

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@comcast.net

2014 WCAL Girls Cross Country All League Teams

<u>Name</u>	<u>School</u>	<u>Yr.</u>
Gia Kim	Saint Francis	11
Julia Lemak	Archbishop Mitty	11
Emilia Janiczek	Saint Ignatius	10
Sarah Savage	Archbishop Mitty	09
Abigail Mangilog	Archbishop Mitty	10
Alison Le	Archbishop Mitty	12
Emily Skahill	Saint Francis	10
Erin Weiner	Archbishop Mitty	11
Briana Bilter	Saint Ignatius	10
Hannah Kim	Saint Francis	12

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2014 WCAL Boys Cross Country All League Teams

<u>Name</u>	<u>School</u>	<u>Yr.</u>
Kevin Lehr	Saint Ignatius	11
Alex Sasser	Bellarmino	12
Xander Olivero	Saint Francis	11
Matthew Herrera	Junipero Serra	11
Ricardo Avila	Bellarmino	12
Ben Osipow	Saint Ignatius	12
Tucker Meijer	Bellarmino	12
Ryan Burd	Bellarmino	12
Marcus Avila	Bellarmino	11
Erick Coyle	Archbishop Mitty	10

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2014 WCAL Football Players of the Year

**Co-Players of the Year – James Outman – Junipero Serra
Tre McCloud – Valley Christian**

Most Valuable Running Back – Kirk Johnson – Valley Christian

Most Valuable Quarterback – Ryan Hagfeldt – Saint Ignatius

Most Valuable Offensive Lineman – Jack Dreyer – Junipero Serra

Most Valuable Wide Receiver – Colin Johnson – Valley Christian

Most Valuable Defensive Lineman – Steven Dinneen – Saint Francis

Most Valuable Linebackers – Curt Calomeni - Bellarmino

**Co-Most Valuable Defensive Back – Dom Burke – Saint Ignatius
Marco Mosqueda – Junipero Serra**

**Co-Most Valuable Kicker – Kris Bubic – Archbishop Mitty
Andrew Ferrero – Saint Ignatius**

Most Valuable Utility Players – Kyle Macauley - Bellarmino

Junior Player of the Year – Kelepi Lataimua – Junipero Serra

Sophomore Player of the Year – Sitaleki Nunn – Junipero Serra

2014 WCAL All League Football Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
James Outman	Junipero Serra	Senior	LB/TE
Kelepi Lataimua	Junipero Serra	Junior	CB/RB/Punter
Creighton Felise	Junipero Serra	Senior	OL/DL
Kava Cassidy	Junipero Serra	Senior	RB
Billy Tuitavake	Junipero Serra	Junior	DE
Marco Mosqueda	Junipero Serra	Senior	Safety
Jack Dreyer	Junipero Serra	Senior	OL
Justin Tatola	Junipero Serra	Senior	LB/TE
Tre McCloud	Valley Christian	Senior	RB/LB
Mark Quinby	Valley Christian	Senior	LB/RB
Dan Dunham	Valley Christian	Senior	DL
Collin Johnson	Valley Christian	Junior	WR
Michael Machado	Valley Christian	Senior	QB
Yusef Haddad	Valley Christian	Senior	DB
Victor Lopez	Valley Christian	Senior	DE
Kirk Johnson	Valley Christian	Senior	HB
Anthony Guttaduro	Bellarmino	Senior	RB/CB
Curt Calomeni	Bellarmino	Senior	FB/LB
Kyle Macauley	Bellarmino	Junior	RB/S
Josh Bringuel	Bellarmino	Junior	TE/OLB
Jacob Bergstrom	Bellarmino	Junior	OT/LB
Wolfie Rehbock	Bellarmino	Junior	OT/DT
Devon Buenrostro	Bellarmino	Junior	WR/CB
Brett Foley	Archbishop Mitty	Senior	QB

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Nicolas McMurry	Archbishop Mitty	Senior	DE
Derek Bauerle	Archbishop Mitty	Junior	RB
Trevor Lewis	Archbishop Mitty	Senior	DB
Dakari Monroe	Archbishop Mitty	Senior	DB
Steven Dinneen	Saint Francis	Senior	OLB/TE
Trillion Hebert	Saint Francis	Senior	WR/P/K
Kevin Glajchen	Saint Francis	Junior	OL/LB
Zachary Toussaint	Saint Francis	Senior	OL/DL
Devin Hurtado	Saint Francis	Senior	OLB/RB
Ryan Hagfeldt	Saint Ignatius	Senior	QB
Dominic Burke	Saint Ignatius	Senior	DB
Rob Meagher	Saint Ignatius	Senior	LB
Alex Griffin	Saint Ignatius	Senior	OL
Payton Ilalio	Archbishop Riordan	Junior	LB
Rocco Russell	Archbishop Riordan	Junior	DL
Angelo Novello	Archbishop Riordan	Senior	RB
Logan White	Sacred Heart Cathedral	Senior	QB
Jamar Williams-Sheppard	Sacred Heart Cathedral	Junior	RB

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Tevita Tuitavake	Junipero Serra	Senior	Safety
Sitaleki Nunn	Junipero Serra	Sophomore	WR/RB/QB/DB
Brandon Monroe	Junipero Serra	Junior	WR
Ednin Sosa	Valley Christian	Senior	DL
Levi Johnson	Valley Christian	Junior	OL
Chris Hawkins	Valley Christian	Senior	DB
Charles Garza	Bellarmino	Senior	OG
Cole Bunce	Bellarmino	Junior	K
Will Crummey	Bellarmino	Junior	TE/OLB
Alex Scherp	Archbishop Mitty	Senior	OG
Luke Allen	Archbishop Mitty	Senior	LB
Blake Flovin	Archbishop Mitty	Junior	LB
Dennis Green	Saint Francis	Senior	RB/LB
Riley Quinn	Saint Francis	Senior	DB/K
Joe Mihanovic	Saint Francis	Senior	TE/DL
Julian Gunter	Saint Ignatius	Senior	LB
Andrew Ferrero	Saint Ignatius	Senior	K/P
Brian Vollert	Saint Ignatius	Senior	RB
Isaiah Davis	Archbishop Riordan	Junior	WR
Mario Guisto	Archbishop Riordan	Junior	OL
Tommy Plantz	Archbishop Riordan	Senior	LB
Keith Ismael	Sacred Heart Cathedral	Junior	OL
Ronan Murphy	Sacred Heart Cathedral	Junior	WR
Tyler DiGrande	Sacred Heart Cathedral	Senior	DL

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Dimitri McCoy	Junipero Serra	Senior	WR
Kwame Jones	Junipero Serra	Junior	DE
Aidan O'Neill	Junipero Serra	Senior	OL
Hunter Bishop	Junipero Serra	Junior	QB
Ian Brown	Junipero Serra	Senior	CB
Blair Ewers	Valley Christian	Senior	LB
Akil Jones	Valley Christian	Junior	DE
Chase Batnich-Garcia	Valley Christian	Senior	C/DT
Colby Laubach	Valley Christian	Senior	LB/FB
Logan Wilson	Bellarmino	Senior	DT
William Bowes	Bellarmino	Senior	DT
Joe Goode	Bellarmino	Senior	C
Antonio Garcia	Bellarmino	Junior	RB/S
KeJohn Price	Saint Francis	Senior	DB
Kamalii Akina	Saint Francis	Junior	OB
ThomasToki	Saint Francis	Senior	DL
Alex Hall	Saint Francis	Senior	OL
Will Foxcroft	Archbishop Mitty	Senior	DB
Kris Bubic	Archbishop Mitty	Senior	K/P
Jacob Dewey	Archbishop Mitty	Junior	DE
Matt Tofano	Archbishop Mitty	Junior	LB
Freddie Gaines	Saint Ignatius	Senior	DB/WR
Danny Conte	Saint Ignatius	Senior	WR
Frank Jefferson	Saint Ignatius	Senior	DE
Matt Klein	Saint Ignatius	Senior	WR/DB
Jake Cochrane	Archbishop Riordan	Senior	WR
Aidan Verba-Hamilton	Archbishop Riordan	Junior	WR
Tim Balderramos	Archbishop Riordan	Senior	LB

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Sam Tofi	Archbishop Riordan	Junior	OL
Emiliano Salazar	Sacred Heart Cathedral	Junior	LB
Nick Sison-Gaut	Sacred Heart Cathedral	Senior	LB
George Stefko	Sacred Heart Cathedral	Junior	DB
Jordan Defiesta	Sacred Heart Cathedral	Senior	DB

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2014 WCAL Girls Golf All League Team

Outstanding Player of the Year

Samantha Gong – St. Ignatius

WCAL Tournament Medalist

Maya Pugatch – St. Francis

<u>Name</u>	<u>School</u>	<u>Year</u>
Bibilani Liu	Saint Francis	Sophomore
Valerie Wang	Saint Francis	Junior
Maya Pugatch	Saint Francis	Freshman
Samantha Gong	Saint Ignatius	Junior
Clare Brady	Archbishop Mitty	Sophomore
Sami Oliva	Presentation	Senior
Emily Hens	Notre Dame Belmont	Senior
Cristina Glebova	Valley Christian	Senior
Shauna Eng	Sacred Heart Cathedral	Freshman

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2014 WCAL Tennis All League Teams

WCAL Players of the Year

Katya Tabachnik – Saint Ignatius

WCAL Doubles Team of the Year

Ilina Yang/Andie Hamm – Saint Francis

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Catalina Rico	Archbishop Mitty	Senior
Katya Tabachnik	Saint Ignatius	Sophomore
Jackie Tsodikova	Saint Ignatius	Junior
Kara Hinton	Valley Christian	Senior
Natalie Shea	Archbishop Mitty	Senior
Ilina Yang	Saint Francis	Senior
Isabelle Dinh	Valley Christian	Sophomore

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Catherine Liston	Saint Francis	Freshman
Alexandra Bass-McBride	Sacred Heart Cathedral	Sophomore
Alex Ryan	Archbishop Mitty	Sophomore
Claire Perliss	Sacred Heart Cathedral	Junior
Christine McCarthy	Saint Francis	Sophomore
Lauren To/Tanaya Puranik	Archbishop Mitty	Senior/Senior
Aneesha Gala	Presentation	Senior

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Anna Roy/Julia Roy	Saint Ignatius	Sophomore/Senior
Lise Swain	Saint Ignatius	Sophomore
Alivia Hoarsley	Notre Dame Belmont	Senior
Andie Hamm	Saint Francis	Senior
Tina Phan	Valley Christian	Senior
Emily Rogers/Sophie Kuehl	Sacred Heart Cathedral	Junior/Senior
Angelee Handa/Annie Fisher	Presentation	Senior/Junior
Hayden Geiger/Hailey Webb	Presentation	Senior/Junior
Lily Jack-Schimmel	Saint Ignatius	Sophomore
Premilla Rowles/Naomi Pieczulewski	Archbishop Mitty	Junior/Sophomore

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian



2014 Women's Volleyball

All-League Team

Player of the Year: Alexa Dreyer, Senior, Archbishop Mitty

FIRST TEAM

Alexa Dreyer	Archbishop Mitty	Senior
Gabriella Carta-Samuels	Archbishop Mitty	Senior
Lauren Speckman	Archbishop Mitty	Junior
Katie Smoot	Notre Dame Belmont	Sophomore
Dalyn Burns	Presentation	Junior
Alexis Dirige	Sacred Heart Cathedral	Junior
Madison Murtagh	Sacred Heart Cathedral	Senior
Ronika Stone	Valley Christian	Junior

SECOND TEAM

Julia Chizanskos	Archbishop Mitty	Junior
Natasha Kosowicz	Archbishop Mitty	Senior
Tammy Byrne	Notre Dame Belmont	Sophomore
Nicole Ciari	Presentation	Senior
Katrina Samonte	Saint Ignatius	Senior
Carley Deale	St. Francis	Junior
Ella Lajos	Valley Christian	Senior
Tori Dilfer	Valley Christian	Sophomore

HONORABLE MENTION

Brittany Latigue	Archbishop Mitty	Senior
Madison Wong	Sacred Heart Cathedral	Senior
Kaitlyn Jochum	Sacred Heart Cathedral	Senior
Abbey Santa Maria	Sacred Heart Cathedral	Senior
Maia So-Holloway	Sacred Heart Cathedral	Junior
Kelty Hori	Saint Ignatius	Senior
Jenny Kellogg	St. Francis	Senior
Shalom Ifeanyichukwu	Valley Christian	Junior
Megan Li	Valley Christian	Sophomore

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2014 WCAL Boy's Water Polo All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Nelson Perla-Ward	Sacred Heart Prep	Senior	Utility
Michael Swart	Sacred Heart Prep	Senior	Driver
Finn Banks	Sacred Heart Prep	Junior	Driver
Jackson Enright	Sacred Heart Prep	Sophomore	2 Meter
Logan MacDonell	Bellarmino	Junior	2 Meter Offense
Benoit Viollier	Saint Francis	Senior	Goalie
Andrew Goodenough	Saint Francis	Junior	2 Meter
Eric Reitmeir	Saint Francis	Senior	Utility
Tyler Breen	Junipero Serra	Senior	Attacker
Jasper Evans	Valley Christian	Senior	Utility
Sheldon Boboff	Saint Ignatius	Junior	2 Meter Defender
Charles May	Saint Ignatius	Junior	Utility

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Michael Spence	Saint Ignatius	Junior	Utility
Robert Singer	Saint Ignatius	Senior	Goalie
Conner Barnett	Valley Christian	Senior	Driver
Asher Kleinsmith	Valley Christian	Senior	Utility
Sean Kim	Junipero Serra	Senior	Attacker
Arvin Bahia	Junipero Serra	Sophomore	Utility
Zach Viano	Archbishop Mitty	Senior	2 Meter
Max Elfrink	Archbishop Mitty	Senior	Utility
Sean Elmurib	Saint Francis	Senior	Driver
Trevor Raisch	Saint Francis	Senior	2 Meter Defender
Patrick Kirk	Bellarmino	Junior	Driver
Derek Petroni	Bellarmino	Senior	2 Meter Defender
Grant Harvey	Sacred Heart Prep	Senior	2 Meter Defender
JC Marco	Sacred Heart Prep	Sophomore	Goalie

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2014 WCAL Girls Water Polo All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Malaika Koshy	Sacred Heart Prep	Junior	Driver
Maddy Johnston	Sacred Heart Prep	Sophomore	Driver
Layla Waters	Sacred Heart Prep	Sophomore	2 Meter
Emily Riley	Sacred Heart Prep	Senior	Goalie
Anna Edgington	Saint Francis	Senior	Utility
Natalie Williams	Saint Francis	Senior	2 Meter
Isabella Mandema	Saint Francis	Freshman	Utility
Samantha Baker	Valley Christian	Senior	Goalie
Emma Malysz	Presentation	Senior	Attacker
Susan Cantoni	Archbishop Mitty	Senior	2 Meter Defender
Maura Cantoni	Archbishop Mitty	Senior	Goalie
Katie French	Saint Ignatius	Senior	Attacker

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Catherine Bick	Saint Ignatius	Junior	Attacker
Allison Schaum	Saint Ignatius	Sophomore	Attacker
Eleni Giotinis	Notre Dame Belmont	Senior	2 Meter
Megan Cosgrave	Notre Dame Belmont	Senior	Driver
Abbie McGarvey	Archbishop Mitty	Senior	Driver
Carmen Gardner	Archbishop Mitty	Senior	Goalie
Jalene Weatherholt	Presentation	Senior	2 Meter
Alexa Grau	Presentation	Sophomore	Goalie
Christa Santos	Valley Christian	Junior	Driver
Brooke LaVelle	Valley Christian	Senior	2 Meter Defender
Kylie Durekas	Saint Francis	Senior	Driver
Kendall McCarrick	Saint Francis	Junior	Goalie
Megan Anderson	Sacred Heart Prep	Senior	2 Meter Defender
Maddie Pendolino	Sacred Heart Prep	Sophomore	Driver

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2015 WCAL All LEAGUE BOY'S BASKETBALL TEAMS

PLAYER OF THE YEAR – BEN KONE – ARCHBISHOP MITTY - JUNIOR

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Eddie Stansberry	Archbishop Riordan	Junior
Jimmy Wohrer	Junipero Serra	Senior
Trevor Brown	Junipero Serra	Senior
Curtis Witt	Saint Francis	Junior
Noah Stapes	Saint Francis	Junior
David Parsons	Sacred Heart Cathedral	Senior
Angelo Athens	Bellarmino	Sophomore

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Alfred Hollins	Sacred Heart Cathedral	Sophomore
Kyle Owens	Bellarmino	Senior
Giuseppe Benedetti	Saint Francis	Junior
Peter Hewitt	Saint Francis	Junior
Dakari Monroe	Archbishop Mitty	Senior
Will Emery	Saint Ignatius	Junior
Jake Killingsworth	Junipero Serra	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Dom Burke	Saint Ignatius	Senior
Cameron Korb	Archbishop Mitty	Senior
Masa Swain	Bellarmino	Senior
Paul Smoot	Junipero Serra	Senior
Jeremiah Testa	Junipero Serra	Junior
Frank Lemos	Junipero Serra	Senior
Joseph Mihanovic	Saint Francis	Senior
Elias Haile	Valley Christian	Senior
Max Randall	Archbishop Riordan	Senior
Darius Thomas	Saint Francis	Junior

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2015 WCAL GIRL'S ALL-LEAGUE BASKETBALL TEAM PLAYER OF THE YEAR – SYDNEY RAGGIO – ST. IGNATIUS - SENIOR

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Heleyna Hill	Archbishop Mitty	Sophomore
Madeline Holland	Archbishop Mitty	Sophomore
Kayla Coloyan	Sacred Heart Cathedral	Senior
A'shanti Coleman	Sacred Heart Cathedral	Senior
Tyler Brown	Saint Ignatius	Senior
Joleen Yang	Saint Ignatius	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
IImar'I Thomas	Sacred Heart Cathedral	Sophomore
Josie Little	Saint Ignatius	Senior
Addi Walters	Saint Ignatius	Senior
Gabrielle Vigil	Sacred Heart Cathedral	Senior
Taylor Todd	Archbishop Mitty	Senior
Madeline Guidoux	Presentation	Senior
Kyanna Davis	Valley Christian	Sophomore

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Daniella Gugliemo	Archbishop Mitty	Sophomore
Sami Oliver	Valley Christian	Senior
Jahnay Anderson	Archbishop Mitty	Junior
Catlin Keding	Valley Christian	Sophomore
Daisha Abdelkader	Saint Francis	Senior
Ashley MacDonald	Presentation	Junior
Maeve Kavanagh	Presentation	Senior
Megan Smith	Notre Dame Belmont	Senior
Emma Pastorino	Notre Dame Belmont	Senior
Kaimani Perez	Sacred Heart Cathedral	Senior

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2015 WCAL Girls Soccer Players of the Year

Player of the Year

Kristina Sola – Archbishop Mitty

Co-Seniors of the Year

**Kristina Sola – Archbishop Mitty
Gabriella Sanfilippo - Presentation**

Junior of the Year

Courtney Ogren – Saint Francis

Sophomore of the Year

Elizabeth Wagner – Saint Ignatius

Freshman of the Year

Sophia Mendoza – Archbishop Mitty

2015 WCAL Girls Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Ashley Kirchick	Archbishop Mitty	Senior
Amaya Zabalza	Archbishop Mitty	Sophomore
Kristina Sola	Archbishop Mitty	Senior
Amy Apostol	Archbishop Mitty	Senior
Sophia Mendoza	Archbishop Mitty	Freshman
Delaney Baie Pridham	Saint Francis	Junior
Georgia Kingman	Saint Francis	Junior
Julia McGivern	Saint Francis	Junior
Courtney Ogren	Saint Francis	Junior
Nicole Carson	Valley Christian	Junior
Brooke Zenner	Valley Christian	Junior
Gabriella Sanfilippo	Presentation	Senior
Daniela Lownsbery	Presentation	Junior
Nina Wood	Sacred Heart Cathedral	Senior
Elizabeth Wagner	Saint Ignatius	Sophomore
Jessica Parque	Notre Dame Belmont	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Brooke Lisowski	Archbishop Mitty	Senior
Kaila Silveira	Archbishop Mitty	Senior
Madilyn Vukceovich	Saint Francis	Junior
Sofia Jones	Saint Francis	Sophomore
Hannah Pereira	Valley Christian	Senior
Oryann Addison	Valley Christian	Freshman
Ileana Ray	Presentation	Senior
Emma Chivers	Presentation	Junior
Sean O'Brien	Sacred Heart Cathedral	Freshman
Jo Van Hasselt	Sacred Heart Cathedral	Sophomore
Maddy Long	Saint Ignatius	Senior
Isabella Sangiacomo	Saint Ignatius	Senior
Mackenzie Tong	Notre Dame Belmont	Senior

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Aleresse Gonzalez	Archbishop Mitty	Senior
Mira Nepomuceno	Saint Francis	Sophomore
Rachael Haaland	Valley Christian	Junior
Julianna Gonzalez	Presentation	Senior
Helia Miller	Sacred Heart Cathedral	Junior
Michaela Scully	Saint Ignatius	Junior
Tasia Tsiplakos	Notre Dame Belmont	Senior

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2015 WCAL Boys Soccer Players of the Year

Defender of the Year

Dylan Carruba – Junior - Bellarmine

Midfielder of the Year

Cody Buchanan – Senior – Valley Christian

Forward of the Year

Spencer Johnson – Senior – Sacred Heart Cathedral

Goalkeeper of the Year

Chris Velez – Senior – Archbishop Mitty

2015 WCAL Boys Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
William Foxcroft	Archbishop Mitty	Senior	Midfielder
Chris Velez	Archbishop Mitty	Senior	Goalie
Adian Dugerial	Archbishop Riordan	Senior	Midfielder
JB Bruggeman	Bellarmino	Senior	Forward
Nicky Saglimbeni	Bellarmino	Senior	Midfielder
Dylan Carruba	Bellarmino	Junior	Defender
Michael Neher	Junipero Serra	Senior	Midfielder
Alex Avila	Junipero Serra	Senior	Defender
Spencer Johnson	Sacred Heart Cathedral	Senior	Forward
Maceo Inocencio	Sacred Heart Cathedral	Senior	Midfielder
Derian Martinez	Sacred Heart Cathedral	Junior	Defender
Luke Newquist	Saint Francis	Junior	Midfielder
Billy O'Malley	Saint Ignatius	Senior	Defender
Cody Buchanan	Valley Christian	Senior	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Justin Collier	Archbishop Mitty	Junior	Defender
David Esser	Archbishop Riordan	Junior	Midfielder
James Brignoli	Archbishop Riordan	Senior	Goalie
Nick DeQuiroz	Bellarmino	Senior	Midfielder
Marte Formico	Bellarmino	Junior	Defender
Pablo Sedano	Sacred Heart Cathedral	Junior	Defender
Matthew Keeth	Saint Francis	Sophomore	Forward
Steven Barbarito	Saint Francis	Senior	Defender
Dominic Galletti	Saint Ignatius	Sophomore	Midfielder
Dylan Penn	Saint Ignatius	Sophomore	Forward
James Scott	Saint Ignatius	Senior	Defender
Johnathon Bow	Saint Ignatius	Sophomore	Midfielder
Andrew Khan	Valley Christian	Senior	Defender
Sam Yoshikawa	Valley Christian	Senior	Forward

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Makenna Pendleton	Archbishop Mitty	Sophomore	Forward
Tyler Bullock	Archbishop Mitty	Junior	Defender
Kehlin Lee	Archbishop Mitty	Junior	Defender
Cameron Anderson	Archbishop Riordan	Junior	Midfielder
Kobe Carr	Bellarmino	Sophomore	Midfielder
Michael Johnston	Junipero Serra	Senior	Defender
James Allison	Sacred Heart Cathedral	Junior	Defender
Peter Heintz	Saint Francis	Senior	Midfielder
Liam Gallagher	Saint Ignatius	Senior	Defender
Nathan Kusher	Saint Ignatius	Freshman	Goalie
Adan Alva	Valley Christian	Junior	Forward

West Catholic Athletic League

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2015 WCAL Baseball All League Teams

Player of the Year – Jeremy Ydens – St. Francis

Pitchers of the Year

Andrew Carter – St. Francis & Kris Bubic – Archbishop Mitty

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Andrew Carter	Saint Francis	Senior	Pitcher
Kris Bubic	Archbishop Mitty	Senior	Pitcher
Chris Apecechea	Junipero Serra	Junior	Pitcher
Bryan Tate	Valley Christian	Senior	Pitcher
John Besse	Junipero Serra	Junior	Pitcher
Kyle Marinconz	Valley Christian	Senior	Infield
Andrew Martinez	Saint Francis	Junior	Infield
Nick Bellafronto	Bellarmino	Senior	Infield
Angelo Bortolin	Junipero Serra	Junior	Infield
Rob Emery	Saint Ignatius	Senior	Catcher
Alex Murphy	Valley Christian	Senior	Catcher
Chris Papapietro	Junipero Serra	Senior	Outfield
Eric Whitfield	Saint Francis	Senior	Outfield
Scott Ota	Junipero Serra	Senior	Outfield
Jackson Chase	Archbishop Riordan	Junior	Outfield
Jeremy Ydens	Saint Francis	Junior	Outfield
Troy Burg	Bellarmino	Senior	Utility
Mark Quinby	Valley Christian	Senior	Utility
Will Wegner	Bellarmino	Junior	Designated Hitter

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Patrick Wicklander	Valley Christian	Freshman	Pitcher
Kyle Mora	Archbishop Mitty	Senior	Pitcher
Andrew Ferrero	Saint Ignatius	Senior	Pitcher
Chris Underwood	Junipero Serra	Junior	Infield
Conor Thane	Saint Francis	Senior	Infield
Keenan Brigman	Valley Christian	Senior	Infield
John Helmers	Bellarmino	Senior	Infield
Tommy Dobberstein	Saint Ignatius	Senior	Infield
James Outman	Junipero Serra	Senior	Catcher
Johnny Mendoza	Saint Francis	Junior	Catcher
Max Werner	Archbishop Mitty	Senior	Outfield
Connor Mack	Bellarmino	Sophomore	Outfield
Tyler Villaroman	Junipero Serra	Junior	Outfield
Haydn King	Archbishop Mitty	Sophomore	Outfield
Luke Lotti	Saint Ignatius	Senior	Outfield
Calvin Riley	Junipero Serra	Senior	Utility
Joe Cahn	Archbishop Mitty	Senior	Designated Hitter

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Nick Simonian	Saint Ignatius	Senior	Pitcher
Kyle Basch	Saint Francis	Senior	Pitcher
Nick Von Tobel	Junipero Serra	Junior	Pitcher
Jacob Walker	Saint Francis	Junior	Pitcher
Morgan Monashefsky	Sacred Heart Cathedral	Senior	Pitcher
Dominic Dumlao	Archbishop Riordan	Senior	Pitcher
Nick Knecht	Junipero Serra	Junior	Infield
Jason Tate	Valley Christian	Senior	Infield
RJ Teijeiro	Saint Francis	Sophomore	Infield
Sean O'Donnell	Sacred Heart Cathedral	Senior	Infield
Brooks Allen	Archbishop Mitty	Senior	Infield
Nick Barry	Saint Ignatius	Junior	Infield
Raul Callero	Archbishop Riordan	Senior	Catcher
Dalton Craig	Valley Christian	Senior	Catcher
Todd Jackson	Bellarmino	Sophomore	Catcher
Derek Bauerle	Archbishop Mitty	Junior	Outfield
Devon Canty	Saint Francis	Senior	Outfield
Jaxon Sawyer	Valley Christian	Senior	Outfield
Mark Gaffey	Bellarmino	Junior	Outfield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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2015 WCAL Boys Golf All League Team

Most Outstanding Golfer – Eddy Lai - Bellarmine

Medalist – Daniel Kim – Archbishop Mitty

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Eddy Lai	Bellarmino	Sophomore
Matt Lloyd	Archbishop Mitty	Sophomore
Isaiah Salinda	Junipero Serra	Senior
Devrath Das	Saint Francis	Junior
Daniel Kim	Archbishop Mitty	Freshman
Austin Lin	Archbishop Mitty	Senior
Austin Murphy	Bellarmino	Sophomore
Jake Haselden	Bellarmino	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Andrew Wong	Archbishop Mitty	Freshman
George Gardner	Archbishop Riordan	Freshman
Michael Savin	Junipero Serra	Freshman
George Stefko	Sacred Heart Cathedral	Junior
Matthew Heitel	Saint Francis	Junior
Jonny Churton	Saint Ignatius	Junior
Kyle Morris	Valley Christian	Senior
Berk Harvey	Bellarmino	Sophomore

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2015 WCAL Lacrosse All League Teams

Player of the Year - Nick Stinn – Senior - Saint Ignatius

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Peter Aliman	Saint Ignatius	Senior	Midfielder
Mac Gates	Saint Ignatius	Freshman	Goalie
Ben Knaus	Saint Ignatius	Senior	Attack
Finn Berry	Saint Ignatius	Senior	Midfielder
Chase Bunce	Bellarmino	Senior	LSM/CD
Ethan Heerwagen	Bellarmino	Senior	Midfielder
Tyler Mackin	Bellarmino	Senior	Attack
Parker Whims	Bellarmino	Senior	Midfielder
Edward Ruby	Bellarmino	Senior	Midfielder
Giovanny Escobar	Junipero Serra	Senior	Goalie
Rory Uniacke	Junipero Serra	Junior	Midfielder
Patrick "PJ" McGloin	Junipero Serra	Sophomore	Attack
Michael Cerone	Archbishop Mitty	Senior	Attack
Blaise Demaree	Archbishop Mitty	Senior	Defender
Jon Michael Raasch	Archbishop Mitty	Senior	Attack
Cary Goeller	Sacred Heart Cathedral	Senior	Goalie
Tommy Hoey	Saint Francis	Senior	Defender
Ryan Zaky	Saint Francis	Senior	Attack
Henry Holden	Saint Francis	Senior	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Matt Klein	Saint Ignatius	Senior	Midfielder
Tommy Fleming	Saint Ignatius	Junior	Attack
Bryan Evans	Saint Ignatius	Sophomore	Midfielder
Patrick Brosnan	Saint Ignatius	Sophomore	Attack
Stephen MacLeod	Saint Ignatius	Junior	Defender
Hall Peters	Saint Ignatius	Sophomore	Defender
Connor Young	Bellarmino	Junior	Goalie
Michael Schmidek	Bellarmino	Junior	CD
Cole Bunce	Bellarmino	Junior	LSM
Jake Steinbock	Bellarmino	Sophomore	Attack
Will Mingrone	Bellarmino	Junior	Midfielder
Peter Pecora	Bellarmino	Senior	Midfielder
James Silva	Junipero Serra	Junior	Defender
Ethan Pratt	Junipero Serra	Junior	LSM/Def
Joe Knightly	Junipero Serra	Senior	Midfielder/Defender
Logan Spalding	Archbishop Mitty	Senior	Midfielder
Keaton Collier	Archbishop Mitty	Sophomore	Attack
Peter St. Geme	Sacred Heart Cathedral	Sophomore	Midfielder/Attack
James Gates	Sacred Heart Cathedral	Senior	Attack
Thomas Franceschini	Sacred Heart Cathedral	Junior	Midfielder
Ryan Rasmussen	Saint Francis	Senior	Defender
Jonathan Keyes	Saint Francis	Senior	Defender
Joseph Nefkens	Saint Francis	Junior	Midfielder
Christopher Schumacher	Saint Francis	Senior	Midfielder
Brandon Eltejaein	Saint Francis	Junior	Goalie
Sean Elmurib	Saint Francis	Senior	Midfielder
Brendan Quinn	Saint Francis	Freshman	LSM/Defender
Jonathan Vargas	Archbishop Riordan	Senior	Attack

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2015 WCAL Girls Lacrosse All League Teams

Attackers of the Year

Emma Knaus – St. Ignatius & Jessika Bassi – St. Francis

Midfielder of the Year – Catriona Barry – St. Ignatius

Defender of the Year – Kyra Pelton – St. Ignatius

Goalies of the Year

Emilee Pineda – St. Ignatius & Sammantha Zamora – Archbishop Mitty

First Team

<u>Name</u>	<u>School</u>
Sophie Kamanski	Saint Ignatius
Emma Knaus	Saint Ignatius
Catriona Barry	Saint Ignatius
Kyra Pelton	Saint Ignatius
Emilee Pineda	Saint Ignatius
Jessika Bassi	Saint Francis
Juliann Carroll	Saint Francis
Cassie O’Hearn	Saint Francis
Morgan Peterson	Archbishop Mitty
Maddie Bailey	Archbishop Mitty
Mairead Ahilbach	Sacred Heart Cathedral
Alainie Lui	Sacred Heart Cathedral

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>
Lizzy Wagoner	Saint Ignatius
Annie Mattimore	Saint Ignatius
Sydney Sobrepena	Saint Ignatius
Rachel Gomez	Saint Francis
Kelly Guslani	Saint Francis
Jaclyn Plasterer	Saint Francis
Frances Thurston	Archbishop Mitty
Sarah Hance	Archbishop Mitty
Gaby Segovia	Archbishop Mitty
Marika Dy	Sacred Heart Cathedral
Miranda Escobar	Sacred Heart Cathedral
Jade Noguera	Sacred Heart Cathedral

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2015 WCAL Softball All League Teams

Players of the Year

Marcella Kay – Valley Christian – Senior
Danielle Bowers – Archbishop Mitty - Senior

Pitcher of the Year

Brynne Fitzpatrick – Valley Christian - Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Haley Wymbs	Archbishop Mitty	Senior	Outfield
Stephanie Kristo	Archbishop Mitty	Senior	Pitcher
Desiree Severance	Archbishop Mitty	Senior	Pitcher/Infield
Maddie Kim	Archbishop Mitty	Senior	Catcher/Infield
Jackie Brown	Valley Christian	Senior	Infield/Outfield
Jordan Dawkins	Valley Christian	Senior	Infield
Taylor Beldi	Valley Christian	Junior	Outfield
Elizabeth Skotz	Presentation	Sophomore	Outfield
Jessica Earnshaw	Presentation	Senior	Catcher
Danica Kazakoff	Notre Dame Belmont	Junior	Catcher/Infield
Sofia Magnani	Notre Dame Belmont	Junior	Pitcher
Kelsie Barnard	Saint Ignatius	Senior	Catcher
Michelle Larose	Saint Ignatius	Senior	Infield
Kelsey Johnson	Saint Francis	Sophomore	Pitcher/Infield
Siobhan Murphy	Sacred Heart Cathedral	Senior	Catcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Lindsey Goubeaux	Archbishop Mitty	Junior	Infield/Outfield
Megan Nordin	Archbishop Mitty	Senior	Catcher/Infield
Alexis Corini	Valley Christian	Senior	Catcher/Infield
Brianna Zoltie	Valley Christian	Senior	Outfield
Lorena Ukanwa	Presentation	Senior	Pitcher
Lauren Blach	Presentation	Junior	Infield
Lindsey Mifsud	Notre Dame Belmont	Senior	Pitcher
Marina Sylvestri	Notre Dame Belmont	Sophomore	Infield
Jackie Ocana	Saint Ignatius	Senior	Outfield
Madison Augusto	Saint Ignatius	Freshman	Pitcher/Infield
Myka Hughes	Saint Francis	Sophomore	Outfield
Katherine Steffen-Brune	Saint Francis	Sophomore	Catcher/Infield
Carmel Gisslow	Sacred Heart Cathedral	Sophomore	Pitcher

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Rebecca Ortiz	Archbishop Mitty	Sophomore	Infield
Sara Machado	Valley Christian	Junior	Outfield
Ava Williams	Presentation	Freshman	Infield
Bianca Magnani	Notre Dame Belmont	Freshman	Pitcher/Infield
Claire Gunther	Saint Ignatius	Junior	Infield
Madison Chandler	Saint Francis	Senior	Pitcher/Infield
Gabrielle Garlow	Sacred Heart Cathedral	Freshman	Infield/Outfield

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2015 WCAL All League Tennis Teams

Player of the Year – Adrian Chamdani - Bellarmine
Doubles Team of the Year – Ian McGowen/Josh Leopold - Bellarmine

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Adrian Chamdani	Bellarmino	Senior
Kyle Pease	Saint Francis	Junior
Andrew Ton	Bellarmino	Sophomore
Jayson Fung	Saint Ignatius	Junior
Leon Haneda	Archbishop Mitty	Senior
Ajith Kumar	Saint Francis	Freshman
Daniel Landa	Saint Ignatius	Sophomore

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Derek Austin	Saint Ignatius	Junior
Anton Gotlib	Archbishop Mitty	Sophomore
Ian McGowen	Bellarmino	Senior
Ethan Carroll	Saint Francis	Freshman
Coby Del Rosario	Bellarmino	Sophomore
Vikram Vasani	Bellarmino	Junior
Rob Werner	Saint Ignatius	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Cambell Nakayama	Saint Ignatius	Freshman
Charley Wang	Valley Christian	Sophomore
Nico Beard	Sacred Heart Cathedral	Sophomore
Nicolas Kuo/Sanjay Raman	Archbishop Mitty	Senior/Senior
Kunal Barde	Archbishop Mitty	Freshman
Erik Ratta	Saint Francis	Junior
Tim He/Ethan Smith	Saint Ignatius	Freshman/Freshman
Coleman Roberts	Sacred Heart Cathedral	Sophomore
Thomas Linker	Archbishop Riordan	Junior
Jackson Cooney/Matt Cueto	Saint Ignatius	Junior/Senior
Omeed Askary	Valley Christian	Sophomore
Brandon Leung	Sacred Heart Cathedral	Freshman
Kyle Chin/Trent Tayrien	Valley Christian	Senior/Senior
Brian Chang	Sacred Heart Cathedral	Freshman
Kevin Chen	Archbishop Riordan	Junior

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2015 WCAL Volleyball All League Teams

Player of the Year – Steven Dinneen – Saint Francis

First Team

<u>Name</u>	<u>School</u>
Steven Dinneen	Saint Francis
Avery Alyswoth	Saint Francis
Nick Gentry	Bellarmino
Erik Skjerven	Valley Christian
Alexander Jimenez	Saint Francis
Samuel Zaroff	Sacred Heart Cathedral
Kevin Orsley	Bellarmino
Cameron Ponce	Valley Christian

Second Team

<u>Name</u>	<u>School</u>
Eric Reitmeir	Saint Francis
Will Smith	Bellarmino
Alex Echon	Saint Ignatius
Brendan Fleming	Valley Christian
Aaron Adams	Sacred Heart Cathedral
Tommy Baumel	Archbishop Mitty
Joey Rovetto	Bellarmino
Jason Wu	Saint Ignatius

Honorable Mention

<u>Name</u>	<u>School</u>
Joseph Simmons	Saint Ignatius
Christian Vu	Archbishop Mitty
Josh Sale	Junipero Serra
Birton Hausmann	Valley Christian
Cooper Diamond	Saint Francis
Aidan Dillon	Saint Francis