West Catholic Athletic League

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WCAL WOMEN'S CROSS COUNTRY STANDINGS

October 16, 2025

Varsity

WCAL II – Baylands	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	Total Points
Saint Francis	19	7	22	7	14
Saint Ignatius	70	5	46	6	11
Sacred Heart Cathedral	69	6	77	5	11
Archbishop Riordan	89	4	110	4	8
Archbishop Mitty	131	3	126	3	6
Presentation	153	2	-	-	2

Place	Name	School	Time
1.	Brinley Pickett	Saint Francis	18:26.7
2.	Lily Symon	Saint Francis	18:41.0
3.	Lauren Draper	Saint Francis	18:44.7
4.	Eliot Marsh	Saint Ignatius	18:53.3
5.	Kennedy Foster	Saint Ignatius	19:18.2
6.	Bella Riesenfeld	Saint Ignatius	19:19.7
7.	Charlie Hofstetter	Saint Francis	19:21.4
8.	Annabel Chung	Sacred Heart Cathedral	19:32.3
9.	Reese Wagner	Saint Francis	19:32.8
10.	Veronica Panina	Sacred Heart Cathedral	19:36.7

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WCAL WOMEN'S CROSS COUNTRY STANDINGS

October 16, 2025

Junior Varsity

WCAL II – Baylands	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	Total Points
Sacred Heart Cathedral	25	7	32	7	14
Saint Francis	39	6	55	6	12
Saint Ignatius	84	5	59	5	10
Archbishop Mitty	112	4	127	4	8
Valley Christian	121	3	128	3	6
Presentation	154	2	178	2	4

Place	Name	School	Time
1.	Cora Ritger	Saint Francis	20:36.9
2.	Annabel Moore	Saint Francis	20;38.7
3.	Maya Guerra	Saint Ignatius	21:01.3
4.	Harper Rice-Evans	Sacred Heart Cathedral	21.03.1
5.	Gianna Bankovitch	Sacred Heart Cathedral	21:08.4
6.	Ella Kummer	Sacred Heart Cathedral	21:11.0
7.	Karina Jison	Saint Francis	21:28.4
8.	Claire Bessette	Sacred Heart Cathedral	21:31.4
9.	Eloise De Clapiers	Sacred Heart Cathedral	2:;35.4
10.	Eloise McGowen	Saint Ignatius	21:27.2

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WCAL WOMEN'S CROSS COUNTRY STANDINGS

October 16, 2025

Frosh/Soph

WCAL II – Baylands	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	Total Points
Saint Francis	27	7	15	7	14
Archbishop Mitty	81	5	69	6	11
Saint Ignatius	43	6	86	5	11
Sacred Heart Cathedral	112	4	96	4	8
Archbishop Riordan	134	3	140	3	6
Valley Christian	150	2	143	2	4

Place	Name	School	Time
1.	Madeleine Miln	Saint Francis	21:02.4
2.	Izzy Park	Saint Francis	21:46.4
3.	Danica Hilker	Saint Francis	22:50.2
4.	Sana Kalidindi	Saint Francis	22:59.0
5.	Elise Sondag	Saint Francis	23:00.3
6.	Ashley Abuda	Archbishop Mitty	23:25.4
7.	Emily Peterson	Saint Ignatius	23:42.6
8.	Zina Jones	Archbishop Riordan	23:46.1
9.	Riley Fenn	Saint Francis	23:49.6
10.	Elizabeth O'Shea	Sacred Heart Cathedral	23:52.8

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WCAL MEN'S CROSS COUNTRY STANDINGS

October 16, 2025

Varsity

WCAL II Baylands	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	Total Points
Bellarmine	43	8	20	8	16
Saint Ignatius	62	7	68	7	14
Saint Francis	74	6	86	6	12
Junipero Serra	94	5	103	5	10
Sacred Heart Cathedral	117	4	120	4	8
Archbishop Mitty	155	3	170	3	6
Archbishop Riordan	163	2	181	2	4
Valley Christian	208	1	217	1	2

Place	Name	School	Time
1.	Stephen Sziebert	Bellarmine	15:32.7
2.	Ben Penzel	Bellarmine	15:39.6
3.	Duncan Burk	Bellarmine	15:44.5
4.	Tyler Huo	Saint Francis	15:49.6
5.	Ved Nath	Archbishop Mitty	15:52.8
6.	Shashank Nandakumar	Bellarmine	16:00.8
7.	Joseph Dito	Saint Ignatius	16:01.2
8.	Ronil Shah	Bellarmine	16:01.4
9.	Abhinav Aggarwal	Bellarmine	16:05.5
10.	Sean Kummer	Sacred Heart Cathedral	16:19.2

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WCAL MEN'S CROSS COUNTRY STANDINGS

October 16, 2025

Junior Varsity

WCAL II Baylands	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	Total Points
Bellarmine	15	8	15	8	16
Sacred Heart Cathedral	75	6	52	7	13
Saint Francis	72	7	82	6	13
Saint Ignatius	95	5	122	5	10
Junipero Serra	158	3	140	4	7
Archbishop Mitty	155	4	187	2	6
Archbishop Riordan	164	2	157	3	5
Valley Christian	231	1	254	1	2

Place	Name	School	Time
1.	Camilo Restrepo	Bellarmine	16:45.4
2.	Aiden Baldock	Bellarmine	16:51.3
3.	Sebastian Salcedo	Bellarmine	17:05.0
4.	Nico St. Angel	Bellarmine	17:07.2
5.	Lucas Calhoun	Bellarmine	17:16.0
6.	Spencer Maffeo	Bellarmine	17:20.1
7.	Jackson Willard	Bellarmine	17:27.2
8.	Gavin Borer	Bellarmine	17:28.2
9.	Viraj Moharir	Bellarmine	17;35.3
10.	Trace Peters	Bellarmine	17:36.2

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WCAL MEN'S CROSS COUNTRY STANDINGS

October 16, 2025

SOPHOMORES

WCAL II – Baylands	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	Total Score
Bellarmine	19	8	31	8	16
Saint Ignatius	58	7	47	7	14
Saint Francis	69	6	77	6	12
Junipero Serra	120	5	101	5	10
Valley Christian	132	4	128	4	8
Archbishop Mitty	176	3	168	3	6

Place	Name	School	Time
1.	Kyle Suhendra	Bellarmine	17:09.4
2.	Lucas Pak	Saint Ignatius	17:40.9
3.	Dante Del Grosso	Saint Ignatius	17:56.6
4.	Kekoa Fletchtner	Saint Francis	18:04.1
5.	James Jones	Bellarmine	18:08.2
6.	Alex Flores	Bellarmine	18:18.0
7.	Rodrigo Casas	Bellarmine	18:27.8
8.	Ocean Ragudo	Junipero Serra	18:30.0
9.	Cristopher Hamilton	Junipero Serra	18:32.8
10.	Thomas Deswarte	Saint Ignatius	18:36.1

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WCAL MEN'S CROSS COUNTRY STANDINGS

October 16, 2025

FRESHMAN

WCAL II - Baylands	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	Total Points
Bellarmine	48	7	41	8	15
Saint Francis	44	8	46	7	15
Sacred Heart Cathedral	95	5	78	6	11
Saint Ignatius	84	6	144	5	11
Archbishop Mitty	115	4	120	4	8
Junipero Serra	160	3	145	3	6
Archbishop Riordan	177	2	169	2	4
Valley Christian	224	1	240	1	2

Place	Name	School	Time
1.	Dominic Erickson	Bellarmine	17:16.1
2.	Liam Wallace	Bellarmine	17:20.2
3.	Diego Stagnaro	Archbishop Riordan	17:27.6
4.	Takeo Malong	Sacred Heart Cathedral	17:42.2
5.	Liam Sustiguer	Saint Francis	17:57.2
6.	Andy Coyle	Saint Francis	18:00.7
7.	Finn Warne	Sacred Heart Cathedral	18:03.0
8.	Riaan Agrawal	Bellarmine	18:03.1
9.	Dexter Diaz	Saint Francis	18:13.0
10.	Felix Leung	Archbishop Mitty	18:28.6

WCAL 82

Saturday, October 26, 2019
Stanford, CA
XC Meet Manager
Course: Stanford

Course Length: 5000 Meters
Course Type: Cross Country
Course Surface: Grass
Course Layout: Loop

Print Results

Hide Header

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Show Header

Show Footer

FINAL RESULTS

Team Championship

Final Standings	Score	Scoring Order	Total	Avg	Spread
1 Bellarmine College Prep (CC)	41	1-2-8-11-19-(36)	1:06:38	13:32	1:06.0
2 Archbishop Riordan (CC)	77	3-4-7-14-15-(20)	1:07:18	13:41	1:09.0
3 Sacred Heart Cathedral (CC)	84	5-6-9-18-21-(24)	1:07:32	13:44	1:12.0
4 Junipero Serra (CC)	97	10-12-16-17-22-(27)	1:07:51	13:48	1:15.0
5 Archbishop Mitty (CC)	142	13-23-28-29-30-(32)	1:08:29	13:56	1:19.0
6 Lick-Wilmerding (CC)	240	31-33-34-35-37-(38)	1:09:19	14:06	1:24.0
7 Valley Christian (CC)	245	40-41-42-43-44-(45)	1:09:19	14:06	2:04.0

Individual Results

Place	Athlete	Yr	Team	Score	Time	Avg	Spread
1	Dominic JOHNSON	SR	Bellarmine College Prep (CC)	1	16:04.0	4:49.2	
2	Liam MALLON	JR	Bellarmine College Prep (CC)	2	17:24.0	5:13.2	1:20.0
3	Jack MCGLYNN	SR	Archbishop Riordan (CC)	3	17:29.0	5:14.2	1:25.0
4	Gilles WALSER	SR	Sacred Heart Cathedral (CC)	4	17:41.0	5:17.2	1:37.0
5	Ryan MCCARTHY	SR	Archbishop Riordan (CC)	5	17:42.0	5:17.4	1:38.0
6	Aaron KIM	SR	Sacred Heart Cathedral (CC)	6	18:05.0	5:24.2	2:01.0
7	Ryan MCCARTHY	SR	Archbishop Riordan (CC)	7	18:06.0	5:24.4	2:02.0
8	Sawyer VINCENT	SR	St. Francis (CC)	8	18:08.0	5:25.0	2:04.0
9	Tyler LEUNG	SR	Archbishop Mitty (CC)	9	18:09.0	5:25.2	2:05.0
10	Ryan MCCARTHY	SR	Junipero Serra (CC)	10	18:10.0	5:25.4	2:06.0
11	Ryan MCCARTHY	SR	Bellarmine College Prep (CC)	11	18:11.0	5:25.6	2:07.0
12	Ryan MCCARTHY	SR	Junipero Serra (CC)	12	18:12.0	5:25.8	2:08.0
13	Ryuichi YUDA	SR	Bellarmine College Prep (CC)	13	18:14.0	5:26.4	2:10.0
14	Ryan MCCARTHY	SR	Archbishop Riordan (CC)	14	18:15.0	5:26.6	2:11.0
15	Logan CHANEY	SR	Bellarmine College Prep (CC)	15	18:16.0	5:26.8	2:12.0
16	Daniel DEL PRADO GARCIA	SR	Archbishop Mitty (CC)	16	18:18.0	5:27.4	2:14.0
17	Ryan MCCARTHY	SR	Junipero Serra (CC)	17	18:19.0	5:27.6	2:15.0
18	Ryan MCCARTHY	SR	Sacred Heart Cathedral (CC)	18	18:20.0	5:27.8	2:16.0
19	Ryan MCCARTHY	SR	Bellarmine College Prep (CC)	19	18:21.0	5:28.0	2:17.0
20	Gilles WALSER	SR	Sacred Heart Cathedral (CC)	20	18:22.0	5:28.2	2:18.0
21	Ryan MCCARTHY	SR	Sacred Heart Cathedral (CC)	21	18:23.0	5:28.4	2:19.0
22	Ryan MCCARTHY	SR	Junipero Serra (CC)	22	18:24.0	5:28.6	2:20.0
23	Ryan MCCARTHY	SR	Archbishop Mitty (CC)	23	18:25.0	5:28.8	2:21.0
24	Ryan MCCARTHY	SR	Sacred Heart Cathedral (CC)	24	18:26.0	5:29.0	2:22.0
25	Ryan MCCARTHY	SR	Archbishop Mitty (CC)	25	18:27.0	5:29.2	2:23.0
26	Ryan MCCARTHY	SR	Bellarmine College Prep (CC)	26	18:28.0	5:29.4	2:24.0
27	Ryan MCCARTHY	SR	Junipero Serra (CC)	27	18:29.0	5:29.6	2:25.0
28	Ryan MCCARTHY	SR	Archbishop Mitty (CC)	28	18:30.0	5:29.8	2:26.0
29	Ryan MCCARTHY	SR	Archbishop Mitty (CC)	29	18:31.0	5:30.0	2:27.0
30	Ryan MCCARTHY	SR	Archbishop Mitty (CC)	30	18:32.0	5:30.2	2:28.0
31	Ryan MCCARTHY	SR	Lick-Wilmerding (CC)	31	18:33.0	5:30.4	2:29.0
32	Ryan MCCARTHY	SR	Archbishop Mitty (CC)	32	18:34.0	5:30.6	2:30.0
33	Ryan MCCARTHY	SR	Lick-Wilmerding (CC)	33	18:35.0	5:30.8	2:31.0
34	Ryan MCCARTHY	SR	Lick-Wilmerding (CC)	34	18:36.0	5:31.0	2:32.0
35	Ryan MCCARTHY	SR	Lick-Wilmerding (CC)	35	18:37.0	5:31.2	2:33.0
36	Ryan MCCARTHY	SR	Bellarmine College Prep (CC)	36	18:38.0	5:31.4	2:34.0
37	Ryan MCCARTHY	SR	Lick-Wilmerding (CC)	37	18:39.0	5:31.6	2:35.0
38	Ryan MCCARTHY	SR	Lick-Wilmerding (CC)	38	18:40.0	5:31.8	2:36.0
39	Ryan MCCARTHY	SR	Sacred Heart Cathedral (CC)	39	18:41.0	5:32.0	2:37.0
40	Ryan MCCARTHY	SR	Valley Christian (CC)	40	18:42.0	5:32.2	2:38.0
41	Ryan MCCARTHY	SR	Valley Christian (CC)	41	18:43.0	5:32.4	2:39.0
42	Ryan MCCARTHY	SR	Valley Christian (CC)	42	18:44.0	5:32.6	2:40.0
43	Ryan MCCARTHY	SR	Valley Christian (CC)	43	18:45.0	5:32.8	2:41.0
44	Ryan MCCARTHY	SR	Valley Christian (CC)	44	18:46.0	5:33.0	2:42.0
45	Ryan MCCARTHY	SR	Valley Christian (CC)	45	18:47.0	5:33.2	2:43.0

5	Ved NATH	JR	1967	Archbishop Mitty (CC)	5	15:52.8	20.1	5:06.3
6	Shashank NANDAKUMAR	JR	2146	Bellarmine College Prep (CC)	6	16:00.8	28.1	5:08.9
7	Joseph DITO	SR	2448	St. Ignatius College Prep (CC)	7	16:01.2	28.5	5:09.0
8	Ronil SHAH	JR	2172	Bellarmine College Prep (CC)	8	16:01.4	28.7	5:09.1
9	Abhinav AGGARWAL	JR	2035	Bellarmine College Prep (CC)	9	16:05.5	32.8	5:10.4
10	Sean KUMMER	SR	2307	Sacred Heart Cathedral (CC)	10	16:19.2	46.5	5:14.8
11	Ignacio HOGLUND	SO	2455	St. Ignatius College Prep (CC)	11	16:19.3	46.6	5:14.9
12	Andrew LITTLE	SR	2229	Junipero Serra (CC)	12	16:22.0	48.3	5:15.7
13	Gilbert FARNSWORTH	SO	2449	St. Ignatius College Prep (CC)	13	16:23.7	51.0	5:16.3
14	Joseph BRONZINI	SR	2210	Junipero Serra (CC)	14	16:24.9	52.2	5:16.7
15	Kevin CHIN	SR	2445	St. Ignatius College Prep (CC)	15	16:25.9	53.2	5:17.0
16	Ted KOCH	JR	2380	St. Francis (CC)	16	16:27.0	53.3	5:17.4
17	Zachary HELLER	SR	2222	Junipero Serra (CC)	17	16:41.1	1:08.4	5:21.9
18	Henry WHEELER	SO	2400	St. Francis (CC)	18	16:43.1	1:10.4	5:22.5
19	Nathan MILLER	SO	2232	Junipero Serra (CC)	19	16:43.8	1:11.1	5:22.8
20	Robert EITZMANN	JR	2373	St. Francis (CC)	20	16:46.3	1:13.6	5:23.5
21	Dylan CONNELL	SR	2061	Bellarmine College Prep (CC)	21	16:50.5	1:17.8	5:24.9
22	Thomas LANDERS	JR	2457	St. Ignatius College Prep (CC)	22	16:52.9	1:20.2	5:25.7
23	Giovanni PONCE	SO	2314	Sacred Heart Cathedral (CC)	23	16:53.7	1:21.0	5:25.9
24	Mack ST. CLAIR	JR	2481	St. Ignatius College Prep (CC)	24	16:53.8	1:21.1	5:26.0
25	Joseph OLSON	SR	2025	Archbishop Riordan (CC)	25	16:54.5	1:21.8	5:26.2
26	Chase SPOLIN	SR	2480	St. Ignatius College Prep (CC)	26	17:00.7	1:28.0	5:28.2
27	Ian WONG	SR	2324	Sacred Heart Cathedral (CC)	27	17:01.3	1:28.6	5:28.4
28	Dylan CASEY	SO	2362	St. Francis (CC)	28	17:04.1	1:31.4	5:29.3
29	David KULAS	SR	2306	Sacred Heart Cathedral (CC)	29	17:04.9	1:32.2	5:29.5
30	Terron CHEN	JR	2012	Archbishop Riordan (CC)	30	17:06.3	1:33.6	5:30.0
31	Oran BRICK	SO	2297	Sacred Heart Cathedral (CC)	31	17:07.9	1:35.2	5:30.5
32	Rynan PARDILLA	SR	2313	Sacred Heart Cathedral (CC)	32	17:14.7	1:42.0	5:32.7
33	Jack BIGGAR	SR	2295	Sacred Heart Cathedral (CC)	33	17:19.9	1:47.2	5:34.4
34	Michael COULSON	SR	2368	St. Francis (CC)	34	17:25.2	1:52.5	5:36.1
35	Kidus YAMI	SR	1985	Archbishop Mitty (CC)	35	17:29.4	1:56.7	5:37.4
36	Dylan JACKSON	SR	2378	St. Francis (CC)	36	17:29.9	1:57.2	5:37.6
37	Derek PFEIFFER	SR	2529	Valley Christian (CC)	37	17:30.2	1:57.5	5:37.7
38	Kimoon BAE	SO	2508	Valley Christian (CC)	38	17:35.4	2:02.7	5:39.3
39	Bryan LUNA	SO	1963	Archbishop Mitty (CC)	39	17:43.5	2:10.8	5:41.9
40	Nathan BABIK	SR	2008	Archbishop Riordan (CC)	40	17:43.5	2:10.8	5:42.0
41	Malik OSMAN	SR	2237	Junipero Serra (CC)	41	17:50.9	2:18.2	5:44.3
42	Miguel CARDENAS	JR	2011	Archbishop Riordan (CC)	42	18:04.0	2:30.3	5:48.6
43	Andy SANDOVAL	JR	1972	Archbishop Mitty (CC)	43	18:09.1	2:36.4	5:50.2
44	Jackson BURNS	SR	2009	Archbishop Riordan (CC)	44	18:22.8	2:50.1	5:54.6
45	Colby HAUGEN	SO	2519	Valley Christian (CC)	45	18:26.5	2:53.8	5:55.8
46	Cameron NGUYEN	JR	2234	Junipero Serra (CC)	46	18:27.1	2:54.4	5:56.0
47	Om GANDHI	SR	2516	Valley Christian (CC)	47	18:28.8	2:56.1	5:56.5
48	Antonio CARO	SO	1942	Archbishop Mitty (CC)	48	18:33.7	3:01.0	5:58.1
49	Dominic THOMPSON	SR	2034	Archbishop Riordan (CC)	49	18:51.7	3:19.0	6:03.9
50	Reggie SAITO	SO	2532	Valley Christian (CC)	50	18:53.4	3:20.7	6:04.4
51	Matthew LEWIS	SR	1960	Archbishop Mitty (CC)	51	19:03.7	3:31.0	6:07.7
52	Allen WU	SO	2540	Valley Christian (CC)	52	19:30.0	3:56.3	6:16.2
53	Taehwan LEE	FR	2522	Valley Christian (CC)	53	20:12.3	4:39.6	6:29.8