

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Event 1 Girls 200 Yard Medley Relay Junior Varsity

WCAL Record: 1:58.72 2013 Archbishop Mitty AMHS
H Roh, A McGarvey, K Liou, M Cantoni

1:44.31 AAA

1:46.22 AAC

1:58.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Riordan High School	A	2:03.56	2:07.47	40
1) Wei, Quiana SO	2) Mallory, Rhianna JR	3) Walsh, Elizabeth JR	4) Walsh, Paige SO	
33.08	1:07.82 (34.74)	1:48.59 (40.77)	2:07.47 (18.88)	
2 Saint Francis High School	A	2:12.47	2:11.52	34
1) Vieira, Naomi SO	2) Verma, Simone SO	3) Garcia, Naomi FR	4) Fisher, Sophia SO	
34.50	1:14.56 (40.06)	1:43.28 (28.72)	2:11.52 (28.24)	
3 Valley Christian High School	A	2:14.85	2:12.30	32
1) Gridley, Magnolia JR	2) Yiu, Sofia FR	3) Kulkarni, Myra FR	4) Fischer, Addison SO	
34.22	1:11.50 (37.28)	1:42.76 (31.26)	2:12.30 (29.54)	
4 St. Ignatius College Prep	A	2:11.30	2:14.05	30
1) Uzoigwe, ada FR	2) Repp, Nahla JR	3) Gabriel-Novoa, Lesley JR	4) sue, Madeleine JR	
35.78	1:11.27 (35.49)	1:44.25 (32.98)	2:14.05 (29.80)	
5 Presentation High School	A	2:16.34	2:16.95	28
1) Whitehurst, Gabby SO	2) Lopez, Miki SO	3) Penzel, Lucy SO	4) Kosmynka, Emerson FR	
34.48	1:14.48 (40.00)	1:47.02 (32.54)	2:16.95 (29.93)	
6 Sacred Heart Cathedral Prep	A	2:46.50	2:38.01	26
1) Clarke, Lola FR	2) Ware, Lulu SO	3) Cosico, Aaliyah FR	4) Edwards, Charlotte SO	
40.59	1:22.39 (41.80)	2:05.63 (43.24)	2:38.01 (32.38)	
--- Saint Francis High School	B	2:25.38	x2:26.48	
1) Pentek, Flora JR	2) Sayno, Sandy FR	3) Choi, Maddy SO	4) Pignati, Emilia FR	
49.44	1:28.77 (39.33)	1:58.43 (29.66)	2:26.48 (28.05)	
--- Presentation High School	B	2:49.32	x2:46.43	
1) Hair, Charlotte FR	2) Lenz, Maddy FR	3) Fidrych, Mallory SO	4) Cruikshank, Chloe FR	
39.05	1:40.32 (1:01.27)	2:13.04 (32.72)	2:46.43 (33.39)	
--- Archbishop Mitty High School	A	2:05.52	DQ	
1) Lavaka, Mailani FR	2) Duro, Alyssa JR	3) Liang, Chloe SO	4) Nicholson, Camille FR	
30.80	1:04.53 (33.73)	1:34.02 (29.49)	DQ (28.14)	
--- Valley Christian High School	B	2:28.77	DQ	
1) Smith, Makena SO	2) Concion, Dalia SO	3) Liu, Zihan FR	4) Webb, Sophia FR	
38.45	1:18.88 (40.43)	1:58.02 (39.14)	DQ (30.61)	
--- Sacred Heart Cathedral Prep	B	NT	DQ	
1) Burne, Teagan SO	2) Brenes Cardenas, Maya SO	3) Childres, Ava JR	4) Cardenas, Lily SO	
45.95	1:32.94 (46.99)	2:16.35 (43.41)	DQ (32.89)	

Event 2 Boys 200 Yard Medley Relay Junior Varsity

WCAL Record: 1:43.72 2003 Bellarmine BELA
S Jackson, M Gartner, M Rico, A MacDonell

1:32.38 AAA

1:34.11 AAC

1:45.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Valley Christian High School	A	1:56.40	1:52.13	40
1) Chen, Bryce SO	2) Chu, Ethan SO	3) Kim, Jonathan SO	4) Cochran, Kaden SO	
30.01	1:02.13 (32.12)	1:30.19 (28.06)	1:52.13 (21.94)	
2 Archbishop Mitty High School	A	1:53.08	1:53.28	34
1) Ji, Kevin SO	2) Jeon, Hajin FR	3) Huynh, Pax SO	4) Chen, Nathan JR	
29.83	1:00.73 (30.90)	1:27.94 (27.21)	1:53.28 (25.34)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****(Event 2 Boys 200 Yard Medley Relay Junior Varsity)**

Team	Relay	Seed Time	Finals Time	Points
3 Saint Francis High School	A	1:56.12	1:55.33	32
1) Tannert, Rollan FR	2) Miyamoto, Joseph SO	3) Edwards, Austin FR	4) Adam, Conor FR	
29.40	1:04.02 (34.62)	1:31.23 (27.21)	1:55.33 (24.10)	
4 Archbishop Riordan High School	A	1:55.56	1:55.35	30
1) Lu, Justin JR	2) Wong, Evan SO	3) Rabbetz, Mason SO	4) Pangilinin, Jonathan FR	
30.46	1:03.33 (32.87)	1:29.86 (26.53)	1:55.35 (25.49)	
5 Serra High School	A	2:01.00	1:55.68	28
1) Kwok, Peter FR	2) Coffin, Ryan SO	3) Ho, Riley SO	4) Haag, Alex SO	
31.87	1:04.59 (32.72)	1:31.39 (26.80)	1:55.68 (24.29)	
6 St. Ignatius College Prep	A	1:53.99	1:59.30	26
1) Somoza, Naveen JR	2) Gines, Anthony JR	3) Bishop, Nicholas JR	4) Valdes, Rylu JR	
32.57	1:05.94 (33.37)	1:35.59 (29.65)	1:59.30 (23.71)	
7 Sacred Heart Cathedral Prep	A	2:20.15	2:28.72	24
1) Russo, Landon FR	2) Lee, Michael SO	3) Haber, Logan SO	4) Pai, Shantanu SO	
33.83	1:14.80 (40.97)	1:50.58 (35.78)	2:28.72 (38.14)	
8 Bellarmine College Prep	A	1:48.82	2:36.97	22
1) Taysi, Griffin SO	2) Long, Ian SO	3) Brennan, Colin SO	4) Gasiorowski, Joseph SO	
25.79	54.60 (28.81)	1:26.38 (31.78)	2:36.97 (1:10.59)	
--- Bellarmine College Prep	B	1:50.60	X1:48.55	
1) Chiang, Lynx SO	2) Li, Valentino JR	3) Zhang, Myles SO	4) Brennan, Blake SO	
28.34	58.03 (29.69)	1:25.02 (26.99)	1:48.55 (23.53)	
--- Valley Christian High School	B	2:06.75	X2:12.17	
1) Deac, Darius JR	2) Decker, Aiden FR	3) McCarroll, Danny FR	4) Huesca, Kalob SO	
32.51	1:14.28 (41.77)	1:44.20 (29.92)	2:12.17 (27.97)	
--- Serra High School	B	2:11.00	XDQ	
1) Santoso, Deric FR	2) Walsh, Anthony JR	3) Chuang, Colin JR	4) White, Brandon JR	
34.64	1:06.02 (31.38)	1:37.15 (31.13)	DQ (28.81)	

Event 3 Girls 200 Yard Medley Relay Varsity

WCAL Record: 1:44.01 4/30/2022 **St. Ignatius College Prep** **STIG**
C Quill, L McCormack, J Ash, M Repp
1:44.31 AAA
1:46.22 AAC
1:58.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Mitty High School	A	1:49.91	1:48.61	40
1) Wu, Isabel SO	2) Su, Mia SO	3) Pham, Lan-Anh SO	4) Ng, Marcella JR	
27.53	56.78 (29.25)	1:23.52 (26.74)	1:48.61 (25.09)	
2 Presentation High School	A	1:51.50	1:51.08	34
1) Hu, Madison JR	2) Liu, Gabrielle FR	3) Sisto, Brooke SO	4) Teeramaythawit, Haley SO	
28.84	58.73 (29.89)	1:25.89 (27.16)	1:51.08 (25.19)	
3 Saint Francis High School	A	1:54.16	1:53.43	32
1) Wen, Maya JR	2) Avnur, Naomi JR	3) Buckallew, Daniela JR	4) Swall, Alex SO	
29.16	1:01.10 (31.94)	1:28.85 (27.75)	1:53.43 (24.58)	
4 Valley Christian High School	A	1:57.79	1:56.36	30
1) Williams, Kenley FR	2) Ling, Nina FR	3) Ashtiani, Mina FR	4) Pyper, Sophia SO	
29.92	1:03.45 (33.53)	1:31.47 (28.02)	1:56.36 (24.89)	
5 St. Ignatius College Prep	A	1:54.73	1:56.87	28
1) Cox, Lily	2) Turk, Catey	3) Johnson, Kylie FR	4) Lee, Cami	
31.56	1:03.77 (32.21)	1:31.19 (27.42)	1:56.87 (25.68)	
6 Sacred Heart Cathedral Prep	A	2:02.37	2:00.60	26
1) Pugh, Ryland FR	2) Devlin, Isabella SO	3) Ring, Berlyn SO	4) Crehan, Maggie SO	
31.79	1:04.59 (32.80)	1:33.00 (28.41)	2:00.60 (27.60)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

(Event 3 Girls 200 Yard Medley Relay Varsity)

Team	Relay	Seed Time	Finals Time	Points
--- Presentation High School	B	NT	x1:59.52	
1) Vega, Arwen SO	2) Ovrootsky, Shana JR	3) Malhi, Rhian FR	4) Tapucu, Aliya SR	
32.96	1:03.75 (30.79)	1:32.00 (28.25)	1:59.52 (27.52)	
--- Valley Christian High School	B	NT	x2:08.23	
1) Arroyo, Cassiopeia SO	2) Tran, Joicelyn SO	3) Barte, Elissa SR	4) Wheeler, Hannah JR	
31.00	1:16.94 (45.94)	1:40.47 (23.53)	2:08.23 (27.76)	
--- St. Ignatius College Prep	B	2:05.00	x2:13.27	
1) Zedlitz, Zara FR	2) Frey, Anna SR	3) Todd, Sophia	4) Harlan, Alexandra SR	
31.58	1:04.50 (32.92)	1:40.12 (35.62)	2:13.27 (33.15)	
--- Sacred Heart Cathedral Prep	B	NT	x2:33.11	
1) Kloes, Peri SO	2) Geis, Harper JR	3) Morrow, Kira SO	4) Molina-Cativo, Angely SR	
35.74	1:20.61 (44.87)	1:55.54 (34.93)	2:33.11 (37.57)	
--- Archbishop Riordan High School	A	3:03.33	DQ	
1) Alvarado, Briana JR	2) Carrasquilla, Brianna SR	3) Kim, Rose SR	4) Guzman, Ruby SR	
	2:32.74 ()	DQ (42.93)		

Event 4 Boys 200 Yard Medley Relay Varsity

WCAL Record: 1:33.08 4/27/2024 Archbishop Mitty High School AMHS
E Balbuena, I Jarvis, N Sifferman, S Elaydi
1:32.38 AAA
1:34.11 AAC
1:45.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Valley Christian High School	A	1:35.78	1:33.17	40
1) Shao, Garic JR	2) Cameron, Jack JR	3) Kuzmenko, Yury JR	4) Manole, Tomas SR	
23.67	49.42 (25.75)	1:11.36 (21.94)	1:33.17 (21.81)	
2 Archbishop Mitty High School	A	1:37.77	1:33.61	34
1) Balbuena, Enzo JR	2) Elaydi, Shareef SO	3) Sifferman, Nick JR	4) Huang, Tony FR	
23.90	48.65 (24.75)	1:11.10 (22.45)	1:33.61 (22.51)	
3 Serra High School	A	1:35.27	1:34.40	32
1) Crawford, Finn FR	2) Raghunathan, Kevin SR	3) Raghunathan, Brian SO	4) Taner, Vaughn SR	
24.44	49.90 (25.46)	1:13.59 (23.69)	1:34.40 (20.81)	
4 Bellarmine College Prep	A	1:35.35	1:35.16	30
1) Pon, Brandon SO	2) Magallanes, Keith SR	3) Noller, Kevin JR	4) Kim, Jaden JR	
24.21	50.54 (26.33)	1:13.75 (23.21)	1:35.16 (21.41)	
5 Saint Francis High School	A	1:38.36	1:40.93	28
1) Tzou, Landau JR	2) Huang, Ryan SO	3) Daigle, Noah SO	4) Lisac, Vilko JR	
26.38	53.97 (27.59)	1:18.13 (24.16)	1:40.93 (22.80)	
6 St. Ignatius College Prep	A	1:40.91	1:41.43	26
1) Ossher, Dylan SR	2) Huang, Caden SR	3) Cole, Michael JR	4) Wong, Newton SR	
25.33	53.38 (28.05)	1:18.77 (25.39)	1:41.43 (22.66)	
7 Sacred Heart Cathedral Prep	A	1:52.55	1:55.44	24
1) Perun, Tyler SR	2) Russo, Dylan JR	3) Kornach, Konstantin JR	4) Wang, Issac SR	
31.90	1:06.17 (34.27)	1:30.87 (24.70)	1:55.44 (24.57)	
8 Archbishop Riordan High School	A	2:03.50	1:59.98	22
1) West, Jack SR	2) Mancinetti, Marco SR	3) Yang, Tyson FR	4) Reyes, Sean SR	
26.65	53.33 (26.68)	1:30.67 (37.34)	1:59.98 (29.31)	
--- Bellarmine College Prep	B	1:39.37	x1:41.41	
1) Tai, Dylan JR	2) Winalski, Chris SR	3) Wells, Gavin JR	4) Von der Ahe, Christopher SR	
27.68	54.87 (27.19)	1:18.33 (23.46)	1:41.41 (23.08)	
--- Valley Christian High School	B	NT	x1:44.12	
1) Li, Moore SO	2) Housholder, Andrew SO	3) Crawford, Noah SO	4) Su, Forrest SO	
26.77	55.60 (28.83)	1:21.10 (25.50)	1:44.12 (23.02)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****(Event 4 Boys 200 Yard Medley Relay Varsity)**

Team	Relay	Seed Time	Finals Time	Points
--- Serra High School	B	NT	x1:46.51	
1) Tarantino, Dante SR	2) Graham, Henry JR	3) Hagmueller, Blake SR	4) Hagmueller, Reed SR	
28.09	58.99 (30.90)	1:23.01 (24.02)	1:46.51 (23.50)	
--- St. Ignatius College Prep	B	1:46.77	x1:48.16	
1) Gaskin, Blake JR	2) Garzee, Desmond SR	3) Yang, Darrin JR	4) Hornik, Jeremy JR	
28.27	59.21 (30.94)	1:24.60 (25.39)	1:48.16 (23.56)	
--- Saint Francis High School	B	1:48.43	x1:55.84	
1) Marquez, Devin JR	2) Sivamurthy, Nikhil SO	3) Venkat, Sunay JR	4) Sharp, Luke JR	
30.28	1:03.19 (32.91)	1:32.01 (28.82)	1:55.84 (23.83)	
--- Sacred Heart Cathedral Prep	B	NT	x2:17.53	
1) Lee, Kenneth JR	2) Pak, Matthew SR	3) Troung, Anthony SR	4) Pacubas, Dylan John JR	
36.87	1:16.59 (39.72)	1:47.42 (30.83)	2:17.53 (30.11)	

