

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S CROSS COUNTRY STANDINGS WCAL CHAMPION – SAINT FRANCIS

November 1, 2023

Varsity

<i>WCAL III – Crystal Springs</i>	<u>WCAL I</u> <u>Score</u>	<u>WCAL I</u> <u>Points</u>	<u>WCAL II</u> <u>Score</u>	<u>WCAL II</u> <u>Points</u>	<u>WCAL III</u> <u>Score</u>	<u>WCAL III</u> <u>Points</u>	<u>Total</u> <u>Points</u>
Saint Francis	25	7	23	7	22	14	28
Archbishop Mitty	75	5	53	6	54	12	23
Saint Ignatius	75	6	100	4	82	10	20
Sacred Heart Cathedral	78	4	75	5	98	8	17
Valley Christian	142	3	138	3	156	6	12
Presentation	158	2	149	2	168	4	8
Archbishop Riordan	--	--	-	-	185	2	2

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Evie Marheineke	Archbishop Mitty	17:55.1
2.	Sabrina Zanetto	Saint Francis	18:32.9
3.	Caitlin Cilley	Saint Francis	18:44.0
4.	Lauren Draper	Saint Francis	18:49.9
5.	Alex Martinez	Sacred Heart Cathedral	18:55.0
6.	Charlie Hofstetter	Saint Francis	19:23.4
7.	Lillian Kaelber	Saint Francis	19:28.9
8.	Kylie Landers	Saint Ignatius	19:32.6
9.	Alisa Mucci	Archbishop Mitty	19:42.8
10.	Katie Mullane	Saint Francis	19:47.8

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (666) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION – SAINT FRANCIS

November 1, 2023

Junior Varsity

<i>WCAL III – Crystal Springs</i>	<u>WCAL I Score</u>	<u>WCAL I Points</u>	<u>WCAL II Score</u>	<u>WCAL II Points</u>	<u>WCAL III Score</u>	<u>WCAL III Points</u>	<u>Total Points</u>
Saint Francis	-	-	37	7	23	14	21
Archbishop Mitty	-	-	86	4	68	12	16
Saint Ignatius	-	-	79	5	68	10	15
Sacred Heart Cathedral	-	-	57	6	88	8	14
Presentation	-	-	89	3	96	6	9
Valley Christian	-	-	147	2	186	4	6
Archbishop Riordan	-	-	-	-	-	-	-

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Shrila Esturi	Saint Francis	20:50.5
2.	Briana Kropp	Saint Francis	20:53.9
3.	Ava Grace Sanchez	Saint Francis	21:00.4
4.	Veronica Panina	Sacred Heart Cathedral	21:31.7
5.	Mia Evans	Archbishop Mitty	21:33.4
6.	Maria Herrmann	Sacred Heart Cathedral	21:51.5
7.	Amara Malhi	Presentation	21:57.1
8.	Fernanda Garcia	Saint Francis	22:05.8
9.	Natasha Martin	Saint Francis	22:13.5
10.	Amira Dyer	Archbishop Mitty	22:14.2

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S CROSS COUNTRY STANDINGS WCAL CHAMPION – SAINT FRANCIS

November 1, 2023

Frosh/Soph

<i>WCAL III – Crystal Springs</i>	<u>WCAL I Score</u>	<u>WCAL I Points</u>	<u>WCAL II Score</u>	<u>WCAL II Points</u>	<u>WCAL III Score</u>	<u>WCAL III Points</u>	<u>Total Points</u>
Saint Francis	-	-	23	7	19	14	21
Sacred Heart Cathedral	-	-	56	6	54	12	18
Saint Ignatius	-	-	68	5	60	10	15
Archbishop Mitty	-	-	100	4	112	8	12
Archbishop Riordan	-	-	145	3	153	6	9
Presentation	-	-	179	2	-	-	2
Valley Christian	-	-	--	--			--

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Tatiana Antovich	Saint Francis	21:14.8
2.	Margaret Manuel	Sacred Heart Cathedral	21:58.8
3.	Cailyn McBurnie	Saint Francis	22:20.0
4.	Katherine Love	Saint Francis	22:24.0
5.	Lily Partridge	Saint Francis	22:24.9
6.	Sura Vemula	Saint Francis	22:25.1
7.	Farrah Almajdalani	Saint Ignatius	22:33.8
8.	Ami Mora	Saint Ignatius	22:40.6
9.	Sophia Jison	Saint Francis	23:00.8
10.	Isabelle Blazej	Sacred Heart Cathedral	23:16.2

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (666) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

Varsity

<i>WCAL III – Crystal Springs</i>	WCAL I	WCAL I	WCAL II	WCAL II	WCAL III	WCAL III	Total
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Points</u>
Bellarmino	52	8	42	8	49	16	32
Saint Francis	74	6	75	7	56	14	27
Saint Ignatius	61	7	76	6	102	10	23
Sacred Heart Cathedral	82	5	108	5	86	12	22
Archbishop Riordan	122	4	132	4	124	8	16
Junipero Serra	162	2	151	2	127	6	10
Archbishop Mitty	127	3	114	3	145	4	10
Valley Christian	244	1	247	1	240	2	4

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Miles Cook	Sacred Heart Cathedral	15:10.8
2.	Luke Moore	Sacred Heart Cathedral	15:39.0
3.	Liam Saxton	Archbishop Mitty	15:47.8
4.	Trey Wright	Saint Ignatius	15:48.2
5.	Matthew Mullane	Saint Francis	15:48.9
6.	Shrey Chettiar	Bellarmino	16:03.1
7.	Sanjit Borle	Saint Francis	16:11.6
8.	Alexis Manens	Bellarmino	16:13.4
9.	Reed Bodnar-Cohen	Bellarmino	16:13.4
10.	Justin Fann	Saint Francis	16:16.0

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

Junior Varsity

<i>WCAL III – Crystal Springs</i>	<u>WCAL I</u> <u>Score</u>	<u>WCAL I</u> <u>Points</u>	<u>WCAL II</u> <u>Score</u>	<u>WCAL II</u> <u>Points</u>	<u>WCAL III</u> <u>Score</u>	<u>WCAL III</u> <u>Points</u>	<u>Total</u> <u>Points</u>
Bellarmino	-	-	29	8	28	16	24
Saint Francis	-	-	37	7	44	14	21
Sacred Heart Cathedral	-	-	59	6	76	12	18
Saint Ignatius	-	-	115	5	105	10	15
Junipero Serra	-	-	142	4	125	8	12
Archbishop Mitty	-	-	150	3	151	6	9
Valley Christian	-	-	225	2	225	4	6
Archbishop Riordan	-	-	-	-	-	-	-

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Devansh Shah	Bellarmino	16:24.6
2.	Carlos Jison	Saint Francis	16:32.5
3.	Dane Flores	Bellarmino	16:45.6
4.	Cam Gregg	Sacred Heart Cathedral	16:58.9
5.	Charlie O'Brien	Saint Francis	17:02.2
6.	Tyler Huo	Saint Francis	17:06.2
7.	Rohit Vakkalagadda	Bellarmino	17:21.8
8.	Antonio Robles	Bellarmino	17:25.1
9.	Hayden Boone	Bellarmino	17:28.5

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

10. Michael Coulson Saint Francis 17:29.2

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

SOPHOMORES

<i>WCAL III – Crystal Springs</i>	<u>WCAL I Score</u>	<u>WCAL I Points</u>	<u>WCAL II Score</u>	<u>WCAL II Points</u>	<u>WCAL III Score</u>	<u>WCAL III Points</u>	<u>Total Points</u>
Bellarmino	-	-	31	8	31	16	24
Junipero Serra	-	-	67	7	53	14	21
Archbishop Riordan	-	-	89	5	81	12	17
Saint Francis	-	-	76	6	88	10	16
Archbishop Mitty	-	-	121	4	115	8	12
Saint Ignatius	-	-	136	3	130	6	9
Valley Christian	-	-	-	-	220	4	4
Sacred Heart Cathedral	-	-	-	-	-	-	-

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Ben Penzel	Bellarmino	16:51.5
2.	Stephen Sziebert	Bellarmino	17:07.3
3.	Zachary Heller	Junipero Serra	17:22.8
4.	Aiden Gray	Saint Ignatius	17:50.6
5.	Dylan Connell	Bellarmino	17:53.5
6.	Alonso Ruiz-Moye	Junipero Serra	17:55.3
7.	Jeffrey Asano	Archbishop Mitty	18:04.9
8.	Joseph Olson	Archbishop Riordan	18:07.0
9.	Malik Osman	Junipero Serra	18:07.8
10.	Ben Speck	Bellarmino	18:08.6

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (666) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

FRESHMAN

<i>WCAL III – Crystal Springs</i>	WCAL I Score	WCAL I Points	WCAL II Score	WCAL II Points	WCAL III Score	WCAL III Points	Total Points
Bellarmino	-	-	15	8	28	16	24
Sacred Heart Cathedral	-	-	89	7	68	14	21
Saint Ignatius	-	-	95	5	98	12	17
Archbishop Mitty	-	-	118	4	108	10	14
Saint Francis	-	-	92	6	109	8	14
Archbishop Riordan	-	-	144	3	146	6	9
Junipero Serra	-	-	149	2	158	4	6
Valley Christian	-	-	-	-	-	-	-

Place	Name	School	Time
1.	William Foderaro	Sacred Heart Cathedral	18:06.2
2.	Ved Nath	Archbishop Mitty	18:10.5
3.	Shashank Nandakumar	Bellarmino	18:14.9
4.	Luis Szarindar	Bellarmino	18:15.8
5.	Harish Purushothaman	Bellarmino	18:32.6
6.	John Shaver	Saint Ignatius	18:44.0
7.	Carter Bonham	Bellarmino	18:44.1
8.	Wesly Madrid	Saint Ignatius	18:49.8
9.	Liam Cannon	Sacred Heart Cathedral	18:52.1
10.	Gavin Borer	Bellarmino	18:54.7

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (666) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian