

West Catholic Athletic League

Commissioner: Ed Ravenscroft
Phone: (408) 782-9212
FAX: (408) 782-9202
E-Mail: eraven@wcalports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalaid@comcast.net

2015 WCAL Girls Cross Country All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Julia Lemak	Archbishop Mitty	Senior
Emily Skahill	Saint Francis	Junior
Emilia Janiczek	Saint Ignatius	Junior
Gia Kim	Saint Francis	Senior
Julia Bounds	Saint Francis	Junior
Jackie Foti	Sacred Heart Cathedral	Senior
Erin Weiner	Archbishop Mitty	Senior

Second Team

Katie O’Dea	Saint Ignatius	Sophomore
Paige Comiso	Presentation	Sophomore
Abby Mangilog	Archbishop Mitty	Junior
Sarah Abbott	Archbishop Mitty	Junior
Catherine Gao	Archbishop Mitty	Junior
Carla Cornillon	Saint Francis	Sophomore
Jacqueline Miley	Saint Francis	Freshman

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2015 WCAL Boys Cross Country All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Meika Beaudoin-Rousseau	Bellarmino	Sophomore
Matt Richardson	Bellarmino	Junior
Krey Hacker	Saint Ignatius	Senior
Donald Welsh	Bellarmino	Senior
Matthew Herrera	Junipero Serra	Senior
Alex Scales	Bellarmino	Sophomore
Thomas Busse	Bellarmino	Senior

Second Team

Kyle Reidy	Saint Ignatius	Senior
Adam Mansell	Junipero Serra	Junior
Colton Colonna	Saint Francis	Freshman
Xander Olivero	Saint Francis	Senior
Dylan Dobler	Bellarmino	Junior
Eric Coyle	Archbishop Mitty	Junior
Alex Ward	Saint Francis	Senior

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2015 WCAL Football Players of the Year

Players of the Year – Leki Nunn – Junipero Serra

**Co-Most Valuable Running Backs – Raymone Sanders – Archbishop Riordan
Kelepi Lataimua – Junipero Serra**

Most Valuable Quarterback – Troy Martig - Bellarmine

**Co-Most Valuable Offensive Linemen – Levi Johnson – Valley Christian
Keith Ismael – Sacred Heart Cathedral**

**Co-Most Valuable Wide Receivers – Kyle Macauley – Bellarmine
Aiden Verbal-Hamilton – Archbishop Riordan**

Most Valuable Defensive Lineman – Akil Jones – Valley Christian

Most Valuable Linebacker – Jacob Bergstrom - Bellarmine

Most Valuable Defensive Back – Bennett Williams – St. Francis

Most Valuable Kicker – Nikolas Eppel – Archbishop Mitty

Most Valuable Utility Players – Javon Sterns – Valley Christian

Junior Player of the Year – Cyrus Habibi-Likio – St. Francis

Sophomore Player of the Year – Cade Hall - Bellarmine

2015 WCAL All League Football Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Kyle Macauley	Bellarmino	Senior	WR/CB
Jacob Bergstrom	Bellarmino	Senior	OT/LB
Wolfie Rehbock	Bellarmino	Senior	OT/DT
Devon Buenrostro	Bellarmino	Senior	RB/CB
Vincent Fernandez	Bellarmino	Senior	RB/S
Troy Martig	Bellarmino	Senior	QB
Antonio Garcia	Bellarmino	Senior	RB/OLB
Isaac Oshana	Bellarmino	Senior	C/DT
Kevin Glajchen	Saint Francis	Senior	OL/LB
Cyrus Habibi-Likio	Saint Francis	Junior	RB/DB
Bennett Williams	Saint Francis	Junior	WR/DB
Lutoviko Ahoia	Saint Francis	Senior	RB/LB
Thomas MacDevitt	Saint Francis	Senior	TE/OLB
Kamalii Akina	Saint Francis	Senior	QB/DB
Ryan Moles	Saint Francis	Senior	OL/DL
Adam Poltrack	Saint Francis	Senior	TE/DL
Levi Johnson	Valley Christian	Senior	OL
Akil Jones	Valley Christian	Senior	DE
Cameron Woodard	Valley Christian	Senior	TE
Morian Walker Jr.	Valley Christian	Junior	RB
Brett Batey	Valley Christian	Senior	DL
Javon Sturns	Valley Christian	Junior	RB
Miles Kendrick	Valley Christian	Junior	QB
Raymone Sanders	Archbishop Riordan	Senior	RB
Payton Llalio	Archbishop Riordan	Senior	LB
Aiden Verba-Hamilton	Archbishop Riordan	Senior	WR

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Rocco Russell	Archbishop Riordan	Senior	DL
Daniel Norman	Archbishop Riordan	Senior	DB/WR
Sam Tofi	Archbishop Riordan	Senior	OL
Lasa Tofi	Archbishop Riordan	Sophomore	LB
Kelepi Lataimua	Junipero Serra	Senior	RB/FS
Billy Tuitavake	Junipero Serra	Senior	FB/DE
Leki Nunn	Junipero Serra	Junior	QB
Brandon Monroe	Junipero Serra	Senior	WR/DB
Rory Uniacke	Junipero Serra	Senior	WR
TC Lavulo	Junipero Serra	Junior	RB/SS
Hunter Bishop	Junipero Serra	Senior	WR
Matt Tofano	Archbishop Mitty	Senior	LB
Blake Flovin	Archbishop Mitty	Senior	LB
Sam Serra	Archbishop Mitty	Senior	QB
Matt Marani	Archbishop Mitty	Senior	DB
Nick La Bruna	Archbishop Mitty	Senior	DE
Peter Katz	Saint Ignatius	Senior	QB/DB
Spencer Sinclair	Saint Ignatius	Senior	LB
Xavier Tharpe	Saint Ignatius	Senior	WR/DB
Jack McKeon	Saint Ignatius	Junior	TE/DL
Julian Villavicencio	Saint Ignatius	Senior	OL/DL
Jamar Williams-Sheppard	Sacred Heart Cathedral	Senior	RB
Keith Ismael	Sacred Heart Cathedral	Senior	OL
Ronan Murphy	Sacred Heart Cathedral	Senior	LB

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Josh Bringuel	Bellarmino	Senior	TE/LB
Bobby Facchino	Bellarmino	Junior	OG
Cade Hall	Bellarmino	Sophomore	DT
De'jon Fort	Saint Francis	Junior	RB/DB
Darius Thomas	Saint Francis	Senior	WR/DB
Dominic Graziani	Saint Francis	Junior	TE/LB
Dylan McCreery	Valley Christian	Junior	OL
PJ LaBarbera	Valley Christian	Senior	DB
Christian Feist	Valley Christian	Senior	DB
Mario Giusto	Archbishop Riordan	Senior	OL
Jacky Luavasa	Archbishop Riordan	Senior	QB
Jason Greene	Archbishop Riordan	Senior	RB/DL
Jack Munsey	Junipero Serra	Senior	OL
Kwami Jones	Junipero Serra	Senior	TE/DE
Fabian Tufono	Junipero Serra	Senior	DL
Jacob Dewey	Archbishop Mitty	Senior	OL/DL
Ryan Sutton	Archbishop Mitty	Senior	DB
Johnny Trujillo	Archbishop Mitty	Senior	OL/DL
Harrison Eagle	Archbishop Mitty	Senior	OL
Kela Butler	Saint Ignatius	Senior	RB/DB
Christian Navarro	Saint Ignatius	Senior	RB/LB
Will Sweeney	Saint Ignatius	Junior	OL/DL
Nick Downes	Sacred Heart Cathedral	Senior	OL
Jay Na	Sacred Heart Cathedral	Senior	DB
Kai Martin	Sacred Heart Cathedral	Senior	DB

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Cole Bunce	Bellarmino	Senior	K
Justin Malone	Bellarmino	Junior	TE/OLB
Blake Jaciow	Bellarmino	Senior	DT
Jackson Burrill	Bellarmino	Junior	FB/LB
Nicholas Gairaud	Saint Francis	Senior	OL/DL
Quinn Murdy	Saint Francis	Senior	P
Matthew Keeth	Saint Francis	Junior	K
Courtney Ogren	Saint Francis	Senior	K
David Turner	Valley Christian	Senior	LB
Bailey Schroeder	Valley Christian	Junior	K/P
Conner Edgar	Valley Christian	Sophomore	FB
Anthony Flores	Valley Christian	Junior	WR
Cedric McAffe	Archbishop Riordan	Senior	WR/DB
Stanton Thomas	Archbishop Riordan	Senior	DB
Isaiah Davis	Archbishop Riordan	Senior	LB
Nino Tamburello	Archbishop Riordan	Senior	DL
Reno Anoa'I	Junipero Serra	Senior	OL/DL
Ladislao Rodriguez	Junipero Serra	Senior	S
Shamir Wilson	Junipero Serra	Junior	DB
Justin Collier	Archbishop Mitty	Senior	DB
Dan Hagan	Saint Ignatius	Junior	TE/DL
Matt Hazelwood	Saint Ignatius	Senior	WR/DB
Andre Truccolo	Saint Ignatius	Junior	OL/DL
Emiliano Guerrero-Salazar	Sacred Heart Cathedral	Senior	LB
Henry Stern	Sacred Heart Cathedral	Junior	DL
Tommy Franceschini	Sacred Heart Cathedral	Senior	LB
Darren Nocetti	Sacred Heart Cathedral	Junior	OL

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

2015 WCAL
Girls Golf All-League

First Team All-League

Maya Pugatch	Saint Francis	10
Bibilani Lui	Saint Francis	11
Quynn Duong	Valley Christian	10
Samantha Gong	Saint Ignatius	12
Reisha Sanadatti	Saint Francis	10
Valerie Wang	Saint Francis	12
Kristine Tran	Valley Christian	9
Clare Brady	Archbishop Mitty	11

Second Team All-League

Sarah Petford	Archbishop Mitty	12
Avani Tumuluri	Notre Dame - Belmont	9
Annette Chu	Presentation	12
Shauna Eng	Sacred Heart Cathedral	10
Jacqueline Sun	Saint Francis	11
Jamie West	Saint Ignatius	12
Stephanie Han	Valley Christian	11

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2015 WCAL Tennis All League Teams

WCAL Players of the Year

Katya Tabachnik – Saint Ignatius

WCAL Doubles Team of the Year

Priyanka Pabari/Vandana Reddy – Saint Francis

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Katya Tabachnik	Saint Ignatius	Junior
Alex Ryan	Archbishop Mitty	Junior
Catherine Liston	Saint Francis	Sophomore
Jackie Tsodikova	Saint Ignatius	Senior
Isabelle Dinh	Valley Christian	Junior
Claire Perliss	Sacred Heart Cathedral	Senior
Priyanka Pabari/Vandana Reddy	Saint Francis	Senior/Junior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Emily Kha	Saint Francis	Freshman
Naomi Pieczulewski	Archbishop Mitty	Junior
Emily Rogers/Julie Ira	Sacred Heart Cathedral	Senior/Sophomore
Premila Rowles	Archbishop Mitty	Senior
Anna Roy	Saint Ignatius	Junior
Selena Huang	Valley Christian	Senior
Kim Krtolica	Presentation	Sophomore

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Riley McGlinchey	Notre Dame Belmont	Senior
Mallory Menne	Presentation	Junior
Lily Jack-Schimmel	Saint Ignatius	Junior
Kiana Naderi/Sanjali Padalkar	Valley Christian	Junior/Senior
Crystal Hseih/Elizabeth Moore	Archbishop Mitty	Freshman/Sophomore
Meera Bhargava/Vrinda Vasavada	Saint Francis	Junior/Senior
Sophie Sacks	Saint Ignatius	Senior
Isabella Orsi/Kate Peterson	Archbishop Mitty	Senior/Sophomore
Izzy Larios	Notre Dame Belmont	Sophomore
Rebecca Lee/Sophie Standen	Sacred Heart Cathedral	Sophomore/Sophomore
Hailey Lancaster/Lily Westover	Saint Ignatius	Sophomore/Sophomore

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation
Sacred Heart Cathedral – Sacred Heart Prep - Saint Francis – Saint Ignatius – Valley Christian

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2015 WCAL Boy's Water Polo All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Ryan Werner	Bellarmino	Senior	Utility
Patrick Kirk	Bellarmino	Senior	Driver
Logan MacDonell	Bellarmino	Senior	2 Meter
Chase Kerley	Bellarmino	Senior	2 Meter
JC Marco	Sacred Heart Prep	Junior	Goalie
Finn Banks	Sacred Heart Prep	Senior	Field
Jackson Enright	Sacred Heart Prep	Junior	2 Meter
Andrew Churukian	Sacred Heart Prep	Freshman	2 Meter
Andrew Goodenough	Saint Francis	Senior	Utility
Luca Pagano	Saint Francis	Senior	Driver
Hunter Barnett	Valley Christian	Sophomore	Attack
Charlie May	Saint Ignatius	Senior	Utility
Arvin Bahia	Junipero Serra	Junior	Center

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Eric Sichak	Bellarmino	Senior	Driver
Anthony Rethans	Bellarmino	Sophomore	Goalie
Chris Rowland	Sacred Heart Prep	Sophomore	2 Meter Defender
Alex Tzotadze	Sacred Heart Prep	Sophomore	Field
Cade Curry	Saint Francis	Senior	Utility
Kevin Hansen	Saint Francis	Senior	Utility
Michael Spence	Saint Ignatius	Senior	Utility
Hart Ayooob	Saint Ignatius	Senior	Goalie
Nicholas Hoefling	Valley Christian	Senior	Attack
Andrew Koustoumbardis	Valley Christian	Junior	Attack
Andy Black	Junipero Serra	Senior	Attack
Sebastian de Arantes Oliveira	Junipero Serra	Junior	Attack
Nathan Chandler	Archbishop Mitty	Senior	Driver
Conor MacLean	Archbishop Mitty	Junior	2 Meter

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Ian Shepherd	Saint Francis	Senior	Utility
Chris Galina	Valley Christian	Senior	Utility
Ohsun Kwon	Archbishop Mitty	Senior	Utility
Larsen Weigle	Sacred Heart Prep	Freshman	Field
Phillip Wang	Bellarmino	Junior	Utility
Matthew Olujic	Junipero Serra	Senior	Goalie
Alexander Lansill	Saint Ignatius	Sophomore	Utility

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2015 WCAL Girls Water Polo All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Maddy Johnston	Sacred Heart Prep	Junior	Driver
Malaika Koshy	Sacred Heart Prep	Senior	Driver
Maddie Pendolino	Sacred Heart Prep	Junior	2 Meter
Layla Waters	Sacred Heart Prep	Junior	Driver
Isabella Mandema	Saint Francis	Sophomore	Utility
Kendall McCarrick	Saint Francis	Senior	Goalie
Julia Hartmann	Saint Francis	Junior	Driver
Emma Allegrucci	Archbishop Mitty	Senior	2 Meter
Molly Teresi	Archbishop Mitty	Junior	Utility
Christa Santos	Valley Christian	Senior	2 Meter Defender
Corey Obot	Presentation	Senior	Driver
Allison Schaum	Saint Ignatius	Junior	Driver

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Jane Rakow	Sacred Heart Prep	Junior	Goalie
Nadia Paquin	Sacred Heart Prep	Sophomore	Defender
Katia Andon-Mateos	Saint Francis	Senior	Utility
Allyson Gardner	Saint Francis	Senior	Driver
Allison Kramer	Archbishop Mitty	Senior	Utility/2 Meter Defender
Danielle Panconi	Archbishop Mitty	Senior	Utility/Driver
Nina Ma	Valley Christian	Senior	2 Meter
Nikita Shah	Valley Christian	Junior	Goalie
Sophia Chapman	Presentation	Junior	Center Defender
Kaitlin Rooney	Presentation	Sophomore	Utility
Madi Kaplan	Saint Ignatius	Senior	Driver
Catherine Bick	Saint Ignatius	Senior	Driver
Laurel Hinshelwood	Notre Dame Belmont	Senior	Driver
Nina Takamoto	Notre Dame Belmont	Senior	Goalie

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Alexa Grau	Presentation	Junior	Goalie
Cleopatra Constantin	Archbishop Mitty	Junior	Goalie
Michelle Kleytman	Notre Dame Belmont	Freshman	Driver
Addi Duvall	Sacred Heart Prep	Sophomore	Driver
Stephanie Chiang	Valley Christian	Sophomore	Driver
Lauren Dillon	Saint Francis	Junior	2 Meter
Hannah Holscher	Saint Ignatius	Senior	2 Meter Defender

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian



2015 Women's Volleyball All-League Team

Most Valuable Player: Ronika Stone, Valley Christian

FIRST TEAM

Kate Formico	Archbishop Mitty	Junior
Lauren Speckman	Archbishop Mitty	Senior
Katie Smoot	Notre Dame	Junior
Lexi Dirige	Sacred Heart Cathedral	Senior
Jenna Adams	Saint Francis	Senior
Tori Dilfer	Valley Christian	Junior
Ashlyn Fleming	Valley Christian	Senior
Ronika Stone	Valley Christian	Senior

SECOND TEAM

Julia Chizanskos	Archbishop Mitty	Senior
Candice Denny	Archbishop Mitty	Junior
Nicole Liddle	Archbishop Mitty	Sophomore
Tessie Powers	Archbishop Mitty	Senior
Tammy Byrne	Notre Dame	Junior
Dalyn Burns	Presentation	Senior
Hannah Turnlund	Presentation	Senior
Maia So-Holloway	Sacred Heart Cathedral	Senior
Anne Crouch	Saint Ignatius	Junior

HONORABLE MENTION

Merin Kolte	Archbishop Mitty	Senior
Becca Calomeni	Presentation	Senior
Loni Weger	Presentation	Senior
Carly Deale	Saint Francis	Senior
Makayla Swanson	Saint Ignatius	Senior
Elena Bruckner	Valley Christian	Senior
Jade Gillespie	Valley Christian	Junior
Megan Li	Valley Christian	Junior
Kayla Yew	Sacred Heart Cathedral	Senior

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2016 WCAL All LEAGUE BOY'S BASKETBALL TEAMS

PLAYER OF THE YEAR

JAKE KILLINGSWORTH – JUNIPERO SERRA - SENIOR

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Alfred Hollins	Sacred Heart Cathedral	Junior
Noah Stapes	Saint Francis	Senior
Eddie Stansberry	Archbishop Riordan	Senior
Curtis Witt	Saint Francis	Senior
Will Emery	Saint Ignatius	Senior
Jeremiah Testa	Junipero Serra	Senior
Jake Wojcik	Bellarmino	Sophomore

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Nick LaBruna	Archbishop Mitty	Senior
Angelo Athens	Bellarmino	Junior
Giuseppe Benedetti	Saint Francis	Senior
Darius Thomas	Saint Francis	Senior
Lee Jones	Junipero Serra	Senior
Riley Grigsby	Archbishop Mitty	Sophomore
Peter Hewitt	Saint Francis	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Nathan Robinson	Sacred Heart Cathedral	Sophomore
Alexander Sokol	Valley Christian	Junior
Robert Santos	Valley Christian	Junior
Brandon Beckman	Saint Ignatius	Sophomore
Darrion Trammell	Saint Ignatius	Sophomore
Mike Diaz	Archbishop Mitty	Junior
Michael Scott	Archbishop Mitty	Senior
Jason Smith	Archbishop Riordan	Senior
James Chun	Archbishop Riordan	Sophomore
Kieran Bradford	Bellarmino	Senior
Jack Wilson	Junipero Serra	Sophomore

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2016 WCAL GIRL'S ALL-LEAGUE BASKETBALL TEAM

CO-PLAYERS OF THE YEAR

MADELINE HOLLAND – ARCHBISHOP MITTY - JUNIOR

IIMAR'I THOMAS – SACRED HEART CATHEDRAL - JUNIOR

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Haley Jones	Archbishop Mitty	Freshman
Tahlia Garza	Archbishop Mitty	Junior
Errayanna Hatfield	Sacred Heart Cathedral	Sophomore
Kiana Tom	Saint Francis	Senior
Kyanna Davis	Valley Christian	Junior
Emily Ellingson	Valley Christian	Senior
Karisma Ortiz	Archbishop Mitty	Sophomore

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Paige Uyehara	Saint Francis	Freshman
Caitlyn Keding	Valley Christian	Junior
Heleyna Hill	Archbishop Mitty	Junior
Rainah Smith	Sacred Heart Cathedral	Sophomore
Ayzhiana Basallo	Saint Ignatius	Junior
Ava Williams	Presentation	Sophomore
Daija Mayfield	Sacred Heart Cathedral	Senior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Edina Del Rosario	Sacred Heart Cathedral	Junior
Nyah Willis	Valley Christian	Freshman
Megan Jaeb	Presentation	Senior
Lizzie Moore	Valley Christian	Sophomore
Danielle Adams	Saint Francis	Senior
Mary Claire Simone	Presentation	Senior
Ashley MacDonald	Presentation	Senior
Nahrie Pierce	Saint Ignatius	Senior
Maggie Burke	Saint Ignatius	Junior
Hannah Lee	Saint Ignatius	Senior
Cam McNab	Notre Dame Belmont	Junior
Jahnay Anderson	Archbishop Mitty	Senior
Daniella Guglielmo	Archbishop Mitty	Junior

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2016 WCAL Boys Soccer Players of the Year

Defender of the Year

Marte Formico – Senior - Bellarmine

Midfielder of the Year

Connor Brady – Junior - Bellarmine

Forward of the Year

Dominic Galletti – Junior – Saint Ignatius

Goalkeeper of the Year

Alejandro Munoz – Senior – Sacred Heart Cathedral

2016 WCAL Boys Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Makenna Pendleton	Archbishop Mitty	Junior	Forward
Tyler Bullock	Archbishop Mitty	Senior	Defender
Coleman McGrath	Archbishop Riordan	Senior	Defender
Marte Formico	Bellarmino	Senior	Defender
Connor Brady	Bellarmino	Junior	Midfielder
Dylan Carruba	Bellarmino	Senior	Forward
Adam Joss	Junipero Serra	Sophomore	Midfielder
Alejandro Munoz	Sacred Heart Cathedral	Senior	Goalkeeper
Pablo Sedano	Sacred Heart Cathedral	Senior	Defender
Luke Newquist	Saint Francis	Senior	Forward
Joshua Fojas	Saint Francis	Senior	Goalkeeper
Dominic Galletti	Saint Ignatius	Junior	Forward
Dylan Penn	Saint Ignatius	Junior	Forward
Carlos Uribe	Valley Christian	Junior	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Jota Yamaguchi	Archbishop Mitty	Sophomore	Midfielder
David Esser	Archbishop Riordan	Senior	Midfielder
Jacob Tan	Bellarmino	Senior	Defender
Kobe Carr	Bellarmino	Junior	Midfielder
Bennett Antes	Bellarmino	Junior	Defender
Patrick Burke	Bellarmino	Senior	Forward
Julio Rodriguez	Junipero Serra	Junior	Forward
Herminio Umanzor	Sacred Heart Cathedral	Junior	Defender
Samuel Arbona	Sacred Heart Cathedral	Senior	Midfielder
Roman Backs	Sacred Heart Cathedral	Senior	Midfielder
John Boetius	Saint Francis	Senior	Defender
Mike Bertiglia	Saint Ignatius	Junior	Midfielder
Jonathan Bow	Saint Ignatius	Junior	Midfielder

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
David Tenorio	Archbishop Mitty	Senior	Defender
Luke Malek-Zadeh	Archbishop Riordan	Senior	Forward
Andrew Song	Bellarmino	Sophomore	Goalkeeper
Francisco Macias	Junipero Serra	Senior	Defender
Derian Martinez	Sacred Heart Cathedral	Senior	Defender
Brenden Campbell	Saint Francis	Senior	Defender
Ryan Serrato	Saint Ignatius	Junior	Defender
Bryan Uribe	Valley Christian	Sophomore	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

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2016 WCAL Girls Soccer Players of the Year

Co-Players of the Year

Nicole Carson – Valley Christian & Courtney Ogren – St. Francis

Goalkeeper of the Year

Courtney Ogren – Saint Francis

Defender of the Year

Hailey Prentice – Archbishop Mitty

Midfielder of the Year

Nicole Carson – Valley Christian

Forward of the Year

Emma Chivers - Presentation

2016 WCAL Girls Soccer All League Teams

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Sophia Mendoza	Archbishop Mitty	Sophomore	Forward
Hailey Prentice	Archbishop Mitty	Sophomore	Defender
Giuliana Calia	Archbishop Mitty	Junior	Midfielder
Amaya Zabalza	Archbishop Mitty	Junior	Defender
Georgia Kingman	Saint Francis	Senior	Midfielder
Julia McGivern	Saint Francis	Senior	Defender
Courtney Ogren	Saint Francis	Senior	Goalkeeper
Emma Chivers	Presentation	Senior	Forward
Jayne Cowell	Presentation	Sophomore	Midfielder
Michaela Scully	Saint Ignatius	Senior	Defender
Lizzy Wagner	Saint Ignatius	Junior	Midfielder
Nicole Carson	Valley Christian	Senior	Midfielder
Jo van Hasselt	Sacred Heart Cathedral	Junior	Defender
Caroline Kearney	Notre Dame Belmont	Sophomore	Defender

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Paris Fox	Archbishop Mitty	Sophomore	Midfielder
Amanda Tuazon	Archbishop Mitty	Senior	Defender
Sofia Jones	Saint Francis	Junior	Midfielder
Maddie Vukceovich	Saint Francis	Senior	Defender/Midfielder
Devin Ferguson	Presentation	Sophomore	Defender
Alyssa Gonzales	Presentation	Junior	Midfielder
Georgina Stiegeler	Saint Ignatius	Senior	Forward
Vanessa Barnard	Saint Ignatius	Junior	Midfielder
Brooke Zenner	Valley Christian	Senior	Defender/Midfielder
Rachael Haaland	Valley Christian	Senior	Goalkeeper
Helia Miller	Sacred Heart Cathedral	Senior	Midfielder
Miriam Streicker-Hirt	Sacred Heart Cathedral	Sophomore	Goalkeeper
Monet Mendenhall	Notre Dame Belmont	Junior	Defender

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Chloe Smallwood	Archbishop Mitty	Junior	Defender
Lily Perryman	Saint Francis	Sophomore	Defender
Daniela Lownsbery	Presentation	Senior	Defender
Kate Kircher	Saint Ignatius	Senior	Goalkeeper
Oryann Addison	Valley Christian	Sophomore	Defender/Midfielder
Bianca Coad	Sacred Heart Cathedral	Junior	Forward
Bailey McKeon	Notre Dame Belmont	Sophomore	Defender

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2016 WCAL Baseball All League Teams

Players of the Year

Hunter Bishop – Junipero Serra & Jeremy Ydens – St. Francis

Pitcher of the Year

Patrick Wicklander – Valley Christian

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Angelo Bortolin	Junipero Serra	Senior	Infield
Andrew Martinez	Saint Francis	Senior	Infield
Emilio Nogales	Saint Francis	Junior	Infield
RJ Teijeiro	Saint Francis	Junior	Infield
Christopher Underwood	Junipero Serra	Senior	Infield
Hunter Bishop	Junipero Serra	Senior	Outfield
Mark Gaffey	Bellarmino	Senior	Outfield
Ryan Sambel	Junipero Serra	Senior	Outfield
Tyler Villaroman	Junipero Serra	Senior	Outfield
Thomas McCarthy	Junipero Serra	Junior	Catcher
Haydn King	Archbishop Mitty	Junior	Utility
Jeremy Ydens	Saint Francis	Senior	Utility
Todd Jackson	Bellarmino	Junior	Designated Hitter
Giuseppe Benedetti	Saint Francis	Senior	Pitcher
Kyle Dean	Bellarmino	Senior	Pitcher
Diego Gonzalez	Sacred Heart Cathedral	Senior	Pitcher
Kieran Shaw	Bellarmino	Senior	Pitcher
Vincenzo Venturi	Junipero Serra	Senior	Pitcher

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Derek Bauerle	Archbishop Mitty	Senior	Infield
Kyle Horn	Bellarmino	Junior	Infield
Joe Yorke	Archbishop Mitty	Freshman	Infield
Kobi Allen	Archbishop Riordan	Senior	Outfield
Aedan Leary-Vallejo	Sacred Heart Cathedral	Junior	Outfield
Laurence Palmer	Bellarmino	Junior	Outfield
Jack Rocca	Saint Ignatius	Junior	Outfield
Johnny Mendoza	Saint Francis	Senior	Catcher
JP Caldwell	Archbishop Mitty	Junior	Utility
Christopher Apecechea	Junipero Serra	Senior	Pitcher
Sid Iyer	Bellarmino	Senior	Pitcher
Wes Harper	Bellarmino	Sophomore	Pitcher
Nick Von Tobel	Junipero Serra	Senior	Pitcher

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Antonio Garcia	Bellarmino	Senior	Infield
Christian Hammerich	Archbishop Riordan	Senior	Infield
Nick Mariconz	Valley Christian	Freshman	Infield
Nathan Medrano	Valley Christian	Sophomore	Infield
Coleman Brigman	Valley Christian	Freshman	Outfield
Donny Bendo	Archbishop Riordan	Junior	Outfield
Tristan Caldwell	Archbishop Mitty	Senior	Outfield
Anthony Flores	Valley Christian	Junior	Outfield
Connor Mack	Bellarmino	Junior	Outfield
Marco Salvetti	Sacred Heart Cathedral	Senior	Outfield
Joe Jimenez	Saint Ignatius	Senior	Catcher
Calvin Quittner	Archbishop Mitty	Senior	Catcher
John Besse	Junipero Serra	Senior	Pitcher
Ryan Callagy	Junipero Serra	Senior	Pitcher
Kieran Engemann	Archbishop Riorda	Junior	Pitcher
Alex Hernandez	Saint Ignatius	Senior	Pitcher
Spencer King	Archbishop Mitty	Senior	Pitcher
Brandon Oliver	Saint Francis	Junior	Pitcher
Dominic Tognotti	Saint Ignatius	Junior	Pitcher

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2016 WCAL Boys Golf All League Team

Player of the Year – Austin Murphy - Bellarmine

Medalist – Berk Harvey - Bellarmine

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Austin Murphy	Bellarmino	Junior
Eddy Lai	Bellarmino	Junior
Curt Lloyd	Bellarmino	Senior
Boots Del Briaggio	Bellarmino	Senior
Devrath Das	Saint Francis	Senior
Jeremy Villafuerte	Saint Francis	Junior
Matthew Heitel	Saint Francis	Senior
Tyson Dinsmore	Saint Francis	Sophomore
Matt Lloyd	Archbishop Mitty	Junior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Daniel Kim	Archbishop Mitty	Sophomore
Brian Ma	Archbishop Mitty	Freshman
Wallace Lin	Archbishop Mitty	Sophomore
Ethan Manalo	Junipero Serra	Sophomore
Michael Savin	Junipero Serra	Sophomore
Kyle Wilkinson	Saint Ignatius	Junior
Moibhi Tyndall	Saint Francis	Sophomore
Berk Harvey	Bellarmino	Junior

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Justin Gasparovic	Archbishop Mitty	Junior
Nikko Quimson-Dauz	Archbishop Riordan	Senior
Ben Beiers	Bellarmino	Senior
Aiden Cronin	Junipero Serra	Senior
George Stefko	Sacred Heart Cathedral	Senior
Easton Doyle	Saint Francis	Sophomore
Jonny Churton	Saint Ignatius	Senior
Caleb Shelter	Valley Christian	Freshman

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2016 WCAL Girls Lacrosse All League Teams

Attacker of the Year - Catriona Barry – Saint Ignatius

Midfielder of the Year – Natalie Goodson – Archbishop Mitty

Defenders of the Year

Jaclyn Barry – Saint Ignatius

Corrina Spalding – Archbishop Mitty

Goalie of the Year – Emilee Pineda – Saint Ignatius

First Team

<u>Name</u>	<u>School</u>
Sophie Kamanski	Saint Ignatius
Emilee Pineda	Saint Ignatius
Catriona Barry	Saint Ignatius
Kyra Pelton	Saint Ignatius
Ally Mayle	Saint Ignatius
Kelly Guslani	Saint Francis
Kelly Sala	Saint Francis
Lydia Foust	Saint Francis
Natalie Goodson	Archbishop Mitty
Kayla Meacham	Archbishop Mitty
Marika Dy	Sacred Heart Cathedral
Micaela Faliano	Sacred Heart Cathedral

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>
Emma Knaus	Saint Ignatius
Lizzy Wagner	Saint Ignatius
Madelyn Francesconi	Saint Ignatius
Lauren Orlandi	Saint Francis
Sophia Bernal	Saint Francis
Jaclyn Plasterer	Saint Francis
Izzy Cecilio	Archbishop Mitty
Maggie Cecilio	Archbishop Mitty
Corrina Spalding	Archbishop Mitty
Miriam Streiker-Hirt	Sacred Heart Cathedral
Kathryn McDonald	Sacred Heart Cathedral
Miranda Escobar	Sacred Heart Cathedral

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2016 WCAL Lacrosse All League Teams

Player of the Year – Hall Peters – Junior - Saint Ignatius

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Mac Gates	Saint Ignatius	Sophomore	Goalie
Ethan Hudes	Saint Ignatius	Senior	Defender
Nick Clarke	Saint Ignatius	Junior	Midfielder
Pat Brosnan	Saint Ignatius	Junior	Attack
Payton St. Gem	Saint Ignatius	Freshman	Attack
Bryn Evans	Saint Ignatius	Junior	Midfielder
Jake Steinbock	Bellarmino	Junior	Attack
Wyatt Gold	Bellarmino	Junior	Attack
JT Belshe	Bellarmino	Junior	FoGo
Will Mingrone	Bellarmino	Senior	Midfielder
Connor Young	Bellarmino	Senior	Goalie
Keaton Collier	Archbishop Mitty	Junior	Attack
Daniel Woodward	Archbishop Mitty	Senior	Goalie
Nathan Iuegas	Archbishop Mitty	Senior	Defender
Rory Uniacke	Junipero Serra	Senior	Midfielder
PJ McGloin	Junipero Serra	Junior	Attack
PJ Rossi	Junipero Serra	Senior	FOGO
Brendan Quinn	Saint Francis	Sophomore	Defender
Thomas Franceschini	Sacred Heart Cathedral	Senior	Midfielder

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Stephen MacLeod	Saint Ignatius	Senior	Defender
Jonah Schieber	Saint Ignatius	Junior	FOGO
Griffin Boutwell	Saint Ignatius	Senior	LSM
Jack Devine	Bellarmino	Sophomore	Midfielder
Will Crummey	Bellarmino	Senior	Defender
Jack Geiger	Bellarmino	Junior	Defender
Michael Schmidek	Bellarmino	Senior	Defender
JR Armistead	Bellarmino	Sophomore	Midfielder
Andrew Wiltberger	Archbishop Mitty	Senior	Defender
Enrique Diaz	Archbishop Mitty	Senior	Midfielder
Sean Mahoney	Archbishop Mitty	Freshman	Midfielder
Justin Kunzel	Archbishop Mitty	Senior	Defender
Jason Coopersmith	Archbishop Mitty	Freshman	Attack
Devon Foody	Archbishop Mitty	Junior	Defender
Ethan Pratt	Junipero Serra	Senior	LSM
Ian Schwaab	Junipero Serra	Junior	Midfielder
Elliot Adams	Junipero Serra	Sophomore	Defender
James Silva	Junipero Serra	Senior	Defender
Bryson Bokman	Junipero Serra	Senior	Attack
Joseph Nefkens	Saint Francis	Senior	Midfielder
Matthew Carroll	Saint Francis	Senior	Midfielder
Canyon Cali	Saint Francis	Junior	Attack
Joseph Cassin	Saint Francis	Senior	Midfielder
John Beglin	Saint Francis	Junior	Attack
William Nefkens	Saint Francis	Sophomore	Midfielder
Patrick Calcagno	Saint Francis	Junior	DM
Joe Bialous	Sacred Heart Cathedral	Junior	Midfielder

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Nicholas Dorsey	Saint Francis	Senior	Attack
Mark Richardson	Saint Francis	Junior	Midfielder
Cole Moscaret	Junipero Serra	Junior	Defender
Keevan Chandless	Junipero Serra	Junior	Midfielder
Quinn Fitzgerald	Junipero Serra	Sophomore	Attack
Leo Straccia	Sacred Heart Cathedral	Junior	Goalie
Francesco DePablo	Sacred Heart Cathedral	Senior	Attack
Justin Collier	Archbishop Mitty	Senior	Midfielder

West Catholic Athletic League

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2016 WCAL All League Tennis Teams

Player of the Year – Andrew Ton - Bellarmine

Doubles Team of the Year – Rob Werner/Josh Belandres – St. Ignatius

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Andrew Ton	Bellarmine	Junior
Jayson Fung	Saint Ignatius	Senior
Kyle Pease	Saint Francis	Senior
Derek Austin/Mason Fung	Saint Ignatius	Senior/Freshman
Campbell Nakayama	Saint Ignatius	Sophomore
Anton Gotlib	Archbishop Mitty	Junior
Vikram Vasan	Bellarmine	Senior
Thomas Noonan	Bellarmine	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Erik Ratta	Saint Francis	Senior
Manroop Saini	Valley Christian	Freshman
Kunal Barde	Archbishop Mitty	Sophomore
Rob Werner/Josh Belandres	Saint Ignatius	Senior/Sophomore
Brandon Leung	Sacred Heart Cathedral	Sophomore
Ethan Carroll	Saint Francis	Sophomore
Ryder Jackson	Saint Ignatius	Freshman

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Ryan Ali	Saint Ignatius	Freshman
Josh Leopold	Bellarmino	Sophomore
Nathan Tran	Saint Francis	Sophomore
Coby Del Rosario	Bellarmino	Junior
Nico Beard	Sacred Heart Cathedral	Junior
Jonathan Chung	Bellarmino	Junior
Ajith Kumar	Saint Francis	Sophomore
Chris Nguyen	Archbishop Mitty	Senior
Ryan Ebner	Bellarmino	Senior
Ishaan Jain	Valley Christian	Freshman
Kevin Chen	Archbishop Riordan	Senior
Ethan Smith/Jackson Cooney	Saint Ignatius	Sophomore/Senior
Anand Narayan/Jack Garvey	Archbishop Mitty	Sophomore/Sophomore
Steffano Fernando	Archbishop Riordan	Senior
Lance Lopez	Archbishop Riordan	Sophomore

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2016 WCAL Softball All League Teams

Player of the Year

Kacey Zobac – Valley Christian – Freshman

Pitcher of the Year

Madison Augusto – Saint Ignatius - Sophomore

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
McKinsey Thorpe	Archbishop Mitty	Senior	Second Base
Julia Lucas	Archbishop Mitty	Junior	Catcher
Kaylin Stewart	Archbishop Mitty	Sophomore	Left Field
Lauren Lopez	Archbishop Mitty	Junior	Center Field
Kayla Dominguez	Valley Christian	Freshman	Pitcher
Lauren Hendrickson	Valley Christian	Sophomore	First Base/Pitcher
Taylor Beldi	Valley Christian	Senior	Center Field
Olivia Geronimo	Notre Dame Belmont	Senior	Center Field
Solfia Magnani	Notre Dame Belmont	Senior	Pitcher
Bianca Magnani	Notre Dame Belmont	Sophomore	Third Base
Kiana McCaul	Presentation	Junior	Catcher
Carolyn Skotz	Presentation	Freshman	Third Base
Claire Gunther	Saint Ignatius	Senior	Shortstop
Kiana Meriales	Sacred Heart Cathedral	Sophomore	Third base/Pitcher
Claudia Costello	Saint Francis	Junior	Center Field

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation –
Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Lindsey Goubeaux	Archbishop Mitty	Senior	Third Base
Erika Yeager	Archbishop Mitty	Senior	First Base
Korie Thomas	Valley Christian	Freshman	Shortstop
Sara Machado	Valley Christian	Senior	Third Base/Pitcher
Danica Kazakoff	Notre Dame Belmont	Senior	Catcher
Chloe Stogner	Notre Dame Belmont	Junior	Utility
Kaia McCaul	Presentation	Freshman	Pitcher
Gabrielle Forbes	Presentation	Junior	Center Field/Second Base
Mariel Palacio	Saint Ignatius	Junior	Outfield
Maicie Levitt	Saint Ignatius	Freshman	Catcher
Carmel Gisslow	Sacred Heart Cathedral	Junior	Pitcher
Marisa Fujimoto	Sacred Heart Cathedral	Sophomore	First Base
Kelsey Johnson	Saint Francis	Junior	Pitcher/Shortstop

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Position</u>
Rebecca Ortiz	Archbishop Mitty	Senior	Shortstop
Daisy Bradanini	Valley Christian	Sophomore	Left Field
Madison Earnshaw	Notre Dame Belmont	Sophomore	Pitcher
Ava Williams	Presentation	Sophomore	Shortstop
Alana Locke	Saint Ignatius	Senior	Outfield
Giselle Paniagua	Sacred Heart Cathedral	Junior	Center Field
Katherine Steffen-Brune	Saint Francis	Junior	Catcher

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

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2016 WCAL All League Tennis Teams

Player of the Year – Andrew Ton - Bellarmine

Doubles Team of the Year – Rob Werner/Josh Belandres – St. Ignatius

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Andrew Ton	Bellarmino	Junior
Jayson Fung	Saint Ignatius	Senior
Kyle Pease	Saint Francis	Senior
Derek Austin/Mason Fung	Saint Ignatius	Senior/Freshman
Campbell Nakayama	Saint Ignatius	Sophomore
Anton Gotlib	Archbishop Mitty	Junior
Vikram Vasan	Bellarmino	Senior
Thomas Noonan	Bellarmino	Senior

Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Erik Ratta	Saint Francis	Senior
Manroop Saini	Valley Christian	Freshman
Kunal Barde	Archbishop Mitty	Sophomore
Rob Werner/Josh Belandres	Saint Ignatius	Senior/Sophomore
Brandon Leung	Sacred Heart Cathedral	Sophomore
Ethan Carroll	Saint Francis	Sophomore
Ryder Jackson	Saint Ignatius	Freshman

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian

Honorable Mention

<u>Name</u>	<u>School</u>	<u>Year</u>
Ryan Ali	Saint Ignatius	Freshman
Josh Leopold	Bellarmino	Sophomore
Nathan Tran	Saint Francis	Sophomore
Coby Del Rosario	Bellarmino	Junior
Nico Beard	Sacred Heart Cathedral	Junior
Jonathan Chung	Bellarmino	Junior
Ajith Kumar	Saint Francis	Sophomore
Chris Nguyen	Archbishop Mitty	Senior
Ryan Ebner	Bellarmino	Senior
Ishaan Jain	Valley Christian	Freshman
Kevin Chen	Archbishop Riordan	Senior
Ethan Smith/Jackson Cooney	Saint Ignatius	Sophomore/Senior
Anand Narayan/Jack Garvey	Archbishop Mitty	Sophomore/Sophomore
Steffano Fernando	Archbishop Riordan	Senior
Lance Lopez	Archbishop Riordan	Sophomore

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2016 WCAL Volleyball All League Teams

Player of the Year – Jerod Nelsen – Saint Francis

First Team

<u>Name</u>	<u>School</u>
Jerod Nelsen	Saint Francis
Alex Echon	Saint Ignatius
Jacques Abi-Hanna	Bellarmino
Brendan Fleming	Valley Christian
Nick Alftin	Archbishop Mitty
Curtis Reitmeir	Saint Francis
Zachary Smith	Junipero Serra

Second Team

<u>Name</u>	<u>School</u>
Will Smith	Bellarmino
Derek Jones	Archbishop Mitty
John Salvemini	Saint Ignatius
Aidan Dillon	Saint Francis
Noah Stapes	Saint Francis
Stephen Kauffman	Bellarmino
Stefan Medan	Saint Francis

Honorable Mention

<u>Name</u>	<u>School</u>
Sean Staskus	Bellarmino
Dennis Flowers	Valley Christian
Martin Gouchan	Saint Ignatius
Ian Watts	Saint Ignatius
Jason Wu	Saint Ignatius
Luke Byrnes	Archbishop Mitty
CJ Roey	Bellarmino
Wei Lin	Sacred Heart Cathedral
Brian Ronan	Junipero Serra

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Notre Dame Belmont – Presentation – Sacred Heart Cathedral – Sacred Heart Prep – Saint Francis – Saint Ignatius – Valley Christian