



## FALL ALL-LEAGUE TEAMS

[ALL LEAGUE TEAM](#) · [WOMEN'S CROSS COUNTRY](#)

- HOME
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- RECORDS
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### 2010 Men's Cross Country

#### FIRST TEAM

Kyle Rae	Senior	Bellarmino
Jack Bordoni	Junior	Bellarmino
Jarrett Moore	Senior	Sacred Heart Cathedral
Tony Ferrari	Senior	Bellarmino
Sanmay Jain	Senior	Bellarmino
Adrian Hinojosa	Junior	Bellarmino
Ciaran Murphy	Sophomore	Saint Ignatius
Esteban Valencia	Junior	Bellarmino

#### SECOND TEAM

Richard Guzikowski	Sophomore	Archbishop Mitty
Daniel Colom	Senior	Junipero Serra
Joe McIntyre	Junior	Saint Ignatius
Ford Milligan	Senior	Junipero Serra
Chris Ries	Senior	Saint Francis
J. K. Gopalkumar	Sophomore	Saint Francis



WEST CATHOLIC ATHLETIC LEAGUE

## FALL ALL-LEAGUE TEAMS

[ALL LEAGUE TEAM](#) · [MEN'S CROSS COUNTRY](#)

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### 2010 Women's Cross Country

#### FIRST TEAM

Morgan Lira	Junior	Valley Christian
Rachel Hinds	Senior	Saint Ignatius
Laura Vazquez	Senior	Presentation
Mary Kriege	Senior	Archbishop Mitty
Kendall Hacker	Freshman	Saint Ignatius
Morgan Healy	Junior	Saint Francis
Sophia Cannata-Bowman	Sophomore	Sacred Heart Cathedral

#### SECOND TEAM

Madeline Roemer	Junior	Saint Francis
Emilia Schrier	Junior	Saint Francis
Emily Blaha	Senior	Valley Christian
Rosie Casarez	Senior	Saint Francis
Molly Haar	Sophomore	Archbishop Mitty
Kellie Redmond	Sophomore	Sacred Heart Cathedral
Madeline Cooper		Presentation



WEST CATHOLIC ATHLETIC LEAGUE

## 2010 FOOTBALL ALL-LEAGUE TEAM

[FOOTBALL AWARDS](#) · [FIRST TEAM](#) · [SECOND TEAM](#) · [HONORABLE MENTION TEAM](#)

- HOME
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### AWARDS

<b>Player-of-the-Year</b>	<b>Kyle Boehm, QB, Archbishop Mitty</b>	<b>Sr.</b>
<b>Running Back</b>	<b>Byron Marshall, Valley Christian</b>	<b>Sr.</b>
<b>Quarterback</b>	<b>Zach Vaiana, Valley Christian</b>	<b>Sr.</b>
<b>Offensive Lineman</b>	<b>Parker Smith, Archbishop Mitty</b>	<b>Sr.</b>
<b>Wide-Receiver</b>	<b>Brandon White, Archbishop Mitty</b>	<b>Sr.</b>
<b>Defensive Lineman</b>	<b>Daniel Jackson, Valley Christian</b>	<b>Sr.</b>
<b>Linebacker</b>	<b>Jammal Rose, Valley Christian</b>	<b>Sr.</b>
<b>Defensive Back</b>	<b>J. D. Correa, Archbishop Mitty</b>	<b>Sr.</b>
<b>Utility Player</b>	<b>Kris Olugbode, Bellarmine</b>	<b>Sr.</b>
<b>Kicker</b>	<b>Parker Toms, Junipero Serra</b>	<b>Sr.</b>
<b>Junior of the Year</b>	<b>Valentino Miles, RB, Sacred Heart Cath,</b>	<b>Jr.</b>
<b>Sophomore of the Year</b>	<b>Eric Redwood, RB, Junipero Serra</b>	<b>Soph.</b>

### FIRST TEAM

Byron Marshall	Valley Christian	HB	Jr.
Zach Vaiana	Valley Christian	QB	Sr.
Byran Fobbs	Valley Christian	WR	Sr.
Justin Satele	Valley Christian	OL	Sr.
Daniel Jackson	Valley Christian	DL	Sr.
Jammal Rose	Valley Christian	LB	Sr.
Alan Chase	Valley Christian	DE	Sr.
Jarrold Lawson	Valley Christian	LB	Jr.
Kyle Boehm	Archbishop Mitty	QB	Sr.
Rocky Meszaros	Archbishop Mitty	RB	Sr.
Parker Smith	Archbishop Mitty	OL	Sr.
Brandon White	Archbishop Mitty	WR	Sr.
Greg Ruiz	Archbishop Mitty	DB	Sr.
J. D. Correa	Archbishop Mitty	DB	Sr.
Bobby Marani	Archbishop Mitty	LB	Jr.
Kris Olugbode	Bellarmino	RB/LB	Sr.
Joe Gigantino	Bellarmino	TE/LB	Jr.
Connor Lambert	Bellarmino	OT/DT	Jr.
Rufus Wolokolie	Bellarmino	LB	Sr.
Tim Crawley	Bellarmino	RB/DB	Jr.
Travis McHugh	Bellarmino	QB	Jr.
Erich Wilson	Junipero Serra	RB	Jr.
Alex Bravo	Junipero Serra	RB/LB	Sr.
Michael Tatola	Junipero Serra	OL/DL	Sr.
Andy McAlindon	Junipero Serra	QB	Sr.
Jonny Maurino	Junipero Serra	OL/DL	Sr.
Chris Chang	Saint Francis	DE	Sr.
James Carr	Saint Francis	OT	Sr.
Clay Jones	Saint Francis	LB	Sr.
A. J. Monroe	Saint Francis	DT	Sr.
Zac Schuller	Saint Ignatius	DB/RB	Sr.
Jacob Brisbane	Saint Ignatius	LB/RB	Sr.
Houston Ford	Saint Ignatius	OL	Sr.
Nikolas Grass	Sacred Heart Cathedral	TE	Sr.
Zac Tapel	Sacred Heart Cathedral	RB	Jr.
Kyle Church	Sacred Heart Cathedral	CB	Sr.
A. J. Lewis	Archbishop Riordan	WR/DB	Sr.
Luis Sarabia	Archbishop Riordan	OL/LB	Sr.
Drew Jackson	Archbishop Riordan	OL/DL	Jr.

**SECOND TEAM**

Joe Jahn	Valley Christian	DB	Sr.
Dammell Jones	Valley Christian	WR	Sr.

West Catholic Athletic League - All League Teams - Football

Danielle Jones	Valley Christian	FB	Sr.
Brian Houpp	Valley Christian	DE	Sr.
Joe DeCecco	Archbishop Mitty	DB	Jr.
Jacob Barrow	Archbishop Mitty	LB	Sr.
Jason Sutton	Archbishop Mitty	DE	Soph.
Alex Manigo	Bellarmino	TE	Jr.
Justin Taliaferro	Bellarmino	FB/LB	Jr.
Ryan Le	Bellarmino	LB	Sr.
Mark Timko	Junipero Serra	RB/DB	Sr.
Juan Rodriguez	Junipero Serra	LB	Sr.
Kyle Rudolph	Junipero Serra	OL/DL	Sr.
Jordan Piha	Saint Francis	DE	Sr.
Rhett Ramirez	Saint Francis	OLB	Sr.
Sam Mapa	Saint Francis	OG/DT/DE	Sr.
Alfred Siniora	Saint Ignatius	OL	Sr.
Xavier Russo	Saint Ignatius	LB/WR	Sr.
E. J. Silvia	Saint Ignatius	DE/TE	Sr.
Joseph Keightley	Sacred Heart Cathedral	OL	Sr.
Rory O'Driscoll	Sacred Heart Cathedral	WR	Sr.
Valentino Miles	Sacred Heart Cathedral	RB	Jr.
Jordan Medina	Archbishop Riordan	RB/LB	Sr.
Tre'jon Bolden	Archbishop Riordan	WR/DB	Jr.
Stephen Sabagquit	Archbishop Riordan	OL/LB	Sr.

**Honorable Mention**

Theodore King	Valley Christian	OL/DL	Jr.
Phil Ramirez	Valley Christian	K	Jr.
Matt Ross	Valley Christian	OL/DL	Sr.
Sean Mulcahy	Archbishop Mitty	OL/DL	Jr.

West Catholic Athletic League - All League Teams - Football

Chris Eglesia	Archbishop Mitty	OL/DL	Sr.
Jaren Kilfoyle	Archbishop Mitty	OL/DL	Jr.
Rudy Iniguez	Bellarmino	C/DT	Sr.
Thomas Dazzi	Bellarmino	K	Sr.
Conner Jauch	Bellarmino	RB/CB	Jr.
Eric Redwood	Junipero Serra	RB	Soph.
David Sevelo	Junipero Serra	FS	Sr.
Nick Alspaugh	Junipero Serra	LB	Sr.
Isiah Lott	Saint Francis	DB	Sr.
Braden Bishop	Saint Francis	WR	Jr.
D'Eric Deckard	Saint Francis	DB	Sr.
Dominic Truoccolo	Saint Ignatius	RB/LB	Sr.
John Murphy	Saint Ignatius	RB/DE	Sr.
Kerry Crowley	Saint Ignatius	RB/LB	Jr.
Sean 'Jake' Murphy	Sacred Heart Cathedral	QB	Sr.
Jeivon Parker	Sacred Heart Cathedral	WR/LB	Jr.
Dan Stornaiuolo	Sacred Heart Cathedral	OL/DL	Sr.
Ismael Orozco	Archbishop Riordan	QB	Jr.
Dan Correa	Archbishop Riordan	RB/LB	Sr.
Marcus Galang-Wilson	Archbishop Riordan	OL/DL	Sr.



# FALL ALL-LEAGUE TEAMS

[ALL LEAGUE TEAM](#)

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## 2010 Women's Golf

### Medalist: Mariko Tumangan, Presentation

Alexandra Wong  
Andrea Wong  
Mariko Tumangan  
Ramey Parks  
Nancy Xu  
Lauren Salazar  
Kalmina Wu  
Michelle Tse  
Isabelle Rebosura

Saint Ignatius  
Saint Ignatius  
Presentation  
Presentation  
Saint Francis  
Archbishop Mitty  
Valley Christian  
Sacred Heart Cathedral  
Notre Dame



WEST CATHOLIC ATHLETIC LEAGUE

## FALL ALL-LEAGUE TEAMS

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### 2010 Women's Tennis

#### Most Valuable Players

**Singles Player of the Year: Caroline Doyle, Saint Ignatius**

**Doubles Team of the Year: Maggie Yudkevich & Maheen Akhter, Archbishop Mitty**

#### FIRST TEAM

Stacy Yam	Archbishop Mitty
Caroline Doyle	Saint Ignatius
Mary Closs	Saint Francis
Angela Pratt	Saint Francis
Laura Galijan	Notre Dame
Mariska Chamdani	Archbishop Mitty
Claudia Lew	Saint Ignatius

#### SECOND TEAM

Gabby Greig & Audriana Ossenberg	Saint Ignatius
Kennedy Davis	Archbishop Mitty
Joyce Chen	Valley Christian
Hope Bidegainberry	Sacred Heart Cathedral
Cynthia Chiu	Presentation
Sharlene Chang	Notre Dame
Maggie Yudkevich & Maheen Akhter	Archbishop Mitty

#### HONORABLE MENTION

Samantha Decker	Sacred Heart Cathedral
Brooke Hanson & Brittany Hanson	Sacred Heart Cathedral
Megan Caviglia	Presentation
Paulina Bajet	Saint Francis
Daniella Holm	Valley Christian
Lexy Steinhilber & Kayla Emmerson	Saint Francis
Kaitlyn Leahey & Mikala Evans	Presentation
Sruthi Ramaswami	Archbishop Mitty
Caitlin Fowler	Presentation
Amy Lie	Saint Ignatius





WEST CATHOLIC ATHLETIC LEAGUE

## FALL ALL-LEAGUE TEAMS

[MEN'S WATER POLO](#) · [WOMEN'S WATER POLO](#)

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### 2010 Men's Water Polo

#### FIRST TEAM

Thomas Agramonte	Saint Francis		
Mark Garner	Saint Francis		
Peter Simon	Saint Francis		
Christian Broom	Saint Francis		
Phillip Bamberg	Sacred Heart Prep		
Robert Dunlevie	Sacred Heart Prep		
Will Runkel	Sacred Heart Prep		
Joey Maestri	Bellarmino		
Mitchell Hamilton	Bellarmino		
Max Murphy	Junipero Serra		
Dante Cavazos	Valley Christian		
Liam Shorrock	Saint Ignatius		

#### SECOND TEAM

Patrick Goodenough	Saint Francis		
Cory McGee	Saint Francis		
Jack Divita	Saint Francis		
Harrison Enright	Sacred Heart Prep		
Kyle Koenig	Sacred Heart Prep		
Alex Amm	Bellarmino		
Alex Hehir	Bellarmino		
Jake Folan	Junipero Serra		
Ian Williams	Junipero Serra		
Casey Fleming	Valley Christian		
Andrei Salvastru	Valley Christian		
Joe White	Saint Ignatius		
Eric White	Saint Ignatius		
Tyler Nollette	Archbishop Mitty		
Bill Parks	Archbishop Mitty		



## FALL ALL-LEAGUE TEAMS

[WOMEN'S WATER POLO](#) · [MEN'S WATER POLO](#)

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### 2010 Women's Water Polo

#### FIRST TEAM

Catherine Donahoe	Sacred Heart Prep		
Emily Parsons	Sacred Heart Prep		
Sarah Westcott	Sacred Heart Prep		
Pippa Temple	Sacred Heart Prep		
Caroline Hansen	Saint Francis		
Katherine Elward	Saint Francis		
Nicole Ferrari	Saint Francis		
Elizabeth Rosen	Saint Ignatius		
Carla Tocchini	Saint Ignatius		
Julia Peters	Presentation		
Brianni Lyons	Archbishop Mitty		
Myvy Ngo	Valley Christian		
Gurpuran Singh	Notre Dame		

#### SECOND TEAM

Ally Flessel	Sacred Heart Prep		
Erin Sheridan	Sacred Heart Prep		
Madeline Hurley	Saint Francis		
Courtney Batcheller	Saint Francis		
Frankie Puerzer	Saint Ignatius		
Rebecca Cullinan	Saint Ignatius		
Monique Kerstens	Presentation		
Lesley Kerley	Presentation		
Haley Smith	Archbishop Mitty		
Hayley Paul	Archbishop Mitty		
Nicole Kramer	Valley Christian		
Kate Statskus	Valley Christian		
Aria Lindsay	Notre Dame		
Haleigh Pritchett	Notre Dame		



WEST CATHOLIC ATHLETIC LEAGUE

# FALL ALL-LEAGUE TEAMS

[WOMEN'S VOLLEYBALL](#)

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## 2010 WOMEN'S VOLLEYBALL

**Most Valuable Players: Emily Sklar, Jr., Presentation**  
**Most Valuable Players: Taylor Formico, Jr., Saint Francis**

### FIRST TEAM

Taylor Formico	Saint Francis	Jr.	
Emily Sklar	Presentation	Jr.	
Savannah Paffen	Saint Francis	Sr.	
Katy Schatzman	Presentation	Sr.	
Sarah Cole	Presentation	Sr.	
Alex Caldwell	Archbishop Mitty	Jr.	
Ronnie Lewis	Archbishop Mitty	Sr.	
Christina Lee	Saint Ignatius	Sr.	
Michellie McDonald-O'Brien	Saint Ignatius	Jr.	

### SECOND TEAM

Lacy Caquillard	Saint Francis	Sr.	
Caroline Walters	Saint Francis	Sr.	
Veronica Bither	Presentation	Jr.	
Katy Tagart	Presentation	Sr.	
Tara MacLean	Archbishop Mitty	Sr.	
Kelly Ostello	Sacred Heart Cathedral	Sr.	
Brooke Baldwin	Notre Dame	Sr.	

### HONORABLE MENTION

Christine Alftin	Saint Francis	Frosh.	
Chloe Lott	Saint Francis	Soph.	
Molly Pearson	Presentation	Sr.	
Claire Healy	Saint Ignatius	Jr.	
Ann Parden	Saint Ignatius	Sr.	
Maritza Sazo	Sacred Heart Cathedral	Sr.	
Jackis Shim	Sacred Heart Cathedral	Sr.	
Athena Maskarich	Notre Dame	Sr.	
Megan McKinley	Valley Christian	Sr.	

# West Catholic Athletic League

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Commissioner: Ed Ravenscroft  
Phone: (408) 782-9212  
FAX: (408) 782-9202  
E-Mail: [eraven@wcalSports.org](mailto:eraven@wcalSports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
E-Mail: [wcalSid@comcast.net](mailto:wcalSid@comcast.net)

## 2011 WCAL Boys Basketball All League Teams

**Player of the Year – Aaron Gordon – Archbishop Mitty - Sophomore**

### *First Team*

<u>Name</u>	<u>School</u>	<u>Year</u>
Kyle Toth	Archbishop Mitty	Senior
Colin Wan	Archbishop Mitty	Senior
Kris Olugbode	Bellarmino	Senior
Johnny Mrlik	Saint Ignatius	Senior
Connor McGrath	Junipero Serra	Senior
Josh Fox	Sacred Heart Cathedral	Junior
Taylor Johns	Sacred Heart Cathedral	Junior

### *Second Team*

<u>Name</u>	<u>School</u>	<u>Year</u>
Neil Vranicar	Archbishop Mitty	Junior
Stephen Domingo	Saint Ignatius	Sophomore
Henry Caruso	Junipero Serra	Sophomore
Jonny Parker	Valley Christian	Senior
Ivan Margaretic	Saint Francis	Senior
Sean Dawkins	Saint Francis	Senior
Aaron Anderson	Archbishop Riordan	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

### ***Honorable Mention***

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>
Brandon White	Archbishop Mitty	Senior
Alex Chapman	Bellarmino	Senior
Steve Kern	Bellarmino	Senior
E.J. Silvia	Saint Ignatius	Senior
Dalyn Pacheco	Junipero Serra	Senior
Drew Dickey	Saint Francis	Junior
Kenneth Harris, Jr.	Saint Francis	Junior
Herman Pratt	Sacred Heart Cathedral	Sophomore
Zach Tapel	Sacred Heart Cathedral	Junior
Martin Folan	Sacred Heart Cathedral	Senior
Jordan Dougherty	Archbishop Riordan	Junior
Zayn Kirkendoll	Valley Christian	Senior

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## 2011 WCAL Girls Basketball All League Teams

**Player of the Year – Ashley Watson – Archbishop Mitty - Senior**

### *First Team*

<u>Name</u>	<u>School</u>	<u>Year</u>
Nici Gilday	Presentation	Senior
Joesetta Fatuesi	Presentation	Freshman
Chelsea Punian	Presentation	Senior
Emily Morris	Notre Dame Belmont	Senior
Jazmine Davis	Valley Christian	Senior
Maria Kemiji-McDonald	Saint Ignatius	Junior
Raquel Avila	Saint Ignatius	Senior

### *Second Team*

<u>Name</u>	<u>School</u>	<u>Year</u>
Lizzy Stelling	Saint Francis	Junior
Geanna Summers-Luauulu	Sacred Heart Cathedral	Freshman
Briana Cotton	Valley Christian	Senior
Amanda Lovely	Archbishop Mitty	Junior
Vanessa Leo	Archbishop Mitty	Senior
Alex Legarza	Saint Ignatius	Senior
Kaitlyn Crawley	Saint Ignatius	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

## ***Honorable Mention***

<u><b>Name</b></u>	<u><b>School</b></u>	<u><b>Year</b></u>
Jenna Thompson	Saint Francis	Junior
Briana Smith	Sacred Heart Cathedral	Sophomore
T.J. Miller	Sacred Heart Cathedral	Senior
Geena Giovannetti	Sacred Heart Cathedral	Senior
Janet Brazil	Notre Dame Belmont	Senior
Courtney Gong	Saint Ignatius	Junior
Kelli Hayes	Archbishop Mitty	Freshman
Vanessa Garner	Archbishop Mitty	Sophomore

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## 2010-2011 WCAL Boys Soccer All League Teams

**Forward of the Year – Dashiell MacNamara – Sacred Heart Cathedral**

**Midfielder of the Year – Nick Butler – Bellarmine**

**Defender of the Year – Cullen Roche – Saint Ignatius**

**Goalie of the Year – Joel Fukuta – Saint Francis**

### *First Team*

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Cullen Roche	Saint Ignatius	Senior	Midfielder/Defender
Sean Prior	Saint Ignatius	Senior	Midfielder
William Velasco	Sacred Heart Cathedral	Sophomore	Midfielder
Dashiell MacNamara	Sacred Heart Cathedral	Junior	Forward
Alex Kunkel	Junipero Serra	Senior	Midfielder
Chris Perla	Junipero Serra	Junior	Forward
Nate Shekita	Bellarmino	Senior	Forward/Midfielder
Nick Butler	Bellarmino	Senior	Midfielder
Kyle Dunne	Saint Francis	Senior	Midfielder
Peter Marsden	Saint Francis	Junior	Defender
Joel Fukuta	Saint Francis	Senior	Goal Keeper
John Zdankus	Archbishop Mitty	Senior	Defender
Zachery Downey	Archbishop Mitty	Senior	Forward
Justin Berding	Valley Christian	Senior	Defender

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian



## *Second Team*

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>
Jimmy Callinan	Saint Ignatius	Senior	Forward
Aaron Gallagher	Saint Ignatius	Senior	Forward
Daniel O'Shea	Sacred Heart Cathedral	Senior	Defender
Brian Sweeney	Sacred Heart Cathedral	Senior	Forward
Darrin Finn	Junipero Serra	Junior	Defender
Brandon Morales	Bellarmino	Senior	Forward
Michael Gorini	Bellarmino	Senior	Defender
Michael Escobar	Bellarmino	Senior	Forward
Robby Genochio	Bellarmino	Senior	Goal Keeper
Alec Gronberg	Saint Francis	Senior	Midfielder
Garret Wheeler	Saint Francis	Senior	Defender
Emilio Huerta	Saint Francis	Sophomore	Forward
Shane Luna	Archbishop Mitty	Senior	Defender
Marvin Flores	Archbishop Riordan	Junior	Midfielder
Jacob Gronlund	Valley Christian	Sophomore	Midfielder/Forward
Quinn Melo-Bastida	Valley Christian	Freshman	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

### *Honorable Mention*

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>
Gerry Kelliher	Saint Ignatius	Senior	Forward
Connor Anderson	Sacred Heart Cathedral	Sophomore	Goal Keeper
Matt Pastore	Junipero Serra	Junior	Defender
Tito Tenorio	Bellarmino	Junior	Midfielder/Defender
Jason Shelton	Saint Francis	Junior	Defender
Connor Kurze	Archbishop Mitty	Senior	Midfielder
Jacob Arriola	Archbishop Riordan	Senior	Goal Keeper
Charles Ballard	Valley Christian	Senior	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –  
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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## 2010-2011 WCAL Girls Soccer All League Teams

**Player of the Year – Audrey Gibson – Saint Ignatius**  
**Senior of the Year – Audrey Gibson – Saint Ignatius**  
**Junior of the Year – Lindsay Mewes – Archbishop Mitty**  
**Sophomore of the Year – Colby Carson – Valley Christian**  
**Freshman of the Year – Brianna Visalli – Valley Christian**

### *First Team*

<u>Name</u>	<u>School</u>	<u>Year</u>
Michaela Matulich	Archbishop Mitty	Senior
Lindsay Mewes	Archbishop Mitty	Junior
Madison Salom	Archbishop Mitty	Junior
Ana Marija Sola	Archbishop Mitty	Junior
Lauren Schmidt	Saint Francis	Senior
Kelly Jarvis	Saint Francis	Senior
Audrey Gibson	Saint Ignatius	Senior
Kate Bettinger	Saint Ignatius	Junior
Colby Carson	Valley Christian	Sophomore
Taryn Ng	Valley Christian	Senior
Jennifer Randazzo	Presentation	Senior
Mackenzie Adamis	Notre Dame Belmont	Senior
Celeste Boureille	Sacred Heart Cathedral	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

## Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Kelsey Foo	Archbishop Mitty	Senior
Sloan Lewis	Archbishop Mitty	Junior
Rachel Wimmer	Saint Francis	Senior
Ellen Jewell	Saint Francis	Senior
Cynthia Garcia	Saint Francis	Senior
Hannah Farr	Saint Ignatius	Senior
Heidi Halsted	Saint Ignatius	Senior
Vivian Thorbecke	Valley Christian	Senior
Raylina Rodriguez	Valley Christian	Senior
Stephanie Sorg	Presentation	Senior
Rachel Ometer	Presentation	Junior
Tara Kai Lam	Notre Dame Belmont	Senior
Kelly Goldsmith	Notre Dame Belmont	Senior
Alexis Hallgren	Sacred Heart Cathedral	Senior

## Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Gabrielle Matulich	Archbishop Mitty	Freshman
Megan Keeth	Saint Francis	Freshman
Emily Lynch	Saint Ignatius	Senior
Brianna Visalli	Valley Christian	Freshman
Julia Schon	Presentation	Junior
Ari D'Eredita	Notre Dame Belmont	Sophomore
Katherin Tsougarakis	Sacred Heart Cathedral	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

# West Catholic Athletic League

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FAX: (408) 782-9202  
E-Mail: [eraven@wcal sports.org](mailto:eraven@wcal sports.org)

Sports Information Director: Kevin J. Donahue, CAA  
Phone: (925) 487-7482  
Website: [www.wcal sports.org](http://www.wcal sports.org)

## 2011 WCAL Baseball All League Teams

### *First Team*

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Stefan Fahrner	Archbishop Mitty	Senior	Catcher
Jon Nelson	Saint Francis	Senior	Catcher
Tyler Davis	Archbishop Mitty	Senior	Pitcher
Christian Cecilio	Bellarmino	Senior	Pitcher
Sean Edgecumbe	Archbishop Mitty	Senior	Outfield
Greg Kenter	Bellarmino	Junior	Outfield
Andre Mercurio	Junipero Serra	Senior	Outfield
Braden Bishop	Saint Francis	Junior	Outfield
Gordy Madej	Archbishop Mitty	Senior	Infield
Matt Glomb	Bellarmino	Senior	Infield
Tyler Goeddel	Saint Francis	Senior	Infield
Richard Prigatano	Saint Francis	Senior	Infield
Brett Fuller	Archbishop Mitty	Senior	Utility
Barry Timko	Junipero Serra	Senior	Utility
Kyle Alwyn	Archbishop Mitty	Senior	Designated Hitter

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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## 2011 WCAL Baseball All League Teams

### *Second Team*

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Ramiro Alvarez	Archbishop Riordan	Senior	Catcher
Luis Lerma	Valley Christian	Senior	Catcher
Orlando Razo	Junipero Serra	Sophomore	Pitcher
Chris Miguel	Sacred Heart Cathedral	Junior	Pitcher
Kevin Zhang	Saint Francis	Senior	Pitcher
Colin Reed	Saint Francis	Senior	Pitcher
Kevin Barker	Saint Ignatius	Senior	Outfield
Shawon Dunston, Jr.	Valley Christian	Senior	Outfield
Nick McFarland	Valley Christian	Senior	Outfield
Nick McGrew	Valley Christian	Junior	Infield
Bryant Park	Valley Christian	Junior	Infield
Mark Rauschnot	Valley Christian	Senior	Designated Hitter

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## 2011 WCAL Baseball All League Teams

### *Honorable Mention*

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Nicholas Frattini	Bellarmino	Senior	Pitcher
Jimmy Wallace	Bellarmino	Junior	Pitcher
Thomas Cox	Junipero Serra	Junior	Pitcher
Matt Michellini	Junipero Serra	Senior	Pitcher
Ryan Strombom	Junipero Serra	Senior	Pitcher
Collin Monsour	Saint Ignatius	Junior	Pitcher
Johnny Mrlik	Saint Ignatius	Senior	Pitcher
Ryan Degregorio	Saint Francis	Junior	Pitcher
Rudee Silva	Valley Christian	Senior	Pitcher
Cameron Stewart	Valley Christian	Junior	Pitcher
Conner Jauch	Bellarmino	Junior	Outfield
Austin March	Junipero Serra	Senior	Outfield
Maurice Fuller	Sacred Heart Cathedral	Senior	Outfield
Jack Klein	Saint Ignatius	Sophomore	Outfield
Jon Williams	Saint Francis	Senior	Outfield
James Correa	Archbishop Mitty	Senior	Infield
A.J. Santiago	Archbishop Riordan	Senior	Infield
Ismael Orozco	Archbishop Riordan	Junior	Infield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

Michael McEntee	Junipero Serra	Senior	Infield
Dominic Defiesta	Sacred Heart Cathedral	Senior	Infield
Geo Saba	Saint Francis	Senior	Infield
Nico Giarratano	Saint Ignatius	Sophomore	Infield
Matt Krook	Saint Ignatius	Sophomore	Infield
Bryson Brigman	Valley Christian	Freshman	Infield
Matt Jackson	Valley Christian	Senior	Infield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
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## **2011 WCAL Boys Golf All League Team**

### *First Team*

<b><u>Name</u></b>	<b><u>School</u></b>
Jonathan Garrick	Saint Francis
Matt Biggar	Saint Francis
Shotare Ban	Archbishop Mitty
Shintan Ban	Archbishop Mitty
Neerav Sharma	Archbishop Mitty
Johnny Castles	Bellarmino
Nicolas Noya	Saint Ignatius
Brendan Morton	Junipero Serra
Sam Guterman	Valley Christian
Ned Jensen	Archbishop Riordan
David Rigney	Sacred Heart Cathedral

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

# *West Catholic Athletic League*

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## **2011 WCAL Boys Lacrosse All League Teams**

### *First Team*

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>
Mike Bertoldi	Junipero Serra	Senior	A
Jack Bodine	Saint Ignatius	Senior	A
Bobby Gray	Saint Ignatius	Senior	A
Connor Goodin	Junipero Serra	Senior	A
Tim Jacob	Bellarmino	Senior	A
Matt Jordan	Bellarmino	Senior	D
Spencer Jordan	Saint Francis	Senior	M
Ryan Le	Bellarmino	Senior	M
Harrison Mallen	Saint Ignatius	Senior	M
JW McGovern	Saint Ignatius	Junior	A

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

## ***Second Team***

<u><b>Name</b></u>	<u><b>School</b></u>	<u><b>Year</b></u>	<u><b>Position</b></u>
Nick Fotsch	Saint Ignatius	Senior	D
Vincent Giglierano	Archbishop Mitty	Senior	M
Matt Higgins	Saint Ignatius	Senior	M
Clay Jones	Saint Francis	Senior	A
Connor McCleod	Junipero Serra	Junior	D
Alex Mills	Junipero Serra	Junior	D
Austin Pridham	Bellarmino	Senior	A
CJ Toy	Bellarmino	Senior	D
Anthony Varni	Bellarmino	Senior	M
Chase Whittingham	Saint Ignatius	Senior	D

## *Honorable Mention*

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>
Chris Chang	Saint Francis	Senior	D
Clinto Cosko	Junipero Serra	Senior	G
Peter Doyle	Saint Ignatius	Junior	M
Matt Emery	Saint Ignatius	Sophomore	M
Steven Figone	Archbishop Mitty	Senior	LSM
Callan Fisher	Junipero Serra	Senior	M
Sam Holton	Archbishop Mitty	Junior	D
Sam Carver	Saint Francis	Junior	M
Colin McLarney	Bellarmino	Senior	M
Kevin Wiegand	Bellarmino	Senior	A

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
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## 2011 WCAL Softball All League Teams

### Player of the Year

**Tyler Walker – Valley Christian**

### Pitcher of the Year

**Vanessa Alvarez – Archbishop Mitty**

### *First Team*

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Janel LaRont	Valley Christian	Senior	Pitcher
Julianne Kendrick	Valley Christian	Senior	Second Base
Mary Hall	Valley Christian	Junior	Third Base
Marisa Lerma	Valley Christian	Sophomore	First Base
Jazmyn Jackson	Archbishop Mitty	Freshman	Outfield
Dani Pianto	Archbishop Mitty	Senior	First Base
Shannon King	Archbishop Mitty	Senior	Second Base
Sylvia Llamas	Archbishop Mitty	Senior	Shortstop
Jiana Bowie	Notre Dame Belmont	Senior	Shortstop/Pitcher
Izzy Geronimo	Notre Dame Belmont	Junior	Shortstop
Alli Quinn	Saint Francis	Junior	Pitcher
Alyssa Vukceвич	Saint Francis	Junior	Shortstop
Jordan Newell	Saint Ignatius	Senior	Pitcher
Briana Fujii	Presentation	Senior	Third Base/Pitcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

## *Second Team*

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>
Elizabeth Hawkins	Valley Christian	Sophomore	DP/Pitcher
Krystal Rock	Valley Christian	Junior	Centerfield
Berlyn Rippentrop	Archbishop Mitty	Senior	Pitcher
Kiersten Nordin	Archbishop Mitty	Sophomore	Third Base
Caitlin McCann	Notre Dame Belmont	Senior	First Base/Pitcher
Elizabeth Holden	Notre Dame Belmont	Junior	Third Base
Julia Quesada	Saint Francis	Senior	Second Base
Carolyn McGuire	Saint Francis	Sophomore	Utility
Helen Buse	Saint Ignatius	Senior	Outfield
Rachael Garrison	Saint Ignatius	Sophomore	Outfield
Ashley Lowenstein	Presentation	Junior	Catcher
Regina Pieracci	Presentation	Junior	Utility
Raquell Gaffud	Sacred Heart Cathedral	Senior	Catcher/Third Base
Anna Palter	Sacred Heart Cathedral	Junior	Shortstop/Pitcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

## *Honorable Mention*

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>	<b><u>Position</u></b>
Kimberly Figone	Valley Christian	Freshman	Leftfield
Chiara Biagini	Archbishop Mitty	Junior	Catcher
Lauren Berriatua	Notre Dame Belmont	Junior	DP
Kristine Kocjan	Saint Francis	Senior	Catcher
Sawyer Hulbert	Saint Ignatius	Senior	Pitcher
Kendra Meadows	Presentation	Senior	Shortstop
Jennifer Otoshi	Sacred Heart Cathedral	Senior	Outfield

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## **2011 WCAL Boys Tennis All League Teams**

### **Player of the Year**

**Anthony Tsodikov – Saint Ignatius**

### **Doubles Team of the Year**

**Zach Monetta, Francis Cuenca – Saint Ignatius**

### ***First Team***

<b><u>Name</u></b>	<b><u>School</u></b>
Ivan Kravtchenko	Archbishop Mitty
Sean Talmadge	Junipero Serra
Anthony Tsodikov	Saint Ignatius
Trevor James	Bellarmino
Garrett Taylor	Bellarmino
Joey Simpson	Junipero Serra
Bryce McKelvie	Valley Christian

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian



## ***Second Team***

<u><b>Name</b></u>	<u><b>School</b></u>
Everett Maltby	Archbishop Mitty
Carter Hultman	Saint Ignatius
John Colford	Saint Francis
Clark Winninger	Sacred Heart Cathedral
Austin Lenz	Archbishop Mitty
Steve Galerkin	Saint Ignatius
Roan Shankar	Bellarmino

## ***Honorable Mention***

<u><b>Name</b></u>	<u><b>School</b></u>
Neel Ramachandran	Saint Francis
K. Wadwani	Bellarmino
Nick Chua	Bellarmino
Ryan Lee	Archbishop Riordan
Rushikesh Joshi	Archbishop Mitty
Zach Monetta	Saint Ignatius
Francis Cuenca	Saint Ignatius
Michael Chang	Bellarmino
Cao/Shrup	Junipero Serra
Matt Wosniak	Saint Francis
Manalac	Archbishop Riordan
Huynh	Archbishop Riordan
Ravishankar	Archbishop Riordan
Dogra/Garros	Archbishop Riordan
Matt Campana	Junipero Serra

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont –  
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## **2011 WCAL Boys Volleyball All League Teams**

### **Player of the Year Matt Aiello - Bellarmine**

#### *First Team*

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Position</u></b>
Matt Aiello	Bellarmine	MB
James Shaw	Saint Francis	S/OPP
Keith Wyngarden	Bellarmine	S
Matthew Tinio	Sacred Heart Cathedral	OH
Teddy Niemera	Saint Ignatius	S
Austin Rysyk	Bellarmine	OH
Chris Markuson	Saint Francis	OH
Matt Collins	Saint Ignatius	OPP

## *Second Team*

<u>Name</u>	<u>School</u>	<u>Position</u>
Aidan Crockett	Bellarmino	OH
Hamidou Drammeh	Sacred Heart Cathedral	MB
Nate Woo	Saint Ignatius	L
Tyler Rigg	Valley Christian	S
Alex Teranishi	Sacred Heart Cathedral	S
Joel Schow	Saint Ignatius	MB
Morman Lai	Sacred Heart Cathedral	L
Mike Witt	Archbishop Mitty	

## *Honorable Mention*

<u>Name</u>	<u>School</u>	<u>Position</u>
Kevin Campbell	Archbishop Mitty	
Brian Bauer	Bellarmino	OPP
Ian Colbert	Saint Ignatius	OH
Jason Basuil	Bellarmino	L
Adam Lumpkins	Junipero Serra	MB
Tyler Woropay	Junipero Serra	OH
George Ellenikiotis	Saint Francis	OH
Andrew Krasts	Bellarmino	MB
Tanner Vinson	Archbishop Mitty	

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont –  
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian