Sacred Heart Cathedral 43

##### February 15<sup>th</sup>

Bellarmino 62 – Archbishop Riordan 42

St. Francis 59 – St. Ignatius 48

Archbishop Mitty 45 – Valley Christian 43

Junipero Serra 54 – Sacred Heart Cathedral 38

#### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS BASKETBALL FINAL STANDINGS

February 15, 2014

### Freshman B

## WCAL CHAMPION - BELLARMINE

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Bellarmine	13	1	19	2
St. Ignatius	12	2	16	4
Junipero Serra	9	5	12	9
St. Francis	8	6	14	7
Archbishop Mitty	6	8	9	10
Sacred Heart Cathedral	5	9	9	11
Valley Christian	3	11	5	13
Archbishop Riordan	0	14	3	17

### **Results**

#### February 13<sup>th</sup>

Valley Christian 57 – Archbishop Riordan 46

St. Ignatius 34 – Junipero Serra 30

Bellarmine 52 – Archbishop Mitty 39

St. Francis 48 – Sacred Heart Cathedral 30

#### February 15<sup>th</sup>

Bellarmine 62 – Archbishop Riordan 35

St. Ignatius 40 – St. Francis 32

Archbishop Mitty 52 – Valley Christian 45

Junipero Serra 50 – Sacred Heart Cathedral 46

### League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS BASKETBALL FINAL STANDINGS

**February 14, 2014**

### Varsity

## WCAL CO-CHAMPIONS

## SACRED HEART CATHEDRAL & ST. IGNATIUS

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
St. Ignatius	10	2	21	3
Sacred Heart Cathedral	10	2	17	6
Archbishop Mitty	8	4	15	9
St. Francis	6	6	14	10
Presentation	5	7	15	9
Valley Christian	2	10	12	12
Notre Dame Belmont	1	11	9	15

### **Results**

#### February 12<sup>th</sup>

Archbishop Mitty 74 – Presentation 39  
St. Ignatius 68 – Notre Dame Belmont 29  
Sacred Heart Cathedral 57 – St. Francis 49

#### February 14<sup>th</sup>

Archbishop Mitty 67 – Valley Christian 30  
St. Ignatius 58 – St. Francis 50  
Sacred Heart Cathedral 58 – Notre Dame Belmont 36

### Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS BASKETBALL FINAL STANDINGS

**February 14, 2014**

### Junior Varsity

## WCAL CHAMPION – SACRED HEART CATHEDRAL

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
Sacred Heart Cathedral	11	1	17	3
St. Ignatius	10	2	21	3
St. Francis	6	6	12	7
Archbishop Mitty	6	6	12	9
Notre Dame Belmont	5	7	13	9
Valley Christian	2	10	10	11
Presentation	2	10	8	15

### **Results**

#### February 12<sup>th</sup>

Archbishop Mitty 33 – Presentation 13  
St. Ignatius 41 – Notre Dame Belmont 22  
Sacred Heart Cathedral 44 – St. Francis 36

#### February 14<sup>th</sup>

Archbishop Mitty 46 – Valley Christian 32  
St. Ignatius 42 – St. Francis 32  
Sacred Heart Cathedral 41 – Notre Dame Belmont 17

### League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS BASKETBALL FINSL STANDINGS

February 14, 2014

### Freshman

### WCAL CHAMPION – ARCHBISHOP MITTY

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Mitty	8	0	15	2
Sacred Heart Cathedral	5	3	10	5
St. Ignatius	5	3	13	8
St. Francis	2	6	9	9
Presentation	0	8	2	13

### **Results**

#### February 12<sup>th</sup>

Archbishop Mitty 47 – Presentation 17  
Sacred Heart Cathedral 40 – St. Francis 35

#### February 14<sup>th</sup>

St. Ignatius 43 – St. Francis 32

### League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL BOYS SOCCER FINAL STANDINGS

February 12, 2014

### Varsity

## WCAL CHAMPION – ARCHBISHOP MITTY

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Archbishop Mitty	11	1	2	24	14	2	3
Junipero Serra	10	1	3	23	14	2	3
Bellarmino	11	2	1	23	14	3	3
St. Francis	6	4	4	16	7	4	6
Sacred Heart Cathedral	4	7	3	11	8	9	3
St. Ignatius	3	8	3	9	6	8	5
Valley Christian	2	11	1	5	4	12	2
Archbishop Riordan	0	13	1	1	1	14	2

### **Results**

#### February 12<sup>th</sup>

Sacred Heart Cathedral 2 – Archbishop Riordan 0  
Bellarmino 4 – Valley Christian 0  
Junipero Serra 1 – St. Ignatius 0  
Archbishop Mitty 2

### **Games This Week**

#### February 15<sup>th</sup>

WCAL Playoffs – Round 1

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS SOCCER FINAL STANDINGS

February 12, 2014

### Junior Varsity

### WCAL CHAMPION – ARCHBISHOP MITTY

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Archbishop Mitty	10	2	2	22	14	2	2
Bellarmino	10	3	1	21	11	3	4
Sacred Heart Cathedral	9	2	3	21	12	3	3
St. Ignatius	8	5	1	17	11	6	1
St. Francis	6	6	2	14	8	6	1
Valley Christian	3	8	3	9	6	9	4
Junipero Serra	3	9	2	8	4	10	4
Archbishop Riordan	0	14	0	0	0	17	1

### **Results**

#### February 12<sup>th</sup>

St. Ignatius 2 – Junipero Serra 1  
Sacred Heart Cathedral 4 – Archbishop Riordan 0  
Bellarmino 1 – Valley Christian 1  
Archbishop Mitty 1 – St. Francis 0

### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian



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## WCAL BOYS SOCCER FINAL STANDINGS

### WCAL CHAMPION - BELLARMINE

February 12, 2014

#### Freshman

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Bellarmino	11	0	1	23	13	1	3
St. Ignatius	8	2	1	17	9	2	2
Archbishop Mitty	7	3	2	16	9	3	2
Junipero Serra	5	4	2	12	7	8	2
Sacred Heart Cathedral	4	6	2	8	5	6	2
St. Francis	2	10	0	4	4	9	0
Archbishop Riordan	0	11	0	0	1	15	0

#### **Results**

##### February 12<sup>th</sup>

Junipero Serra 2 – St. Ignatius 2  
Sacred Heart Cathedral 2 – Archbishop Riordan 0  
Archbishop Mitty 5 – St. Francis 0

**League Games This Week** - Played after JV Match

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL GIRLS SOCCER FINAL STANDINGS

February 12, 2014

### Varsity

## WCAL CHAMPION – VALLEY CHRISTIAN

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Valley Christian	10	2	0	20	16	2	0
Archbishop Mitty	7	2	3	17	12	4	4
St. Francis	8	3	1	17	13	4	1
St. Ignatius	4	3	5	13	9	5	5
Presentation	4	5	3	11	8	5	5
Notre Dame Belmont	3	9	0	6	8	10	0
Sacred Heart Cathedral	0	12	0	0	5	14	2

### **Results**

#### February 12<sup>th</sup>

St. Francis 2 – Archbishop Mitty 0  
Notre Dame Belmont 1 – St. Ignatius 0  
Valley Christian 3 – Presentation 1

### **Games This Week**

#### February 15<sup>th</sup>

WCAL Playoffs – Round 1

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL GIRLS SOCCER FINAL STANDINGS

February 12, 2014

### Junior Varsity

## WCAL CHAMPION – ST. IGNATIUS

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
St. Ignatius	9	1	2	20	14	1	3
St. Francis	6	2	4	16	10	3	4
Archbishop Mitty	5	2	5	15	13	2	5
Presentation	6	4	2	14	12	4	3
Valley Christian	4	3	5	13	10	3	5
Sacred Heart Cathedral	1	9	2	4	3	10	2
Notre Dame Belmont	1	11	0	2	5	12	0

### **Results**

#### **February 12<sup>th</sup>**

Archbishop Mitty 1 – St. Francis 1

St. Ignatius 5 – Notre Dame Belmont 0

Presentation 5 – Valley Christian 0

### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS SOCCER FINAL STANDINGS

February 12, 2014

### Freshman

## WCAL CHAMPION – ARCHBISHOP MITTY

	League <u>Wins</u>	League <u>Losses</u>	League <u>Ties</u>	League <u>Points</u>	Season <u>Wins</u>	Season <u>Losses</u>	Season <u>Ties</u>
Archbishop Mitty	5	1	2	12	11	2	2
St. Francis	4	1	3	11	6	2	4
St. Ignatius	4	3	1	9	7	5	2
Presentation	2	3	3	7	5	3	3
Sacred Heart Cathedral	0	7	1	1	3	8	1

### **Results**

#### **February 12<sup>th</sup>**

Archbishop Mitty 1 – St. Francis 1

### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL BOYS WRESTLING FINAL STANDINGS

**February 11, 2014**

### Varsity

### WCAL CHAMPION – ARCHBISHOP MITTY

	<u>League Wins</u>	<u>League Losses</u>
Archbishop Mitty	6	0
St. Francis	5	1
Bellarmino	4	2
Junipero Serra	3	3
Sacred Heart Cathedral	2	4
Archbishop Riordan	1	5
Valley Christian	0	6

### **Results**

#### February 11<sup>th</sup>

Archbishop Mitty 49 – St. Francis 13

#### February 12<sup>th</sup>

Junipero Serra 48 – Archbishop Riordan 31

Bellarmino 18 – Sacred Heart Cathedral 6

### **League Matches Next Week**

#### February 15<sup>th</sup>

WCAL Championships @ Bellarmine 9:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS WRESTLING FINAL STANDINGS

February 12, 2014

### Junior Varsity

### WCAL CHAMPION – JUNIPERO SERRA

	League <u>Wins</u>	League <u>Losses</u>	League <u>Ties</u>	League <u>Points</u>
Junipero Serra	6	0	0	12
Archbishop Mitty	5	1	0	10
Bellarmino	4	2	0	8
Archbishop Riordan	3	3	0	6
Sacred Heart Cathedral	2	4	0	4
St. Francis	0	5	1	1
Valley Christian	0	5	1	1

#### **Results**

##### February 11<sup>th</sup>

Archbishop Mitty 63 – St. Francis 3

##### February 12<sup>th</sup>

Junipero Serra 62 – Archbishop Riordan 3

Bellarmino 31 – Sacred Heart Cathedral 15

#### **League Matches Next Week**

##### February 15<sup>th</sup>

WCAL Championships @ Bellarmine 9:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# *West Catholic Athletic League*

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## WCAL BOYS WRESTLING FINAL STANDINGS

**February 12, 2014**

### Freshman

## WCAL CHAMPION – JUNIPERO SERRA

	<u>League Wins</u>	<u>League Losses</u>
Junipero Serra	6	0
Archbishop Mitty	5	1
Archbishop Riordan	4	2
St. Francis	3	3
Sacred Heart Cathedral	1	4
Bellarmino	1	4
Valley Christian	0	6

### **Results**

#### February 11<sup>th</sup>

Archbishop Mitty 18 – St. Francis 6

#### February 12<sup>th</sup>

Junipero Serra 37 – Archbishop Riordan 30

Bellarmino 18 – Sacred Heart Cathedral 11

### **League Matches Next Week**

#### February 15<sup>th</sup>

WCAL Championships @ Bellarmine 9:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL BOYS BASEBALL FINAL STANDINGS

May 6, 2014

### WCAL CHAMPION – ARCHBISHOP MITTY

#### Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Archbishop Mitty	11	3	22	5	0
St. Francis	11	3	22	4	0
Valley Christian	9	5	19	8	0
Bellarmino	8	6	21	6	0
Junipero Serra	8	6	16	10	0
St. Ignatius	5	9	12	14	0
Archbishop Riordan	2	12	10	15	0
Sacred Heart Cathedral	2	12	7	18	1

#### **Results**

##### May 6th

Sacred Heart Cathedral 5 - St. Ignatius 4

St. Francis 4 - Archbishop Riordan 2

Archbishop Mitty 5 - Valley Christian 1

Junipero Serra 2 - Bellarmine 0

##### May 9th

Valley Christian 1 - Archbishop Riordan 0

Archbishop Mitty 2 - St. Francis 1

Bellarmino 9 - Sacred Heart Cathedral 0

Junipero Serra 7 - St. Ignatius 4

#### **Games This Week**

May 13<sup>TH</sup>/14<sup>TH</sup>/15<sup>TH</sup>

WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian



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## WCAL BOYS BASEBALL FINAL STANDINGS

May 9, 2014

### WCAL CHAMPION – JUNIPERO SERRA

#### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Junipero Serra	13	1	20	3
Bellarmino	11	3	16	4
Archbishop Mitty	8	6	16	7
St. Francis	8	6	16	7
Valley Christian	7	7	13	11
St. Ignatius	6	8	10	12
Sacred Heart Cathedral	3	11	5	16
Archbishop Riordan	0	14	5	15

#### **Results**

##### May 6<sup>th</sup>

St. Francis 19 – Archbishop Riordan 3

Junipero Serra 8 – Bellarmine 0

St. Ignatius 7 – Sacred Heart Cathedral 4

Valley Christian 2 – Archbishop Mitty 1

##### May 9<sup>th</sup>

St. Francis 6 – Archbishop Mitty 2

Bellarmino 4 – Sacred Heart Cathedral 2

Junipero Serra 6 – St. Ignatius 5

Valley Christian 5 – Archbishop Riordan 3

##### March 10<sup>th</sup>

Valley Christian 9 – Archbishop Riordan 3

#### **League**

##### May 10<sup>th</sup>

Archbishop Riordan @ Valley Christian 11:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS BASEBALL FINAL STANDINGS

May 9, 2014

WCAL CHAMPION – JUNIPERO SERRA

Freshman

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Junipero Serra	11	3	15	5	0
Archbishop Mitty	10	4	14	7	0
Valley Christian	8	4	14	4	1
Bellarmino	9	5	16	5	0
St. Ignatius	8	6	12	9	0
St. Francis	6	8	9	12	0
Archbishop Riordan	2	10	5	14	0
Sacred Heart Cathedral	0	14	1	18	0

### **Results**

#### May 6<sup>th</sup>

St. Francis 5 – Archbishop Riordan 2

Junipero Serra 4 – Bellarmine 3

St. Ignatius 12 – Sacred Heart Cathedral 1

Archbishop Mitty 9 – Valley Christian 4

#### May 9<sup>th</sup>

St. Francis 5 – Archbishop Mitty 0

St. Ignatius 11 – Junipero Serra 4

Bellarmino 6 – Sacred Heart Cathedral 0

#### May 10<sup>th</sup>

### **League Games This Week**

#### May 10<sup>th</sup>

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Archbishop Riordan @ Valley Christian 12:30

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS GOLF FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP MITTY

**April 17, 2014**

### Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>
Archbishop Mitty	12	0	0	24
Bellarmino	9	3	0	18
Junipero Serra	7	4	1	15
St. Ignatius	5	6	1	11
St. Francis	4	8	0	8
Valley Christian	4	8	0	8
Sacred Heart Cathedral	0	12	0	0

### **Results**

#### April 7<sup>th</sup>

St. Francis 202 - Sacred Heart Cathedral 234 - Medalist: Matt Heitel (SF) 34

#### April 8<sup>th</sup>

Bellarmino 181 - Valley Christian 206 - Medalist: Eddie Lai (B) 33

Archbishop Mitty 191 - St. Francis 201 - Matt Lloyd (AM) 36

St. Ignatius 195 - Junipero Serra 195 - Medalist: Joseph Ladd (SI) & Ashton Silk (S) 36

#### April 9<sup>th</sup>

Bellarmino 190 - St. Ignatius 195 - Medalist: Jimmy Castles (B), Austin Murphy (B), Justin Goh (SI) 36

#### April 10<sup>th</sup>

Valley Christian 184 - St. Francis 187 - Medalist: Matt Heitel (SF) & Kyle Morris (VC) 35

Archbishop Mitty 177 - Palma 191 - Medalist: Shintaro Ban (AM) 29

#### April 14<sup>th</sup>

Bellarmino 188 - St. Francis 201 - Medalist: Jimmy Castles (B) & Eashwar Therpattinam (B) 36

St. Ignatius 199 - Valley Christian 201 - Medalist: Justin Goh (SI) 38

#### April 15<sup>th</sup>

Valley Christian 195 - Sacred Heart Cathedral 252

#### April 16<sup>th</sup>

Bellarmino 186 - Junipero Serra 190

#### April 17<sup>th</sup>

Junipero Serra 205 - Bellarmino 206 - Medalist: Isaiah Salinda (S) 38

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS GOLF FINAL STANDINGS

### WCAL CHAMPION - BELLARMINA

**April 28, 2014**

### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmino	14	0
St. Ignatius	11	3
St. Francis	11	3
Junipero Serra	8	6
Archbishop Mitty	6	8
Valley Christian	4	10
Sacred Heart Cathedral	2	12
Archbishop Riordan	0	14

### **Results**

#### April 7<sup>th</sup>

St. Francis 191 – Archbishop Mitty 202  
Junipero Serra 213 – Sacred Heart Cathedral 243  
Valley Christian 251 – Archbishop Riordan 254

#### April 8<sup>th</sup>

Bellarmino 188 – Archbishop Mitty 212

#### April 9<sup>th</sup>

Bellarmino 202 – Junipero Serra 235  
St. Ignatius 241 – Archbishop Riordan 260  
St. Francis 210 – Valley Christian 261

#### April 10<sup>th</sup>

Bellarmino 179 – Valley Christian 217

#### April 14<sup>th</sup>

St. Ignatius 203 – Junipero Serra 216

#### April 28<sup>th</sup>

St Francis 213 - Serra 231

### **League Matches This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL BOYS LACROSSE FINAL STANDINGS WCAL CHAMPION – ST. IGNATIUS

**May 7, 2014**

### Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
St. Ignatius	5	0	13	5
Bellarmino	4	1	15	2
St. Francis	3	2	13	4
Archbishop Mitty	2	3	9	6
Sacred Heart Cathedral	1	4	7	8
Junipero Serra	0	5	3	9

### **Results**

#### May 7th

St. Ignatius 9 - Bellarmine 5  
Archbishop Mitty 15 - Junipero Serra 2

### **Games This Week**

May 12<sup>th</sup>/14<sup>th</sup>/16<sup>th</sup>

WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

---

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## WCAL BOYS LACROSSE FINAL STANDINGS

### WCAL CHAMPION - BELLARMINE

May 7, 2014

### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Bellarmine	6	0	14	0
St. Ignatius	5	1	8	1
Archbishop Mitty	4	2	12	4
St. Francis	3	3	9	8
Junipero Serra	1	5	3	9
Sacred Heart Cathedral	1	5	2	10
Archbishop Riordan	1	5	1	6

#### **Results**

##### May 5<sup>th</sup>

Archbishop Riordan 5 – Junipero Serra 4

##### May 6<sup>th</sup>

St. Francis 12 – Archbishop Riordan 3

##### May 7<sup>th</sup>

Bellarmine 14 – St. Ignatius 11

Archbishop Mitty 16 – Junipero Serra 1

#### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian



# West Catholic Athletic League

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## WCAL SOFTBALL FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP MITTY

May 9, 2014

### Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
Archbishop Mitty	11	1	21	1
Valley Christian	9	3	18	6
Presentation	7	5	20	6
Notre Dame Belmont	6	6	15	10
St. Francis	4	8	11	16
St. Ignatius	3	9	10	14
Sacred Heart Cathedral	2	10	12	10

### **Results**

#### May 6th

Sacred Heart Cathedral 4 - St. Ignatius 1  
Presentation 6 - St. Francis 2  
Archbishop Mitty 8 - Valley Christian 5  
Notre Dame Belmont 3 - Gunn 0

#### May 9<sup>th</sup>

Archbishop Mitty 11 – Notre Dame Belmont 3  
Presentation 3 – St. Ignatius 2  
Sacred Heart Cathedral 3 – St. Francis 2  
St. Francis 11 – Sacred Heart Cathedral 2

### **Games This Week**

#### May 13<sup>TH</sup>/14<sup>TH</sup>/15<sup>TH</sup>

WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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## WCAL SOFTBALL FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP MITTY

May 9, 2014  
Junior Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>	<u>Season</u> <u>Ties</u>
Archbishop Mitty	12	0	16	1	0
Presentation	10	2	15	7	1
St. Ignatius	8	4	14	5	0
St. Francis	6	6	9	11	0
Notre Dame Belmont	4	8	8	10	0
Sacred Heart Cathedral	2	10	3	16	0
Valley Christian	0	12	0	20	0

### **Results**

#### May 6<sup>th</sup>

Presentation 17 – St. Francis 5  
St. Ignatius 17 – Sacred Heart Cathedral 0  
Archbishop Mitty 14 – Valley Christian 0

#### May 9<sup>th</sup>

Presentation 4 – St. Ignatius 2  
St. Francis 22 – Sacred Heart Cathedral 8  
Archbishop Mitty 18 – Notre Dame Belmont 1

### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS SWIMMING AND DIVING FINAL STANDINGS

### WCAL CHAMPION – ARCHBISHOP MITTY

May 1, 2014

#### Varsity

	<u>League Wins</u>	<u>League Losses</u>
Archbishop Mitty	6	0
St. Francis	5	1
Presentation	4	2
St. Ignatius	3	3
Valley Christian	2	4
Notre Dame Belmont	1	5
Sacred Heart Cathedral	0	6

#### **Results**

##### May 1<sup>st</sup>

Archbishop Mitty 119 - Valley Christian 67  
St. Ignatius 132 - Notre Dame Belmont 32  
St. Francis 147 - Sacred Heart Cathedral 14

#### **League Meets This Week**

##### May 3<sup>rd</sup>

WCAL Diving Championships 2:30 @ Presentation

##### May 9<sup>th</sup>

WCAL Girls Swimming Trials 4:00 @ Junipero Serra

##### May 10<sup>th</sup>

WCAL Finals 2:00 @ Junipero Serra

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS SWIMMING AND DIVING FINAL STANDINGS

### WCAL CHAMPION – Archbishop Mitty

May 1, 2014

#### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Archbishop Mitty	6	0
St. Francis	5	1
Presentation	4	2
Valley Christian	3	3
St. Ignatius	2	4
Notre Dame Belmont	1	5
Sacred Heart Cathedral	0	6

#### **Results**

##### May 1<sup>st</sup>

Archbishop Mitty 139 – Valley Christian 41  
St. Francis 147 – Sacred Heart Cathedral 30  
St. Ignatius 114 – Notre Dame Belmont 56

#### **League Meets This Week**

##### May 1<sup>st</sup>

Valley Christian @ Archbishop Mitty 3:00  
Notre Dame Belmont @ St. Ignatius 3:00  
Sacred Heart Cathedral @ St. Francis 3:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS SWIMMING AND DIVING FINAL STANDINGS

### WCAL CHAMPION - BELLARMINE

May 1, 2014

#### Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmino	6	0
St. Francis	5	1
St. Ignatius	4	2
Junipero Serra	3	3
Valley Christian	1	5
Archbishop Mitty	2	4
Sacred Heart Cathedral	0	6

#### **Results**

##### May 1st

Archbishop Mitty 98 - Valley Christian 66

St. Ignatius 119 - Junipero Serra 67

St. Francis 143 - Sacred Heart Cathedral 12

#### **Meets This Week**

##### May 3<sup>rd</sup>

WCAL Diving Championships 2:30 @ Presentation

##### May 8<sup>th</sup>

WCAL Boys Swimming Trials 4:00 @ Junipero Serra

##### May 9<sup>th</sup>

WCAL Girls Swimming Trials 4:00 @ Junipero Serra

##### May 10<sup>th</sup>

WCAL Swimming Finals 2:00 @ Junipero Serra

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS SWIMMING AND DIVING FINAL STANDINGS

### WCAL CHAMPION - BELLARMINE

**MAY 1, 2014**

**Frosh/Soph**

	<b>League Wins</b>	<b>League Losses</b>
Bellarmine	6	0
St. Francis	5	1
Junipero Serra	4	2
Archbishop Mitty	2	4
St. Ignatius	2	4
Valley Christian	1	5
Sacred Heart Cathedral	0	6

#### **Results**

##### **May 1<sup>st</sup>**

Junipero Serra 105 – St. Ignatius 71  
St. Francis 136 – Sacred Heart Cathedral 30  
Archbishop Mitty 105 – Valley Christian 63

#### **League Meets This Week**

##### **Meets This Week**

##### **May 3<sup>rd</sup>**

WCAL Diving Championships 2:30 @ Presentation

##### **May 8<sup>th</sup>**

WCAL Boys Swimming Trials 4:00 @ Junipero Serra

##### **May 9<sup>th</sup>**

WCAL Girls Swimming Trials 4:00 @ Junipero Serra

##### **May 10<sup>th</sup>**

WCAL Swimming Finals 2:00 @ Junipero Serra

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS TENNIS FINAL STANDINGS

### WCAL CHAMPION - BELLARMINE

April 28, 2014

#### Varsity

	<u>Wins</u>	<u>Losses</u>	Season <u>Wins</u>	Season <u>Losses</u>
Bellarmine	14	0	18	3
Junipero Serra	9	5	12	5
Archbishop Mitty	9	5	15	5
St. Ignatius	9	5	13	5
St. Francis	7	7	12	10
Valley Christian	6	8	14	8
Archbishop Riordan	1	13	2	17
Sacred Heart Cathedral	1	13	2	17

#### **Results**

##### April 28<sup>TH</sup>

Junipero Serra 4 – St. Ignatius 3

#### **Matches This Week**

##### April 30<sup>th</sup>/May 1<sup>st</sup>

WCAL Championships @ Cuesta Park

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian



<b>SI - 3</b>	<b>4/28/14</b>	<b>Won</b>		<b>Serra - 4</b>		<b>Won</b>	<b>Set 1</b>	<b>Set 2</b>	<b>Set 3</b>
Home S1	Jayson Fung	X		Away S1	Matt Campana		6-1	6-3	
Home S2	Derek Austin			Away S2	Peter Campana	X	6-2	6-3	
Home S3	Joe Pera			Away S3	Gordan Barrows	X	6-0	6-1	
Home S4	Joe Begovich			Away S4	Rohan Kothari	X	6-0	6-1	
Home D1	Rob Werner			Away D1	Eric Dennis	X	6-3	6-3	
	Jackson Cooney				Brendon Barrows				
Home D2	Noah Schumacher		X	Away D2	Ryan Cao		7-5	6-2	
	Matt Cueto				Andrew Olson				
Home D3	Willem Decker		X	Away D3	Ali Jafri		6-2	6-3	
	Parker Glaessner				Kyle Chaners				

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## WCAL BOYS TENNIS FINAL STANDINGS

### WCAL CHAMPION - BELLARMINE

April 28, 2014

### Junior Varsity

	<u>Wins</u>	<u>Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Bellarmine	14	0	14	0
St. Francis	12	2	12	5
Saint Ignatius	10	4	10	4
Archbishop Mitty	8	6	8	6
Junipero Serra	6	8	6	8
Valley Christian	4	10	4	10
Sacred Heart Cathedral	2	12	2	12
Archbishop Riordan	0	14	0	14

### **Results**

April 28<sup>th</sup>

St. Ignatius 6 – Junipero Serra 1

### **League Matches This Week**

<u>Serra - 1</u>	<u>4/28/14</u>	<u>Won</u>	<u>SI - 6</u>		<u>Won</u>	<u>Set 1</u>	<u>Set 2</u>	<u>Set 3</u>
Home S1	Zach Connolly		Away S1	Alex Weiskoff	X	6-1	6-3	
Home S2	Vinny Way		Away S2	Daniel Begovich	X	6-4	6-3	
Home S3	Brandon Dominguez		Away S3	Nick Peru	X	6-4	6-1	
Home S4	Matthew Claybrook		Away S4	Arthur Endo	X	6-4	6-3	
Home D1	Forfeit		Away D1		X			
Home D2	Tanner Santo	X	Away D2	Harry Gooding		6-1	7-6	
	Stathis Kravantzas			Christian Lick				
Home D3	Forfeit		Away D3		X			

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS TRACK AND FIELD FINAL STANDINGS

May 7, 2014

### WCAL CHAMPION - BELLARMINE

#### Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmine	7	0
St. Francis	6	1
Junipero Serra	5	2
St. Ignatius	4	3
Valley Christian	3	4
Archbishop Mitty	2	5
Sacred Heart Cathedral	1	6
Archbishop Riordan	0	7

#### **Results**

##### May 7th

Junipero Serra 89 - Archbishop Mitty 37  
Bellarmine 101 - St. Ignatius 35  
Valley Christian 76 - Sacred Heart Cathedral 50  
St. Francis d. Archbishop Riordan

#### **Meets This Week**

##### May 13<sup>th</sup>

WCAL Trials 4:00 @ St. Francis

##### May 16<sup>th</sup>

WCAL Finals 5:00 @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS TRACK AND FIELD FINAL STANDINGS

**May 7, 2014**

**WCAL CHAMPION - BELLARMINE**

**Frosh/Soph**

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>
Bellarmino	7	0	0	14
St. Francis	5	1	0	10
Junipero Serra	4	2	1	9
Archbishop Mitty	4	3	0	8
Archbishop Riordan	3	3	0	6
St. Ignatius	2	4	1	5
Valley Christian	2	5	0	4
Sacred Heart Cathedral	0	7	0	0

### **Results**

**May 7<sup>th</sup>**

Junipero Serra 68 – Archbishop Mitty 67

Bellarmino 110.5 – St. Ignatius 20.5

Valley Christian 69 – Sacred Heart Cathedral 34

### **League Meets This Week**

**May 13<sup>th</sup>**

WCAL Trials 4:00 @ St. Francis

**May 16<sup>th</sup>**

WCAL Finals 5:00 @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS TRACK AND FIELD FINAL STANDINGS

May 7, 2014

### WCAL CHAMPION – ST. IGNATIUS

#### Varsity

	<u>League Wins</u>	<u>League Losses</u>
St. Ignatius	6	0
Archbishop Mitty	5	1
St. Francis	4	2
Valley Christian	3	3
Presentation	2	4
Notre Dame Belmont	1	5
Sacred Heart Cathedral	0	6

#### **Results**

##### May 7<sup>th</sup>

Archbishop Mitty 114 -Notre Dame Belmont 14

St. Ignatius 89 - Presentation 36

Valley Christian 97 - Valley Christian 16

#### **Meets This Week**

##### May 14<sup>th</sup>

WCAL Trials 4:00 @ St. Francis

##### May 16<sup>th</sup>

WCAL Finals 5:00 @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL GIRLS TRACK AND FIELD FINAL STANDINGS

**May 7, 2014**

**WCAL CHAMPION – ARCHBISHOP MITTY**

### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Archbishop Mitty	6	0
St. Francis	5	1
St. Ignatius	4	2
Sacred Heart Cathedral	3	3
Presentation	2	4
Valley Christian	1	5
Notre Dame Belmont	0	6

### **Results**

#### May 7<sup>th</sup>

Archbishop Mitty 105 – Notre Dame Belmont 24

Sacred Heart Cathedral 83 – Valley Christian 33

St. Ignatius 92 – Presentation 42

### **League Meets This Week**

#### May 14<sup>th</sup>

WCAL Trials 4:00 @ St. Francis

#### May 16<sup>th</sup>

WCAL Finals 5:00 @ St. Francis

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS VOLLEYBALL FINAL STANDINGS

### WCAL CHAMPION – ST. FRANCIS

MAY 1, 2014

#### Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
St. Francis	12	0	26	4
Bellarmino	9	3	23	8
Archbishop Mitty	6	6	12	10
Junipero Serra	5	7	15	9
Sacred Heart Cathedral	5	7	14	13
St. Ignatius	4	8	6	8
Valley Christian	1	11	14	19

#### **Results**

##### April 29th

St. Francis 3 - Junipero Serra 0 (25-22, 25-21, 25-16)

Bellarmino 3 - Sacred Heart Cathedral 0

St. Ignatius 3 – Valley Christian 1

Mt. View 3 - Archbishop Mitty 0 (25-11, 25-20, 25-11)

##### May 1st

St. Francis 3 - Bellarmino 0 (25-20, 25-17, 15-17)

Archbishop Mitty 3 - Valley Christian 1 (25-20, 22-25, 25-6, 25-21)

Sacred Heart Cathedral 3 - St. Ignatius 0

#### **Games This Week**

##### May 6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup>

WCAL Playoffs 7:00 – High Seed Home

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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## WCAL BOYS VOLLEYBALL FINAL STANDINGS

### WCAL CHAMPION - BELLARMINE

May 1, 2014

### Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmino	12	0
St. Francis	10	2
St. Ignatius	7	5
Archbishop Mitty	5	7
Sacred Heart Cathedral	4	8
Junipero Serra	2	10
Valley Christian	2	10

#### **Results**

##### April 29<sup>th</sup>

St. Francis 2 – Junipero Serra 0

Bellarmino 2 – Sacred Heart Cathedral 0

St. Ignatius 2 – Valley Christian 0

##### May 1<sup>st</sup>

Bellarmino 2 – St. Francis 0

Archbishop Mitty 2 – Valley Christian 0

St. Ignatius 2 – Sacred Heart Cathedral 1

#### **League Games This Week**

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian