

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S CROSS COUNTRY STANDINGS WCAL CHAMPION – SAINT FRANCIS

November 1, 2023

Varsity

<i>WCAL III – Crystal Springs</i>	<u>WCAL I</u> <u>Score</u>	<u>WCAL I</u> <u>Points</u>	<u>WCAL II</u> <u>Score</u>	<u>WCAL II</u> <u>Points</u>	<u>WCAL III</u> <u>Score</u>	<u>WCAL III</u> <u>Points</u>	<u>Total</u> <u>Points</u>
Saint Francis	25	7	23	7	22	14	28
Archbishop Mitty	75	5	53	6	54	12	23
Saint Ignatius	75	6	100	4	82	10	20
Sacred Heart Cathedral	78	4	75	5	98	8	17
Valley Christian	142	3	138	3	156	6	12
Presentation	158	2	149	2	168	4	8
Archbishop Riordan	--	--	-	-	185	2	2

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Evie Marheineke	Archbishop Mitty	17:55.1
2.	Sabrina Zanetto	Saint Francis	18:32.9
3.	Caitlin Cilley	Saint Francis	18:44.0
4.	Lauren Draper	Saint Francis	18:49.9
5.	Alex Martinez	Sacred Heart Cathedral	18:55.0
6.	Charlie Hofstetter	Saint Francis	19:23.4
7.	Lillian Kaelber	Saint Francis	19:28.9
8.	Kylie Landers	Saint Ignatius	19:32.6
9.	Alisa Mucci	Archbishop Mitty	19:42.8
10.	Katie Mullane	Saint Francis	19:47.8

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION – SAINT FRANCIS

November 1, 2023

Junior Varsity

<i>WCAL III – Crystal Springs</i>	WCAL I	WCAL I	WCAL II	WCAL II	WCAL III	WCAL III	Total
	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Score</u>	<u>Points</u>	<u>Points</u>
Saint Francis	-	-	37	7	23	14	21
Archbishop Mitty	-	-	86	4	68	12	16
Saint Ignatius	-	-	79	5	68	10	15
Sacred Heart Cathedral	-	-	57	6	88	8	14
Presentation	-	-	89	3	96	6	9
Valley Christian	-	-	147	2	186	4	6
Archbishop Riordan	-	-	-	-	-	-	-

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Shrila Esturi	Saint Francis	20:50.5
2.	Briana Kropp	Saint Francis	20:53.9
3.	Ava Grace Sanchez	Saint Francis	21:00.4
4.	Veronica Panina	Sacred Heart Cathedral	21:31.7
5.	Mia Evans	Archbishop Mitty	21:33.4
6.	Maria Herrmann	Sacred Heart Cathedral	21:51.5
7.	Amara Malhi	Presentation	21:57.1
8.	Fernanda Garcia	Saint Francis	22:05.8
9.	Natasha Martin	Saint Francis	22:13.5
10.	Amira Dyer	Archbishop Mitty	22:14.2

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S CROSS COUNTRY STANDINGS WCAL CHAMPION – SAINT FRANCIS

November 1, 2023

Frosh/Soph

<i>WCAL III – Crystal Springs</i>	<u>WCAL I Score</u>	<u>WCAL I Points</u>	<u>WCAL II Score</u>	<u>WCAL II Points</u>	<u>WCAL III Score</u>	<u>WCAL III Points</u>	<u>Total Points</u>
Saint Francis	-	-	23	7	19	14	21
Sacred Heart Cathedral	-	-	56	6	54	12	18
Saint Ignatius	-	-	68	5	60	10	15
Archbishop Mitty	-	-	100	4	112	8	12
Archbishop Riordan	-	-	145	3	153	6	9
Presentation	-	-	179	2	-	-	2
Valley Christian	-	-	--	--			--

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Tatiana Antovich	Saint Francis	21:14.8
2.	Margaret Manuel	Sacred Heart Cathedral	21:58.8
3.	Cailyn McBurnie	Saint Francis	22:20.0
4.	Katherine Love	Saint Francis	22:24.0
5.	Lily Partridge	Saint Francis	22:24.9
6.	Sura Vemula	Saint Francis	22:25.1
7.	Farrah Almajdalani	Saint Ignatius	22:33.8
8.	Ami Mora	Saint Ignatius	22:40.6
9.	Sophia Jison	Saint Francis	23:00.8
10.	Isabelle Blazej	Sacred Heart Cathedral	23:16.2

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (666) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

Varsity

<i>WCAL III – Crystal Springs</i>	<u>WCAL I</u> <u>Score</u>	<u>WCAL I</u> <u>Points</u>	<u>WCAL II</u> <u>Score</u>	<u>WCAL II</u> <u>Points</u>	<u>WCAL III</u> <u>Score</u>	<u>WCAL III</u> <u>Points</u>	<u>Total</u> <u>Points</u>
Bellarmino	52	8	42	8	49	16	32
Saint Francis	74	6	75	7	56	14	27
Saint Ignatius	61	7	76	6	102	10	23
Sacred Heart Cathedral	82	5	108	5	86	12	22
Archbishop Riordan	122	4	132	4	124	8	16
Junipero Serra	162	2	151	2	127	6	10
Archbishop Mitty	127	3	114	3	145	4	10
Valley Christian	244	1	247	1	240	2	4

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Miles Cook	Sacred Heart Cathedral	15:10.8
2.	Luke Moore	Sacred Heart Cathedral	15:39.0
3.	Liam Saxton	Archbishop Mitty	15:47.8
4.	Trey Wright	Saint Ignatius	15:48.2
5.	Matthew Mullane	Saint Francis	15:48.9
6.	Shrey Chettiar	Bellarmino	16:03.1
7.	Sanjit Borle	Saint Francis	16:11.6
8.	Alexis Manens	Bellarmino	16:13.4
9.	Reed Bodnar-Cohen	Bellarmino	16:13.4
10.	Justin Fann	Saint Francis	16:16.0

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (666) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

Junior Varsity

<i>WCAL III – Crystal Springs</i>	<u>WCAL I Score</u>	<u>WCAL I Points</u>	<u>WCAL II Score</u>	<u>WCAL II Points</u>	<u>WCAL III Score</u>	<u>WCAL III Points</u>	<u>Total Points</u>
Bellarmino	-	-	29	8	28	16	24
Saint Francis	-	-	37	7	44	14	21
Sacred Heart Cathedral	-	-	59	6	76	12	18
Saint Ignatius	-	-	115	5	105	10	15
Junipero Serra	-	-	142	4	125	8	12
Archbishop Mitty	-	-	150	3	151	6	9
Valley Christian	-	-	225	2	225	4	6
Archbishop Riordan	-	-	-	-	-	-	-

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
--------------	-------------	---------------	-------------

1.	Devansh Shah	Bellarmino	16:24.6
2.	Carlos Jison	Saint Francis	16:32.5
3.	Dane Flores	Bellarmino	16:45.6
4.	Cam Gregg	Sacred Heart Cathedral	16:58.9
5.	Charlie O'Brien	Saint Francis	17:02.2
6.	Tyler Huo	Saint Francis	17:06.2
7.	Rohit Vakkalagadda	Bellarmino	17:21.8
8.	Antonio Robles	Bellarmino	17:25.1
9.	Hayden Boone	Bellarmino	17:28.5

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (666) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

10. Michael Coulson Saint Francis 17:29.2

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

SOPHOMORES

<i>WCAL III – Crystal Springs</i>	<u>WCAL I Score</u>	<u>WCAL I Points</u>	<u>WCAL II Score</u>	<u>WCAL II Points</u>	<u>WCAL III Score</u>	<u>WCAL III Points</u>	<u>Total Points</u>
Bellarmine	-	-	31	8	31	16	24
Junipero Serra	-	-	67	7	53	14	21
Archbishop Riordan	-	-	89	5	81	12	17
Saint Francis	-	-	76	6	88	10	16
Archbishop Mitty	-	-	121	4	115	8	12
Saint Ignatius	-	-	136	3	130	6	9
Valley Christian	-	-	-	-	220	4	4
Sacred Heart Cathedral	-	-	-	-	-	-	-

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Ben Penzel	Bellarmine	16:51.5
2.	Stephen Sziebert	Bellarmine	17:07.3
3.	Zachary Heller	Junipero Serra	17:22.8
4.	Aiden Gray	Saint Ignatius	17:50.6
5.	Dylan Connell	Bellarmine	17:53.5
6.	Alonso Ruiz-Moye	Junipero Serra	17:55.3
7.	Jeffrey Asano	Archbishop Mitty	18:04.9
8.	Joseph Olson	Archbishop Riordan	18:07.0
9.	Malik Osman	Junipero Serra	18:07.8
10.	Ben Speck	Bellarmine	18:08.6

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
 Phone: (666) 241-3097
 Website: www.wcalsports.org
 E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
 Phone: (925) 487-7482
 E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S CROSS COUNTRY STANDINGS

WCAL CHAMPION - BELLARMINE

November 1, 2023

FRESHMAN

<i>WCAL III – Crystal Springs</i>	WCAL I	WCAL I	WCAL II	WCAL II	WCAL III	WCAL III	Total
	Score	Points	Score	Points	Score	Points	Points
Bellarmino	-	-	15	8	28	16	24
Sacred Heart Cathedral	-	-	89	7	68	14	21
Saint Ignatius	-	-	95	5	98	12	17
Archbishop Mitty	-	-	118	4	108	10	14
Saint Francis	-	-	92	6	109	8	14
Archbishop Riordan	-	-	144	3	146	6	9
Junipero Serra	-	-	149	2	158	4	6
Valley Christian	-	-	-	-	-	-	-

Place	Name	School	Time
1.	William Foderaro	Sacred Heart Cathedral	18:06.2
2.	Ved Nath	Archbishop Mitty	18:10.5
3.	Shashank Nandakumar	Bellarmino	18:14.9
4.	Luis Szarindar	Bellarmino	18:15.8
5.	Harish Purushothaman	Bellarmino	18:32.6
6.	John Shaver	Saint Ignatius	18:44.0
7.	Carter Bonham	Bellarmino	18:44.1
8.	Wesly Madrid	Saint Ignatius	18:49.8
9.	Liam Cannon	Sacred Heart Cathedral	18:52.1
10.	Gavin Borer	Bellarmino	18:54.7

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
 Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (666) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
E-Mail: jfugate@wcalsports.org
Website: www.wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
Twitter: www.twitter.com/wcalsports

WCAL FOOTBALL FINAL STANDINGS WCAL CHAMPION – JUNIPERO SERRA

November 3, 2023

Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
Junipero Serra	7	0	10	0
Saint Francis	6	1	7	3
Archbishop Riordan	5	2	7	3
Saint Ignatius	4	3	6	4
Valley Christian	3	4	6	4
Archbishop Mitty	2	5	5	5
Bellarmino	1	6	2	8
Sacred Heart Cathedral	0	7	0	10

Results

November 3rd

Archbishop Riordan 49 – Sacred Heart Cathedral 19

Junipero Serra 43 – Saint Ignatius 10

Valley Christian 35 – Archbishop Mitty 0

Saint Francis 28 – Bellarmine 10

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
E-Mail: jfugate@wcalsports.org
Website: www.wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
Twitter: www.twitter.com/wcalsports

WCAL FOOTBALL FINAL STANDINGS WCAL CHAMPION – SAINT FRANCIS

November 3, 2023

Junior Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>	<u>Season</u> <u>Ties</u>
Saint Francis	5	1	8	2	0
Saint Ignatius	4	2	6	3	0
Junipero Serra	4	2	5	4	0
Archbishop Riordan	4	2	7	2	0
Archbishop Mitty	3	3	6	3	0
Bellarmino	1	5	2	6	1
Valley Christian	0	6	2	7	0

Results

November 3rd

Saint Ignatius 29 – Junipero Serra 15

Saint Francis 39 – Bellarmine 8

Archbishop Mitty 40 – Valley Christian 14

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
E-Mail: jfugate@wcalsports.org
Website: www.wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
Twitter: www.twitter.com/wcalsports

WCAL FOOTBALL FINAL STANDINGS WCAL CHAMPION – JUNIPERO SERRA

November 4, 2023

Freshman

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Junipero Serra	6	0	9	0	0
Saint Francis	4	2	5	2	1
Archbishop Mitty	4	2	7	2	0
Valley Christian	3	3	5	3	0
Sacred Heart Cathedral	3	3	5	3	1
Bellarmino	1	5	2	7	0
Saint Ignatius	0	6	1	8	0

Results

November 2nd

Saint Francis 28 – Bellarmine 13
Archbishop Mitty 8 – Valley Christian 7

November 4th

Junipero Serra 43 – Saint Ignatius 7

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

WCAL WOMEN'S GOLF FINAL STANDINGS

WCAL CHAMPION – VALLEY CHRISTIAN

October 19, 2023

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Valley Christian	10	0
Saint Ignatius	8	2
Archbishop Mitty	6	4
Sacred Heart Cathedral	4	6
Presentation	1	9
Saint Francis	1	9

Results

October 16th

Archbishop Mitty 243 – Saint Francis 250 – Medalist: Grace Hui (AM) 39

October 17th

Saint Ignatius 218 – Presentation 257

October 18th

Sacred Heart Cathedral 231 – Presentation 246

October 19th

Valley Christian 215 – Sacred Heart Cathedral 228 – Medalist: Joyce Zhang (VC) 37

Matches This Week

October 23rd

WCAL Championships 12:00 @ Moffett Field

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

WCAL WOMEN'S GOLF FINAL STANDINGS WCAL CHAMPION – VALLEY CHRISTIAN

October 19, 2023

Junior Varsity

	<u>Wins</u>	<u>Losses</u>
Valley Christian	12	0
Saint Ignatius	10	2
Archbishop Mitty	8	4
Sacred Heart Cathedral	6	6
Presentation	4	8
Saint Francis	2	10
Archbishop Riordan	0	12

Results

October 16th

Presentation 229 – Saint Francis 242 – Medalist: Aanisha Riswas-Gupta (SF) 40

October 17th

Saint Ignatius 238 – Presentation 274 – Medalist: Evelyn Conboy (SI) 41

October 18th

Valley Cristian 211 – Sacred Heart Cathedral 233

October 19th

Valley Christian 208 – Archbishop Riordan 268 – Medalist: Zara Mody (VC) 38

Matches This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

2023 WCAL Girls Golf Outstanding Player - FINAL Standings

<u>Player</u>	<u>Team</u>	<u>Grade</u>	<u>Differential</u>	<u># matches</u>
Joyce Zhang	VC	11	0.117	8
Varsha Ramachandran	VC	11	0.845	9
Stevie Umali	SI	9	1.058	8
Grace Hui	AM	12	1.204	9
Karina Zeng	SI	10	2.458	8
Jiana Park	SF	9	3.075	9
Giuliana Rovetti	SHC	12	4.171	10
Chelsea Kim	VC	9	4.376	9
Toni Mcintire	PRES	11	5.123	8
Mailey Gannon	SHC	10	6.469	10
Sandra Ximen	SF	10	7.048	9
Makenzie Eggert	SI	12	7.332	8
AnaRose Flenniken	VC	9	7.710	9
Nithya Pattamatta	VC	12	8.117	8
Emily Deng	AM	9	8.365	9
Sophia Tang	VC	11	8.387	8
Margot Rodgers	SI	11	9.104	7
Gemma Liang	SF	9	9.418	4
Adeline Bedard	SI	10	9.574	3
Freyaa Chawla	AM	9	10.348	9
Natalie Kim	AM	9	10.941	9
Sana Buty	AM	10	10.957	9
Katt Harding	SI	12	11.857	7
Claire Young	SHC	11	12.154	8
Chloe Penwell	SHC	9	13.342	6
Tayten Jue	SI	12	13.688	8
Hannah Shin	AM	10	13.864	1
Maggie Clare	SHC	12	13.932	6
Marcella Blank	SHC	12	14.032	8
Sophie Penwell	SHC	10	14.283	6
Charlotte Schuth	SI	12	14.296	2
Kiera Dinh	PRES	12	14.302	7
Vivien Colwick	SHC	11	14.439	6
Ava Woodbury	PRES	10	14.680	1
Sai Shreeya Vetsa	PRES	11	14.717	6
Zoya Ahmed	PRES	12	14.829	7
Sanjna Shah	PRES	12	15.062	8
Cassie Chan	VC	12	15.216	3
Mia White	PRES	10	15.359	4
Ritika Arora	SF	12	16.038	6
Catherine Bautista	SF	11	16.396	8
Juliana Duarte	PRES	10	17.479	4
Kavna Krishnan	PRES	11	17.618	3
Katrina Surprenant	AM	12	18.516	7
Tanisha Arora	SF	9	18.925	1
Sophia Khan	SF	11	19.824	9
Marycora Pattison	SI	12	23.856	2
Lex Abodeely	SF	11	30.236	7

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (408) 910-9299

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

WCAL WOMEN'S TENNIS FINAL STANDINGS

WCAL CO-CHAMPIONS

SAINT FRANCIS & SAINT IGNATIUS

October 30, 2023

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Saint Francis	9	1
Saint Ignatius	9	1
Valley Christian	6	4
Archbishop Mitty	4	6
Presentation	2	8
Sacred Heart Cathedral	0	10

Results

October 24th

Valley Christian 7 – Archbishop Mitty 0
Presentation 5 – Sacred Heart Cathedral 2

October 26th

Saint Francis 7 – Sacred Heart Cathedral 0
Saint Ignatius 6 – Archbishop Mitty 0
Valley Christian 7 – Presentation 0

October 30th

Saint Ignatius 4 – Saint Francis 3

League Matches This Week

November 2nd

WCAL Tournament @ Cuesta Park

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (408) 910-9299

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

WCAL WOMEN'S TENNIS FINAL STANDINGS

October 26, 2023

Junior Varsity

	<u>Wins</u>	<u>Losses</u>
Saint Ignatius	4	0
Saint Francis	2	2
Sacred Heart Cathedral	0	4

Results

October 24th

Saint Ignatius 6 – Saint Francis 1

October 26th

Saint Francis 7 – Sacred Heart Cathedral 0

League Matches This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalaid@wcalsports.org

WCAL WOMEN'S VOLLEYBALL FINAL STANDINGS

WCAL CO-CHAMPIONS

ARCHBISHOP MITTY & SAINT FRANCIS

October 25, 2023

Varsity

	League	League	Season	Season
	<u>Wins</u>	<u>Losses</u>	<u>Wins</u>	<u>Losses</u>
Saint Francis	11	1	31	4
Archbishop Mitty	11	1	28	3
Saint Ignatius	8	4	23	11
Sacred Heart Cathedral	6	6	19	13
Valley Christian	4	8	9	9
Archbishop Riordan	2	10	11	13
Presentation	0	12	5	23

Results

October 25th

Saint Ignatius 3 -Valley Christian 1 (25-23, 25-21, 18-25, 27-25)

Archbishop Mitty 3 – Archbishop Riordan 1 (25-16, 22-25, 25-17, 25-22)

Sacred Heart Cathedral 3 – Presentation 0 (25-9, 25-15, 25-12)

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalaid@wcalsports.org

WCAL WOMEN'S VOLLEYBALL FINAL STANDINGS

WCAL CHAMPIONS – SAINT IGNATIUS

October 25, 2023

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Saint Ignatius	12	0	23	0
Sacred Heart Cathedral	9	3	20	5
Saint Francis	9	3	25	3
Archbishop Mitty	6	6	15	8
Valley Christian	4	8	12	10
Archbishop Riordan	2	10	7	11
Presentation	0	12	13	22

Results

October 25th

Archbishop Mitty 2 – Archbishop Riordan 0 (25-11, 25-13)

Saint Ignatius 2 – Valley Christian 0

Sacred Heart Cathedral 2 – Presentation 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalaid@wcalsports.org

WCAL WOMEN'S VOLLEYBALL FINAL STANDINGS

WCAL CO-CHAMPIONS

SACRED HEART CATHEDRAL & SAINT FRANCIS

October 25, 2023

Freshman

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Saint Francis	11	1	22	1
Sacred Heart Cathedral	11	1	20	1
Saint Ignatius	7	5	12	7
Archbishop Mitty	6	6	9	7
Archbishop Riordan	5	7	10	8
Valley Christian	2	10	5	20
Presentation	0	12	6	17

Results

October 25th

Archbishop Riordan 2 – Archbishop Mitty 0 (27-25, 25-21)

Sacred Heart Cathedral 2 – Presentation 0

Saint Ignatius 2 – Valley Christian 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral – Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org

WCAL MEN'S WATER POLO FINAL STANDINGS

WCAL CHAMPION – SACRED HEART PREP

October 21, 2023

Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
Sacred Heart Prep	7	0	17	6
Bellarmine	6	1	19	5
Saint Ignatius	5	2	12	9
Saint Francis	4	3	12	11
Menlo	3	4	10	14
Archbishop Mitty	2	5	13	7
Valley Christian	1	6	5	12
Junipero Serra	0	7	7	17

Results

October 16th

Menlo-Atherton 9 – Junipero Serra 7

October 18th

Sacred Heart Prep 12 – Menlo 6

Bellarmine 13 – Valley Christian 7

Saint Ignatius 11 – Archbishop Mitty 9

Saint Francis 14 - Junipero Serra 5

October 20th

Memorial Cup

Bellarmine 13 – San Clemente 8

Bellarmine 20 – Archie Williams 9

Foothill 10 – Saint Francis 9

Saint Francis 14 – Buchanan 11

Los Alamitos 12 – Valley Christian 11

Willow Glen Tournament

Junipero Serra 16 – Willow Glen 6

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

October 21st

Menlo 11 – Harker 8

Memorial Cup

Bellarmino 11 – The Bishops 10

Bellarmino 13 – Corona Del Mar 9

Los Alamitos 12 – Saint Francis 11

Saint Francis 12 – Orange Lutheran 9

Buchanan 12 – Valley Christian 11

Willow Glen Tournament

Leland 16 - Junipero Serra 15

Soquel 16 – Junipero Serra 7

Games This Week

WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org

WCAL BOYS WATER POLO FINAL STANDINGS

WCAL CHAMPION – SACRED HEART PREP

October 21, 2023

Junior Varsity

	<u>Wins</u>	<u>Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Sacred Heart Prep	7	0	20	1
Bellarmino	6	1	14	4
Saint Francis	5	2	11	7
Saint Ignatius	4	3	4	4
Valley Christian	2	5	8	6
Menlo	2	5	4	9
Archbishop Mitty	1	6	2	7
Junipero Serra	1	6	12	7

Results

October 18th

Saint Ignatius 9 – Archbishop Mitty 7
Saint Francis 8 – Junipero Serra 4
Sacred Heart Prep 11 – Menlo 6
Bellarmino 9 – Valley Christian 3

October 20th

Shorty Invitational

Bellarmino 8 – Monte Vista 5
San Ramon Valley 11 – Bellarmino 2
Campolindo 5 – Saint Francis 3
Saint Francis 13 – Archie Williams 6

October 21st

Shorty Invitational

Saint Francis 7 – Bellarmino 4
Bellarmino 11 – Redwood 7
San Ramon Valley 15 – Saint Francis 6

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org

WCAL BOYS WATER POLO FINAL STANDINGS

WCAL CO-CHAMPIONS

BELLARMINE & SACRED HEART PREP

October 18, 2023

Frosh/Soph

	League <u>Wins</u>	League <u>Losses</u>	League <u>Ties</u>	League <u>Points</u>
Sacred Heart Prep	3	0	1	7
Bellarmino	3	0	1	7
Valley Christian	2	2	0	4
Junipero Serra	1	3	0	2
Saint Ignatius	0	4	0	0

Results

October 18th

Bellarmino 10 – Valley Christian 3

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org

WCAL WOMEN'S WATER POLO FINAL STANDINGS WCAL CHAMPION – SACRED HEART PREP

October 21, 2023

Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Sacred Heart Prep	6	0	21	3
Saint Ignatius	4	2	13	5
Saint Francis	4	2	12	11
Menlo	4	2	8	9
Archbishop Mitty	2	4	11	13
Valley Christian	1	5	11	14
Presentation	0	6	9	13

Results

October 18th

Sacred Heart Prep 12 – Menlo 3
Saint Ignatius 12 – Archbishop Mitty 7
Valley Christian 9 - Presentation 3
Saint Francis 16 – Gunn 6

October 20th

NorCal Invitational

Sacred Heart Prep 18 – Stevenson 6
Sacred Heart Prep 10 – Carondelet 7
Arroyo Grande 9 – Saint Francis 1
Saint Francis 16 – Castilleja 7
Carondelet 15 – Menlo 5
Stevenson 9 – Menlo 8

Tri-Valley Invitational

Monte Vista 14 – Archbishop Mitty 9
Righetti 11 – Archbishop Mitty 5

Spartan Tournament

Mountain View 12 – Presentation 4
Valley Christian 4 – Willow Glen 2

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalaid@wcalsports.org

October 21st

NorCal Invitational

Clovis West 15 – Menlo 11

Menlo 9 – Castilleja 7

Sacred Heart Prep 10 – Campolindo 6

Sacred Heart Prep 13 – Acalanes 3

Saint Francis 15 – Stevenson 8

Clovis 14 – Saint Francis 7

Tri-Valley Invitational

Archbishop Mitty 12 – Amador Valley 2

Archbishop Mitty 12 – Liberty 10

Spartan Tournament

Presentation 11 – Homestead 8

Valley Christian 11 – Prospect 6

Aptos 14 – Valley Christian 7

Games This Week

WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalaid@wcalsports.org

WCAL WOMEN'S WATER POLO FINAL STANDINGS

WCAL CHAMPION – ARCHBISHOP MITTY

October 19, 2023

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Archbishop Mitty	5	0	1	11	8	3	1
Saint Francis	4	0	2	10	6	5	2
Sacred Heart Prep	4	1	1	9	13	3	1
Valley Christian	3	3	0	6	6	9	0
Saint Ignatius	1	4	1	3	4	7	1
Presentation	1	4	1	3	7	6	1
Menlo	0	6	0	0	0	6	0

Results

October 18th

Archbishop Mitty 9 – Saint Ignatius 5

Sacred Heart Prep 9 – Menlo 3

October 19th

Valley Christian 11 – Presentation 5

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcsid@wcalsports.org

www.twitter.com/wcalsports

WCAL MEN'S BASKETBALL FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP RIORDAN

February 13, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Riordan	14	0	20	4
Archbishop Mitty	12	2	18	6
Junipero Serra	9	5	17	7
Saint Ignatius	9	5	18	6
Bellarmino	5	9	10	14
Sacred Heart Cathedral	4	10	11	13
Valley Christian	2	12	10	14
Saint Francis	1	13	3	21

Results

February 13th

Archbishop Mitty 77 – Valley Christian 54

Bellarmino 48 – Saint Francis 43

Saint Ignatius 63 – Junipero Serra 49

Archbishop Riordan 86 – Sacred Heart Cathedral 40

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

WCAL MEN'S BASKETBALL FINAL STANDINGS WCAL TRI-CHAMPIONS ARCHBISHOP MITTY, ARCHBISHOP RIORDAN, SAINT IGNATUS February 13, 2024 Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Mitty	11	3	19	3
Archbishop Riordan	11	3	19	4
Saint Ignatius	11	3	19	5
Junipero Serra	10	4	19	6
Sacred Heart Cathedral	5	9	15	9
Bellarmino	5	9	11	12
Valley Christian	2	12	11	13
Saint Francis	1	13	7	17

Results

February 13th

Saint Ignatius 46 – Junipero Serra 40

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcsid@wcalsports.org

www.twitter.com/wcalsports

WCAL MEN'S BASKETBALL FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP MITTY

February 13, 2024

Freshman A

	League Wins	League Losses	Season Wins	Season Losses
Archbishop Mitty	13	1	21	1
Sacred Heart Cathedral	11	3	20	4
Junipero Serra	10	4	18	5
Saint Ignatius	8	6	18	6
Bellarmino	5	9	11	12
Archbishop Riordan	5	9	11	13
Valley Christian	3	11	13	11
Saint Francis	1	13	2	18

Results

February 13th

Saint Ignatius 51 – Junipero Serra 50 (OT)

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

WCAL MEN'S BASKETBALL FINAL STANDINGS

WCAL CHAMPION – JUNIPERO SERRA

February 13, 2024

Freshman B

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Junipero Serra	12	0	22	2
Archbishop Riordan	8	4	16	5
Saint Ignatius	6	6	11	12
Sacred Heart Cathedral	6	6	11	12
Archbishop Mitty	5	7	8	11
Bellarmino	5	7	8	12
Saint Francis	0	12	3	14

Results

February 13th

Junipero Serra 39 – Saint Ignatius 28

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S BASKETBALL FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP MITTY

February 13, 2024

Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
Archbishop Mitty	12	0	24	0
Sacred Heart Cathedral	10	2	20	3
Archbishop Riordan	7	5	15	8
Saint Ignatius	6	6	14	10
Saint Francis	5	7	15	8
Valley Christian	2	10	12	12
Presentation	0	12	8	15

Results

February 13th

Archbishop Mitty 76 – Valley Christian 20
Sacred Heart Cathedral 64 – Archbishop Riordan 55
Saint Francis 61 – Presentation 21

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S BASKETBALL FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP MITTY February 10, 2024 Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Mitty	8	0	22	0
Archbishop Riordan	5	3	16	5
Saint Francis	4	4	11	6
Saint Ignatius	3	5	7	8
Sacred Heart Cathedral	0	8	9	8

Results

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S BASKETBALL FINAL STANDINGS

WCAL CHAMPION – ARCHBISHOP MITTY

February 10, 2024

Frosh/Soph

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Archbishop Mitty	9	0	21	0
Saint Ignatius	8	2	12	2
Saint Francis	6	4	13	7
Valley Christian	2	4	5	12
Sacred Heart Cathedral	1	7	5	12
Presentation	1	9	4	14

Results

February 6th

Saint Ignatius 49 – Presentation 16

Sacred Heart Cathedral (JV) 35 – Valley Christian 9

February 9th

Archbishop Mitty 63 – Saint Ignatius 21

Archbishop Riordan (JV) 60 – Presentation 14

Saint Francis 41 – Sacred Heart Cathedral 13

February 10th

Saint Ignatius 45 – Sacred Heart Cathedral 19

Archbishop Mitty (JV) 52 – Valley Christian 6

League Games League Games

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

WCAL MEN'S SOCCER FINAL STANDINGS

WCAL CHAMPION – SAINT FRANCIS

February 14, 2024

Varsity

	<u>League</u>	<u>League</u>	<u>League</u>	<u>League</u>	<u>Season</u>	<u>Season</u>	<u>Season</u>
	<u>Wins</u>	<u>Losses</u>	<u>Ties</u>	<u>Points</u>	<u>Wins</u>	<u>Losses</u>	<u>Ties</u>
Saint Francis	12	0	2	38	18	0	2
Archbishop Mitty	10	1	3	33	14	2	4
Junipero Serra	6	3	5	23	10	5	5
Bellarmino	5	6	3	18	5	9	6
Valley Christian	4	6	4	16	7	7	4
Saint Ignatius	4	7	3	15	6	11	3
Archbishop Riordan	2	10	2	8	4	12	3
Sacred Heart Cathedral	2	12	0	6	3	16	1

Results

February 14th

Archbishop Mitty 0 – Valley Christian 0

Junipero Serra 2 – Sacred Heart Cathedral 1

Archbishop Riordan 1 – Saint Ignatius 1

Saint Francis 2 – Bellarmine 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

WCAL MEN'S SOCCER FINAL STANDINGS

WCAL CHAMPION – SAINT FRANCIS

February 10, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Saint Francis	10	2	2	32	12	2	5
Archbishop Mitty	10	3	1	31	14	3	2
Bellarmino	9	4	1	28	10	4	1
Junipero Serra	6	7	1	19	10	7	2
Sacred Heart Cathedral	6	7	1	19	5	11	1
Saint Ignatius	6	6	1	19	11	7	1
Valley Christian	4	9	1	13	8	9	2
Archbishop Riordan	0	12	0	0	2	11	3

Results

February 14th

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

WCAL MEN'S SOCCER FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

February 10, 2024

Freshman

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Bellarmino	8	2	0	24	12	2	0
Junipero Serra	7	2	1	22	10	4	1
Archbishop Mitty	4	3	3	15	7	5	4
Sacred Heart Cathedral	3	4	3	12	3	4	3
Saint Francis	2	7	1	7	3	10	1
Saint Ignatius	2	8	0	6	6	11	2

Results

February 7th

Archbishop Mitty 1 – Sacred Heart Cathedral 1

Junipero Serra 3 – Saint Francis 1

February 10th

Saint Ignatius 3 – Saint Francis 0

Bellarmino 2 – Sacred Heart Cathedral 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S SOCCER FINAL STANDINGS

WCAL CHAMPION – SAINT FRANCIS

February 14, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Saint Francis	9	0	1	28	16	1	2
Archbishop Mitty	8	1	1	25	16	1	1
Saint Ignatius	6	4	0	18	13	5	2
Presentation	2	7	1	7	11	8	1
Valley Christian	1	7	2	5	10	7	3
Sacred Heart Cathedral	0	7	3	3	4	10	3

Results

February 14th

Archbishop Mitty 4 – Valley Christian 0

Saint Francis 1 – Presentation 0

Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S SOCCER FINAL STANDINGS

WCAL CHAMPION – SAINT FRANCIS

February 10, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Saint Francis	7	0	1	22	11	3	2
Archbishop Mitty	6	1	1	19	13	3	3
Saint Ignatius	3	5	0	9	10	5	0
Sacred Heart Cathedral	1	6	1	3	3	8	1
Presentation	0	7	1	1	4	9	2

Results

February 7th

Archbishop Mitty 2 – Sacred Heart Cathedral 1

February 10th

Sacred Heart Cathedral 5 – Presentation 0

Saint Francis 3 – Saint Ignatius 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S SOCCER FINAL STANDINGS

WCAL CHAMPION – Archbishop Mitty

February 10, 2024

Freshman

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Archbishop Mitty	4	0	2	14	8	1	4
Saint Francis	4	1	1	13	12	5	1
Sacred Heart Cathedral	2	2	2	8	7	3	2
Saint Ignatius	0	6	0	0	5	12	0

Results

February 7th

Archbishop Mitty 1 – Sacred Heart Cathedral 0

February 10th

Saint Francis 3 – Saint Ignatius 1

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S WRESTLING FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

January 31, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmino	6	0
Junipero Serra	5	1
Saint Francis	4	2
Sacred Heart Cathedral	3	3
Archbishop Riordan	2	4
Valley Christian	1	4
Archbishop Mitty	0	6

Results

January 31st

Bellarmino 68 – Sacred Heart Cathedral 6

Junipero Serra 69 – Archbishop Riordan 12

Valley Christian 35 – Archbishop Mitty 24

League Matches Next Week

February 3rd

WCAL Championships 9:00 @ Sacred Heart Cathedral

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S WRESTLING FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

January 31, 2024

Junior Varsity

	League <u>Wins</u>	League <u>Losses</u>
Bellarmine	6	0
Junipero Serra	5	1
Saint Francis	4	2
Archbishop Riordan	3	3
Sacred Heart Cathedral	2	4
Valley Christian	1	4
Archbishop Mitty	0	6

Results

January 31st

Bellarmine 66 – Sacred Heart Cathedral 6

Junipero Serra 39 – Archbishop Riordan 21

Valley Christian 10 – Archbishop Mitty 0

League Matches Next Week

February 3rd

WCAL Championships 9:00 @ Sacred Heart Cathedral

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S WRESTLING FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

January 31, 2024

Freshman

	<u>League Wins</u>	<u>League Losses</u>
Bellarmino	6	0
Junipero Serra	5	1
Saint Francis	4	2
Archbishop Riordan	3	3
Sacred Heart Cathedral	1	4
Valley Christian	0	4
Archbishop Mitty	0	5

Results

January 31st

Bellarmino 78 – Sacred Heart Cathedral 0

Junipero Serra 51 – Archbishop Riordan 18

League Matches Next Week

February 3rd

WCAL Championships 9:00 @ Sacred Heart Cathedral

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S WRESTLING FINAL STANDINGS WCAL CHAMPION – SAINT FRANCIS January 31, 2024

	<u>League Wins</u>	<u>League Losses</u>
Saint Francis	5	0
Archbishop Mitty	4	1
Archbishop Riordan	2	2
Sacred Heart Cathedral	2	3
Valley Christian	0	3
Presentation	0	3

Results

January 31st

Archbishop Mitty 72 – Valley Christian 12

Sacred Heart Cathedral 21 – Presentation 6

February 3rd

WCAL Championships 9:00 @ Sacred Heart Cathedral

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S BASEBALL FINAL STANDINGS

WCAL CO-CHAMPIONS – JUNIPERO SERRA & VALLEY CHRISTIAN

May 4, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Valley Christian	11	3	0	22	23	4	0
Junipero Serra	11	3	0	22	20	5	0
Archbishop Mitty	7	6	1	15	15	11	1
Saint Francis	7	6	1	15	13	12	1
Saint Ignatius	7	7	0	14	17	8	0
Sacred Heart Cathedral	6	8	0	12	15	11	0
Bellarmino	6	8	0	12	13	13	0
Archbishop Riordan	0	14	0	0	7	18	2

Results

April 30th

Saint Ignatius 4 – Valley Christian 0
Junipero Serra 6 – Archbishop Mitty 0
Bellarmino 1 – Archbishop Riordan 0
Saint Francis 9 – Sacred Heart Cathedral 3

May 3rd

Bellarmino 1 – Archbishop Riordan 0 (8)
Junipero Serra 13 – Archbishop Mitty 2
Valley Christian 3 – Saint Ignatius 0
Saint Francis 13 – Sacred Heart Cathedral 7

May 4th

Saint Ignatius 8 – Gunn 2

Games This Week

May 7, May 8, May 9 – WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S BASEBALL FINAL STANDINGS

WCAL CHAMPION – JUNIPERO SERRA

May 8, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Junipero Serra	9	4	1	19	15	6	2
Saint Ignatius	8	6	0	16	12	8	0
Valley Christian	8	6	0	16	13	10	0
Saint Francis	8	6	0	16	13	11	0
Sacred Heart Cathedral	7	7	0	14	10	10	0
Bellarmino	7	7	0	14	17	7	0
Archbishop Mitty	5	8	1	11	7	12	1
Archbishop Riordan	2	12	0	4	8	14	1

Results

April 30th

Bellarmino 1 – Archbishop Riordan 0
Saint Ignatius 4 – Valley Christian 0
Sacred Heart Cathedral 8 – Saint Francis 4
Archbishop Mitty 6 – Junipero Serra 6

May 3rd

Bellarmino 4 – Archbishop Riordan 1
Junipero Serra 7 – Archbishop Mitty 5
Valley Christian 2 – Saint Ignatius 1

May 4th

Gunn 5 – Saint Ignatius 1

May 8th

Saint Francis 12 – Sacred Heart Cathedral 3

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S BASEBALL FINAL STANDINGS

WCAL CHAMPION – JUNIPERO SERRA

May 8, 2024

	<u>League Wins</u>	<u>League Losses</u>	<u>League Ties</u>	<u>League Points</u>	<u>Season Wins</u>	<u>Season Losses</u>	<u>Season Ties</u>
Junipero Serra	10	2	0	20	19	2	1
Bellarmino	9	2	1	19	16	4	1
Valley Christian	8	4	0	16	14	6	0
Saint Francis	6	5	1	13	10	7	1
Archbishop Mitty	4	8	0	8	7	10	1
Saint Ignatius	4	8	0	8	8	10	1
Sacred Heart Cathedral	0	12	0	0	1	15	0

Freshman

Results

April 30th

Saint Francis 17 – Sacred Heart Cathedral 5

Valley Christian 11 – Saint Ignatius 2

May 2nd

Junipero Serra 4 – Archbishop Mitty 2

May 3rd

Junipero Serra 13 – Archbishop Mitty 9

Valley Christian 10 – Saint Ignatius 4

May 8th

Saint Francis 7 – Sacred Heart Cathedral 2

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S GOLF FINAL STANDINGS

WCAL CHAMPION – SAINT IGNATIUS

April 25, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Saint Ignatius	14	0
Bellarmino	9	5
Saint Francis	9	5
Valley Christian	8	6
Junipero Serra	8	6
Archbishop Mitty	5	9
Archbishop Riordan	3	11
Sacred Heart Cathedral	0	14

Results

April 22nd

Archbishop Mitty 211 - Archbishop Riordan 213 - Medalist: Pranit Gupta (AM) 36
Archbishop Mitty 211 - Sacred Heart Cathedral 248 - Medalist: Pranit Gupta (AM) 36
Archbishop Riordan 213 - Sacred Heart Cathedral 248 - Medalist: Alden Thai (AR) 37

April 23rd

Junipero Serra 193 – Bellarmine 197 – Medalist: Kyler Heath (JS) 34

April 24th

Saint Francis 191 – Sacred Heart Cathedral 242 – Medalist: Sam Baumuller (SF) 36

April 25th

Valley Christian 208 – Junipero Serra 211 – Medalists: Kyler Heath (JS) & Christian Chacon (VC) 40

Saint Ignatius 194 – Bellarmine 198 – Medalist: Daniel Doan (SI) 35

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA

Phone: (669) 241-3097

Website: www.wcalsports.org

E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA

Phone: (925) 487-7482

E-Mail: wcalsid@wcalsports.org

www.twitter.com/wcalsports

Next League Matches

April 29th

WCAL Championships 1:15 @ Olympic Club

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S GOLF FINAL STANDINGS

WCAL CHAMPION – SAINT FRANCIS

April 24, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Saint Francis	13	1
Bellarmino	11	3
Saint Ignatius	10	4
Junipero Serra	10	4
Valley Christian	6	8
Archbishop Riordan	4	10
Archbishop Mitty	2	12
Sacred Heart Cathedral	1	13

Results

April 22nd

Valley Christian 202 – Archbishop Riordan 225 – Medalist: Braden Fong (VC) 35

April 24th

Archbishop Riordan 201 – Archbishop Mitty 226

Bellarmino 179 – Archbishop Mitty 226

Bellarmino 179 – Archbishop Riordan 201

Saint Francis 185 – Archbishop Riordan 201 – Medalist: David Hsu (SF) 35

Next League Matches

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

2024 WCAL Boys Golf Outstanding Player

<u>Player</u>	<u>School</u>	<u>Grade</u>	<u>Differential</u>	<u># matches</u>	<u>Player</u>	<u>School</u>	<u>Grade</u>	<u>Differential</u>	<u># matches</u>
Kyler Heath	SERRA		0.982	11	Brandon Kakimoto	VC		4.863	11
Sebi Aliaga	BELL		1.057	8	Walton Li	MITTY		4.884	7
Mark Zhou	VC		1.471	11	Sam Stearns	VC		5.314	11
Hendrix Jay-Torrez	BELL		1.576	9	Alexander Kapulica	SI		5.328	5
Pranit Gupta	MITTY		1.593	8	Joey Kimball	SERRA		5.396	12
Daniel Doan	SI		1.826	13	Luke Coyle	SF		5.503	5
Jayden Jew	SI		2.054	12	William Lin	SF		5.660	5
Teddy S. Gardner	SI		2.280	11	Evan Hwang	VC		5.886	10
Ethan Wang	MITTY		2.285	8	Ben Thomson	SI		6.124	2
Braeden Rooney	SI		2.593	1	Tyler Wong	RIORDAN		6.312	11
Ryan Pupach	BELL		2.616	7	Troy Panayotou	SERRA		6.818	3
Sam Baumuller	SF		2.644	12	Chris Philpott	SERRA		6.845	4
Lucas Houtzer	SF		2.905	10	Charlie White	SERRA		6.868	2
Dylan Wickum	SI		2.951	12	Ethan Silver	MITTY		7.351	3
Alex Chou	VC		3.003	9	Tyler Minioza	RIORDAN		7.656	11
Hariel Goonetilleke	SI		3.073	11	Riley Regan	SERRA		7.850	1
Saxon McLane	BELL		3.124	6	Joey Garcia	BELL		7.911	3
Roshan Chandra	SF		3.246	12	Jaden Chin	RIORDAN		8.069	11
Aidan Davidson	SF		3.430	12	Carter Hayden	SF		8.372	2
Brady Moore	MITTY		3.464	8	Cameron Romero	RIORDAN		8.598	1
JT Baird	BELL		3.597	3	Kenny Holmgren	MITTY		9.233	7
Christian Chacon	VC		3.720	10	Takeshi Suzuki	SHC		9.422	9
Maimus Choi	BELL		3.846	6	Michael Cha	RIORDAN		10.084	9
Alden Thai	RIORDAN		3.906	11	Charles York	SHC		10.116	9
Max Cali	BELL		3.909	8	Jason Nashida	MITTY		10.164	3
Michael Colabianchi	RIORDAN		3.925	11	Ryan Butler	SHC		10.265	9
Brady Watten	SF		3.953	8	Brooks Rizvi	BELL		10.875	2
Declan Mahoney	SI		4.255	7	John Merwin	SERRA		11.054	1
Roark Holstein	SERRA		4.343	12	Dante Cress	SHC		11.454	9
Grant Curtiss	BELL		4.399	1	Marcel Macatangay	SHC		11.739	5
Vlad Standyk	SERRA		4.532	11	Bobby Nelson	SHC		12.262	3
Chase Hamel	SERRA		4.695	8	Jaxson Bettencourt	MITTY		13.170	2
Teddy W. Gardner	SI		4.699	7	Jerry Wang	VC		13.341	2
Gus Blocker	SF		4.752	6	Sean Butler	SHC		13.467	7
Louis Persky	SI		4.822	3	Travis Hurley	SHC		14.204	3
Colin Firestone	SERRA		4.847	13	Matthew Matyskiewicz	MITTY		15.549	1

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalaid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S LACROSSE FINAL STANDINGS

WCAL CHAMPION – SAINT IGNATIUS

April 27, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Saint Ignatius	7	0	14	2
Sacred Heart Prep	6	1	13	5
Saint Francis	5	2	11	4
Bellarmino	4	3	8	9
Menlo	3	4	4	9
Junipero Serra	2	5	10	7
Archbishop Mitty	1	6	3	9
Sacred Heart Cathedral	0	7	7	11

Results

April 22nd

Stevenson 12 – Bellarmine 4
Bishop O'Dowd 9 – Sacred Heart Cathedral 6

April 23rd

Saint Ignatius 21 – Marin Academy 7

April 24th

Bellarmino 18 – Archbishop Mitty 3
Saint Francis 15 – Menlo 10
Saint Ignatius 19 – Sacred Heart Cathedral 1
Sacred Heart Prep 24 – Junipero Serra 3

April 26th

Sacred Heart Prep 23 – Archbishop Mitty 2
Saint Francis 14 – Jesuit 8

April 27th

Menlo 10 – Stevenson 6

Games This Week

WCAL Playoffs

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalaid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S LACROSSE FINAL STANDINGS

WCAL CHAMPION – SAINT IGNATIUS

April 27, 2024

Junior Varsity

	<u>League</u> <u>Wins</u>	<u>League</u> <u>Losses</u>	<u>Season</u> <u>Wins</u>	<u>Season</u> <u>Losses</u>
Saint Ignatius	7	0	6	2
Sacred Heart Prep	6	1	9	3
Junipero Serra	5	2	11	3
Bellarmino	4	3	9	5
Menlo	3	4	6	5
Archbishop Mitty	2	5	5	5
Saint Francis	1	6	4	10
Sacred Heart Cathedral	0	7	1	8

Results

April 22nd

Bellarmino 5 – Stevenson 3

April 24th

Bellarmino 10 – Archbishop Mitty 4

Sacred Heart Prep 6 – Junipero Serra 5

Menlo 12 – Saint Francis 8

Saint Ignatius 14 – Sacred Heart Cathedral 1

April 26th

Sacred Heart Prep 13 – Archbishop Mitty 4

Jesuit 4 – Saint Francis 3

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL SOFTBALL FINAL STANDINGS WCAL CHAMPION – SAINT FRANCIS

May 10, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Saint Francis	10	0	25	0
Archbishop Mitty	8	2	20	3
Valley Christian	6	4	16	11
Saint Ignatius	4	6	10	11
Sacred Heart Cathedral	1	9	10	16
Presentation	1	9	7	16

Results

May 6th

Saint Ignatius 11 – Sacred Heart Cathedral 0

May 8th

Archbishop Mitty 17 – Presentation 0

Valley Christian 20 – Sacred Heart Cathedral 2

Saint Francis 13 – Saint Ignatius 0

May 9th

Saint Francis 13 – Sacred Heart Cathedral 0

Presentation 9 – Monte Vista Christian 5

May 10th

Archbishop Mitty 10 – Presentation 0

Valley Christian 13 – Sacred Heart Cathedral 1

Saint Francis 3 – Saint Ignatius 0

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S SWIMMING AND DIVING FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

April 18, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmino	7	0
Valley Christian	6	1
Archbishop Mitty	5	2
Junipero Serra	4	3
Saint Ignatius	3	4
Saint Francis	2	5
Archbishop Riordan	1	6
Sacred Heart Cathedral	0	7

Results

April 18th

Valley Christian 98 – Junipero Serra 88
Bellarmino 140 – Archbishop Riordan 32
Archbishop Mitty 95 – Saint Ignatius 84
Saint Francis 127 – Sacred Heart Cathedral 49

Next League Meets

April 24th

WCAL Diving Championships 2:00 @ Presentation

April 25th

WCAL Championship Trials 2:00 @ Bellarmino

April 27th

WCAL Championship Finals 12:00 @ Bellarmino

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S SWIMMING AND DIVING FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

April 18, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmino	7	0
Valley Christian	6	1
Saint Ignatius	5	2
Archbishop Mitty	4	3
Saint Francis	3	4
Junipero Serra	2	5
Archbishop Riordan	1	6
Sacred Heart Cathedral	0	7

Results

April 18th

Valley Christian 121 – Junipero Serra 59
Bellarmino 131 – Archbishop Riordan 34
Saint Ignatius 103 – Archbishop Mitty 67
Saint Francis 131 – Sacred Heart Cathedral 24

Next League Meets

April 24th

WCAL Diving Championships 2:00 @ Presentation

April 25th

WCAL Championship Trials 2:00 @ Bellarmino

April 27th

WCAL Championship Finals 12:00 @ Bellarmino

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S SWIMMING AND DIVING FINAL STANDINGS WCAL CHAMPION – SAINT IGNATIUS April 18, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Saint Ignatius	6	0
Archbishop Mitty	5	1
Saint Francis	4	2
Valley Christian	3	3
Presentation	2	4
Sacred Heart Cathedral	1	5
Archbishop Riordan	0	6

Results

April 18th

Saint Ignatius 109 – Archbishop Mitty 77
Saint Francis 131 – Sacred Heart Cathedral 45
Presentation 134 – Archbishop Riordan 10

Next League Meets

April 24th

WCAL Diving Championships 2:00 @ Presentation

April 26th

WCAL Championship Trials 2:00 @ Bellarmine

April 27th

WCAL Championship Finals 12:00 @ Bellarmine

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S SWIMMING AND DIVING FINAL STANDINGS WCAL CHAMPION – ARCHBISHOP MITTY

April 18, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Archbishop Mitty	6	0
Saint Ignatius	5	1
Valley Christian	4	2
Saint Francis	3	3
Archbishop Riordan	2	4
Presentation	1	5
Sacred Heart Cathedral	0	6

Results

April 18th

Archbishop Mitty 92 – Saint Ignatius 84
Saint Francis 139 – Sacred Heart Cathedral 41
Archbishop Riordan 90 - Presentation 79

League Meets This Week

April 24th

WCAL Diving Championships 2:00 @ Presentation

April 26th

WCAL Championship Trials 2:00 @ Bellarmine

April 27th

WCAL Championship Finals 12:00 @ Bellarmine

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S TRACK AND FIELD FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

April 17, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Bellarmine	7	0
Archbishop Mitty	5	2
Saint Francis	5	2
Junipero Serra	4	3
Saint Ignatius	4	3
Valley Christian	2	5
Archbishop Riordan	1	6
Sacred Heart Cathedral	0	7

Results

April 16th

Archbishop Riordan 67 – Sacred Heart Cathedral 48

April 17th

Bellarmine 101 – Saint Ignatius 35

Junipero Serra 94 – Valley Christian 37

Archbishop Mitty 73 – Saint Francis 63

League Meets This Week

April 27th

WCAL Trials @ Saint Francis 9:00

May 3rd

WCAL Finals @ Saint Francis 5:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S TRACK AND FIELD FINAL STANDINGS

WCAL CHAMPION - BELLARMINE

April 17, 2024

Frosh/Soph

	League <u>Wins</u>	League <u>Losses</u>	League <u>Ties</u>	League <u>Points</u>
Bellarmino	7	0	0	14
Saint Ignatius	6	1	0	12
Junipero Serra	5	2	0	10
Saint Francis	4	3	0	8
Archbishop Mitty	3	4	0	6
Valley Christian	1	5	1	3
Sacred Heart Cathedral	1	6	0	2
Archbishop Riordan	0	6	1	1

Results

April 16th

Sacred Heart Cathedral 68 – Archbishop Riordan 50

April 17th

Bellarmino 82.5 – Saint Ignatius 53.5

Junipero Serra 80 - Valley Christian 44

Saint Francis 92 – Archbishop Mitty 27

League Meets This Week

April 27th

WCAL Trials @ Saint Francis 9:00

May 3rd

WCAL Finals @ Saint Francis 5:00

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S TRACK AND FIELD FINAL STANDINGS

WCAL CHAMPION – SAINT FRANCIS

April 17, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>
Saint Francis	6	0
Archbishop Mitty	5	1
Saint Ignatius	4	2
Sacred Heart Cathedral	3	3
Presentation	2	4
Valley Christian	1	5
Archbishop Riordan	0	6

Results

April 16th

Sacred Heart Cathedral 56 – Archbishop Riordan 34

April 17th

Saint Ignatius 83 – Presentation 51

Saint Francis 84 – Archbishop Mitty 52

Next League Meets This Week

April 27th

WCAL Trials @ Saint Francis 9:00

May 3^d

WCAL Finals @ Saint Francis 5:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL WOMEN'S TRACK AND FINAL FIELD STANDINGS

WCAL CHAMPION – SAINT IGNATIUS

April 17, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Saint Ignatius	6	0
Saint Francis	5	1
Presentation	3	3
Sacred Heart Cathedral	4	2
Archbishop Mitty	2	4
Archbishop Riordan	1	5
Valley Christian	0	6

Results

April 16th

Sacred Heart Cathedral 85 – Archbishop Riordan 29

April 17th

Saint Ignatius 83 – Presentation 44

Saint Francis 132 – Archbishop Mitty 3

League Meets This Week

April 27th

WCAL Trials @ Saint Francis 9:00

May 3^d

WCAL Finals @ Saint Francis 5:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra – Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL BOYS VOLLEYBALL FINAL STANDINGS

WCAL CHAMPION – SAINT FRANCIS

April 25, 2024

Varsity

	<u>League Wins</u>	<u>League Losses</u>	<u>Season Wins</u>	<u>Season Losses</u>
Saint Francis	11	1	24	7
Valley Christian	10	2	22	9
Archbishop Mitty	8	4	26	7
Sacred Heart Cathedral	7	5	28	7
Bellarmino	3	9	15	16
Junipero Serra	2	10	11	20
Saint Ignatius	1	11	8	22

Results

April 23rd

Saint Francis 3 – Saint Ignatius 0

Archbishop Mitty 3 – Bellarmine 1 (25-20, 25-20, 17-25, 25-16)

Valley Christian 3 – Junipero Serra 1 (23-25, 25-18, 25-10, 26-24)

April 25th

Saint Francis 3 - Archbishop Mitty 2

Valley Christian 3 - Saint Ignatius 1 (22-25, 25-21, 25-18, 25-15)

Sacred Heart Cathedral 3 – Bellarmine 2 (25-20, 19-25, 25-22, 18-25, 15-13)

Games This Week

WCAL Playoffs April 30, May 1, May 2 – 6:00

Archbishop Mitty – Archbishop Riordan – Bellarmine – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian

West Catholic Athletic League

Commissioner: Jolene Fugate, CMAA
Phone: (669) 241-3097
Website: www.wcalsports.org
E-Mail: jfugate@wcalsports.org

Sports Information Director: Kevin J. Donahue, CAA
Phone: (925) 487-7482
E-Mail: wcalsid@wcalsports.org
www.twitter.com/wcalsports

WCAL MEN'S VOLLEYBALL FINAL LEAGUE STANDINGS

WCAL CHAMPION – SACRED HEART CATHEDRAL

April 25, 2024

Junior Varsity

	<u>League Wins</u>	<u>League Losses</u>
Sacred Heart Cathedral	11	1
Saint Francis	8	4
Bellarmino	8	4
Junipero Serra	6	6
Valley Christian	6	6
Archbishop Mitty	2	10
Saint Ignatius	0	12

League Results

April 23rd

Junipero Serra 2- Valley Christian 0
Bellarmino 2 – Archbishop Mitty 0 (25-23, 25-16)
Saint Francis 2 – Saint Ignatius 0

April 25th

Sacred Heart Cathedral 2 – Bellarmino 0 (26-24, 25-22)
Archbishop Mitty 2 – Saint Francis 0
Valley Christian 2 – Saint Ignatius 1

League Games This Week

Archbishop Mitty – Archbishop Riordan – Bellarmino – Junipero Serra - Presentation
Sacred Heart Cathedral - Saint Francis – Saint Ignatius – Valley Christian