



WEST CATHOLIC ATHLETIC LEAGUE

FALL ALL-LEAGUE TEAMS

[ALL LEAGUE TEAM](#) · [WOMEN'S CROSS COUNTRY](#)

2009 Men's Cross Country

FIRST TEAM

Kyle Rae	Junior	Bellarmino
Lucas Talavan	Senior	Saint Ignatius
Tony Ferrari	Junior	Bellarmino
Dalton Guthrie	Senior	Bellarmino
Michael Reher	Senior	Saint Ignatius
Jack Bordoni	Sophomore	Bellarmino
Adrian Hinojosa	Sophomore	Bellarmino

SECOND TEAM

Kyle Anderberg	Senior	Saint Francis
Jarrett Moore	Junior	Sacred Heart Cathedral
Carsten Stann	Sophomore	Junipero Serra
Joshua Hogan	Senior	Archbishop Mitty
Esteban Valencia	Sophomore	Bellarmino
Ford Milligan	Junior	Junipero Serra
Justin Jayme	Junior	Saint Ignatius

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2009 Women's Cross Country

FIRST TEAM

Rachel Hinds	Junior	Saint Ignatius
Morgan Lira	Sophomore	Valley Christian
Mary Kriege	Junior	Archbishop Mitty
Sophia Cannata-Bowman	Freshman	Sacred Heart Cathedral
Laura Vazquez	Junior	Presentation
Angie Korpusik	Junior	Presentation
Morgan Healy	Sophomore	Saint Francis

SECOND TEAM

Olivia Rintala	Freshman	Archbishop Mitty
Isabel Garcia	Sophomore	Valley Christian
Sam Schuetz	Junior	Saint Ignatius
Victoria Tsolis	Junior	Presentation
Jessica Etterman	Sophomore	Archbishop Mitty
Abby Otto	Senior	Saint Ignatius
Emily Sitler	Junior	Saint Francis
Maddy Roemer	Sophomore	Saint Francis

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WEST CATHOLIC ATHLETIC LEAGUE

2009 FOOTBALL ALL-LEAGUE TEAM

[FOOTBALL AWARDS](#) · [FIRST TEAM](#) · [SECOND TEAM](#) · [HONORABLE MENTION TEAM](#)

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AWARDS

Co-Player-of-the-Year	Kyle Olugbode, RB-S, Bellarmine	Sr.
Co-Player-of-the-Year	Kyle Boehm, QB, Archbishop Mitty	Jr.
Running Back	Joey Walker, Archbishop Mitty	Sr.
Quarterback	Kyle Miller, Saint Francis	Sr.
Offensive Lineman	Tim O'Hara, Bellarmine	Sr.
Co-Wide-Receiver	Don Andre' Clark, Junipero Serra	Sr.
Co-Wide-Receiver	Poppy Livers, Saint Francis	Sr.
Defensive Lineman	Brendan Manion, Archbishop Mitty	Sr.
Co-Linebacker	Brett Cde Baca, Saint Ignatius	Sr.
Co-Linebacker	Jake Herman, Archbishop Mitty	Sr.
Co-Defensive Back	Matt Vinal, Junipero Serra	Sr.
Co-Defensive Back	Dan Ajlouni, Archbishop Mitty	Sr.
Co-Utility Player	Byron Marshall, Valley Christian	Soph.
Co-Utility Player	Rocky Meszaros, Archbishop Mitty	Sr.
Kicker	Spencer Rogers, Saint Francis	Sr.
Co-Junior of the Year	Kris Olugbode, RB-OLB, Bellarmine	Jr.
Co-Junior of the Year	Jacob Brisbane, RB-LB, Saint Ignatius	Jr.
Sophomore of the Year	Byron Marshall, RB-DB, Valley Christian	Soph.

FIRST TEAM

Joey Walker	Archbishop Mitty	FB/ LB	Sr.
Kyle Boehm	Archbishop Mitty	QB	Jr.
Brendan Manion	Archbishop Mitty	DE	Sr.
Dan Ajlouni	Archbishop Mitty	FS	Sr.
Robbie Wright	Archbishop Mitty	OL/DL	Sr.
Sam Tomlitz	Archbishop Mitty	DL	Sr.
Rocky Meszaros	Archbishop Mitty	LB	Sr.
Jake Herman	Archbishop Mitty	LB	Jr.
Kyle Olugbode	Bellarmino	RB/S	Sr.
Mike McGovern	Bellarmino	QB	Sr.
Hendee Wall	Bellarmino	TE	Sr.
Tyler Robitaille	Bellarmino	WR/OLB	Sr.
Tim O'Hara	Bellarmino	T/LB	Sr.
Miko Ruiz	Bellarmino	DT	Sr.
Kris Olugbode	Bellarmino	RB/OLB	Jr.
Joe Gigantino	Bellarmino	TE/OLB	Soph.
Kyle Miller	Saint Francis	QB	Sr.
Nate Morace	Saint Francis	RB	Sr.
Poppy Livers	Saint Francis	WR	Sr.
Drew Meulman	Saint Francis	CTR	Sr.
Chris Barrett	Saint Francis	TE	Sr.
Mikey Mitchell	Saint Francis	DB	Sr.
Romell Hanks	Saint Francis	WR	Sr.
Byron Marshall	Valley Christian	RB/CB	Soph.
James Yoder	Valley Christian	FS/WR	Sr.
Nico Willis	Valley Christian	DT/FB	Sr.
Trevin Craig	Valley Christian	LB	Sr.
Joey Riggs	Valley Christian	OL	Sr.
Zach Vaiana	Valley Christian	QB	Jr.
Don Andre' Clark	Junipero Serra	WR/KR	Sr.
Adonis Smith	Junipero Serra	RB	Sr.
Matt Vinal	Junipero Serra	DB/WR	Sr.
Eric Tuippulotu	Junipero Serra	LB	Sr.
Chris Giotinis	Junipero Serra	DL	Sr.
Brett Cde Baca	Saint Ignatius	RB/LB	Sr.
Gabe Manzanares	Saint Ignatius	RB/DB	Sr.
Dewey Dumont	Saint Ignatius	OL	Sr.
Evan Harrison-Wong	Saint Ignatius	WR/DB	Sr.
August Heath	Sacred Heart Cathedral	WR/LB	Sr.
Douglas Parrish	Sacred Heart Cathedral	WR/FS	Sr.
Jordan Ramsey	Sacred Heart Cathedral	DL	Sr.
James Carter	Archbishop Riordan	WR	Sr.
A. J. Lewis	Archbishop Riordan	WR	Jr.
Evan Williams	Archbishop Riordan	QB	Jr.

SECOND TEAM

Parker Smith	Archbishop Mitty	OL/DL	Jr.
D. J. Bush	Archbishop Mitty	LB	Sr.
Jacob Barrow	Archbishop Mitty	LB	Jr.
Will Bordenave	Bellarmino	G	Sr.
Rudy Iniguez	Bellarmino	CTR	Jr.
Connor Lambert	Bellarmino	T	Soph.
Scotty Jarvis	Saint Francis	DE	Sr.
Chris Chang	Saint Francis	DE	Jr.
Phil Maksim	Saint Francis	OT	Sr.
Justin Satele	Valley Christian	C/DT	Jr.
Matt Schmidt	Valley Christian	TE	Sr.
Steven Thompson	Valley Christian	DL/OL	Sr.
Nick Hackworth	Junipero Serra	DE	Sr.
Alex Bravo	Junipero Serra	LB	Jr.
Jamal Shouman	Junipero Serra	DL	Sr.
Scott Lamson	Saint Ignatius	TE/DE	Sr.
Jacob Brisbane	Saint Ignatius	RB/LB	Jr.
William Bello	Saint Ignatius	WR/DB	Sr.
Zack Tapel	Sacred Heart Cathedral	QB/WR	Soph.
Darren Lee	Sacred Heart Cathedral	LB	Sr.
John Thraillkill	Sacred Heart Cathedral	DL	Sr.
Aaron Criswell	Archbishop Riordan	WR	Sr.
Jeff Dillon	Archbishop Riordan	DB/WR	Sr.
Evan Ward	Archbishop Riordan	DE	Sr.

Honorable Mention

Chris Eglesia	Archbishop Mitty	OL	Jr.
Kyle DesChamps	Archbishop Mitty	CB	Sr.
Greg Ruiz	Archbishop Mitty	FS	Jr.
Calvin Hemington	Bellarmino	CB	Sr.
Nick Mingione	Bellarmino	G/DT	Sr.
Kyle DeMerritt	Bellarmino	WR/CB	Sr.
Braden Bishop	Saint Francis	WR	Soph.
Matt Tanaka	Saint Francis	OG	Sr.
Glyn Borel	Saint Francis	DB	Sr.
Shane Biglarderi	Valley Christian	DB	Sr.
Jaamal Rose	Valley Christian	LB	Jr.
Brian Fobbs	Valley Christian	WR	Jr.
Paul Bevilacqua	Junipero Serra	OL	Sr.
Michael Tatola	Junipero Serra	DL	Jr.
Parker Toms	Junipero Serra	K	Sr.
Rob Emery	Saint Ignatius	QB	Sr.
Tommy Ferdon	Saint Ignatius	OL	Sr.
Houston Ford	Saint Ignatius	OL	Jr.
Kyle Anderson	Sacred Heart Cathedral	K	Sr.
Nick Grass	Sacred Heart Cathedral	TE/DE	Jr.
Dan Stornaiuolo	Sacred Heart Cathedral	OL	Jr.
Kent Washington	Archbishop Riordan	LB	Sr.
Andrew Espinoza	Archbishop Riordan	LB	Sr.
Phil Davidovich	Archbishop Riordan	OL	Sr.



FALL ALL-LEAGUE TEAMS

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2009 Women's Golf

Medalist: Mariko Tumangan, Presentation

Mariko Tumangan	Presentation
Alessandra Cain	Presentation
Ramey Parks	Presentation
Alexandra Wong	Saint Ignatius
Andrea Wong	Saint Ignatius
Cory Inkster	Saint Francis
Kelly Otis	Archbishop Mitty
Isabelle Rebosura	Notre Dame
Michelle Tse	Sacred Heart Cathedral



WEST CATHOLIC ATHLETIC LEAGUE

FALL ALL-LEAGUE TEAMS

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2009 Women's Tennis

Most Valuable Players: Kelly Chui, Saint Francis
Doubles Team of the Year: Maggie Yudkevich & Tara Vanooteghem, Archbishop Mitty

FIRST TEAM

Stacy Yam	Archbishop Mitty
Kelly Chui	Saint Francis
Mary Closs	Saint Francis
Samantha Polayes	Archbishop Mitty
Angela Pratt	Saint Francis
Laura Galijan	Notre Dame
Claudia Lew	Saint Ignatius

SECOND TEAM

Maggie Yudkevich & Tara Vanooteghem	Archbishop Mitty
Kennedy Davis	Archbishop Mitty
Joyce Chen	Valley Christian
Megan Caviglia	Presentation
Carolina O'Haren	Saint Francis
Sruthi Ramaswami	Archbishop Mitty
Sharlene Chang	Notre Dame

HONORABLE MENTION

Penny Chuah	Saint Ignatius
Kristina Williams	Sacred Heart Cathedral
Valerie Motro & Catinca Negru	Saint Francis
Ester Walker & Maya Raman	Archbishop Mitty
Annie Dillon & Amy Lie	Saint Ignatius
Megan Smith & Danielle Elbe	Notre Dame
Katherine Sanine & Janna Oswald	Valley Christian
Hope Bidegainberry	Sacred Heart Cathedral
Beverly Chan	Saint Ignatius
Lili Mohebbi	Presentation
Shelly Brunkan	Presentation
Christina Georgette	Presentation
Alice Wang	Notre Dame
Hoi Lam & Erica Sequiera	Sacred Heart Cathedral
Brooke Hanson & Brittany Hanson	Sacred Heart Cathedral



FALL ALL-LEAGUE TEAMS

[WOMEN'S VOLLEYBALL](#)

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2009 WOMEN'S VOLLEYBALL

Most Valuable Player: Rachel Williams, Sr., Archbishop Mitty

FIRST TEAM

Rachel Williams	Archbishop Mitty	Sr.
Rachel Alvey	Valley Christian	Sr.
Kristina Graven	Archbishop Mitty	Sr.
Joan Caloiaro	Archbishop Mitty	Sr.
Christina Lee	Saint Ignatius	Jr.
MacKenzie Murtagh	Sacred Heart Cathedral	Sr.
Jordan Shaw	Saint Francis	Sr.
Katy Tagart	Presentation	Jr.
Nicole Yap	Sacred Heart Cathedral	Sr.

SECOND TEAM

Brooke Baldwin	Notre Dame	Jr.
Veronica Bither	Presentation	Soph.
Sarah Cole	Presentation	Jr.
Shannon Fleming	Archbishop Mitty	Sr.
Lisa Hipp	Sacred Heart Cathedral	Sr.
Megan O'Meara	Saint Ignatius	Sr.
Savannah Paffen	Saint Francis	Jr.
Ryan Shaffer	Archbishop Mitty	Sr.

HONORABLE MENTION

MacKenzie Beveridge	Valley Christian	Sr.
Brittany Bozzini	Archbishop Mitty	Sr.
Colleen Conefrey	Sacred Heart Cathedral	Sr.
Alex Freschet	Saint Francis	Sr.
Marianne Gera	Saint Francis	Sr.
Michellie McDonald-O'Brien	Saint Ignatius	Soph.
Megan McKinley	Valley Christian	Jr.
Shaina Olsen	Saint Francis	Sr.
Katy Schatzman	Presentation	Jr.



WEST CATHOLIC ATHLETIC LEAGUE

FALL ALL-LEAGUE TEAMS

[MEN'S WATER POLO](#) · [WOMEN'S WATER POLO](#)

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2009 Men's Water Polo

FIRST TEAM

Ben Dearborn	Sacred Heart Prep	Goalie	Sr.
Connor Still	Sacred Heart Prep	2M	Sr.
David Culpan	Sacred Heart Prep	Driver	Sr.
Phillip Bamberg	Sacred Heart Prep	Driver	Jr.
Thomas Agramonte	Saint Francis	2M	Jr.
Mark Garner	Saint Francis	Utility	Jr.
Peter Simon	Saint Francis	Driver	Soph.
A. J. MacDonell	Bellarmino	Field	Sr.
Will Roller	Bellarmino	Field	Sr.
Alex Semplinski	Bellarmino	Field	Sr.
Matt Pritchett	Junipero Serra	Goalie	Sr.
Max Murphy	Junipero Serra	2M	Jr.
Liam Shorrocks	Saint Ignatius	Driver	Jr.
Alex Balog	Archbishop Mitty	Field	Sr.

SECOND TEAM

Robert Dunlevie	Sacred Heart Prep	2M	Jr.
Zach Straube	Sacred Heart Prep	Driver	Sr.
Peter Olson	Saint Francis	2M Def	Sr.
Christian Broom	Saint Francis	Goalie	Jr.
Eric Semplinski	Bellarmino	Field	Sr.
David Schmidt	Bellarmino	Field	Sr.
Quinn Curl	Junipero Serra	Field	Sr.
Marco Bujan	Junipero Serra	2M Def	Sr.
Jack Stabenfeldt	Saint Ignatius	Driver	Sr.
Will Kircher	Saint Ignatius	2M Off	Sr.
Kyle Dzurko	Archbishop Mitty	Field	Sr.
Jack Cohen	Archbishop Mitty	Field	Sr.
Casey Fleming	Valley Christian	Utility	Jr.
Dante Cavazos	Valley Christian	Utility	Jr.



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FIRST TEAM

Jen Talbott	Saint Francis	2M	Sr.
Hathaway Moore	Saint Francis	Attacker	Sr.
Erin Glenn	Saint Francis	Goalie	Sr.
Kristin Benedetti	Saint Francis	Attacker	Sr.
Lisa Rennels	Sacred Heart Prep	Defense	Sr.
Heather Smith	Sacred Heart Prep	Center	Sr.
Catherine Donahoe	Sacred Heart Prep	Goalie	Jr.
Elizabeth Rosen	Saint Ignatius	Driver	Jr.
Haley Kaplan	Saint Ignatius	2M Def	Sr.
Becky Friedenbach	Archbishop Mitty	Utility	Sr.
Julia Peters	Presentation	2M Def	Jr.
Gurpuran Singh	Notre Dame	2M Set	Jr.

SECOND TEAM

Caroline Hansen	Saint Francis	2M Def	Jr.
Katherine Elward	Saint Francis	Attacker	Jr.
Emily Parsons	Sacred Heart Prep	Attacker	Jr.
Sarah Westcott	Sacred Heart Prep	Center	Jr.
Frankie Puerzer	Saint Ignatius	Driver	Jr.
Carla Tocchini	Saint Ignatius	2M def	Frosh.
Jennifer Afflerback	Archbishop Mitty	Goalie	Sr.
Haley Smith	Archbishop Mitty	Attacker	Jr.
Stephanie Maniglia	Presentation	Attacker	Soph.
Jessica Steinback	Presentation	2M Attacker	Soph.
Alyssa Parsons	Notre Dame	Driver	Sr.
Shannon Haska	Notre Dame	Driver	Sr.
Myvy Ngo	Valley Christian	Utility	Jr..
Melissa Tencati	Valley Christian	Utility	Sr.

West Catholic Athletic League

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2010 WCAL Boys Basketball All-League Teams

Ed Fennelly Player of the Year - Tyler Johnson – Saint Francis - Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Madu Cole	Bellarmino	Senior
Freddie Eberhardt	Bellarmino	Senior
Stephen Meade	Archbishop Mitty	Senior
Ivan Dorsey	Archbishop Riordan	Senior
Jordan Reudy	Junipero Serra	Senior
Ryan Tana	Junipero Serra	Senior
Connor McGrath	Junipero Serra	Senior
Patrick Crowley	Saint Francis	Senior
Spencer Britschi	Saint Francis	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Aaron Gordon	Archbishop Mitty	Freshman
Matt Carroll	Valley Christian	Senior
Aaron Anderson	Archbishop Riordan	Junior
Johnny Mrlik	Saint Ignatius	Junior
Taylor Johns	Sacred Heart Cathedral	Sophomore

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Kyle Olugbode	Bellarmino	Senior
Kris Olugbode	Bellarmino	Junior
MaxFodor	Bellarmino	Senior
Karl Reyes	Sacred Heart Cathedral	Senior
Jamal Ford	Sacred Heart Cathedral	Senior
Jake Moore	Junipero Serra	Senior
Mark Jajeh	Junipero Serra	Senior
Kyle Travis	Valley Christian	Senior
Matthew Schmidt	Valley Christian	Senior
Andrew Silver	Saint Francis	Senior
Tim Wang	Saint Francis	Senior
Michael Crocker	Saint Ignatius	Senior
Kurtis Ong	Saint Ignatius	Senior
Colin Wan	Archbishop Mitty	Junior
Kyle Toth	Archbishop Mitty	Junior

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2010 WCAL Girls Basketball All League Teams

Player of the Year – Eilise O'Connor – Saint Ignatius - Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Caroline Barrack	Saint Ignatius	Senior
Kamilah Jackson	Sacred Heart Cathedral	Senior
Jazmine Davis	Valley Christian	Junior
A.J. Newton	Valley Christian	Senior
Ashley Watson	Archbishop Mitty	Junior
Elisabeth Gordon	Archbishop Mitty	Senior
Classye James	Archbishop Mitty	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Chelsea Punian	Presentation	Junior
Kathlene Howe	Notre Dame Belmont	Senior
Emily Morris	Notre Dame Belmont	Junior
Marissa Williams	Saint Ignatius	Senior
Briana Cotton	Valley Christian	Junior
Allie Lustig	Archbishop Mitty	Senior
Courtney Wilson	Archbishop Mitty	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Alex Legarza	Saint Ignatius	Junior
Raquel Avila	Saint Ignatius	Junior
Jerrieza Enriquez	Sacred Heart Cathedral	Freshman
Ashley Lucian	Saint Francis	Senior
Molly Pearson	Presentation	Junior
Nici Gilday	Presentation	Junior
Savannah Morgan	Presentation	Senior

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2010 WCAL Boys Soccer All League Teams

Offensive Player of the Year – David Ometer – Bellarmine
Defensive Player of the Year – Chris Fisher – Saint Francis

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Anthony Salah	Archbishop Mitty	Senior
Daniel Woo	Archbishop Mitty	Senior
Justin Berding	Valley Christian	Junior
David Ometer	Bellarmino	Senior
Eric Kirchick	Bellarmino	Senior
Brandon Morales	Bellarmino	Senior
Billy Knutsen	Saint Ignatius	Senior
Cullen Roche	Saint Ignatius	Junior
Padraig Buckley	Saint Ignatius	Senior
Matt Grosey	Junipero Serra	Senior
Nick Roberts	Junipero Serra	Senior
Chris Mansfield	Junipero Serra	Senior
Juan Plaacio	Sacred Heart Cathedral	Senior
Charles "Chip" Northrop	Sacred Heart Cathedral	Senior
Patrick Balderramons	Sacred Heart Cathedral	Senior
Chris Fisher	Saint Francis	Senior
Nick Salvemini	Saint Francis	Senior
Mickey Mitchell	Saint Francis	Senior

Second Team

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

<u>Name</u>	<u>School</u>	<u>Year</u>
Trevor Greenlaw	Archbishop Riordan	Senior
Fernando Lopez	Archbishop Riordan	Senior
Danny Hittler	Valley Christian	Senior
Justin Cordeiro	Valley Christian	Junior
Tito Tenorio	Bellarmino	Sophomore
Nick Butler	Bellarmino	Junior
Matt Taylor	Bellarmino	Senior
Jimmy Callinan	Saint Ignatius	Junior
Chris Perla	Junipero Serra	Sophomore
Luca Ponti	Junipero Serra	Senior
Sam Vella	Junipero Serra	Senior
Brian Sweeney	Sacred Heart Cathedral	Junior

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Ernesto Hernandez	Archbishop Mitty	Senior
Kyle Grayson	Valley Christian	Senior
Josh Cohen	Bellarmino	Senior
Sean Prior	Saint Ignatius	Junior
Doug Bradshaw	Junipero Serra	Senior
Michael Cittar	Archbishop Riordan	Senior
Denis Power	Sacred Heart Cathedral	Senior
Sean Little	Saint Francis	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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2010 WCAL Girls Soccer All League Teams

Player of the Year – Stephanie Bell – Saint Francis
Junior Player of the Year – Audrey Gibson – Saint Ignatius
Sophomore Player of the Year – Kate Bettinger – Saint Ignatius

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Emma Caringello	Presentation	Senior
Michelle Kay	Presentation	Senior
Jennifer Bandazzo	Presentation	
Stephanie Sory	Presentation	
Lindsey Mewes	Archbishop Mitty	Junior
Crystal Shaffie	Archbishop Mitty	Senior
Kelsey Foo	Archbishop Mitty	
Stephanie Bell	Saint Francis	Senior
Lauren Schmidt	Saint Francis	Junior
Kate Bettinger	Saint Ignatius	Sophomore
Audrey Gibson	Saint Ignatius	Junior
Kristina Garrido	Notre Dame Belmont	Senior
Kendra Gillio	Valley Christian	Senior
Alexis Hallgren	Sacred Heart Cathedral	Junior

Second Team

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

<u>Name</u>	<u>School</u>	<u>Year</u>
Taylor Johnson	Presentation	Senior
Shelby Galaviz	Presentation	Senior
Alano Sooy	Archbishop Mitty	Junior
Brianne Lopiccolo	Archbishop Mitty	Junior
Kelly Jarivs	Saint Francis	Junior
Claudia Haeussler	Saint Francis	Senior
Laura Oliver	Saint Ignatius	Senior
Kimmy Bettinger	Saint Ignatius	Senior
Dana Helm	Notre Dame Belmont	Senior
Sara Mack	Notre Dame Belmont	Senior
Dana Gambello	Valley Christian	Senior
Vivian Thorbecke	Valley Christian	Junior
Celeste Boureille	Sacred Heart Cathedral	Sophomore

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Megan Mc Arthur	Presentation	Sophomore
Anna Marija Sola	Archbishop Mitty	Junior
Marie M Clenahan	Saint Francis	
Alexa Robinson	Saint Ignatius	Sophomore
Kim Gorrell	Notre Dame Belmont	Sophomore
Cari Cronquist	Valley Christian	Senior
Laura Walley	Sacred Heart Cathedral	Senior

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2010 WCAL Baseball All League Teams

Player of the Year – James Roberts – Archbishop Mitty – Senior
Pitcher of the Year – Tyler Davis – Archbishop Mitty - Junior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Chris Hoo	Saint Francis	Senior	Catcher
Trevin Craig	Valley Christian	Senior	Catcher
James Roberts	Archbishop Mitty	Senior	Infield
Tyler Geoddel	Saint Francis	Junior	Infield
Matt Carroll	Valley Christian	Senior	Infield
Sean McMillan	Junipero Serra	Junior	Infield
Luca Ponti	Junipero Serra	Senior	Infield
Kyle DeMerritt	Bellarmino	Senior	Infield
Brett Fuller	Archbishop Mitty	Junior	Designated Hitter
Andre Mecurio	Junipero Serra	Junior	Outfield
Braden Bishop	Saint Francis	Sophomore	Outfield
Matt Lopez	Saint Ignatius	Senior	Outfield
Sean Edgecumbe	Archbishop Mitty	Junior	Outfield
Tyler Hardeman	Junipero Serra	Senior	Outfield
Tyler Davis	Archbishop Mitty	Junior	Pitcher
Zack Malik	Bellarmino	Senior	Pitcher
Anthony Villamore	Sacred Heart Cathedral	Senior	Pitcher
Kevin Glomb	Bellarmino	Senior	Closer

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
P. J. Mallery	Junipero Serra	Senior	Catcher
Jon Nelson	Saint Francis	Junior	Infield
Alex Blandino	Saint Francis	Junior	Infield
Nick Lynch	Saint Ignatius	Senior	Infield
Chris Miguel	Sacred Heart Cathedral	Sophomore	Infield
Kyle Ferris	Junipero Serra	Senior	Designated Hitter
Preston Caldera	Archbishop Mitty	Sophomore	Outfield
Will Sparks	Bellarmino	Senior	Outfield
Nick McFarland	Valley Christian	Junior	Outfield
Kevin Zhang	Saint Francis	Junior	Pitcher
Christian Cecilio	Bellarmino	Junior	Pitcher
Julian Merryweather	Junipero Serra	Senior	Pitcher

Honorable Mention

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Colton Goularte	Archbishop Mitty	Senior	Catcher
Ramiro Alvarez	Archbishop Riordan	Junior	Catcher
Jon Carin	Bellarmino	Senior	Catcher
Ismael Orozco	Archbishop Riordan	Sophomore	Infield
Matt Jackson	Valley Christian	Junior	Infield
Jake Koch	Saint Ignatius	Senior	Infield
Conner Hatfield	Bellarmino	Senior	Infield
Sean Goodall	Sacred Heart Cathedral	Senior	Infield
Scott Jarvis	Saint Francis	Senior	Outfield
Kyle Macey	Saint Francis	Senior	Outfield
Shawon Dunston	Valley Christian	Junior	Outfield
Dan Lara	Sacred Heart Cathedral	Senior	Outfield
Maurice Filler	Sacred Heart Cathedral	Junior	Outfield
Kevin Barker	Saint Ignatius	Junior	Outfield
Trevor Greenlaw	Archbishop Riordan	Senior	Outfield
Matt Dugoni	Bellarmino	Junior	Outfield
Kyle Clevenger	Saint Francis	Senior	Pitcher
Colin Reed	Saint Francis	Junior	Pitcher
Barry Timko	Junipero Serra	Junior	Pitcher
John Melero	Archbishop Mitty	Senior	Pitcher
Chris Brown	Archbishop Riordan	Senior	Pitcher
Jon Rand	Saint Ignatius	Senior	Pitcher
Dario Bortolotto	Junipero Serra	Senior	Pitcher
Steven Thompson	Valley Christian	Senior	Pitcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

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2010 WCAL Boys Golf All League Teams

Medalist – Dylan Smith – Saint Ignatius

First Team

<u>Name</u>	<u>School</u>
Nicolas Nova	Saint Ignatius
Nick Satterfield	Saint Ignatius
Will Clark	Valley Christian
Mark Wyllie	Bellarmino
Austin Weatherholt	Bellarmino
Shotaro Ban	Archbishop Mitty
Stephen Jahncke	Archbishop Mitty
Nick Vozikes	Junipero Serra
Trevor Murphy	Sacred Heart Cathedral
David Rohrs	Saint Francis
Ned Jensen	Archbishop Riordan

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2010 WCAL Softball All League Teams

Player of the Year – Janell Laront – Valley Christian - Junior
Pitcher of the Year – Vanessa Alvarez – Archbishop Mitty - Sophomore

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Jillian Anderson	Archbishop Mitty	Senior	Outfield
Shannon King	Archbishop Mitty	Junior	Infield
Sylvia Llamas	Archbishop Mitty	Junior	Infield
Lindsay Norton	Archbishop Mitty	Senior	Outfield
Jasmine Dickenson	Valley Christian	Senior	Infield
Krystal Rock	Valley Christian	Sophomore	Infield/Outfield
Tyler Walker	Valley Christian	Junior	Infield/Outfield
Briana Fujii	Presentation	Junior	Infield
Krista Jensen	Presentation	Senior	Infield/Outfield
Izzy Geronimo	Notre Dame Belmont	Sophomore	Outfield
Amelia Shales	Notre Dame Belmont	Senior	Infield/Pitcher
Allison Quinn	Saint Francis	Sophomore	Pitcher
Anna Palter	Sacred Heart Cathedral	Sophomore	Infield/Pitcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Chiara Biagini	Archbishop Mitty	Sophomore	Catcher
Kiersten Nordin	Archbishop Mitty	Freshman	Infield
Taylor Baley	Valley Christian	Senior	Catcher
Mary Hall	Valley Christian	Sophomore	Infield
Kendra Meadows	Presentation	Junior	Infield
Raquel Rinauro	Presentation	Senior	Infield/Pitcher
Alexis Coulter	Notre Dame Belmont	Sophomore	Infield
Lauren Henry	Notre Dame Belmont	Junior	Outfield
Kristine Kocjan	Saint Francis	Junior	Catcher
Julia Quesada	Saint Francis	Junior	Infield
Lauren Duff	Sacred Heart Cathedral	Senior	Infield/Outfield
Grace Pino	Sacred Heart Cathedral	Junior	Infield/Pitcher
Helen Buse	Saint Ignatius	Junior	Infield
Jordan Newell	Saint Ignatius	Junior	Infield

Honorable Mention

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Berlyn Rippentrop	Archbishop Mitty	Junior	Pitcher
Julianne Kendrick	Valley Christian	Junior	Infield
Ashley Lowenstein	Presentation	Sophomore	Catcher/Outfield
Ashlie Miller	Notre Dame Belmont	Junior	Outfield
Alli Duvaras	Saint Francis	Junior	Infield
Jessica Tse	Sacred Heart Cathedral	Junior	Outfield
Elena Vierra	Saint Ignatius	Freshman	Infield
Karina Schneider	Presentation	Senior	Infield
Emiko Goldstone	Saint Ignatius	Junior	Catcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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2010 WCAL Boys Tennis All League Teams

Player of the Year – Matt Micheli – Saint Ignatius

Doubles Team of the Year – Jack Schoebel/Vince Menon - Bellarmine

First Team

<u>Name</u>	<u>School</u>
Matt Micheli	Saint Ignatius
Jack Schoebel	Bellarmino
Rushikesh Joshi	Archbishop Mitty
Marcus Vizcarra	Sacred Heart Cathedral
Garrett Taylor	Bellarmino
Sean Talmadge	Junipero Serra
Napolean Alacorn	Archbishop Riordan

Second Team

<u>Name</u>	<u>School</u>
Devashish Joshi	Archbishop Mitty
Anthony Tsodikov	Saint Ignatius
Raymond Lin	Saint Francis
Bryce McKelvie	Valley Christian
Trevor James	Bellarmino
Clark Winingar	Sacred Heart Cathedral
Michael Change	Bellarmino

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>
Carter Hultman	Saint Ignatius
Austin Lenz	Archbishop Mitty
Elliot Leung	Saint Francis
John Colford	Saint Francis
Steve Galerkin	Saint Ignatius
Andrew Madlambayan	Junipero Serra
David DeLeon	Saint Francis
Michael Price	Sacred Heart Cathedral
Lawrence Yang	Archbishop Riordan
John/Schrup/Gene Cao	Junipero Serra
Logan Wroolie/Person Racanelli	Saint Ignatius
Brian Tacdaran	Archbishop Riordan
Vince Menon	Bellarmino

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2010 WCAL Boys Volleyball All League Teams

Most Valuable Player – Jeff Stapleton - Bellarmine

First Team

<u>Name</u>	<u>School</u>	<u>Position</u>
Kyle Gerrans	Valley Christian	Outside Hitter
Keith Wyngarden	Bellarmino	Setter
Matt Aiello	Bellarmino	Middle Blocker
Ryan Petulla	Archbishop Mitty	Outside Hitter
Johnny Sansone	Saint Francis	Opposite
Scott McKinley	Saint Francis	Outside Hitter
Tyler Vinson	Archbishop Mitty	Outside Hitter

Second Team

<u>Name</u>	<u>School</u>	<u>Position</u>
Ryan Sabatini	Archbishop Mitty	Middle Blocker
Will Parissenti	Bellarmino	Opposite
James Shaw	Saint Francis	Setter/Opposite
Spencer Lauber	Bellarmino	Middle Blocker
Nathan Woo	Saint Ignatius	Libero
Justin Mullady	Junipero Serra	Middle Blocker
Matthew Tinio	Sacred Heart Cathedral	Outside Hitter

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Position</u>
Michael Tong	Junipero Serra	Libero
Tyler Rigg	Valley Christian	Setter
Teddy Niemera	Saint Ignatius	Setter
Austin Rysyk	Bellarmino	Outside Hitter
Garrett Komiserik	Saint Francis	Libero
Paul Mooney	Junipero Serra	Opposite