

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@comcast.net

2011 WCAL Boys Cross Country All League Teams

<u>Name</u>	<u>School</u>	<u>Year</u>
Jack Bordoni	Bellarmino	Senior
Sean Davis	Valley Christian	Senior
Joey Berriatua	Junipero Serra	Junior
Raymond Meijer	Bellarmino	Junior
Thomas Sayre	St. Ignatius	Junior
Carsten Stann	Junipero Serra	Senior
Esteban Valencia	Bellarmino	Senior
Richard Guzikowski	Archbishop Mitty	Junior
Liam Powers	St. Ignatius	Senior
Charles Deanda	Bellarmino	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

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2011 WCAL Girls Cross Country All League Teams

<u>Name</u>	<u>School</u>	<u>Year</u>
Laura Vazquez	Presentation	Senior
Morgan Lira	Valley Christian	Senior
Kendall Hacker	St. Ignatius	Sophomore
Molly Haar	Archbishop Mitty	Junior
Hannah Wood	Presentation	Sophomore
Emily Jay	Sacred Heart Cathedral	Sophomore
Kellie Redmond	Sacred Heart Cathedral	Junior
Olivia Rintala	Archbishop Mitty	Junior
Olivia Brobst	Archbishop Mitty	Sophomore
Sophia Cannata-Bowman	Sacred Heart Cathedral	Junior

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2011 WCAL Football Players of the Year

Player of the Year – Travis McHugh – Bellarmine

Most Valuable Running Back – Erich Wilson – Junipero Serra

Most Valuable Quarterback – Andrew Barna – Archbishop Mitty

Most Valuable Offensive Lineman – Connor Lambert – Bellarmine

Most Valuable Wide Receiver – Braden Bishop – St. Francis

Most Valuable Defensive Lineman – Luke Longinotti – Junipero Serra

Most Valuable Linebacker – Joe Gigantino – Bellarmine

Most Valuable Defensive Back – Bobby Marani – Archbishop Mitty

Most Valuable Kicker – Anthony Toms – Junipero Serra

Co-Most Valuable Utility Players – Jarrold Lawson – Valley Christian & Tim Crawley – Bellarmine

Junior Player of the Year – Jack Stinn – St. Ignatius

Sophomore Player of the Year – Zach Masoli – Archbishop Riordan

2011 WCAL All League Football Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Travis McHugh	Bellarmino	Senior	Quarterback
Joe Gigantino	Bellarmino	Senior	Tight End/Linebacker
Tim Crawley	Bellarmino	Senior	Running Back/Safety
Connor Lambert	Bellarmino	Senior	Tackle/Defensive Tackle
Alex Manigo	Bellarmino	Senior	Tight End/Outside Linebacker
Justin Taliaferro	Bellarmino	Senior	Fullback
Casey Wahl	Bellarmino	Senior	Tackle/Defensive Tackle
Jacob Boissiere	Bellarmino	Senior	Center/Defensive Tackle
Luke Longinotti	Junipero Serra	Senior	Offensive/ Defensive Line
Joey Erdie	Junipero Serra	Senior	Quarterback/Safety
Erich Wilson	Junipero Serra	Senior	Running Back/Defensive Back
Brandon Bochi	Junipero Serra	Senior	Linebacker
Deston Swift	Junipero Serra	Senior	Offensive/ Defensive Line
Marty DeAlba	Junipero Serra	Senior	Defensive Back
Brendan Hisao	Junipero Serra	Senior	Defensive Line
Joe DeCecco	Archbishop Mitty	Senior	Linebacker
Andrew Barna	Archbishop Mitty	Senior	Quarterback
Bobby Marani	Archbishop Mitty	Senior	Defensive Back
Sean Mulcahy	Archbishop Mitty	Senior	Offensive Tackle
Cail McClenahan	Archbishop Mitty	Senior	Running Back/Defensive Back
Jacob Wesson	Archbishop Mitty	Junior	Wide Receiver/Defensive Back
Braden Bishop	Saint Francis	Senior	Wide Receiver
Colin Johnson	Saint Francis	Senior	Quarterback

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Durell Crooks	Saint Francis	Senior	Running Back
Sean Barrett	Saint Francis	Senior	Outside Linebacker
Ben Wadors	Saint Francis	Senior	Offensive/Defensive Line
Jarrold Lawson	Valley Christian	Senior	Linebacker/Halfback
Ryan Severson	Valley Christian	Junior	Linebacker/Halfback
Byron Marshall	Valley Christian	Senior	Halfback
Garrett Gregory	Valley Christian	Junior	Tight End/Defensive End
Theodore King	Valley Christian	Senior	Offensive/Defensive Line
Zach Tapel	Sacred Heart Cathedral	Senior	Wide Receiver/Outside Linebacker
John Morello	Sacred Heart Cathedral	Senior	Running Back/Linebacker
Valentino Miles	Sacred Heart Cathedral	Senior	Running Back/Linebacker
Jack Stinn	Saint Ignatius	Junior	Quarterback
Chris Crowley	Saint Ignatius	Senior	Offensive Line
Zach Masoli	Archbishop Riordan	Sophomore	Quarterback

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Epie Sona	Bellarmino	Senior	Tackle/Defensive Tackle
Conner Jauch	Bellarmino	Senior	Running Back/Corner Back
Brad Kuh	Bellarmino	Senior	Guard/Linebacker
Eric Redwood	Junipero Serra	Junior	Running Back
Danny Morales	Junipero Serra	Senior	Offensive Line
Fia Malepeai	Junipero Serra	Junior	Linebacker
Jack McKeon	Archbishop Mitty	Senior	Offensive Line
Bobby O'Leary	Archbishop Mitty	Senior	Linebacker
Jaron Kilfoyle	Archbishop Mitty	Senior	Offensive Guard
Jason Shelton	Saint Francis	Senior	Kicker
Jeff Amaral	Saint Francis	Senior	Inside Linebacker
David Mapa	Saint Francis	Senior	Defensive Back/Running Back
Jay MacIntyre	Valley Christian	Sophomore	Offensive Back
Jack Murphy	Valley Christian	Senior	Offensive/Defensive Line
Cameron Weirhauser	Valley Christian	Senior	Offensive Line
Viliami Uikilifi	Sacred Heart Cathedral	Senior	Tight End/Linebacker
Jeivon Parker	Sacred Heart Cathedral	Senior	Wide Receiver/Linebacker
Riley White	Sacred Heart Cathedral	Senior	Offensive Line
Travis McDow	Saint Ignatius	Senior	Tight End
Dominic Truoccolo	Saint Ignatius	Senior	Running Back
Mike Pia	Saint Ignatius	Senior	Wide Receiver
Nick Reese	Archbishop Riordan	Junior	Offensive/Defensive Line
Chris Hall	Archbishop Riordan	Sophomore	Wide Receiver/Defensive Back
Mark Mulligan	Archbishop Riordan	Junior	Inside Linebacker

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Dominic Luca	Bellarmino	Junior	Offensive/Defensive Tackle
Jake Whipple	Bellarmino	Junior	Fullback/Linebacker
Joey Hoyt	Junipero Serra	Senior	Defensive Back
Peter Tuipulotu	Junipero Serra	Junior	Linebacker
Bradley Northnagel	Junipero Serra	Senior	Tight End/Outside Linebacker
Jason Sutton	Archbishop Mitty	Junior	Defensive End
Wyatt Hansen	Archbishop Mitty	Junior	Defensive Back
Daniel Mendoza	Archbishop Mitty	Sophomore	Offensive Line
A.J. Eldredge	Saint Francis	Senior	Defensive Back
Brodie Nakama	Saint Francis	Junior	Offensive Line
Erik Gonzalez	Saint Francis	Junior	Offensive Line
Nico Diotalevi	Valley Christian	Senior	Defensive End
Bryce Novak	Valley Christian	Junior	Corner Back
Eddie Saoud	Valley Christian	Senior	Offensive Line
Dan Lalor	Sacred Heart Cathedral	Senior	Linebacker
Gino Ragusa	Sacred Heart Cathedral	Senior	Defensive Back
Jordan Gomes	Sacred Heart Cathedral	Senior	Fullback
Kerry Crowley	St. Ignatius	Senior	Running Back/Linebacker
Charlie Goldensohn	Saint Ignatius	Senior	Defensive End
Kevin O'Connor	Saint Ignatius	Senior	Defensive Back
Deion Deng	Archbishop Riordan	Senior	Offensive/Defensive Line
Arcelio Reybol	Archbishop Riordan	Junior	Outside Linebacker
Joseph Gilleran	Archbishop Riordan	Senior	Defensive End

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2011 WCAL Girls Golf All League Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Alexandra Wong	Saint Ignatius	Senior
Andrea Wong	Saint Ignatius	Senior
Haley Friesch	Saint Ignatius	Sophomore
Christine Kim	Presentation	Sophomore
Kalmina Wu	Valley Christian	Junior
Lauren Salazar	Archbishop Mitty	Senior
Nancy Xu	Saint Francis	Sophomore
Emily Hens	Notre Dame Belmont	Freshman
Lisa Goeller	Sacred Heart Cathedral	Junior

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2011 WCAL Tennis All League Teams

WCAL Player of the Year – Mary Closs – Saint Francis

WCAL Doubles Team of the Year – Illiana Yang/Megan Png – Saint Francis

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Mary Closs	Saint Francis	Junior
Claudia Lew	Saint Ignatius	Senior
Samantha Polayes	Archbishop Mitty	Senior
Kennedy Davis	Archbishop Mitty	Junior
Paulina Bajet	Saint Francis	Sophomore
Felicity Maltby	Archbishop Mitty	Freshman
Gaby Greig	Saint Ignatius	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Kara Hinton	Valley Christian	Freshman
Carolyn Lee	Sacred Heart Cathedral	Senior
Amy Lie	Saint Ignatius	Senior
Sruthi Ramaswami	Archbishop Mitty	Senior
Illina Yang/ Megan Png	Saint Francis	Freshman/ Senior
Danielle Mar	Notre Dame Belmont	Senior
Anushka Pushpala/ Nicole Del Rio	Archbishop Mitty	Senior/ Junior

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Leanna Boyd	Presentation	Senior
Catalina Rico/ Natalie Shea	Archbishop Mitty	Freshman/ Freshman
Vicky Chan/ Alicia Qiu	Sacred Heart Cathedral	Senior/ Senior
Daniella Holm	Valley Christian	Senior
Kelly Martin/ Christie Chan	Saint Ignatius	Sophomore/ Sophomore
Y-Minh Tran	Presentation	Senior
Nicole Murillo	Notre Dame Belmont	Senior
Tina Phan	Valley Christian	Freshman

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont –
Presentation – Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian



2011 Women's Volleyball All-League Team

Most Valuable Player: Emily Sklar, Sr., Presentation

FIRST TEAM

Veronica Bither	Presentation	Senior
Emily Sklar	Presentation	Senior
Alex Caldwell	Archbishop Mitty	Senior
Anne Marie Schmidt	Archbishop Mitty	Junior
Taylor Deaton	Saint Francis	Senior
Taylor Formico	Saint Francis	Senior
Courtney Wong	Sacred Heart Cathedral	Junior
Claire Healy	Saint Ignatius	Senior

SECOND TEAM

Kathleen Bozzo	Presentation	Senior
Madison Cooper	Presentation	Senior
Clare Powers	Archbishop Mitty	Sophomore
Christine Alftin	Saint Francis	Sophomore
Alia Casino	Saint Francis	Senior
Veronica Komisarek	Saint Francis	Senior
Michellie McDonald O'Brien	Saint Ignatius	Senior
Maddie Dilfer	Valley Christian	Sophomore

HONORABLE MENTION

Alex Sheredy	Presentation	Junior
Katie Conroy	Archbishop Mitty	Senior
Heather Lowell	Archbishop Mitty	Junior
Amanda Lee	Sacred Heart Cathedral	Junior
Madison Murtagh	Sacred Heart Cathedral	Freshman
Maria Kemiji-McDonald	Saint Ignatius	Senior
Leah Wesolek	Saint Ignatius	Senior
Maria Santana	Notre Dame	Junior

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2011 WCAL Boy's Water Polo All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Will Runkel	Sacred Heart Prep	Junior	Goalie
Harrison Enright	Sacred Heart Prep	Sophomore	2 Meter
Michael Holloway	Sacred Heart Prep	Junior	2 Meter
Kyle Koenig	Sacred Heart Prep	Senior	2 Meter Defense
Mitch Hamilton	Bellarmino	Senior	Driver
Matt Godar	Bellarmino	Senior	2 Meter
Chase Schaaf	Bellarmino	Senior	Driver
Joey Wall	Bellarmino	Senior	Driver
Peter Simon	Saint Francis	Senior	Driver
Patrick Goodenough	Saint Francis	Senior	Driver
Corey McGee	Saint Francis	Junior	Utility
Ryan Klaus	Saint Francis	Senior	Goalie
Paul Smallman	Junipero Serra	Senior	Utility
Daniel Buzzetta	Valley Christian	Senior	Attack
Shawn Welch	Archbishop Mitty	Sophomore	Driver
Eric White	Saint Ignatius	Senior	Driver

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Bret Hinrichs	Sacred Heart Prep	Junior	Driver
Zach Churukian	Sacred Heart Prep	Junior	Driver
David Petroni	Bellarmino	Senior	Goalie
Demarco Orella	Bellarmino	Junior	Driver
Nick Naruns	Saint Francis	Senior	Driver
James Olson	Saint Francis	Junior	Utility
Steve Olujic	Junipero Serra	Junior	Goalie
Con O’Leary	Junipero Serra	Senior	2 Meter
Cameron Martino	Valley Christian	Senior	Attack
Brian Roush	Valley Christian	Sophomore	Goalie
Ken Koltermann	Archbishop Mitty	Senior	Goalie
Victor Stolle	Archbishop Mitty	Senior	2 Meter Defense/Offense
Brendan Collins	Saint Ignatius	Senior	2 Meter Defense
Reilley May	Saint Ignatius	Sophomore	2 Meter Offense

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2011 WCAL Girls Water Polo All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Pippa Temple	Sacred Heart Prep	Senior	Utility
Erin Sheridan	Sacred Heart Prep	Senior	Utility
Mackenzie O'Holleran	Sacred Heart Prep	Senior	Defender
Clare Rudolph	Sacred Heart Prep	Senior	Driver
Nikole Ferrari	Saint Francis	Senior	Utility/Center
Courtney Batcheller	Saint Francis	Sophomore	Attacker
Sami Strutner	Saint Francis	Sophomore	2 Meter Defense/Attacker
Eela Nagaraj	Saint Francis	Junior	Attacker
Cathy Cantoni	Archbishop Mitty	Junior	Driver
Sabrina Sherrin	Archbishop Mitty	Sophomore	2 Meter
CarlaTocchini	Saint Ignatius	Junior	Center
Francesca Puccinelli	Saint Ignatius	Junior	Goalie
Kate Staskus	Valley Christian	Senior	2 Meter Offense & Defense
Monique Kerstens	Presentation	Senior	Utility

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Maddie Casciaro	Sacred Heart Prep	Senior	Driver
Kelly Moran	Sacred Heart Prep	Sophomore	Goalie
Katherine Moore	Saint Francis	Sophomore	Goalie
Tegan Stanbach	Saint Francis	Junior	2 Meter Defense
Haley Titingier	Archbishop Mitty	Junior	Goalie
Caitlin Jackson	Archbishop Mitty	Senior	Utility
Olivia Sanders	Saint Ignatius	Junior	Attacker
Meg Summa	Saint Ignatius	Senior	Attacker
Nicole Kramer	Valley Christian	Senior	Driver
Julia Thompson	Valley Christian	Senior	Goalie
Lesley Kerley	Presentation	Junior	Utility
Kristen Hench	Presentation	Senior	Goalie
Dana Delucchi	Notre Dame Belmont	Senior	Goalie
Aria Lindsay	Notre Dame Belmont	Senior	Driver/2 Meter

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2012 WCAL All League Boys Basketball Teams

PLAYER OF THE YEAR – AARON GORDON – ARCHBISHOP MITTY - JUNIOR

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Josh Fox	Sacred Heart Cathedral	Senior
Taylor Johns	Sacred Heart Cathedral	Senior
Henry Caruso	Junipero Serra	Junior
Thomas Peters	Archbishop Mitty	Senior
Drew Dickey	Saint Francis	Senior
Trevor Dunbar	Saint Ignatius	Sophomore
Stephen Domingo	Saint Ignatius	Junior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Neil Vranicar	Archbishop Mitty	Senior
Jason Barsocchini	Junipero Serra	Senior
Grant Vermeer	Bellarmino	Junior
Jack Fordyce	Bellarmino	Senior
Cameron Stewart	Valley Christian	Senior
Khalid Johnson	Saint Francis	Junior
D.J. Harvey	Archbishop Riordan	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Stephen Grosey	Junipero Serra	Senior
Vika Jimenez	Junipero Serra	Senior
Griffin Goudreau	Bellarmino	Senior
Jimmy Frazier	Saint Francis	Senior
Brandon Abajelo	Archbishop Mitty	Junior
Nick Johnson	Saint Ignatius	Senior
Herman Pratt IV	Sacred Heart Cathedral	Junior
Nick McGrew	Valley Christian	Senior
Jay MacIntyre	Valley Christian	Sophomore
Geru Mabrey	Archbishop Riordan	Junior

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2012 WCAL WOMEN'S ALL-LEAGUE BASKETBALL TEAM

PLAYER OF THE YEAR – MARIA KEMIJI-MCDONALD – ST. IGNATIUS - SENIOR

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Kelli Hayes	Archbishop Mitty	Sophomore
Vanessa Garner	Archbishop Mitty	Junior
Amanda Lovely	Archbishop Mitty	Senior
Kaitlyn Crawley	Saint Ignatius	Senior
Courtney Danna	Presentation	Junior
Geanna Summers-Luauulu	Sacred Heart Cathedral	Sophomore
Jenna Thompson	Saint Francis	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Josie Little	Saint Ignatius	Freshman
Briannah Smith	Sacred Heart Cathedral	Junior
Kalyn Simon	Archbishop Mitty	Junior
Savae Harper	Presentation	Senior
Lizzy Stelling	Saint Francis	Senior
Aly Murakami	Presentation	Senior
Emily Dinger	Archbishop Mitty	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Courtney Gong	Saint Ignatius	Senior
Shelbi Amonetti	Saint Francis	Junior
Jerrieza Enriquez	Sacred Heart Cathedral	Junior
Kate Hoey	Saint Francis	Junior
Cynthia White	Notre Dame Belmont	Senior
Jessica Mitz	Valley Christian	Sophomore
Stacy Ward	Saint Ignatius	Senior
Katie Larson	Notre Dame Belmont	Senior
Jeanelle Schneider	Presentation	Junior
Jourdyn Patterson	Valley Christian	Sophomore

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2012 WCAL Boys Soccer Players of the Year

Forward of the Year

Jonathan Rojas – Senior – Sacred Heart Cathedral

Midfielder of the Year

Andres Ochoa – Sophomore – Archbishop Mitty

Defender of the Year

Peter Marsden - Senior – St. Francis

Goalkeeper of the Year

Ruben Young – Senior – St. Ignatius

2012 WCAL Boys Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Jonathan Rojas	Sacred Heart Cathedral	Senior	Forward
William Velasco	Sacred Heart Cathedral	Junior	Midfielder
Dashiell MacNamara	Sacred Heart Cathedral	Senior	Forward
Henry Cullen	Bellarmino	Senior	Midfielder
Jamie Longoni	Bellarmino	Senior	Forward
Andres Ochoa	Archbishop Mitty	Sophomore	Midfielder
Connor Kurze	Archbishop Mitty	Junior	Forward
Cristobal Perla	Junipero Serra	Senior	Forward
Ruben Young	Saint Ignatius	Senior	Goalie
James Smith	Saint Ignatius	Senior	Midfielder
Jake Silva	Saint Francis	Junior	Goalie
Peter Marsden	Saint Francis	Senior	Defender
Emilio Huerta	Saint Francis	Junior	Midfielder
Jacob Gronlund	Valley Christian	Junior	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Connor Anderson	Sacred Heart Cathedral	Junior	Goalie
Marco Saglimbeni	Bellarmino	Junior	Midfielder
Francis McGloin	Archbishop Riordan	Junior	Midfielder
James Cullinane	Archbishop Riordan	Junior	Defender
Eric Espinoza	Archbishop Mitty	Sophomore	Midfielder
Cameron Vaca	Archbishop Mitty	Senior	Defender
Darren Fin	Junipero Serra	Senior	Defender
Matt Pastore	Junipero Serra	Senior	Defender
Antoine Martel	Junipero Serra	Junior	Midfielder
Robert Peardon	Junipero Serra	Junior	Midfielder
Shane Slosar	Saint Ignatius	Senior	Midfielder
Adrian Gil	Saint Francis	Junior	Defender
Dhruv Patel	Saint Francis	Junior	Midfielder
Philip Ramirez	Valley Christian	Senior	Defender
Alex Mitchell	Valley Christian	Senior	Forward

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Oscar Reyes	Sacred Heart Cathedral	Junior	Defender
Jasper Higa	Bellarmino	Junior	Defender
Melkim Vega	Archbishop Riordan	Sophomore	Midfielder
Sebastian Zuniga	Archbishop Mitty	Senior	Midfielder
Jaime Fadden	Junipero Serra	Senior	Defender
Ryan Kase	Saint Ignatius	Senior	Defender
Marshal Deogracia	Valley Christian	Senior	Forward
Jason Shelton	Saint Francis	Senior	Forward

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2012 WCAL Girls Soccer Players of the Year

Player of the Year

Celeste Boureille – Senior – Sacred Heart Cathedral

Senior of the Year

Celeste Boureille – Sacred Heart Cathedral

Junior of the Year

Colby Carson – Valley Christian

Sophomore of the Year

Annie Kingman – Saint Francis

Freshman of the Year

Jessica Parque – Notre Dame Belmont

2012 WCAL Girls Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Lindsay Mewes	Archbishop Mitty	Senior
Madison Salom	Archbishop Mitty	Senior
Ana Marija Sola	Archbishop Mitty	Senior
Nicole Wheeler	Archbishop Mitty	Senior
Annie Kingman	Saint Francis	Sophomore
Xochitl Hunter	Saint Francis	Sophomore
Jacquelyn Walker-Caginia	Saint Francis	Junior
Rachel Ometer	Presentation	Senior
Megan McArthur	Presentation	Senior
Colby Carson	Valley Christian	Junior
Brianna Visalli	Valley Christian	Sophomore
Jessica Parque	Notre Dame Belmont	Freshman
Katherine Bettinger	Saint Ignatius	Senior
Celeste Boueille	Sacred Heart Cathedral	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Natalie Ogden	Archbishop Mitty	Senior
Sarina Soriano	Archbishop Mitty	Senior
Alexandria Reckas	Saint Francis	Sophomore
Christian Polini	Saint Francis	Junior
Maire Rooney	Presentation	Senior
Julia Schon	Presentation	Senior
Alexis Smith	Valley Christian	Sophomore
Michaela Giordano	Valley Christian	Sophomore
Katherine Uhl	Notre Dame Belmont	Sophomore
Michaela Brady	Notre Dame Belmont	Junior
Alexa Robinson	Saint Ignatius	Senior
Lindsay Bettinger	Saint Ignatius	Sophomore
Sara Harrington	Sacred Heart Cathedral	Junnior

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Stephanie Rebagliati	Archbishop Mitty	Junior
Maggie von Massenhausen	Presentation	Junior
Sara Van Wagoner	Valley Christian	Sophomore
Ari D'Eredita	Notre Dame Belmont	Junior
Nicole Smith	Saint Ignatius	Senior
Charlotte McGeever	Sacred Heart Cathedral	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

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Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalSports.org

Sports Information Director: Kevin J. Donahue, CAA
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2012 WCAL Baseball All League Teams

Player of the Year – Braden Bishop – St. Francis

Pitchers of the Year

Collin Monsour – St. Ignatius & Trevor Bettencourt – St. Francis

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Collin Monsour	Saint Ignatius	Senior	Pitcher
Trevor Bettencourt	Saint Francis	Senior	Pitcher
Thomas Cox	Junipero Serra	Senior	Pitcher
Cameron Stewart	Valley Christian	Senior	Pitcher
Collin Theroux	Junipero Serra	Senior	Catcher
Bryson Brigman	Valley Christian	Sophomore	Infield
Michael Strem	Saint Francis	Junior	Infield
Mickey McDonald	Junipero Serra	Junior	Infield
Ismael Orozco	Archbishop Riordan	Senior	Infield
Jake Whipple	Bellarmino	Junior	Infield
Braden Bishop	Saint Francis	Senior	Outfield
Kort Peterson	Saint Francis	Junior	Outfield
Jordan Paroubeck	Junipero Serra	Junior	Outfield
Paul Murray	Junipero Serra	Junior	Designated Hitter
Matt Krook	Saint Ignatius	Junior	Utility

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Nick Medeiros	Bellarmino	Senior	Pitcher
Theron Kay	Valley Christian	Sophomore	Pitcher
Mike Wallace	Sacred Heart Cathedral	Junior	Pitcher
Chris Miguel	Sacred Heart Cathedral	Senior	Pitcher
Jack Thoreson	Bellarmino	Sophomore	Catcher
Conner Jauch	Bellarmino	Senior	Infield
Spencer Erdman	Archbishop Mitty	Junior	Infield
Daniel Strupeni	Junipero Serra	Senior	Infield
Brett Rasso	Sacred Heart Cathedral	Sophomore	Infield
Nick McGrew	Valley Christian	Senior	Infield
Raul Ray	Bellarmino	Senior	Outfield
Preston Caldera	Archbishop Mitty	Senior	Outfield
Nick Johnson	Saint Ignatius	Senior	Outfield
Jack Stinn	Saint Ignatius	Junior	Outfield
Joey Persons	Bellarmino	Junior	Designated Hitter
Bryant Park	Valley Christian	Senior	Utility

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Sean Donovan	Archbishop Riordan	Senior	Pitcher
Jimmy Wallace	Bellarmino	Senior	Pitcher
Mark Cardinalli	Saint Francis	Junior	Pitcher
Brett Foley	Archbishop Mitty	Freshman	Pitcher
Jacob Blea	Archbishop Riordan	Senior	Pitcher
Ryan DeGregorio	Saint Francis	Senior	Pitcher
John Gavin	Saint Francis	Sophomore	Pitcher
Chris Manderson	Valley Christian	Sophomore	Pitcher
Charlie Goldensohn	Saint Ignatius	Senior	Catcher
Colin Warner	Valley Christian	Senior	Catcher
Jeff Amaral	Saint Francis	Senior	Catcher
Nico Giarratano	Saint Ignatius	Junior	Infield
Kyle Tillinghast	Saint Ignatius	Senior	Infield
Antonio Freschet	Junipero Serra	Senior	Infield
Gino Franco	Sacred Heart Cathedral	Senior	Infield
Grant Napier	Bellarmino	Senior	Outfield
James Cullinane	Archbishop Riordan	Junior	Outfield
Keenan Brigman	Valley Christian	Freshman	Outfield
Kyle Wright	Archbishop Mitty	Junior	Designated Hitter

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2012 WCAL Boys Golf All League Teams

<u>Name</u>	<u>School</u>	<u>Year</u>
Austin Weatherholt	Bellarmino	Senior
Robert Musci	Bellarmino	Senior
Jimmy Castles	Bellarmino	Sophomore
Shintaro Ban	Archbishop Mitty	Sophomore
James Ra	Archbishop Mitty	Junior
Nicolas Noya	Saint Ignatius	Senior
Matthew Ashley	Valley Christian	Junior
Michael Price	Sacred Heart Cathedral	Senior
Anthony Gutierrez	Archbishop Riordan	Senior
Jack Ryan	Junipero Serra	Senior
Richard Ayala	Saint Francis	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2012 WCAL Lacrosse All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
John Bigelow	Bellarmino	Senior	D
Chad Cohan	Saint Ignatius	Senior	A
Griffin Goudreau	Bellarmino	Senior	D
Sam Holton	Archbishop Mitty	Senior	D
Joe Lang	Saint Ignatius	Sophomore	A
Matt McGloin	Junipero Serra	Junior	A
JW McGovern	Saint Ignatius	Senior	A
Will McKee	Saint Ignatius	Senior	M
Connor McLeod	Junipero Serra	Senior	D
Connor Towne	Bellarmino	Junior	M

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Alex Abiog	Bellarmino	Junior	A
William DeWitt	Saint Francis	Senior	D
Peter Doyle	Saint Ignatius	Senior	M
Matt Emery	Saint Ignatius	Junior	M
Milo "Sedge" Gates Jr.	Sacred Heart Cathedral	Junior	A
Aidan Goyette	Junipero Serra	Senior	A
Ryan Graysmark	Archbishop Mitty	Senior	G
Billy Herr	Archbishop Mitty	Senior	A
Jack McGovern	Saint Ignatius	Junior	D
Lawrence Zhou	Bellarmino	Junior	G

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Chad Bell	Saint Ignatius	Junior	M
Chase Bunce	Bellarmino	Freshman	D
Sam Carver	Saint Francis	Senior	A
Michael Cerone	Archbishop Mitty	Freshman	A
Colin Franceschini	Sacred Heart Cathedral	Junior	M
Gain Hagenau	Junipero Serra	Junior	D
Stephen Henegan	Archbishop Mitty	Junior	LSM
Jake Kidwell	Saint Francis	Junior	M
Sam Oliver	Junipero Serra	Junior	M
Joe Rodriguez	Bellarmino	Sophomore	A
Jackson Shales	Junipero Serra	Senior	F/O
Cullen Vinclette	Saint Ignatius	Junior	M

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2012 WCAL Softball All League Teams

Players of the Year

Mary Hall – Valley Christian - Senior & Jazmyn Jackson – Archbishop Mitty – Sophomore

Pitcher of the Year

Vanessa Alvarez – Archbishop Mitty - Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Corena Gregorio	Sacred Heart Cathedral	Freshman	Infield/Outfield
Isabella Geronimo	Notre Dame Belmont	Senior	Infield/Outfield
Carrie McKewan	Saint Ignatius	Junior	Pitcher
Kayla Bose	Presentation	Senior	Infield
Ashley Lowenstein	Presentation	Senior	Catcher
Alli Quinn	Saint Francis	Senior	Pitcher
Jackie Hinojosa	Saint Francis	Junior	Outfield
Krystal Rock	Valley Christian	Senior	Outfield
Marisa Lerma	Valley Christian	Junior	Infield
Elizabeth Hawkins	Valley Christian	Junior	Pitcher
Vinchenza DiBenedetto	Archbishop Mitty	Senior	Infield
Chiara Biagini	Archbishop Mitty	Senior	Catcher
Kiersten Nordin	Archbishop Mitty	Junior	Infield
Danielle Bowers	Archbishop Mitty	Freshman	Outfield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Rebecca Gisslow	Sacred Heart Cathedral	Sophomore	Infield/Pitcher
Lindsey Mifsud	Notre Dame Belmont	Freshman	Infield/Pitcher
Aimee Miller	Notre Dame Belmont	Sophomore	Infield/Pitcher
Tara Fallahee	Saint Ignatius	Junior	Infield
Kelsie Barnard	Saint Ignatius	Freshman	Catcher
Grace Hargadon	Presentation	Sophomore	Infield
Nina Mandracchia	Presentation	Sophomore	Designated Player/Catcher
Maddie Damore	Saint Francis	Junior	Infield
Amanda Delfino	Saint Francis	Junior	Designated Player/Infield
Marcella Kay	Valley Christian	Freshman	Catcher
Brynne Fitzpatrick	Valley Christian	Freshman	Pitcher
Ashley Chestnut	Archbishop Mitty	Junior	Designated Player/Infield
Catherine Callaway	Archbishop Mitty	Junior	Infield

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Geenamarie Bonilla	Sacred Heart Cathedral	Senior	Infield
Julia Villanueva	Notre Dame Belmont	Sophomore	Catcher
Elena Vierra	Saint Ignatius	Junior	Infield
Sarah Blackford	Presentation	Senior	Outfield
Gina Halenbeck	Saint Francis	Senior	Infield
Giana Cavallaro	Valley Christian	Senior	Infield
Alex Arnold	Archbishop Mitty	Senior	Outfield

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2012 WCAL All League Tennis Teams

Player of the Year – Anthony Tsodikov – St. Ignatius

Doubles Team of the Year – Brian Tashjian/Michael Standifer - Bellarmine

First Team

<u>Name</u>	<u>School</u>
Anthony Tsodikov	Saint Ignatius
Sean Talmadge	Junipero Serra
Ivan Kravtchenko	Archbishop Mitty
Rohan Shankar	Bellarmino
Bryce McKelvie	Valley Christian
Matt Campana	Junipero Serra
Everett Malby	Archbishop Mitty

Second Team

<u>Name</u>	<u>School</u>
Clark Wininger	Sacred Heart Cathedral
Kunal Wadwani	Bellarmino
Neel Ramachandran	Saint Francis
Trevor James	Bellarmino
Rushikesh Joshi	Archbishop Mitty
Joey Simpson	Junipero Serra
Brian Tashjian/Michael Standifer	Bellarmino

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>
Maxim Baban	Archbishop Mitty
Ryan Lee	Archbishop Riordan
Sean Truesdell/Prithvi Pandian	Saint Francis
Michael Johnston	Valley Christian
Adrian Chamdani	Bellarmino
Peter Campana	Junipero Serra
Matt Liston	Saint Francis
Ryan Meyer	Saint Ignatius
Carson Benham	Saint Ignatius
Steven Chung	Bellarmino
Leon Haneda/Andre Dang	Archbishop Mitty
Alex Frank/Brendon Barrows	Junipero Serra
Cole Caceres	Sacred Heart Cathedral
Brandon Manuel	Archbishop Riordan
Andrew Allanson/Jack Kauffman	Saint Ignatius

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2012 WCAL Volleyball All League Teams

Player of the Year – James Shaw – Saint Francis - Senior

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
James Shaw	Saint Francis	Senior	Opposite/Setter/Outside Hitter
Aidan Crockett	Bellarmino	Senior	Opposite/Setter/Outside Hitter
Adrian Williams	Archbishop Mitty	Junior	Outside Hitter
Teddy Niemira	Saint Ignatius	Senior	Opposite/Setter
Kyle Suppes	Bellarmino	Senior	Middle Blocker
Elliot Low	Saint Francis	Junior	Setter
Nicholas Dailey	Sacred Heart Cathedral	Senior	Outside Hitter
Zac Mattson	Saint Francis	Senior	Libero

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Gabriel Gonzalez	Sacred Heart Cathedral	Senior	Opposite/Setter
George Ellenikiotis	Saint Francis	Senior	Outside Hitter
Tanner Vinson	Archbishop Mitty	Junior	Outside Hitter
Ian Colbert	Saint Ignatius	Senior	Outside Hitter
Jason Basuil	Bellarmino	Senior	Libero
Kevin Korb	Bellarmino	Junior	Outside Hitter
Alec Skjerven	Valley Christian	Junior	Outside Hitter
Danny Shea	Junipero Serra	Senior	Opposite/Setter
Josh Stewart	Bellarmino	Junior	Setter

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Ian Aguilar	Archbishop Mitty	Sophomore	Middle Blocker
Mitch Gravelle	Archbishop Mitty	Senior	Middle Blocker
Drew Osumi	Valley Christian	Senior	Outside Hitter
Conor McCauley	Saint Ignatius	Junior	Middle Blocker
Ryan Nievera	Sacred Heart Cathedral	Senior	Setter
Wyatt Rudnicki	Saint Ignatius	Senior	Outside Hitter
Alex Keane	Bellarmino	Senior	Middle Blocker
Stephen Tan	Sacred Heart Cathedral	Junior	Middle Blocker
Haakon Ellingboe	Saint Francis	Senior	Middle Blocker
Matthew Larson	Saint Francis	Sophomore	Middle Blocker