Event 5 Girls 200 Yard Freestyle Junior Varsity

WCAL Record:	1:50.44	2016	Cathy Teng	AMHS
	1:48.79	AAA		
	1:50.65	AAC		
	2:01.49	CCS		

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Jog, Zuie	JR	Archbishop Mitty High School	2:10.11	2:08.87	20
29.58	1:01.79 (32.21)	1:35.24 (33.45)	2:08.87 (33.63)		
2 Jacobson, Rene	FR	Saint Francis High School	2:15.59	2:15.47	17
29.08	1:01.51 (32.43)	1:37.24 (35.73)	2:15.47 (38.23)		
3 Silva, Sophia	SO	Archbishop Mitty High School	2:18.06	2:16.46	16
32.63	1:06.92 (34.29)	1:41.71 (34.79)	2:16.46 (34.75)		
4 Gridley, Magnolia	JR	Valley Christian High School	2:19.79	2:19.37	15
31.82	1:06.92 (35.10)	2:19.37 (1:12.45)			
5 Baicher, Jessica	SO	Archbishop Mitty High School	2:24.10	2:22.84	14
32.40	1:08.33 (35.93)	1:45.81 (37.48)	2:22.84 (37.03)		
6 Peralta, Aria	FR	St. Ignatius College Prep	2:31.71	2:26.41	13
33.46	1:10.89 (37.43)	1:49.81 (38.92)	2:26.41 (36.60)		
7 Kosmyinka, Emerson	FR	Presentation High School	2:29.53	2:28.44	12
33.48	1:10.72 (37.24)	1:50.26 (39.54)	2:28.44 (38.18)		
8 Javinsky, Jenna	FR	St. Ignatius College Prep	2:35.00	2:36.26	11
35.30	1:14.72 (39.42)	2:36.26 (1:21.54)			
B - Final					
9 Almajdalani, Farrah	SO	St. Ignatius College Prep	2:35.86	2:34.51	9
34.14	1:13.56 (39.42)	1:54.88 (41.32)	2:34.51 (39.63)		
10 Webb, Sophia	FR	Valley Christian High School	2:38.01	2:41.07	7
34.04	1:13.51 (39.47)	1:57.48 (43.97)	2:41.07 (43.59)		
11 Lynch, Natalie	SO	Saint Francis High School	2:42.14	2:42.11	6
35.42	1:16.99 (41.57)	2:00.10 (43.11)	2:42.11 (42.01)		
12 Akers, Micaela	FR	Presentation High School	2:45.77	2:46.33	5
35.77	1:17.46 (41.69)	2:02.75 (45.29)	2:46.33 (43.58)		
13 Lenz, Maddy	FR	Presentation High School	2:45.21	2:48.14	4
38.00	1:19.47 (41.47)	2:04.36 (44.89)	2:48.14 (43.78)		
14 Flanagan, Delaney	JR	Archbishop Riordan High School	2:47.90	2:49.66	3
37.49	1:20.52 (43.03)	2:05.62 (45.10)	2:49.66 (44.04)		
15 Childres, Ava	JR	Sacred Heart Cathedral Prep	2:53.04	2:54.29	2
37.13	1:21.25 (44.12)	2:54.29 (1:33.04)			
16 Clarke, Lola	FR	Sacred Heart Cathedral Prep	2:54.23	2:54.76	1
39.45	1:23.80 (44.35)	2:10.65 (46.85)	2:54.76 (44.11)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Event 5 Girls 200 Yard Freestyle Junior Varsity

WCAL Record: 1:50.44 2016 Cathy Teng
 1:48.79 AAA
 1:50.65 AAC
 2:01.49 CCS

AMHS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Jog, Zuie	JR	Archbishop Mitty High School	2:13.29	2:10.11	q
29.82	1:02.77 (32.95)	1:36.52 (33.75)	2:10.11 (33.59)		
2 Jacobson, Rene	FR	Saint Francis High School	2:17.14	2:15.59	q
30.65	1:03.95 (33.30)	1:39.45 (35.50)	2:15.59 (36.14)		
3 Juul, Anna	JR	Archbishop Mitty High School	2:22.14	2:16.62	q
30.65	1:04.83 (34.18)	1:40.65 (35.82)	2:16.62 (35.97)		
4 Silva, Sophia	SO	Archbishop Mitty High School	2:22.68	2:18.06	q
34.60	1:10.94 (36.34)	1:45.38 (34.44)	2:18.06 (32.68)		
5 White, Courtney	SO	Presentation High School	2:18.18	2:18.88	q
32.10	1:08.04 (35.94)	1:44.93 (36.89)	2:18.88 (33.95)		
6 Gridley, Magnolia	JR	Valley Christian High School	2:20.66	2:19.79	q
32.08	1:07.21 (35.13)	1:43.11 (35.90)	2:19.79 (36.68)		
7 Baicher, Jessica	SO	Archbishop Mitty High School	2:27.60	2:24.10	q
33.17	1:09.32 (36.15)	1:46.81 (37.49)	2:24.10 (37.29)		
8 Kosmyinka, Emerson	FR	Presentation High School	2:27.04	2:29.53	q
32.97	1:10.26 (37.29)	1:49.74 (39.48)	2:29.53 (39.79)		
9 Peralta, Aria	FR	St. Ignatius College Prep	2:29.65	2:31.71	q
34.93	1:12.95 (38.02)	1:52.84 (39.89)	2:31.71 (38.87)		
10 Javinsky, Jenna	FR	St. Ignatius College Prep	2:36.20	2:35.00	q
34.52	1:14.51 (39.99)	1:54.77 (40.26)	2:35.00 (40.23)		
11 Almajdalani, Farrah	SO	St. Ignatius College Prep	2:39.60	2:35.86	q
34.79	1:13.80 (39.01)	1:55.48 (41.68)	2:35.86 (40.38)		
12 Webb, Sophia	FR	Valley Christian High School	2:41.26	2:38.01	q
34.90	1:14.20 (39.30)	1:56.15 (41.95)	2:38.01 (41.86)		
13 Lynch, Natalie	SO	Saint Francis High School	NT	2:42.14	q
35.19	1:15.72 (40.53)	2:42.14 (1:26.42)			
14 Lenz, Maddy	FR	Presentation High School	2:57.53	2:45.21	q
38.11	1:18.27 (40.16)	2:02.47 (44.20)	2:45.21 (42.74)		
15 Akers, Micaela	FR	Presentation High School	2:46.44	2:45.77	q
37.06	1:20.01 (42.95)	2:04.22 (44.21)	2:45.77 (41.55)		
16 Flanagan, Delaney	JR	Archbishop Riordan High School	2:50.50	2:47.90	q
37.90	1:20.61 (42.71)	2:04.66 (44.05)	2:47.90 (43.24)		
17 Childres, Ava	JR	Sacred Heart Cathedral Prep	2:47.76	2:53.04	
36.75	1:19.69 (42.94)	2:06.52 (46.83)	2:53.04 (46.52)		
18 Clarke, Lola	FR	Sacred Heart Cathedral Prep	2:45.50	2:54.23	
40.21	1:24.93 (44.72)	2:10.52 (45.59)	2:54.23 (43.71)		
19 Burne, Teagan	SO	Sacred Heart Cathedral Prep	2:59.80	2:59.31	
41.04	1:27.71 (46.67)	2:14.72 (47.01)	2:59.31 (44.59)		
20 Rold, Samantha	JR	Archbishop Riordan High School	2:52.67	3:01.08	
39.53	1:25.28 (45.75)	2:14.20 (48.92)	3:01.08 (46.88)		
21 Toleno, Siena	FR	Saint Francis High School	3:06.57	3:09.10	
45.24	1:34.36 (49.12)	2:22.41 (48.05)	3:09.10 (46.69)		
--- Clements, Raeleigh	SO	Saint Francis High School	NT	3:01.26	

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Results

Event 6 Boys 200 Yard Freestyle Junior Varsity

WCAL Record: 1:45.87 2016 Max Saunders BELA
 1:38.21 AAA
 1:39.81 AAC
 1:48.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Olsen, William	JR	Bellarmino College Prep	1:53.23	1:53.09	20
26.15	54.22 (28.07)	1:23.63 (29.41)	1:53.09 (29.46)		
2 Li, Daniel	FR	Bellarmino College Prep	1:52.98	1:53.25	17
25.76	53.57 (27.81)	1:23.27 (29.70)	1:53.25 (29.98)		
3 Zucek, Dax	SO	Bellarmino College Prep	1:52.98	1:53.81	16
25.42	53.34 (27.92)	1:23.23 (29.89)	1:53.81 (30.58)		
4 Callahan, Espen	SO	Archbishop Mitty High School	1:54.16	1:54.11	15
27.28	55.71 (28.43)	1:25.93 (30.22)	1:54.11 (28.18)		
5 Thyne, Robert	FR	Bellarmino College Prep	1:54.19	1:54.57	14
26.34	54.88 (28.54)	1:24.88 (30.00)	1:54.57 (29.69)		
6 Timar, Andre	FR	Serra High School	1:58.36	1:56.27	13
25.34	54.02 (28.68)	1:24.67 (30.65)	1:56.27 (31.60)		
7 Pangilinin, Jonathan	FR	Archbishop Riordan High School	1:55.54	1:56.80	12
28.12	57.08 (28.96)	1:26.97 (29.89)	1:56.80 (29.83)		
8 Kwok, Peter	FR	Serra High School	2:01.33	2:00.65	11
26.99	56.74 (29.75)	1:28.24 (31.50)	2:00.65 (32.41)		
B - Final					
9 Zanghi, Chase	SO	Archbishop Mitty High School	2:01.64	1:58.31	9
26.58	56.20 (29.62)	1:27.45 (31.25)	1:58.31 (30.86)		
10 Chan, Oliver	FR	St. Ignatius College Prep	2:04.27	2:05.10	7
28.14	58.89 (30.75)	1:31.84 (32.95)	2:05.10 (33.26)		
11 Oliver, Clark	SO	Archbishop Mitty High School	2:11.46	2:07.96	6
28.52	59.74 (31.22)	1:33.66 (33.92)	2:07.96 (34.30)		
12 Ruan, Jacob	SO	Archbishop Mitty High School	2:14.11	2:14.23	5
30.24	1:04.68 (34.44)	1:41.05 (36.37)	2:14.23 (33.18)		
13 Huesca, Kalob	SO	Valley Christian High School	2:21.56	2:19.50	4
29.95	1:04.18 (34.23)	1:41.27 (37.09)	2:19.50 (38.23)		
14 Delaney, Logan	SO	Saint Francis High School	2:19.26	2:23.26	3
30.39	1:05.57 (35.18)	1:44.07 (38.50)	2:23.26 (39.19)		
15 Decker, Aiden	FR	Valley Christian High School	2:25.80	2:27.24	2
32.51	2:27.24 (1:54.73)				
16 Haber, Logan	SO	Sacred Heart Cathedral Prep	2:25.85	2:36.74	1
33.48	1:13.43 (39.95)	1:54.00 (40.57)	2:36.74 (42.74)		

Event 6 Boys 200 Yard Freestyle Junior Varsity

WCAL Record: 1:45.87 2016 Max Saunders BELA
 1:38.21 AAA
 1:39.81 AAC
 1:48.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
*1 Zucek, Dax	SO	Bellarmino College Prep	1:57.14	1:52.98	q
25.71	53.72 ()	1:23.01 (29.29)			
1:52.98 (29.97)					
*1 Li, Daniel	FR	Bellarmino College Prep	1:56.72	1:52.98	q
25.24	53.27 (28.03)	1:23.08 (29.81)	1:52.98 (29.90)		
3 Olsen, William	JR	Bellarmino College Prep	2:03.20	1:53.23	q
26.15	54.14 (27.99)	1:23.62 (29.48)	1:53.23 (29.61)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 6 Boys 200 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time	
4 Callahan, Espen	SO	Archbishop Mitty High School	1:56.32	1:54.16	q
25.72	54.55 (28.83)	1:24.60 (30.05)	1:54.16 (29.56)		
5 Thyne, Robert	FR	Bellarmino College Prep	1:57.28	1:54.19	q
26.11	54.60 (28.49)	1:24.71 (30.11)	1:54.19 (29.48)		
6 Pangilinin, Jonathan	FR	Archbishop Riordan High School	2:00.05	1:55.54	q
26.85	55.75 ()		1:25.39 (29.64)		
1:55.54 (30.15)					
7 Timar, Andre	FR	Serra High School	1:58.36	1:58.36	q
25.67	55.11 (29.44)	1:26.64 (31.53)	1:58.36 (31.72)		
8 Kwok, Peter	FR	Serra High School	2:02.95	2:01.33	q
26.93	56.98 (30.05)	1:28.63 (31.65)	2:01.33 (32.70)		
9 Zanghi, Chase	SO	Archbishop Mitty High School	2:02.82	2:01.64	q
26.31	56.38 (30.07)	1:28.83 (32.45)	2:01.64 (32.81)		
10 Chan, Oliver	FR	St. Ignatius College Prep	2:08.59	2:04.27	q
28.06	59.10 (31.04)	1:31.50 (32.40)	2:04.27 (32.77)		
11 Oliver, Clark	SO	Archbishop Mitty High School	2:06.78	2:11.46	q
28.35	1:00.47 (32.12)	1:35.59 (35.12)	2:11.46 (35.87)		
12 Ruan, Jacob	SO	Archbishop Mitty High School	2:20.23	2:14.11	q
30.04	1:03.86 (33.82)	1:40.09 (36.23)	2:14.11 (34.02)		
13 Delaney, Logan	SO	Saint Francis High School	2:19.93	2:19.26	q
29.50	1:03.58 ()		1:41.06 (37.48)		
2:19.26 (38.20)					
14 Huesca, Kalob	SO	Valley Christian High School	2:19.26	2:21.56	q
30.11	1:05.23 (35.12)	1:43.14 (37.91)	2:21.56 (38.42)		
15 Decker, Aiden	FR	Valley Christian High School	2:29.15	2:25.80	q
31.80	2:25.80 (1:54.00)				
16 Haber, Logan	SO	Sacred Heart Cathedral Prep	2:30.50	2:25.85	q
33.50	1:11.55 (38.05)	1:52.20 (40.65)	2:25.85 (33.65)		
17 Lee, Michael	SO	Sacred Heart Cathedral Prep	2:34.58	2:29.03	
33.35	1:10.64 ()		1:52.25 (41.61)		
2:29.03 (36.78)					
18 Marinov, Phillip	SO	Sacred Heart Cathedral Prep	2:35.16	2:35.38	
33.92	1:12.97 (39.05)	1:54.58 (41.61)	2:35.38 (40.80)		
19 McGuigan, Mateo	FR	St. Ignatius College Prep	2:37.92	2:48.86	
37.69	1:20.53 (42.84)	2:05.29 (44.76)	2:48.86 (43.57)		
--- Shedlosky, Owen	FR	Bellarmino College Prep	2:02.30	X1:56.41	
26.90	56.00 (29.10)	1:26.73 (30.73)	1:56.41 (29.68)		
--- Tung, Kai	FR	Bellarmino College Prep	2:02.40	X2:00.74	
26.71	56.67 ()		1:28.80 (32.13)		
2:00.74 (31.94)					
--- Dietrich, Derek	FR	Bellarmino College Prep	2:07.81	X2:05.22	
28.06	59.22 ()		1:32.02 (32.80)		
2:05.22 (33.20)					
--- Terra, Dominic	FR	Bellarmino College Prep	NT	X2:20.55	
31.40	1:07.64 ()		1:45.35 (37.71)		
2:20.55 (35.20)					
--- Correa, Conrad	SO	Bellarmino College Prep	2:23.61	X2:21.01	
30.87	1:05.85 (34.98)	1:44.10 (38.25)	2:21.01 (36.91)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Event 7 Girls 200 Yard Freestyle Varsity

WCAL Record: 1:49.95 2019 Nicole Oliva SFMV
 1:48.79 AAA
 1:50.65 AAC
 2:01.49 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Birkhold, Elaine	JR	St. Ignatius College Prep	1:49.77	1:50.21	20
25.67	53.68 (28.01)	1:21.71 (28.03)	1:50.21 (28.50)		
2 Rutter, Violet	FR	Archbishop Mitty High School	1:54.19	1:51.94	17
26.16	54.29 (28.13)	1:23.12 (28.83)	1:51.94 (28.82)		
3 Avnur, Maya	JR	Saint Francis High School	1:55.03	1:54.45	16
26.98	56.17 (29.19)	1:25.54 (29.37)	1:54.45 (28.91)		
4 Kwok, Maddie	SO	St. Ignatius College Prep	1:54.83	1:55.16	15
26.79	55.94 (29.15)	1:25.38 (29.44)	1:55.16 (29.78)		
5 Swall, Alex	SO	Saint Francis High School	1:56.36	1:55.21	14
27.36	56.44 (29.08)	1:25.79 (29.35)	1:55.21 (29.42)		
6 Caputo, Maddie	JR	Archbishop Mitty High School	1:57.89	1:57.33	13
27.48	57.45 (29.97)	1:27.97 (30.52)	1:57.33 (29.36)		
7 Hu, Madison	JR	Presentation High School	1:59.50	1:58.49	12
27.57	57.13 (29.56)	1:27.71 (30.58)	1:58.49 (30.78)		
8 Williams, Kenley	FR	Valley Christian High School	2:00.30	1:59.47	11
27.83	58.24 (30.41)	1:29.21 (30.97)	1:59.47 (30.26)		
B - Final					
9 Malhi, Rhian	FR	Presentation High School	2:02.78	2:02.24	9
28.85	59.97 (31.12)	1:31.57 (31.60)	2:02.24 (30.67)		
10 Chapman, Maxine	SO	Archbishop Mitty High School	2:03.97	2:03.10	7
28.87	1:00.29 (31.42)	1:32.26 (31.97)	2:03.10 (30.84)		
11 Harlow, Eliza		St. Ignatius College Prep	2:04.66	2:05.00	6
28.96	1:00.37 (31.41)	1:32.65 (32.28)	2:05.00 (32.35)		
12 Vega, Arwen	SO	Presentation High School	2:04.83	2:05.31	5
28.91	1:00.46 (31.55)	1:32.86 (32.40)	2:05.31 (32.45)		
13 Schlunt, Brooklyn	FR	St. Ignatius College Prep	2:07.62	2:06.06	4
28.58	59.81 (31.23)	1:32.55 (32.74)	2:06.06 (33.51)		
14 Wheeler, Hannah	JR	Valley Christian High School	2:06.97	2:06.28	3
28.79	1:01.40 (32.61)	1:34.32 (32.92)	2:06.28 (31.96)		
15 Ring, Berlyn	SO	Sacred Heart Cathedral Prep	2:04.74	2:09.20	2
29.56	1:01.83 (32.27)	1:35.41 (33.58)	2:09.20 (33.79)		
16 Grunewald, Cate	SO	Saint Francis High School	2:09.84	2:16.45	1
30.44	1:05.16 (34.72)	1:41.50 (36.34)	2:16.45 (34.95)		

Event 7 Girls 200 Yard Freestyle Varsity

WCAL Record: 1:49.95 2019 Nicole Oliva SFMV
 1:48.79 AAA
 1:50.65 AAC
 2:01.49 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Birkhold, Elaine	JR	St. Ignatius College Prep	1:52.53	1:49.77	q
25.54	53.39 (27.85)	1:21.37 (27.98)	1:49.77 (28.40)		
2 Rutter, Violet	FR	Archbishop Mitty High School	1:53.12	1:54.19	q
26.64	55.34 (28.70)	1:24.79 (29.45)	1:54.19 (29.40)		
3 Kwok, Maddie	SO	St. Ignatius College Prep	1:57.88	1:54.83	q
27.04	55.96 (28.92)	1:25.30 (29.34)	1:54.83 (29.53)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 7 Girls 200 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time	
4 Avnur, Maya	JR	Saint Francis High School	1:59.09	1:55.03	q
27.02	56.10 (29.08)	1:25.58 (29.48)	1:55.03 (29.45)		
5 Swall, Alex	SO	Saint Francis High School	1:58.21	1:56.36	q
27.00	56.16 (29.16)	1:25.92 (29.76)	1:56.36 (30.44)		
6 Caputo, Maddie	JR	Archbishop Mitty High School	2:02.22	1:57.89	q
27.45	57.48 (30.03)	1:28.23 (30.75)	1:57.89 (29.66)		
7 Hu, Madison	JR	Presentation High School	1:58.43	1:59.50	q
27.46	57.52 (30.06)	1:28.33 (30.81)	1:59.50 (31.17)		
8 Williams, Kenley	FR	Valley Christian High School	2:01.81	2:00.30	q
28.11	58.49 (30.38)	1:29.62 (31.13)	2:00.30 (30.68)		
9 Malhi, Rhian	FR	Presentation High School	2:01.24	2:02.78	q
28.59	59.19 (30.60)	1:30.91 (31.72)	2:02.78 (31.87)		
10 Chapman, Maxine	SO	Archbishop Mitty High School	2:07.32	2:03.97	q
28.60	1:00.13 (31.53)	1:32.45 (32.32)	2:03.97 (31.52)		
11 Harlow, Eliza		St. Ignatius College Prep	2:09.87	2:04.66	q
28.96	1:00.32 (31.36)	1:32.42 (32.10)	2:04.66 (32.24)		
12 Ring, Berlyn	SO	Sacred Heart Cathedral Prep	2:03.72	2:04.74	q
27.30	58.31 (31.01)	1:31.11 (32.80)	2:04.74 (33.63)		
13 Vega, Arwen	SO	Presentation High School	2:05.97	2:04.83	q
28.13	59.07 (30.94)	1:31.37 (32.30)	2:04.83 (33.46)		
14 Wheeler, Hannah	JR	Valley Christian High School	2:15.87	2:06.97	q
29.03	1:01.28 (32.25)	1:34.10 (32.82)	2:06.97 (32.87)		
15 Schlunt, Brooklyn	FR	St. Ignatius College Prep	2:12.60	2:07.62	q
27.98	59.52 (31.54)	1:33.13 (33.61)	2:07.62 (34.49)		
16 Grunewald, Cate	SO	Saint Francis High School	2:10.63	2:09.84	q
29.53	1:02.18 (32.65)	1:36.29 (34.11)	2:09.84 (33.55)		
17 Mizutani, Mia	SR	Archbishop Mitty High School	2:08.13	2:10.39	
30.20	1:02.82 (32.62)	1:36.38 (33.56)	2:10.39 (34.01)		
18 Arroyo, Cassiopeia	SO	Valley Christian High School	2:15.94	2:13.15	
30.60	1:04.57 (33.97)	1:38.88 (34.31)	2:13.15 (34.27)		
19 Demina, Alisa	SR	Sacred Heart Cathedral Prep	2:13.35	2:16.02	
30.21	1:03.91 (33.70)	1:39.89 (35.98)	2:16.02 (36.13)		
20 Crehan, Maggie	SO	Sacred Heart Cathedral Prep	2:21.92	2:18.08	
31.26	1:06.33 (35.07)	1:42.63 (36.30)	2:18.08 (35.45)		
21 Kloes, Peri	SO	Sacred Heart Cathedral Prep	2:23.52	2:23.90	
32.48	1:08.41 (35.93)	1:46.37 (37.96)	2:23.90 (37.53)		
22 Ramasubban, Ayana	JR	Presentation High School	2:25.81	2:32.07	
34.10	1:13.09 (38.99)	1:52.71 (39.62)	2:32.07 (39.36)		
--- Spicknall, Ashlie	SO	Archbishop Mitty High School	2:17.10	X2:12.91	
30.78	1:04.43 (33.65)	1:39.01 (34.58)	2:12.91 (33.90)		

Event 8 Boys 200 Yard Freestyle Varsity

WCAL Record: 1:39.50 2014 Benjamin Ho-SF SFMV
 1:38.21 AAA
 1:39.81 AAC
 1:48.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Goya, Francisco	SR	Saint Francis High School	1:42.76	1:40.08	20
23.35	48.56 (25.21)	1:14.19 (25.63)	1:40.08 (25.89)		
2 Shao, Garic	JR	Valley Christian High School	1:43.13	1:41.50	17
24.15	49.73 (25.58)	1:15.90 (26.17)	1:41.50 (25.60)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

A - Final ... (Event 8 Boys 200 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
3 Boettner, Jackson	SR	Bellarmino College Prep	1:44.19	1:42.52	16
23.64	49.43 (25.79)	1:16.29 (26.86)	1:42.52 (26.23)		
4 Taner, Vaughn	SR	Serra High School	1:43.58	1:42.68	15
23.86	49.49 (25.63)	1:16.14 (26.65)	1:42.68 (26.54)		
5 Shang, Derek	JR	Bellarmino College Prep	1:44.59	1:44.18	14
25.08	51.80 (26.72)	1:18.26 (26.46)	1:44.18 (25.92)		
6 Yu, Ben	SO	Archbishop Mitty High School	1:47.11	1:45.81	13
25.23	51.82 (26.59)	1:18.69 (26.87)	1:45.81 (27.12)		
7 Kalynij, Luke	SR	Bellarmino College Prep	1:47.38	1:46.53	12
23.98	50.03 (26.05)	1:17.89 (27.86)	1:46.53 (28.64)		
8 Coffin, Sean	SR	Serra High School	1:47.03	1:47.10	11
24.11	51.02 (26.91)	1:19.43 (28.41)	1:47.10 (27.67)		

B - Final

9 Do, Brian	FR	Bellarmino College Prep	1:47.47	1:44.14	9
24.48	50.58 (26.10)	1:17.08 (26.50)	1:44.14 (27.06)		
10 Kornach, Konstantin	JR	Sacred Heart Cathedral Prep	1:48.19	1:47.53	7
24.50	51.43 (26.93)	1:19.19 (27.76)	1:47.53 (28.34)		
11 Blitzer, Chase	JR	Valley Christian High School	1:48.37	1:48.05	6
24.79	51.72 (26.93)	1:19.55 (27.83)	1:48.05 (28.50)		
12 Yen, Jordan	SO	Archbishop Mitty High School	1:50.54	1:49.71	5
24.55	51.44 (26.89)	1:19.57 (28.13)	1:49.71 (30.14)		
13 McGuigan, Joaquin	JR	St. Ignatius College Prep	1:50.48	1:50.07	4
25.55	53.41 (27.86)	1:21.64 (28.23)	1:50.07 (28.43)		
14 Li, Moore	SO	Valley Christian High School	1:53.82	1:50.45	3
25.82	53.29 (27.47)	1:21.67 (28.38)	1:50.45 (28.78)		
15 Pascual, Andrew	SO	Saint Francis High School	1:52.06	1:51.71	2
25.42	53.46 (28.04)	1:22.48 (29.02)	1:51.71 (29.23)		
16 Niemi, Calvin	SO	St. Ignatius College Prep	1:50.22	1:51.87	1
25.10	52.28 (27.18)	1:21.37 (29.09)	1:51.87 (30.50)		

Event 8 Boys 200 Yard Freestyle Varsity

WCAL Record: 1:39.50 2014 Benjamin Ho-SF SFMV
 1:38.21 AAA
 1:39.81 AAC
 1:48.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Goya, Francisco	SR	Saint Francis High School	1:41.20	1:42.76	q
24.17	50.17 (26.00)	1:16.49 (26.32)	1:42.76 (26.27)		
2 Shao, Garic	JR	Valley Christian High School	1:45.09	1:43.13	q
24.54	50.75 (26.21)	1:17.22 (26.47)	1:43.13 (25.91)		
3 Taner, Vaughn	SR	Serra High School	1:44.63	1:43.58	q
23.56	49.43 (25.87)	1:15.96 (26.53)	1:43.58 (27.62)		
4 Boettner, Jackson	SR	Bellarmino College Prep	1:41.83	1:44.19	q
1:15.05	1:44.19 (29.14)				
5 Shang, Derek	JR	Bellarmino College Prep	1:43.49	1:44.59	q
25.35	52.11 (26.76)	1:19.05 (26.94)	1:44.59 (25.54)		
6 Coffin, Sean	SR	Serra High School	1:46.43	1:47.03	q
1:16.22	1:47.03 (30.81)				
7 Yu, Ben	SO	Archbishop Mitty High School	1:47.02	1:47.11	q
24.96	51.91 (26.95)	1:19.16 (27.25)	1:47.11 (27.95)		
8 Kalynij, Luke	SR	Bellarmino College Prep	1:45.00	1:47.38	q
1:17.33	1:47.38 (30.05)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 8 Boys 200 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time	
9 Do, Brian	FR	Bellarmine College Prep	1:45.34	1:47.47	q
25.48	52.66 (27.18)	1:20.24 (27.58)	1:47.47 (27.23)		
10 Kornach, Konstantin	JR	Sacred Heart Cathedral Prep	1:50.10	1:48.19	q
24.57	51.75 (27.18)	1:19.72 (27.97)	1:48.19 (28.47)		
11 Blitzer, Chase	JR	Valley Christian High School	1:54.55	1:48.37	q
24.55	51.50 (26.95)	1:19.63 (28.13)	1:48.37 (28.74)		
12 Niemi, Calvin	SO	St. Ignatius College Prep	1:53.58	1:50.22	q
25.52	53.34 (27.82)	1:21.77 (28.43)	1:50.22 (28.45)		
13 McGuigan, Joaquin	JR	St. Ignatius College Prep	1:56.69	1:50.48	q
25.93	54.01 (28.08)	1:22.34 (28.33)	1:50.48 (28.14)		
14 Yen, Jordan	SO	Archbishop Mitty High School	1:56.18	1:50.54	q
25.20	52.37 (27.17)	1:21.04 (28.67)	1:50.54 (29.50)		
15 Pascual, Andrew	SO	Saint Francis High School	1:51.34	1:52.06	q
1:21.41	1:49.91 (28.50)	1:52.06 (2.15)			
16 Li, Moore	SO	Valley Christian High School	1:53.10	1:53.82	q
26.46	54.91 (28.45)	1:24.20 (29.29)	1:53.82 (29.62)		
17 Wright, Colin	SO	Serra High School	1:57.04	1:54.37	
1:22.71	1:54.37 (31.66)				
18 Smoot, Graham	SO	Saint Francis High School	1:55.84	1:54.52	
26.38	54.76 (28.38)	1:24.64 (29.88)	1:54.52 (29.88)		
19 Gavin, Tucker	JR	Archbishop Mitty High School	1:56.17	1:55.48	
1:23.53	1:55.48 (31.95)				
20 Tarantino, Dante	SR	Serra High School	2:01.80	1:56.44	
1:25.25	1:56.44 (31.19)				
21 Kendall, Chase	JR	St. Ignatius College Prep	1:58.09	1:56.81	
26.15	55.23 (29.08)	1:25.55 (30.32)	1:56.81 (31.26)		
22 Taylor, Brooks	SR	St. Ignatius College Prep	1:58.30	1:59.92	
27.13	56.93 (29.80)	1:28.11 (31.18)	1:59.92 (31.81)		
23 Kang, Sean	SR	Archbishop Mitty High School	2:03.50	2:02.95	
27.99	58.15 (30.16)	1:30.02 (31.87)	2:02.95 (32.93)		
24 Kutner, Dainel	JR	Sacred Heart Cathedral Prep	2:11.73	2:12.38	
28.84	1:01.41 (32.57)	1:37.14 (35.73)	2:12.38 (35.24)		
--- Smith, Brady	JR	Bellarmine College Prep	1:53.77	X1:54.19	
1:22.70	1:54.19 (31.49)				

Event 9 Girls 100 Yard IM Junior Varsity

WCAL Record:	1:03.40	2015	Kaitlin Rooney-Pres	PRES	
Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Mallory, Rhianna	JR	Archbishop Riordan High School	1:08.79	1:09.49	20
31.85	1:09.49 (37.64)				
2 Garcia, Naomi	FR	Saint Francis High School	1:11.40	1:10.64	17
32.15	1:10.64 (38.49)				
3 Jeon, Eunwoo	JR	Archbishop Mitty High School	1:13.08	1:11.94	16
33.04	1:11.94 (38.90)				
4 Dias, Diyanka	FR	Archbishop Mitty High School	1:16.30	1:15.34	15
35.86	1:15.34 (39.48)				
5 Couch, Corrina	JR	Archbishop Riordan High School	1:14.37	1:16.19	14
35.65	1:16.19 (40.54)				
6 Lopez, Miki	SO	Presentation High School	1:14.97	1:16.22	13
35.83	1:16.22 (40.39)				
7 Leggio, Vanessa	SO	Valley Christian High School	1:13.51	1:16.95	12
34.65	1:16.95 (42.30)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

A - Final ... (Event 9 Girls 100 Yard IM Junior Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
8 Yiu, Sofia	FR	Valley Christian High School	1:16.91	1:17.60	11
			37.25	1:17.60 (40.35)	

B - Final

9 Rose, Amandine	FR	St. Ignatius College Prep	1:17.14	1:15.68	9
			35.74	1:15.68 (39.94)	
10 Choi, Maddy	SO	Saint Francis High School	1:20.77	1:16.35	7
			32.98	1:16.35 (43.37)	
11 McCombie, Anna	JR	Archbishop Mitty High School	1:18.43	1:16.62	6
			34.31	1:16.62 (42.31)	
12 Chen, Kara	FR	Archbishop Mitty High School	1:18.80	1:18.08	5
			36.39	1:18.08 (41.69)	
13 Ishimoto, Emma	SO	St. Ignatius College Prep	1:19.31	1:19.60	4
			36.56	1:19.60 (43.04)	
14 Concion, Dalia	SO	Valley Christian High School	1:19.94	1:20.27	3
			36.56	1:20.27 (43.71)	
15 Wong, Natalie	SO	St. Ignatius College Prep	1:21.83	1:21.27	2
			37.89	1:21.27 (43.38)	
16 Fidrych, Mallory	SO	Presentation High School	1:25.33	1:28.21	1
			41.02	1:28.21 (47.19)	

Event 9 Girls 100 Yard IM Junior Varsity

WCAL Record:	2015	Kaitlin Rooney-Pres	PRES		
Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Mallory, Rhianna	JR	Archbishop Riordan High School	1:10.44	1:08.79	q
				30.57	1:08.79 (38.22)
2 Garcia, Naomi	FR	Saint Francis High School	1:10.35	1:11.40	q
				32.39	1:11.40 (39.01)
3 Jeon, Eunwoo	JR	Archbishop Mitty High School	1:14.36	1:13.08	q
				33.83	1:13.08 (39.25)
4 Leggio, Vanessa	SO	Valley Christian High School	1:15.85	1:13.51	q
				34.13	1:13.51 (39.38)
5 Couch, Corrina	JR	Archbishop Riordan High School	1:17.60	1:14.37	q
				34.46	1:14.37 (39.91)
6 Lopez, Miki	SO	Presentation High School	1:16.28	1:14.97	q
				35.02	1:14.97 (39.95)
7 Dias, Diyanka	FR	Archbishop Mitty High School	1:18.39	1:16.30	q
				36.60	1:16.30 (39.70)
8 Yiu, Sofia	FR	Valley Christian High School	1:15.56	1:16.91	q
				36.59	1:16.91 (40.32)
9 Rose, Amandine	FR	St. Ignatius College Prep	1:17.73	1:17.14	q
				38.18	1:17.14 (38.96)
10 McCombie, Anna	JR	Archbishop Mitty High School	1:17.59	1:18.43	q
				35.03	1:18.43 (43.40)
11 Chen, Kara	FR	Archbishop Mitty High School	1:24.00	1:18.80	q
				37.62	1:18.80 (41.18)
12 Ishimoto, Emma	SO	St. Ignatius College Prep	1:20.36	1:19.31	q
				36.14	1:19.31 (43.17)
13 Concion, Dalia	SO	Valley Christian High School	NT	1:19.94	q
				37.04	1:19.94 (42.90)
14 Lajeunesse, Ella	FR	Archbishop Mitty High School	1:20.00	1:20.27	q
				36.62	1:20.27 (43.65)

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 9 Girls 100 Yard IM Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time	
15 Choi, Maddy	SO	Saint Francis High School	1:19.39	1:20.77	q
	34.94	1:20.77 (45.83)			
16 Wong, Natalie	SO	St. Ignatius College Prep	1:24.39	1:21.83	q
	37.93	1:21.83 (43.90)			
17 Fidrych, Mallory	SO	Presentation High School	1:29.99	1:25.33	
	38.82	1:25.33 (46.51)			
18 Ware, Lulu	SO	Sacred Heart Cathedral Prep	1:26.16	1:25.96	
	42.35	1:25.96 (43.61)			
19 Farzaneh, Ara	FR	Presentation High School	NT	1:27.60	
	40.41	1:27.60 (47.19)			
20 Cosico, Aaliyah	FR	Sacred Heart Cathedral Prep	1:47.85	1:39.77	
	43.61	1:39.77 (56.16)			
--- Gabriel-Novoa, Lesley	JR	St. Ignatius College Prep	1:17.82	DQ	
	33.91	DQ (42.18)			
--- Flores Lomeli, Alondra	JR	Presentation High School	NT	DQ	
--- Brenes Cardenas, Maya	SO	Sacred Heart Cathedral Prep	1:35.98	DQ	
	43.80	DQ (52.86)			

Event 10 Boys 100 Yard IM Junior Varsity

WCAL Record:	54.23	2003	Nick Buonfiglio Bells	BELA		
Name	Yr	School	Prelim Time	Finals Time	Points	
A - Final						
1 Zhu, Daniel	SO	Bellarmine College Prep	58.02	57.56	20	
	26.48	57.56 (31.08)				
2 Brennan, Colin	SO	Bellarmine College Prep	59.19	58.93	17	
	27.20	58.93 (31.73)				
3 Shoyket, Jonathan	FR	Archbishop Mitty High School	1:00.48	1:00.04	16	
	27.05	1:00.04 (32.99)				
4 Ji, Kevin	SO	Archbishop Mitty High School	1:03.33	1:02.42	15	
	29.41	1:02.42 (33.01)				
5 Edwards, Austin	FR	Saint Francis High School	1:02.95	1:02.51	14	
	29.82	1:02.51 (32.69)				
6 Long, Ian	SO	Bellarmine College Prep	1:02.72	1:02.82	13	
	29.62	1:02.82 (33.20)				
*7 Chu, Ethan	SO	Valley Christian High School	1:02.64	1:02.87	11.50	
	28.73	1:02.87 (34.14)				
*7 Chiang, Lynx	SO	Bellarmine College Prep	1:02.94	1:02.87	11.50	
	27.66	1:02.87 (35.21)				
B - Final						
*9 Kim, Jonathan	SO	Valley Christian High School	1:05.26	1:03.99	8	
	29.91	1:03.99 (34.08)				
*9 Soriano, Ethan	JR	Archbishop Mitty High School	1:07.42	1:03.99	8	
	29.48	1:03.99 (34.51)				
11 Chen, Nathan	JR	Archbishop Mitty High School	1:05.96	1:04.17	6	
	30.85	1:04.17 (33.32)				
12 Coffin, Ryan	SO	Serra High School	1:05.36	1:04.77	5	
	30.52	1:04.77 (34.25)				
13 Ho, Riley	SO	Serra High School	1:04.53	1:06.16	4	
	30.12	1:06.16 (36.04)				
14 Lu, Justin	JR	Archbishop Riordan High School	1:07.14	1:07.52	3	
	30.16	1:07.52 (37.36)				
15 Wong, Evan	SO	Archbishop Riordan High School	1:07.15	1:07.84	2	
	31.81	1:07.84 (36.03)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

B - Final ... (Event 10 Boys 100 Yard IM Junior Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Gines, Anthony	JR	St. Ignatius College Prep	1:07.85	1:07.92	1
	32.01	1:07.92 (35.91)			

Event 10 Boys 100 Yard IM Junior Varsity

WCAL Record:	54.23	2003	Nick Buonfiglio Bells	BELA	
Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Zhu, Daniel	SO	Bellarmino College Prep	1:00.71	58.02	q
	26.74	58.02 (31.28)			
2 Brennan, Colin	SO	Bellarmino College Prep	1:01.46	59.19	q
	27.30	59.19 (31.89)			
3 Shoyket, Jonathan	FR	Archbishop Mitty High School	1:01.49	1:00.48	q
	27.51	1:00.48 (32.97)			
4 Chu, Ethan	SO	Valley Christian High School	1:01.91	1:02.64	q
	29.08	1:02.64 (33.56)			
5 Long, Ian	SO	Bellarmino College Prep	1:04.18	1:02.72	q
	29.44	1:02.72 (33.28)			
6 Chiang, Lynx	SO	Bellarmino College Prep	1:05.42	1:02.94	q
	27.44	1:02.94 (35.50)			
7 Edwards, Austin	FR	Saint Francis High School	1:02.60	1:02.95	q
	29.62	1:02.95 (33.33)			
8 Ji, Kevin	SO	Archbishop Mitty High School	1:02.74	1:03.33	q
	29.72	1:03.33 (33.61)			
9 Ho, Riley	SO	Serra High School	1:06.82	1:04.53	q
	28.77	1:04.53 (35.76)			
10 Kim, Jonathan	SO	Valley Christian High School	1:04.82	1:05.26	q
	30.25	1:05.26 (35.01)			
11 Coffin, Ryan	SO	Serra High School	1:04.90	1:05.36	q
	31.48	1:05.36 (33.88)			
12 Chen, Nathan	JR	Archbishop Mitty High School	1:05.28	1:05.96	q
	31.10	1:05.96 (34.86)			
13 Lu, Justin	JR	Archbishop Riordan High School	1:08.66	1:07.14	q
	29.90	1:07.14 (37.24)			
14 Wong, Evan	SO	Archbishop Riordan High School	1:10.44	1:07.15	q
	30.89	1:07.15 (36.26)			
15 Soriano, Ethan	JR	Archbishop Mitty High School	1:07.23	1:07.42	q
	30.97	1:07.42 (36.45)			
16 Gines, Anthony	JR	St. Ignatius College Prep	1:07.49	1:07.85	q
	31.62	1:07.85 (36.23)			
17 Konvicka, Daniel	JR	St. Ignatius College Prep	1:08.08	1:08.46	
	31.89	1:08.46 (36.57)			
18 Miyamoto, Joseph	SO	Saint Francis High School	NT	1:10.76	
	33.47	1:10.76 (37.29)			
19 Mannas, Connor	FR	Bellarmino College Prep	NT	1:12.13	
	33.43	1:12.13 (38.70)			
20 Santoso, Deric	FR	Serra High School	1:09.10	1:12.30	
	35.69	1:12.30 (36.61)			
21 Russo, Landon	FR	Sacred Heart Cathedral Prep	1:12.27	1:12.90	
	33.48	1:12.90 (39.42)			
22 Xiao, Roger	FR	St. Ignatius College Prep	1:16.91	1:14.77	
	35.86	1:14.77 (38.91)			
--- Pham, David	SO	Bellarmino College Prep	1:04.67	X1:04.65	
	30.36	1:04.65 (34.29)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 10 Boys 100 Yard IM Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time
--- Nguyen, Antoine	JR	Bellarmine College Prep	1:09.86	X1:07.15
30.00		1:07.15 (37.15)		
--- Juul, Karl	FR	Archbishop Mitty High School	NT	X1:10.48
31.12		1:10.48 (39.36)		
--- Kharbanda, Aditya	FR	Bellarmine College Prep	NT	X1:14.24
34.84		1:14.24 (39.40)		
--- Yu, James	FR	Valley Christian High School	1:09.35	DQ
30.71		DQ (37.05)		
--- Salma, Rhys	JR	Serra High School	1:06.66	DQ
32.64		DQ (35.98)		

Event 11 Girls 200 Yard IM Varsity

WCAL Record: **2:00.04** 2016 **Chloe Isleta-Pres** **PRES**
2:01.38 AAA
2:04.11 AAC
2:17.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Wu, Isabel	SO	Archbishop Mitty High School	2:06.72	2:01.51	20
26.25		56.91 (30.66) 1:31.61 (34.70)	2:01.51 (29.90)		
2 Su, Mia	SO	Archbishop Mitty High School	2:06.69	2:05.42	17
27.45		59.52 (32.07) 1:34.10 (34.58)	2:05.42 (31.32)		
3 O'Young, Enna	SO	Archbishop Mitty High School	2:14.49	2:09.92	16
28.71		1:01.95 (33.24) 1:38.89 (36.94)	2:09.92 (31.03)		
4 Sisto, Brooke	SO	Presentation High School	2:09.31	2:10.21	15
27.98		1:01.16 (33.18) 1:39.52 (38.36)	2:10.21 (30.69)		
5 Liu, Gabrielle	FR	Presentation High School	2:13.46	2:10.24	14
28.87		1:03.79 (34.92) 1:39.92 (36.13)	2:10.24 (30.32)		
6 Penaskovic, Shelby	FR	Archbishop Mitty High School	2:15.19	2:15.44	13
30.60		1:03.25 (32.65) 1:42.95 (39.70)	2:15.44 (32.49)		
7 Ovrootsky, Shana	JR	Presentation High School	2:12.79	2:16.57	12
29.77		1:04.97 (35.20) 1:42.90 (37.93)	2:16.57 (33.67)		
8 Turk, Catey		St. Ignatius College Prep	2:15.04	2:18.31	11
28.66		1:05.36 (36.70) 1:44.54 (39.18)	2:18.31 (33.77)		
B - Final					
9 Slakoff, Sydney	SO	St. Ignatius College Prep	2:17.18	2:17.14	9
30.66		1:07.49 (36.83) 1:45.74 (38.25)	2:17.14 (31.40)		
10 Wen, Maya	JR	Saint Francis High School	2:19.87	2:21.32	7
30.44		1:06.01 (35.57) 1:48.11 (42.10)	2:21.32 (33.21)		
11 Ipsaro, Samantha	JR	Presentation High School	2:25.36	2:23.17	6
29.63		1:08.01 (38.38) 1:49.03 (41.02)	2:23.17 (34.14)		
12 Devlin, Isabella	SO	Sacred Heart Cathedral Prep	2:24.33	2:24.15	5
31.97		1:08.50 (36.53) 1:49.83 (41.33)	2:24.15 (34.32)		
13 Ashtiani, Mina	FR	Valley Christian High School	2:21.55	2:24.25	4
30.05		1:06.79 (36.74) 1:49.94 (43.15)	2:24.25 (34.31)		
14 Ling, Nina	FR	Valley Christian High School	2:24.51	2:26.09	3
30.21		1:08.52 (38.31) 1:50.91 (42.39)	2:26.09 (35.18)		
15 Pugh, Ryland	FR	Sacred Heart Cathedral Prep	2:39.49	2:40.42	2
35.59		1:14.19 (38.60) 2:02.32 (48.13)	2:40.42 (38.10)		
16 Ryzhikova, Katherine	SO	St. Ignatius College Prep	2:41.60	2:41.92	1
35.18		1:15.12 (39.94) 2:41.92 (1:26.80)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Event 11 Girls 200 Yard IM Varsity**

WCAL Record: 2:00.04 2016 **Chloe Isleta-Pres** **PRES**
 2:01.38 AAA
 2:04.11 AAC
 2:17.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Su, Mia	SO	Archbishop Mitty High School	2:05.02	2:06.69	q
28.75	1:01.19 (32.44)	1:36.18 (34.99)	2:06.69 (30.51)		
2 Wu, Isabel	SO	Archbishop Mitty High School	2:04.02	2:06.72	q
27.21	59.94 (32.73)	1:36.64 (36.70)	2:06.72 (30.08)		
3 Sisto, Brooke	SO	Presentation High School	2:12.94	2:09.31	q
28.09	1:00.55 (32.46)	1:38.06 (37.51)	2:09.31 (31.25)		
4 Ovrootsky, Shana	JR	Presentation High School	2:13.78	2:12.79	q
29.26	1:03.15 (33.89)	1:41.05 (37.90)	2:12.79 (31.74)		
5 Liu, Gabrielle	FR	Presentation High School	2:12.75	2:13.46	q
29.47	1:06.77 (37.30)	1:42.41 (35.64)	2:13.46 (31.05)		
6 O'Young, Enna	SO	Archbishop Mitty High School	2:14.59	2:14.49	q
30.09	1:05.37 (35.28)	1:42.45 (37.08)	2:14.49 (32.04)		
7 Turk, Catey		St. Ignatius College Prep	2:18.55	2:15.04	q
28.76	1:04.54 (35.78)	1:42.76 (38.22)	2:15.04 (32.28)		
8 Penaskovic, Shelby	FR	Archbishop Mitty High School	2:18.85	2:15.19	q
29.74	1:03.28 (33.54)	1:43.31 (40.03)	2:15.19 (31.88)		
9 Slakoff, Sydney	SO	St. Ignatius College Prep	2:21.14	2:17.18	q
30.38	1:07.75 (37.37)	1:46.32 (38.57)	2:17.18 (30.86)		
10 Wen, Maya	JR	Saint Francis High School	2:20.42	2:19.87	q
29.98	1:04.89 (34.91)	1:46.90 (42.01)	2:19.87 (32.97)		
11 Ashtiani, Mina	FR	Valley Christian High School	2:23.93	2:21.55	q
28.68	1:04.99 (36.31)	1:48.25 (43.26)	2:21.55 (33.30)		
12 Devlin, Isabella	SO	Sacred Heart Cathedral Prep	2:26.58	2:24.33	q
32.02	1:07.76 (35.74)	1:48.91 (41.15)	2:24.33 (35.42)		
13 Ling, Nina	FR	Valley Christian High School	2:22.77	2:24.51	q
31.18	1:09.75 (38.57)	1:49.32 (39.57)	2:24.51 (35.19)		
14 Ipsaro, Samantha	JR	Presentation High School	2:19.33	2:25.36	q
29.81	1:07.63 (37.82)	1:50.94 (43.31)	2:25.36 (34.42)		
15 Frey, Anna	SR	St. Ignatius College Prep	2:25.82	2:25.57	q
30.86	1:07.62 (36.76)	1:49.12 (41.50)	2:25.57 (36.45)		
16 Pugh, Ryland	FR	Sacred Heart Cathedral Prep	2:41.31	2:39.49	q
35.12	1:14.10 (38.98)	2:00.75 (46.65)	2:39.49 (38.74)		
17 Ryzhikova, Katherine	SO	St. Ignatius College Prep	2:35.00	2:41.60	
35.44	1:15.87 (40.43)	2:01.17 (45.30)	2:41.60 (40.43)		
18 Dunn, Fiona	JR	Sacred Heart Cathedral Prep	2:47.03	2:49.68	
35.29	1:20.96 (45.67)	2:11.37 (50.41)	2:49.68 (38.31)		

Event 12 Boys 200 Yard IM Varsity

WCAL Record: 1:48.09 4/27/2024 **Shareef Elaydi** **AMHS**
 1:49.14 AAA
 1:51.34 AAC
 2:02.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Elaydi, Shareef	SO	Archbishop Mitty High School	1:52.34	1:47.61	20
23.65	50.43 (26.78)	1:21.86 (31.43)	1:47.61 (25.75)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****A - Final ... (Event 12 Boys 200 Yard IM Varsity)**

Name	Yr	School	Prelim Time	Finals Time	Points
2 Raghunathan, Kevin	SR	Serra High School	1:53.95	1:55.25	17
24.71	53.58 (28.87)	1:26.45 (32.87)	1:55.25 (28.80)		
3 Raghunathan, Brian	SO	Serra High School	1:54.56	1:55.76	16
24.87	54.16 (29.29)	1:27.45 (33.29)	1:55.76 (28.31)		
4 Pon, Brandon	SO	Bellarmine College Prep	1:57.90	1:55.81	15
24.67	54.93 (30.26)	1:28.77 (33.84)	1:55.81 (27.04)		
5 Dodge, Cannon	SO	Archbishop Mitty High School	1:57.88	1:58.45	14
26.18	55.16 (28.98)	1:30.87 (35.71)	1:58.45 (27.58)		
6 Glanville, Dylan	SO	Bellarmine College Prep	2:03.67	1:59.56	13
25.85	57.14 (31.29)	1:33.14 (36.00)	1:59.56 (26.42)		
7 Huang, Tony	FR	Archbishop Mitty High School	2:03.00	1:59.78	12
26.03	56.62 (30.59)	1:31.86 (35.24)	1:59.78 (27.92)		
8 Nekrestyanov, Max	FR	Archbishop Mitty High School	2:02.01	2:01.11	11
25.06	56.90 (31.84)	1:32.90 (36.00)	2:01.11 (28.21)		

B - Final

9 Winalski, Chris	SR	Bellarmine College Prep	2:05.30	2:02.34	9
29.12	59.67 (30.55)	1:33.27 (33.60)	2:02.34 (29.07)		
10 Dempsey, Hunter	SO	Serra High School	2:05.13	2:04.39	7
26.86	58.11 (31.25)	1:34.45 (36.34)	2:04.39 (29.94)		
11 Bongi, Michael	SR	Bellarmine College Prep	2:10.60	2:06.39	6
26.02	59.67 (33.65)	1:37.95 (38.28)	2:06.39 (28.44)		
12 Housholder, Andrew	SO	Valley Christian High School	2:05.83	2:07.44	5
27.02	59.32 (32.30)	1:35.93 (36.61)	2:07.44 (31.51)		
13 Tan, Jeffrey	FR	Valley Christian High School	2:10.40	2:07.90	4
27.86	58.90 (31.04)	1:37.23 (38.33)	2:07.90 (30.67)		
14 Yang, Barak	SO	Valley Christian High School	2:13.29	2:10.21	3
28.92	1:03.07 (34.15)	1:39.85 (36.78)	2:10.21 (30.36)		
15 He, Ethan	SO	Valley Christian High School	2:13.69	2:11.38	2
29.22	1:05.84 (36.62)	1:41.19 (35.35)	2:11.38 (30.19)		
16 Cole, Michael	JR	St. Ignatius College Prep	2:11.63	2:14.16	1
26.34	1:01.35 (35.01)	1:43.08 (41.73)	2:14.16 (31.08)		

Event 12 Boys 200 Yard IM Varsity

WCAL Record: 1:48.09 4/27/2024 Shareef Elaydi AMHS
 1:49.14 AAA
 1:51.34 AAC
 2:02.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Elaydi, Shareef	SO	Archbishop Mitty High School	1:51.34	1:52.34	q
24.86	53.17 (28.31)	1:24.95 (31.78)	1:52.34 (27.39)		
2 Raghunathan, Kevin	SR	Serra High School	1:54.92	1:53.95	q
24.72	54.32 (29.60)	1:25.85 (31.53)	1:53.95 (28.10)		
3 Raghunathan, Brian	SO	Serra High School	1:59.81	1:54.56	q
25.51	53.82 (28.31)	1:26.17 (32.35)	1:54.56 (28.39)		
4 Dodge, Cannon	SO	Archbishop Mitty High School	2:03.03	1:57.88	q
25.91	55.32 (29.41)	1:31.45 (36.13)	1:57.88 (26.43)		
5 Pon, Brandon	SO	Bellarmine College Prep	1:56.88	1:57.90	q
25.00	55.60 (30.60)	1:29.47 (33.87)	1:57.90 (28.43)		
6 Nekrestyanov, Max	FR	Archbishop Mitty High School	2:02.98	2:02.01	q
25.40	57.62 (32.22)	1:34.08 (36.46)	2:02.01 (27.93)		
7 Huang, Tony	FR	Archbishop Mitty High School	2:02.65	2:03.00	q
26.92	59.19 (32.27)	1:34.41 (35.22)	2:03.00 (28.59)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 12 Boys 200 Yard IM Varsity)**

Name	Yr	School	Seed Time	Prelim Time	
8 Glanville, Dylan	SO	Bellarmine College Prep	2:04.47	2:03.67	q
25.90	58.54 (32.64)	1:36.62 (38.08)	2:03.67 (27.05)		
9 Dempsey, Hunter	SO	Serra High School	2:04.74	2:05.13	q
26.27	57.90 (31.63)	1:34.94 (37.04)	2:05.13 (30.19)		
10 Winalski, Chris	SR	Bellarmine College Prep	2:00.67	2:05.30	q
29.71	1:01.55 (31.84)	1:35.53 (33.98)	2:05.30 (29.77)		
11 Housholder, Andrew	SO	Valley Christian High School	2:08.22	2:05.83	q
26.56	58.45 (31.89)	1:34.64 (36.19)	2:05.83 (31.19)		
12 Tan, Jeffrey	FR	Valley Christian High School	2:11.56	2:10.40	q
28.28	1:00.03 (31.75)	1:39.21 (39.18)	2:10.40 (31.19)		
13 Bongj, Michael	SR	Bellarmine College Prep	2:12.00	2:10.60	q
26.94	1:01.51 (34.57)	1:40.52 (39.01)	2:10.60 (30.08)		
14 Cole, Michael	JR	St. Ignatius College Prep	2:20.77	2:11.63	q
25.74	1:00.98 (35.24)	1:41.75 (40.77)	2:11.63 (29.88)		
15 Yang, Barak	SO	Valley Christian High School	2:15.15	2:13.29	q
29.50	1:03.88 (34.38)	1:41.67 (37.79)	2:13.29 (31.62)		
16 He, Ethan	SO	Valley Christian High School	2:17.57	2:13.69	q
29.78	1:06.36 (36.58)	1:43.03 (36.67)	2:13.69 (30.66)		
17 Buehmann, Johann	JR	St. Ignatius College Prep	2:16.46	2:14.11	
28.42	1:02.62 (34.20)	1:44.88 (42.26)	2:14.11 (29.23)		
18 Yang, Darrin	JR	St. Ignatius College Prep	2:16.67	2:15.47	
27.50	1:01.85 (34.35)	1:42.39 (40.54)	2:15.47 (33.08)		
19 Venkat, Sunay	JR	Saint Francis High School	2:31.87	2:30.88	
30.77	1:10.40 (39.63)	1:56.19 (45.79)	2:30.88 (34.69)		
20 Russo, Dylan	JR	Sacred Heart Cathedral Prep	2:39.50	2:40.27	
32.81	1:18.39 (45.58)	2:04.16 (45.77)	2:40.27 (36.11)		
--- Chae, Sean	FR	Valley Christian High School	2:14.56	X2:13.72	
28.19	1:02.35 (34.16)	1:42.63 (40.28)	2:13.72 (31.09)		
--- Troung, Anthony	SR	Sacred Heart Cathedral Prep	2:46.14	DQ	
32.62	1:15.13 (42.51)	2:05.62 (50.49)	DQ (41.36)		

Event 13 Girls 50 Yard Freestyle Junior Varsity

WCAL Record: 25.51 2008 **Caroline Hansen** **SFMV**
 23.08 AAA
 23.54 AAC
 25.39 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Fischer, Maya	SO	Archbishop Mitty High School	27.65	27.22	20
2 Traverso, Emma	SO	Archbishop Mitty High School	28.48	27.71	17
3 Whitehurst, Gabby	SO	Presentation High School	28.10	27.76	16
4 Liang, Chloe	SO	Archbishop Mitty High School	28.08	27.88	15
5 Wei, Quiana	SO	Archbishop Riordan High School	28.41	28.19	14
6 Maddox, Audrey	FR	St. Ignatius College Prep	28.39	28.36	13
7 Mak, Allison	FR	Archbishop Mitty High School	28.45	28.40	12
8 Anderson, Malina	SO	St. Ignatius College Prep	28.82	28.62	11
B - Final					
9 Fisher, Sophia	SO	Saint Francis High School	29.70	28.54	9
10 Lopez, Miki	SO	Presentation High School	28.92	28.77	7
11 Martinez, Yzabelle	FR	Archbishop Riordan High School	29.70	29.07	6
12 Penzel, Lucy	SO	Presentation High School	29.82	29.68	5
13 sue, Madeleine	JR	St. Ignatius College Prep	29.88	29.74	4

2025 WCAL Championships - 5/1/2025 to 5/3/2025

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B - Final ... (Event 13 Girls 50 Yard Freestyle Junior Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
14 Fischer, Addison	SO	Valley Christian High School	29.83	30.35	3
15 Moore, Maya	FR	Saint Francis High School	30.39	30.46	2
16 Pignati, Emilia	FR	Saint Francis High School	30.46	30.80	1

Event 13 Girls 50 Yard Freestyle Junior Varsity

WCAL Record:	25.51	2008	Caroline Hansen	SFMV
	23.08	AAA		
	23.54	AAC		
	25.39	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Fischer, Maya	SO	Archbishop Mitty High School	28.59	27.65	q
2 Liang, Chloe	SO	Archbishop Mitty High School	28.61	28.08	q
3 Whitehurst, Gabby	SO	Presentation High School	28.25	28.10	q
4 Maddox, Audrey	FR	St. Ignatius College Prep	28.80	28.39	q
5 Wei, Quiana	SO	Archbishop Riordan High School	28.95	28.41	q
6 Mak, Allison	FR	Archbishop Mitty High School	28.90	28.45	q
7 Traverso, Emma	SO	Archbishop Mitty High School	29.20	28.48	q
8 Anderson, Malina	SO	St. Ignatius College Prep	28.26	28.82	q
9 Lopez, Miki	SO	Presentation High School	29.29	28.92	q
*10 Martinez, Yzabelle	FR	Archbishop Riordan High School	30.40	29.70	q
*10 Fisher, Sophia	SO	Saint Francis High School	29.27	29.70	q
12 Penzel, Lucy	SO	Presentation High School	29.71	29.82	q
13 Fischer, Addison	SO	Valley Christian High School	30.23	29.83	q
14 sue, Madeleine	JR	St. Ignatius College Prep	29.00	29.88	q
15 Moore, Maya	FR	Saint Francis High School	31.29	30.39	q
16 Pignati, Emilia	FR	Saint Francis High School	30.09	30.46	q
17 Feldman, Tanith	FR	Saint Francis High School	NT	31.12	
18 Sumisaki, Naomi	SO	Archbishop Riordan High School	32.03	31.16	
19 Edwards, Charlotte	SO	Sacred Heart Cathedral Prep	32.15	31.73	
20 Cherkis, Kylee	JR	Archbishop Riordan High School	31.97	32.06	
21 Liu, Zihan	FR	Valley Christian High School	33.44	32.28	
22 Pingree, Taylor	SO	Archbishop Mitty High School	30.00	32.31	
23 Godwhani, Ayesha	JR	Archbishop Mitty High School	33.00	32.55	
24 Jately, Maya	FR	Archbishop Mitty High School	33.97	32.97	
25 Dary, Delara	FR	St. Ignatius College Prep	32.61	33.61	
26 Fuhrmann, Charlotte	JR	Archbishop Riordan High School	34.14	34.06	
27 Farias, Sofia	SO	Saint Francis High School	35.41	34.12	
28 Lloyd, Anna	JR	Sacred Heart Cathedral Prep	35.10	34.61	
29 Kumaresh, Sujaya	JR	Saint Francis High School	NT	34.78	
30 Cardenas, Lily	SO	Sacred Heart Cathedral Prep	35.19	34.96	
31 Tan, Vivian	FR	Presentation High School	35.34	35.38	
32 Sullivan, Evelyn	JR	Sacred Heart Cathedral Prep	37.08	36.16	
33 Nghi Le, Bao	JR	Archbishop Riordan High School	34.60	36.25	
34 Vijay, Maya	FR	Saint Francis High School	38.11	36.28	
35 Edmonds, Frieda	JR	Sacred Heart Cathedral Prep	36.44	37.17	
36 Wiley, Eve	SO	Archbishop Riordan High School	37.41	37.23	
37 Clements, Raeleigh	SO	Saint Francis High School	36.77	37.51	
38 Law, Joumana	JR	Archbishop Riordan High School	42.70	38.41	
39 Marinaro, Giovanna	FR	Saint Francis High School	39.03	38.48	
40 Zogarcic, Francesca	JR	Sacred Heart Cathedral Prep	37.34	38.51	

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Preliminaries ... (Event 13 Girls 50 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time
41 Zhang, Audrina	FR	Valley Christian High School	39.45	39.85
42 Pau, Abbie	FR	Sacred Heart Cathedral Prep	40.62	40.29
43 Williams, Charlotte	SO	Sacred Heart Cathedral Prep	38.39	41.02
44 Chegondi, Mrida	FR	Valley Christian High School	41.21	41.62
45 Lazar, Grace	JR	Sacred Heart Cathedral Prep	39.61	42.62
46 Wilson, Jaelah	JR	Sacred Heart Cathedral Prep	46.11	45.52
--- Nicholson, Camille	FR	Archbishop Mitty High School	28.06	X28.63
--- Prado, Lesly	FR	Archbishop Mitty High School	28.40	X29.35
--- Arriaga, Melina	FR	Archbishop Mitty High School	30.24	X30.55
--- Koch, Imogene	JR	Archbishop Mitty High School	32.25	X31.68
--- Tran, Taylor	FR	Archbishop Mitty High School	30.00	X32.03

Event 14 Boys 50 Yard Freestyle Junior Varsity

WCAL Record:	21.86	1998	Eric Lee	BELA
	20.41	AAA		
	20.80	AAC		
	22.59	CCS		

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Gasiorowski, Joseph	SO	Bellarmino College Prep	22.38	22.56	20
2 Ng, Bryce	JR	Bellarmino College Prep	23.43	22.97	17
3 Willey, Ryan	FR	Bellarmino College Prep	23.22	23.01	16
4 Rabbetz, Mason	SO	Archbishop Riordan High School	23.01	23.03	15
5 Cochran, Kaden	SO	Valley Christian High School	23.33	23.22	14
6 Edwards, Austin	FR	Saint Francis High School	23.80	23.55	13
7 Adam, Conor	FR	Saint Francis High School	23.76	23.71	12
8 Brennan, Blake	SO	Bellarmino College Prep	23.62	23.92	11
B - Final					
9 Somoza, Naveen	JR	St. Ignatius College Prep	24.98	24.56	9
10 Valdes, Ryu	JR	St. Ignatius College Prep	24.35	24.60	7
11 Sjawwoekloy, Kendall	SO	St. Ignatius College Prep	24.99	24.71	6
*12 Shoup, Benjamin	SO	Serra High School	25.69	24.80	4.50
*12 Mayer, Griffin	SO	Serra High School	25.51	24.80	4.50
14 Huynh, Pax	SO	Archbishop Mitty High School	25.17	25.13	3
15 Tannert, Rollan	FR	Saint Francis High School	24.77	25.19	2
16 Jeon, Hajun	FR	Archbishop Mitty High School	25.65	25.71	1

Event 14 Boys 50 Yard Freestyle Junior Varsity

WCAL Record:	21.86	1998	Eric Lee	BELA
	20.41	AAA		
	20.80	AAC		
	22.59	CCS		

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Gasiorowski, Joseph	SO	Bellarmino College Prep	22.66	22.38 q
2 Rabbetz, Mason	SO	Archbishop Riordan High School	23.60	23.01 q
3 Willey, Ryan	FR	Bellarmino College Prep	23.61	23.22 q
4 Cochran, Kaden	SO	Valley Christian High School	23.21	23.33 q
5 Ng, Bryce	JR	Bellarmino College Prep	23.69	23.43 q
6 Brennan, Blake	SO	Bellarmino College Prep	24.25	23.62 q
7 Adam, Conor	FR	Saint Francis High School	24.02	23.76 q
8 Edwards, Austin	FR	Saint Francis High School	24.67	23.80 q

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 14 Boys 50 Yard Freestyle Junior Varsity)**

Name	Yr	School	Seed Time	Prelim Time	
9	Valdes, Ryiu	JR St. Ignatius College Prep	24.88	24.35	q
10	Tannert, Rollan	FR Saint Francis High School	25.08	24.77	q
11	Somoza, Naveen	JR St. Ignatius College Prep	24.99	24.98	q
12	Sjauwfoekloy, Kendall	SO St. Ignatius College Prep	24.58	24.99	q
13	Huynh, Pax	SO Archbishop Mitty High School	25.40	25.17	q
14	Mayer, Griffin	SO Serra High School	26.61	25.51	q
15	Jeon, Hajun	FR Archbishop Mitty High School	26.95	25.65	q
16	Shoup, Benjamin	SO Serra High School	25.38	25.69	q
17	Chen, Nathan	JR Archbishop Mitty High School	25.91	25.82	
18	Kutty, Rishi	SO Archbishop Mitty High School	25.85	25.89	
19	Emelyanov, Ilya	JR Saint Francis High School	26.21	26.14	
20	Mercay, Tristan	FR Serra High School	25.85	26.25	
21	Walsh, Anthony	JR Serra High School	27.09	26.49	
22	Lee, Jason	FR Archbishop Mitty High School	27.38	26.53	
23	Freedman, Eric	FR Archbishop Mitty High School	27.72	27.09	
24	Zhao, Daniel	FR Archbishop Mitty High School	32.00	27.54	
25	Giang, Timothy	JR Bellarmine College Prep	27.41	27.81	
26	Gomez Lario, Phoenix	SO Archbishop Riordan High School	28.25	27.82	
27	White, Brandon	JR Serra High School	27.67	28.10	
28	Ulveling, August	FR Serra High School	27.09	28.12	
29	Kim, Minkyul	FR Bellarmine College Prep	27.67	28.35	
*30	Chuang, Colin	JR Serra High School	28.44	28.59	
*30	Powell, Darby	FR Archbishop Riordan High School	27.66	28.59	
32	Ritchie, William	FR Bellarmine College Prep	29.14	28.66	
33	Moon, Jihoon	SO Bellarmine College Prep	29.68	28.81	
34	Savage, Evan	SO Serra High School	29.35	28.86	
35	Au, Aidan	JR Serra High School	28.73	28.88	
36	Gonzalez, DJ	SO Valley Christian High School	NT	28.92	
37	Alas, Elijah	SO Serra High School	28.05	28.94	
38	Ly, Ethan	JR Archbishop Riordan High School	28.99	29.01	
39	Tran, Tri	JR Bellarmine College Prep	29.87	29.15	
40	Lee, Aidan	SO Archbishop Riordan High School	30.50	29.20	
41	Ha, Ryan	JR Bellarmine College Prep	30.44	29.29	
42	Aldabagh, Taym	FR Bellarmine College Prep	30.97	29.46	
43	Saroha, Soumil	JR Valley Christian High School	29.63	29.54	
44	Zheng, John	SO Archbishop Riordan High School	30.23	29.56	
*45	Walthew, Jai	FR Archbishop Riordan High School	29.78	29.59	
*45	Pangilinan, Patrick	SO Serra High School	29.94	29.59	
*45	Raja, Vishnu	SO Archbishop Mitty High School	30.75	29.59	
*48	Kobzar, Stephen	FR Bellarmine College Prep	29.69	30.06	
*48	Fernandez Yoon, David	SO Bellarmine College Prep	30.22	30.06	
50	Liu, Kollen	FR Serra High School	31.20	30.22	
51	Godithi, Arya	FR Bellarmine College Prep	30.87	30.29	
52	Zaki, Mark	FR Archbishop Mitty High School	36.00	30.50	
53	Agrawal, Neel	FR Archbishop Mitty High School	30.00	30.78	
54	Sommerfield, Aidan	FR Archbishop Riordan High School	29.99	30.84	
55	Louie, Christian	SO Archbishop Riordan High School	31.55	30.89	
56	Brandt, Nathan	FR Saint Francis High School	30.02	30.92	
57	Stanislaus, Akash	FR Bellarmine College Prep	30.93	31.16	
58	Alex, David	FR Bellarmine College Prep	33.07	31.36	
59	Gomez, Marco	FR Serra High School	31.80	31.82	

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Results

Preliminaries ... (Event 14 Boys 50 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time
60 Trejo, Noah	SO	Bellarmino College Prep	34.36	32.20
61 Pacubas, Dylan John	JR	Sacred Heart Cathedral Prep	30.77	32.56
62 Sanguinetti, Giovanni	SO	Serra High School	32.69	33.08
63 Cao, Minh-Quang	SO	Bellarmino College Prep	36.79	33.53
64 Sagarbarria, Francisco	FR	Serra High School	33.63	34.67
65 Anderson, Jake	FR	Bellarmino College Prep	35.67	35.13
66 Brennan, Luke	SO	Bellarmino College Prep	32.62	35.80
67 Raman, Arjun	FR	Bellarmino College Prep	36.92	36.79
68 Gorrepati, Ashwin	FR	Bellarmino College Prep	38.38	36.81
69 Kotian, Rishaan	FR	Bellarmino College Prep	39.98	36.91
70 Montiel, Cesar	FR	Archbishop Mitty High School	38.36	38.03
71 Pai, Shantanu	SO	Sacred Heart Cathedral Prep	39.25	39.12
72 Montano Alvarado, Raul	SO	Serra High School	42.89	42.01
--- Wilson, Aiden	SO	Bellarmino College Prep	25.39	X24.17
--- O'Leary, Gannon	SO	Bellarmino College Prep	24.86	X24.36
--- Li, Han	JR	Bellarmino College Prep	25.77	X24.48
--- Latif, Zayne	JR	Archbishop Mitty High School	24.90	X24.57
--- Zhang, Myles	SO	Bellarmino College Prep	25.62	X24.87
--- Massaband, Noah	JR	Bellarmino College Prep	25.46	X24.87
--- Phadke, Neil	SO	Bellarmino College Prep	26.02	X24.99
--- Olavarria, Emilio	JR	Bellarmino College Prep	25.84	X25.42
--- Cepnic, Kosta	JR	Bellarmino College Prep	24.69	X25.53
--- Khan, Sulaayman	FR	Bellarmino College Prep	26.16	X25.63
--- Perez, Daniel	JR	Bellarmino College Prep	25.97	X25.77
--- Osborne, Sean	FR	Bellarmino College Prep	26.55	X25.84
--- Terrazas, Nathaniel	FR	Bellarmino College Prep	25.94	X25.86
--- Benassi, Luca	FR	Bellarmino College Prep	26.33	X25.91
--- Ischanov, Andrew	FR	Bellarmino College Prep	27.13	X26.08
--- Wall, Andrew	SO	Bellarmino College Prep	26.20	X26.15
--- Amburgey, Romin	FR	Bellarmino College Prep	26.32	X26.57
--- Isaac, Neil	FR	Bellarmino College Prep	27.48	X26.97
--- Panah, Keon	FR	Bellarmino College Prep	27.50	X27.08
--- Yin, Alexander	SO	Bellarmino College Prep	26.95	X27.09
--- Brown, Nolan	FR	Bellarmino College Prep	28.91	X27.34
--- Dao, Khang	FR	Bellarmino College Prep	27.59	X27.47
--- Gohil, Abhi	SO	Bellarmino College Prep	28.82	X27.82
--- Aubrey, Austin	FR	Bellarmino College Prep	30.11	X27.84
--- Gupta, Kishan	FR	Bellarmino College Prep	29.30	X29.07
--- Ren, Lucas	FR	Bellarmino College Prep	43.81	X45.66

Event 15 Girls 50 Yard Freestyle Varsity

WCAL Record:	22.50	2011	Maddy Schaefer-SF	SFMV
	23.08	AAA		
	23.54	AAC		
	25.39	CCS		

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Burkhardt, Elizabeth	SR	St. Ignatius College Prep	23.67	23.50	20
2 Rickard, Riese	FR	Saint Francis High School	24.37	24.64	17
3 Hopkins, Caitlin	SR	Saint Francis High School	25.14	24.98	16
4 Ng, Marcella	JR	Archbishop Mitty High School	25.09	25.01	15
5 Pyper, Sophia	SO	Valley Christian High School	25.19	25.14	14

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Results

A - Final ... (Event 15 Girls 50 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
6 Fusilero, Emery	JR	Archbishop Mitty High School	25.44	25.19	13
7 Glazzy, Lauren	SR	Archbishop Mitty High School	25.48	25.32	12
8 Teeramaythawit, Haley	SO	Presentation High School	25.25	25.81	11

B - Final

9 Williams, Kenley	FR	Valley Christian High School	26.04	25.78	9
10 Johnson, Kylie	FR	St. Ignatius College Prep	26.14	26.14	7
11 Lee, Cami		St. Ignatius College Prep	25.80	26.21	6
12 Schwerte, Ella	FR	St. Ignatius College Prep	26.29	26.38	5
13 Payne, Lia	JR	Saint Francis High School	26.90	26.43	4
14 Li, Hannah	SO	Valley Christian High School	26.49	26.52	3
15 Lim, Yisin	FR	Saint Francis High School	26.90	26.72	2
16 Morrow, Keara	JR	Archbishop Mitty High School	26.77	26.74	1

Event 15 Girls 50 Yard Freestyle Varsity

WCAL Record:	22.50	2011	Maddy Schaefer-SF	SFMV
	23.08	AAA		
	23.54	AAC		
	25.39	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Burkhardt, Elizabeth	SR	St. Ignatius College Prep	23.88	23.67	q
2 Rickard, Riese	FR	Saint Francis High School	24.68	24.37	q
3 Ng, Marcella	JR	Archbishop Mitty High School	25.19	25.09	q
4 Hopkins, Caitlin	SR	Saint Francis High School	25.00	25.14	q
5 Pyper, Sophia	SO	Valley Christian High School	24.69	25.19	q
6 Teeramaythawit, Haley	SO	Presentation High School	24.98	25.25	q
7 Fusilero, Emery	JR	Archbishop Mitty High School	25.23	25.44	q
8 Glazzy, Lauren	SR	Archbishop Mitty High School	26.33	25.48	q
9 Lee, Cami		St. Ignatius College Prep	26.17	25.80	q
10 Williams, Kenley	FR	Valley Christian High School	25.71	26.04	q
11 Johnson, Kylie	FR	St. Ignatius College Prep	26.54	26.14	q
12 Schwerte, Ella	FR	St. Ignatius College Prep	27.06	26.29	q
13 Li, Hannah	SO	Valley Christian High School	26.10	26.49	q
14 Morrow, Keara	JR	Archbishop Mitty High School	26.95	26.77	q
*15 Lim, Yisin	FR	Saint Francis High School	27.49	26.90	q
*15 Payne, Lia	JR	Saint Francis High School	27.05	26.90	q
17 Tapucu, Aliya	SR	Presentation High School	27.16	27.74	
18 Varty, Elizabeth	SO	Presentation High School	28.07	28.00	
19 Rivera, Carmen	SO	Presentation High School	28.50	28.34	
20 Juul, Bridget	SR	Archbishop Mitty High School	28.03	28.57	
21 Dryden, Lauren	SR	Valley Christian High School	NT	28.68	
22 Todd, Sophia		St. Ignatius College Prep	30.07	30.98	
23 Harlan, Alexandra	SR	St. Ignatius College Prep	30.18	31.24	
24 Alvarado, Briana	JR	Archbishop Riordan High School	33.55	31.78	
25 Kimball, Madison	SR	Archbishop Riordan High School	31.40	31.89	
26 Geis, Harper	JR	Sacred Heart Cathedral Prep	31.86	31.99	
27 Ratcliffe, Isabella	SR	Sacred Heart Cathedral Prep	31.69	32.89	
28 Brouwer, Katelyn	SR	Presentation High School	40.73	39.92	
29 Molina-Cativo, Angely	SR	Sacred Heart Cathedral Prep	39.76	40.26	
30 Kim, Rose	SR	Archbishop Riordan High School	42.20	41.75	
31 Carrasquilla, Brianna	SR	Archbishop Riordan High School	42.20	41.77	

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 15 Girls 50 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
32 Guzman, Ruby	SR	Archbishop Riordan High School	44.55	44.00
--- Zanutto, Giana	JR	Saint Francis High School	27.53	X27.07

Event 16 Boys 50 Yard Freestyle Varsity

WCAL Record:	20.70	1998	Leffie Crawford Serra	SERR
	20.41	AAA		
	20.80	AAC		
	22.59	CCS		

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Kuzmenko, Yury	JR	Valley Christian High School	20.06	20.15	20
2 Porter, Tyler	JR	Bellarmine College Prep	20.89	20.56	17
3 Rances, Miguel	JR	Bellarmine College Prep	21.72	21.34	16
4 Sifferman, Nick	JR	Archbishop Mitty High School	21.78	21.37	15
5 Kim, Jaden	JR	Bellarmine College Prep	21.99	21.87	14
6 Crawford, Finn	FR	Serra High School	22.07	22.11	13
7 Cameron, Jack	JR	Valley Christian High School	21.92	22.18	12
8 Hernandez, Micah	JR	Valley Christian High School	22.28	22.21	11
B - Final					
9 Magallanes, Keith	SR	Bellarmine College Prep	22.29	22.11	9
10 Sampson, Lucas	SR	Archbishop Mitty High School	22.74	22.83	7
11 Guerin, Finn	JR	Saint Francis High School	22.53	23.04	6
12 Lisac, Vilko	JR	Saint Francis High School	23.04	23.36	5
13 Daigle, Noah	SO	Saint Francis High School	23.14	23.39	4
14 Huang, Ryan	SO	Saint Francis High School	23.26	23.42	3
15 Su, Forrest	SO	Valley Christian High School	23.73	23.50	2
16 Hagmueller, Reed	SR	Serra High School	23.57	23.64	1

Event 16 Boys 50 Yard Freestyle Varsity

WCAL Record:	20.70	1998	Leffie Crawford Serra	SERR
	20.41	AAA		
	20.80	AAC		
	22.59	CCS		

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Kuzmenko, Yury	JR	Valley Christian High School	20.48	20.06 q
2 Porter, Tyler	JR	Bellarmine College Prep	20.43	20.89 q
3 Rances, Miguel	JR	Bellarmine College Prep	21.19	21.72 q
4 Sifferman, Nick	JR	Archbishop Mitty High School	21.95	21.78 q
5 Cameron, Jack	JR	Valley Christian High School	22.36	21.92 q
6 Kim, Jaden	JR	Bellarmine College Prep	22.11	21.99 q
7 Crawford, Finn	FR	Serra High School	22.48	22.07 q
8 Hernandez, Micah	JR	Valley Christian High School	22.80	22.28 q
9 Magallanes, Keith	SR	Bellarmine College Prep	22.47	22.29 q
10 Guerin, Finn	JR	Saint Francis High School	24.10	22.53 q
11 Sampson, Lucas	SR	Archbishop Mitty High School	23.79	22.74 q
12 Lisac, Vilko	JR	Saint Francis High School	23.13	23.04 q
13 Daigle, Noah	SO	Saint Francis High School	23.58	23.14 q
14 Huang, Ryan	SO	Saint Francis High School	23.95	23.26 q
15 Hagmueller, Reed	SR	Serra High School	23.78	23.57 q
16 Su, Forrest	SO	Valley Christian High School	23.63	23.73 q

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 16 Boys 50 Yard Freestyle Varsity)**

Name	Yr	School	Seed Time	Prelim Time
17 Hornik, Jeremy	JR	St. Ignatius College Prep	23.99	23.96
18 Vargas, Max	JR	Serra High School	24.14	24.22
19 Paine, Brody	SR	St. Ignatius College Prep	24.35	24.29
20 Nunez, Vincent	JR	Serra High School	24.89	24.30
*21 Graham, Henry	JR	Serra High School	23.97	24.37
*21 Huang, Caden	SR	St. Ignatius College Prep	23.60	24.37
*21 Lajeunesse, Luke	SR	Archbishop Mitty High School	24.20	24.37
24 Su, Eric	SO	Serra High School	NT	24.42
25 Karpman, Marco	SR	Saint Francis High School	24.84	24.60
26 Garzee, Desmond	SR	St. Ignatius College Prep	25.71	24.89
27 Qi, Hongda	SR	Archbishop Mitty High School	25.16	25.02
28 Jane, Hayden	JR	Valley Christian High School	NT	25.03
29 Wang, Issac	SR	Sacred Heart Cathedral Prep	25.24	25.45
30 Marquez, Devin	JR	Saint Francis High School	25.10	25.54
31 Murray, Timothy	SR	St. Ignatius College Prep	24.92	25.73
32 Goodrich, Grant	JR	Serra High School	26.17	25.88
33 Kinney, Sully	JR	Serra High School	26.19	26.17
34 Sivamurthy, Nikhil	SO	Saint Francis High School	26.82	26.48
35 Ha, Harrison	SR	Archbishop Mitty High School	30.00	27.08
36 Lee, Kenneth	JR	Sacred Heart Cathedral Prep	28.11	27.50
37 Gomez, Omar	SR	Serra High School	27.51	27.83
38 Jo, Yoonwon	SR	Archbishop Mitty High School	30.01	28.34
39 Kovac, Henry	SR	Bellarmino College Prep	29.17	28.86
40 Bucher, Dominik	SR	Bellarmino College Prep	29.81	29.18
41 Evans, Owen	JR	Archbishop Riordan High School	29.97	29.65
42 Reyes, Sean	SR	Archbishop Riordan High School	29.80	30.06
43 Gryb, Ian	SR	Archbishop Riordan High School	31.68	30.35
44 Pak, Matthew	SR	Sacred Heart Cathedral Prep	30.96	30.98
45 Yang, Tyson	FR	Archbishop Riordan High School	31.50	32.24
46 Wong, Adam	SR	Archbishop Riordan High School	31.67	32.69
47 Bhatia, Karan	SR	Serra High School	37.42	38.01
--- Von der Ahe, Christopher	SR	Bellarmino College Prep	23.69	X22.79
--- Zooby, Zachary	SR	Bellarmino College Prep	22.19	X22.89
--- Van Alst, Samuel	SR	Bellarmino College Prep	24.68	X23.17
--- Tai, Dylan	JR	Bellarmino College Prep	23.98	X23.98
--- Kalchuri, Anay	FR	Valley Christian High School	24.98	X23.99
--- Sharp, Luke	JR	Saint Francis High School	24.54	X24.19
--- Salom, Vince	SR	Bellarmino College Prep	25.58	X24.43
--- Sumabat, Christian	SR	Bellarmino College Prep	25.54	X24.98
--- Khong, Enhua	SR	Bellarmino College Prep	27.30	X26.53

Event 17 Girls 1 mtr Diving Junior Varsity

WCAL Record:	191.90	2010	Tripti Singhal	AMHS	Finals Score	Points
Name	Yr	School				
1 McGrath, Talia	JR	St. Ignatius College Prep		126.15	144.90	20
2 Kimont, Ainsley	JR	Archbishop Mitty High School		132.68	136.00	17
3 Lynch, Simone	JR	St. Ignatius College Prep		132.22	131.75	16
4 Benedetti Sheehan, Zoey		Presentation High School		NP	125.80	15
5 Kulkarni, Myra	FR	Valley Christian High School		124.75	124.20	14
6 Le, Elizabeth	SO	Archbishop Mitty High School		71.32	104.40	13
7 Yaklich, Ayla		Presentation High School		NP	96.30	12

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

(Event 17 Girls 1 mtr Diving Junior Varsity)

Name	Yr	School		Finals Score	Points
8 Iyer, Raina		Valley Christian High School	NP	90.80	11

Event 18 Boys 1 mtr Diving Junior Varsity

WCAL Record: 271.95 2009

Colin Pollard

BELA

Name	Yr	School		Finals Score	Points
1 Chopra, Rushil		Serra High School	NP	92.10	20

Event 19 Girls 1 mtr Diving Varsity

WCAL Record: 554.45 2019

Remi Edvalson

AMHS

Name	Yr	School		Finals Score	Points
1 Sviric, Ana	SO	Saint Francis High School	NP	460.40	20
2 Gentle-Joyce, Allison	SO	Archbishop Mitty High School	NP	374.50	17
3 Randazzo, Sofia	SO	Saint Francis High School	NP	370.10	16
4 Cox, Lily		St. Ignatius College Prep	NP	337.35	15
5 Cho, Sofia	FR	Valley Christian High School	NP	333.30	14
6 Lee, Cami		St. Ignatius College Prep	NP	323.85	13
7 Fazilat, Chloe	SO	Saint Francis High School	NP	310.15	12
8 Holcomb, Ashley	SO	Saint Francis High School	NP	308.85	11
9 Hudson, Marley	SR	St. Ignatius College Prep	NP	306.85	9
10 Etcheverry, Sloane	SO	St. Ignatius College Prep	NP	268.65	7
11 Tully, Kira	FR	Saint Francis High School	NP	x256.90	
12 Agrawal, Pia	JR	Saint Francis High School	NP	x248.95	
13 Stolyar, Emily	FR	Saint Francis High School	NP	x238.60	
14 Singh, Shyla	FR	Valley Christian High School	NP	226.60	6

Event 20 Boys 1 mtr Diving Varsity

WCAL Record: 585.90 2001

Adam Peterson-SF

SFMV

Name	Yr	School		Finals Score	Points
1 Switzer, Milo		Serra High School	NP	451.10	20
2 Reynolds, Sean	SR	Saint Francis High School	NP	275.45	17
3 Bottoms, Tate		Serra High School	NP	258.85	16
4 Weber, Jonah		Serra High School	NP	164.95	15

Event 21 Girls 50 Yard Butterfly Junior Varsity

WCAL Record: 27.27 2015

Fiara Liaguno

SFMV

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Repp, Nahla	JR	St. Ignatius College Prep	29.59	29.52	20
2 Garcia, Naomi	FR	Saint Francis High School	30.57	29.76	17
3 Liang, Chloe	SO	Archbishop Mitty High School	30.10	29.82	16
4 Walsh, Elizabeth	JR	Archbishop Riordan High School	30.32	31.00	15
5 Kulkarni, Myra	FR	Valley Christian High School	31.48	31.19	14
6 Kalynij, Hannah	FR	Archbishop Mitty High School	31.39	31.38	13
7 Nicholson, Camille	FR	Archbishop Mitty High School	30.93	31.87	12
8 Couch, Corrina	JR	Archbishop Riordan High School	33.19	33.36	11
B - Final					
9 Choi, Maddy	SO	Saint Francis High School	33.73	31.61	9
10 Traverso, Emma	SO	Archbishop Mitty High School	33.40	32.09	7
11 Penzel, Lucy	SO	Presentation High School	33.58	33.41	6
12 Vieira, Naomi	SO	Saint Francis High School	35.26	35.04	5
13 Uzoigwe, ada	FR	St. Ignatius College Prep	35.89	35.48	4
14 Wong, Natalie	SO	St. Ignatius College Prep	37.54	37.35	3
15 Lynch, Natalie	SO	Saint Francis High School	37.90	39.79	2

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

B - Final ... (Event 21 Girls 50 Yard Butterfly Junior Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Akers, Micaela	FR	Presentation High School	41.14	41.46	1

Event 21 Girls 50 Yard Butterfly Junior Varsity

WCAL Record:	27.27	2015	Fiara Liaguno	SFMV		
Name	Yr	School	Seed Time	Prelim Time		
Preliminaries						
1 Repp, Nahla	JR	St. Ignatius College Prep	29.89	29.59	q	
2 Liang, Chloe	SO	Archbishop Mitty High School	31.41	30.10	q	
3 Walsh, Elizabeth	JR	Archbishop Riordan High School	32.00	30.32	q	
4 Garcia, Naomi	FR	Saint Francis High School	30.12	30.57	q	
5 Nicholson, Camille	FR	Archbishop Mitty High School	30.18	30.93	q	
6 Kalynij, Hannah	FR	Archbishop Mitty High School	33.00	31.39	q	
7 Kulkarni, Myra	FR	Valley Christian High School	31.78	31.48	q	
8 Couch, Corrina	JR	Archbishop Riordan High School	34.05	33.19	q	
9 White, Courtney	SO	Presentation High School	31.75	33.27	q	
10 Traverso, Emma	SO	Archbishop Mitty High School	34.30	33.40	q	
11 Penzel, Lucy	SO	Presentation High School	32.03	33.58	q	
12 Choi, Maddy	SO	Saint Francis High School	33.24	33.73	q	
13 McCombie, Anna	JR	Archbishop Mitty High School	32.00	34.69	q	
14 Vieira, Naomi	SO	Saint Francis High School	35.56	35.26	q	
15 Uzoigwe, ada	FR	St. Ignatius College Prep	35.73	35.89	q	
16 Wong, Natalie	SO	St. Ignatius College Prep	38.46	37.54	q	
17 Lynch, Natalie	SO	Saint Francis High School	36.80	37.90		
18 Smith, Makena	SO	Valley Christian High School	39.34	39.45		
19 Akers, Micaela	FR	Presentation High School	43.32	41.14		
20 Cosico, Aaliyah	FR	Sacred Heart Cathedral Prep	45.85	42.75		
21 Cruikshank, Chloe	FR	Presentation High School	NT	42.81		
22 Chegondi, Mrida	FR	Valley Christian High School	NT	53.21		
--- Gabriel-Novoa, Lesley	JR	St. Ignatius College Prep	32.34	DQ		

Event 22 Boys 50 Yard Butterfly Junior Varsity

WCAL Record:	23.95	2017	Dominick Kirk-Bells	BELA		
Name	Yr	School	Prelim Time	Finals Time	Points	
A - Final						
1 Zhu, Daniel	SO	Bellarmino College Prep	25.32	25.17	20	
2 Rabbetz, Mason	SO	Archbishop Riordan High School	25.34	25.60	17	
3 Brennan, Colin	SO	Bellarmino College Prep	25.67	25.68	16	
4 Brennan, Blake	SO	Bellarmino College Prep	26.54	26.32	15	
*5 Shoyket, Jonathan	FR	Archbishop Mitty High School	27.09	26.72	13.50	
*5 Thyne, Robert	FR	Bellarmino College Prep	26.60	26.72	13.50	
7 Ho, Riley	SO	Serra High School	26.96	26.89	12	
8 Huynh, Pax	SO	Archbishop Mitty High School	27.47	27.72	11	
B - Final						
9 Kim, Jonathan	SO	Valley Christian High School	28.21	27.86	9	
10 Soriano, Ethan	JR	Archbishop Mitty High School	28.92	27.99	7	
11 Mayer, Griffin	SO	Serra High School	28.27	28.16	6	
12 Konvicka, Daniel	JR	St. Ignatius College Prep	29.71	29.20	5	
13 Jeon, Hajin	FR	Archbishop Mitty High School	29.14	29.39	4	
14 Bishop, Nicholas	JR	St. Ignatius College Prep	30.66	29.42	3	
15 Lu, Jason	JR	Archbishop Riordan High School	30.36	30.08	2	
16 McCarroll, Danny	FR	Valley Christian High School	29.76	30.34	1	

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Event 22 Boys 50 Yard Butterfly Junior Varsity

WCAL Record:		23.95	2017	Dominick Kirk-Bells		BELA	
Name	Yr	School	Seed	Time	Prelim Time		
Preliminaries							
1	Zhu, Daniel	SO	Bellarmine College Prep	26.13	25.32	q	
2	Rabbetz, Mason	SO	Archbishop Riordan High School	25.35	25.34	q	
3	Brennan, Colin	SO	Bellarmine College Prep	26.28	25.67	q	
4	Brennan, Blake	SO	Bellarmine College Prep	27.15	26.54	q	
5	Thyne, Robert	FR	Bellarmine College Prep	26.99	26.60	q	
6	Ho, Riley	SO	Serra High School	27.54	26.96	q	
7	Shoyket, Jonathan	FR	Archbishop Mitty High School	28.00	27.09	q	
8	Huynh, Pax	SO	Archbishop Mitty High School	29.13	27.47	q	
9	Kim, Jonathan	SO	Valley Christian High School	28.37	28.21	q	
10	Mayer, Griffin	SO	Serra High School	29.52	28.27	q	
11	Soriano, Ethan	JR	Archbishop Mitty High School	32.00	28.92	q	
12	Jeon, Hajin	FR	Archbishop Mitty High School	30.42	29.14	q	
13	Konvicka, Daniel	JR	St. Ignatius College Prep	29.87	29.71	q	
14	McCarroll, Danny	FR	Valley Christian High School	30.49	29.76	q	
15	Lu, Jason	JR	Archbishop Riordan High School	28.99	30.36	q	
16	Bishop, Nicholas	JR	St. Ignatius College Prep	29.60	30.66	q	
17	Deac, Darius	JR	Valley Christian High School	30.24	30.81		
18	Pan, Steve	SO	Saint Francis High School	37.47	33.46		
19	Lee, Aidan	SO	Archbishop Riordan High School	35.45	34.24		
20	Haber, Logan	SO	Sacred Heart Cathedral Prep	37.31	35.22		
21	McGuigan, Mateo	FR	St. Ignatius College Prep	42.15	45.26		
---	Zhang, Myles	SO	Bellarmine College Prep	27.52	X26.61		
---	Perez, Daniel	JR	Bellarmine College Prep	28.36	X27.63		
---	Bshara, Rawi	JR	Bellarmine College Prep	28.48	X27.69		
---	Barba, Jakob	JR	Bellarmine College Prep	31.05	X30.29		
---	Correa, Conrad	SO	Bellarmine College Prep	31.83	X31.95		
---	Moon, Jihoon	SO	Bellarmine College Prep	NT	X32.59		
---	Deshaboina, Amogh	FR	Bellarmine College Prep	NT	X32.60		
---	Chakraborty, Ryan	SO	Bellarmine College Prep	33.99	X33.63		
---	Trejo, Noah	SO	Bellarmine College Prep	NT	X38.06		
---	Aliangan, Aiden	FR	Bellarmine College Prep	NT	X40.54		
---	Brennan, Luke	SO	Bellarmine College Prep	NT	X41.81		

Event 23 Girls 100 Yard Butterfly Varsity

WCAL Record:		54.94	4/30/2022	Jordan Ash		STIG	
Name	Yr	School	Prelim Time	Finals Time	Points		
A - Final							
1	Wu, Isabel	SO	Archbishop Mitty High School	57.22	54.96	20	
				26.20	54.96 (28.76)		
2	Avnur, Naomi	JR	Saint Francis High School	58.24	57.72	17	
				27.62	57.72 (30.10)		
3	Kwok, Maddie	SO	St. Ignatius College Prep	58.73	59.08	16	
				27.91	59.08 (31.17)		
4	Sisto, Brooke	SO	Presentation High School	1:00.35	1:00.19	15	
				28.29	1:00.19 (31.90)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

A - Final ... (Event 23 Girls 100 Yard Butterfly Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
5 Johnson, Kylie	FR	St. Ignatius College Prep	1:00.34	1:00.80	14
28.22		1:00.80 (32.58)			
6 Pham, Lan-Anh	SO	Archbishop Mitty High School	1:00.74	1:00.96	13
27.73		1:00.96 (33.23)			
7 Ashtiani, Mina	FR	Valley Christian High School	1:01.16	1:01.35	12
28.41		1:01.35 (32.94)			
8 Barte, Elissa	SR	Valley Christian High School	1:02.32	1:02.67	11
29.31		1:02.67 (33.36)			

B - Final

9 Chapman, Maxine	SO	Archbishop Mitty High School	1:02.89	1:01.52	9
29.43		1:01.52 (32.09)			
10 Buckallew, Daniela	JR	Saint Francis High School	1:02.74	1:02.53	7
28.78		1:02.53 (33.75)			
11 Yasana, Julianne	SR	Archbishop Mitty High School	1:04.83	1:03.93	6
29.26		1:03.93 (34.67)			
12 Ipsaro, Samantha	JR	Presentation High School	1:06.26	1:04.24	5
30.71		1:04.24 (33.53)			
13 Yee, Miya	JR	St. Ignatius College Prep	1:14.28	1:17.92	4
33.93		1:17.92 (43.99)			
14 Dunn, Fiona	JR	Sacred Heart Cathedral Prep	1:22.09	1:19.58	3
36.20		1:19.58 (43.38)			
15 Morrow, Kira	SO	Sacred Heart Cathedral Prep	1:26.44	1:26.76	2
37.25		1:26.76 (49.51)			

Event 23 Girls 100 Yard Butterfly Varsity

WCAL Record:	54.94	4/30/2022	Jordan Ash	STIG
	54.32	AAA		
	55.58	AAC		
	1:00.99	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Wu, Isabel	SO	Archbishop Mitty High School	57.13	57.22	q
27.63		57.22 (29.59)			
2 Avnur, Naomi	JR	Saint Francis High School	1:00.04	58.24	q
28.00		58.24 (30.24)			
3 Kwok, Maddie	SO	St. Ignatius College Prep	59.89	58.73	q
27.85		58.73 (30.88)			
4 Johnson, Kylie	FR	St. Ignatius College Prep	1:01.64	1:00.34	q
28.22		1:00.34 (32.12)			
5 Sisto, Brooke	SO	Presentation High School	1:01.89	1:00.35	q
28.34		1:00.35 (32.01)			
6 Pham, Lan-Anh	SO	Archbishop Mitty High School	1:01.23	1:00.74	q
27.52		1:00.74 (33.22)			
7 Ashtiani, Mina	FR	Valley Christian High School	1:02.65	1:01.16	q
28.62		1:01.16 (32.54)			
8 Barte, Elissa	SR	Valley Christian High School	1:02.29	1:02.32	q
29.17		1:02.32 (33.15)			
9 Buckallew, Daniela	JR	Saint Francis High School	1:03.96	1:02.74	q
29.38		1:02.74 (33.36)			
10 Chapman, Maxine	SO	Archbishop Mitty High School	1:05.33	1:02.89	q
29.89		1:02.89 (33.00)			
11 Yasana, Julianne	SR	Archbishop Mitty High School	1:06.94	1:04.83	q
29.96		1:04.83 (34.87)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 23 Girls 100 Yard Butterfly Varsity)

Name	Yr	School	Seed Time	Prelim Time	
12 Ipsaro, Samantha	JR	Presentation High School	1:02.37	1:06.26	q
30.67		1:06.26 (35.59)			
13 Bora, Isha	JR	Presentation High School	1:07.82	1:08.11	q
31.50		1:08.11 (36.61)			
14 Yee, Miya	JR	St. Ignatius College Prep	1:14.00	1:14.28	q
33.92		1:14.28 (40.36)			
15 Dunn, Fiona	JR	Sacred Heart Cathedral Prep	1:15.91	1:22.09	q
39.95		1:22.09 (42.14)			
16 Morrow, Kira	SO	Sacred Heart Cathedral Prep	1:28.30	1:26.44	q
37.28		1:26.44 (49.16)			
--- Barki, Adriene	JR	St. Ignatius College Prep	1:04.12	DQ	
30.19		DQ (33.40)			

Event 24 Boys 100 Yard Butterfly Varsity

WCAL Record: 48.84 2018 Brooks Taner SERR
 48.38 AAA
 49.53 AAC
 54.79 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Balbuena, Enzo	JR	Archbishop Mitty High School	51.43	48.50	20
22.80		48.50 (25.70)			
2 Kuzmenko, Yury	JR	Valley Christian High School	49.77	49.35	17
23.17		49.35 (26.18)			
3 Zhou, Aiden	FR	Saint Francis High School	50.79	49.38	16
23.39		49.38 (25.99)			
4 White III, Robert	SO	Valley Christian High School	53.40	51.96	15
24.30		51.96 (27.66)			
5 Sifferman, Nick	JR	Archbishop Mitty High School	52.96	52.10	14
24.12		52.10 (27.98)			
6 Noller, Kevin	JR	Bellarmino College Prep	53.71	52.22	13
24.37		52.22 (27.85)			
7 Wells, Gavin	JR	Bellarmino College Prep	53.59	52.58	12
24.32		52.58 (28.26)			
8 Nekrestyanov, Max	FR	Archbishop Mitty High School	53.46	52.78	11
24.83		52.78 (27.95)			
B - Final					
9 West, Jack	SR	Archbishop Riordan High School	54.54	54.16	9
26.23		54.16 (27.93)			
10 Hagmueller, Blake	SR	Serra High School	54.15	54.54	7
25.73		54.54 (28.81)			
11 Kornach, Konstantin	JR	Sacred Heart Cathedral Prep	54.49	54.69	6
25.70		54.69 (28.99)			
12 Ossher, Dylan	SR	St. Ignatius College Prep	53.96	54.96	5
25.50		54.96 (29.46)			
13 Wong, Newton	SR	St. Ignatius College Prep	55.21	55.28	4
25.40		55.28 (29.88)			
14 Crawford, Noah	SO	Valley Christian High School	55.88	55.52	3
25.98		55.52 (29.54)			
15 Daigle, Noah	SO	Saint Francis High School	56.43	55.86	2
26.06		55.86 (29.80)			
16 Cole, Michael	JR	St. Ignatius College Prep	54.74	56.84	1
26.01		56.84 (30.83)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Event 24 Boys 100 Yard Butterfly Varsity**

WCAL Record: 48.84 2018 Brooks Taner SERR
 48.38 AAA
 49.53 AAC
 54.79 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Kuzmenko, Yury	JR	Valley Christian High School	51.30	49.77	q
23.66		49.77 (26.11)			
2 Zhou, Aiden	FR	Saint Francis High School	50.81	50.79	q
24.67		50.79 (26.12)			
3 Balbuena, Enzo	JR	Archbishop Mitty High School	49.97	51.43	q
24.29		51.43 (27.14)			
4 Sifferman, Nick	JR	Archbishop Mitty High School	51.50	52.96	q
24.66		52.96 (28.30)			
5 White III, Robert	SO	Valley Christian High School	53.05	53.40	q
24.76		53.40 (28.64)			
6 Nekrestyanov, Max	FR	Archbishop Mitty High School	52.98	53.46	q
24.92		53.46 (28.54)			
7 Wells, Gavin	JR	Bellarmino College Prep	52.80	53.59	q
24.85		53.59 (28.74)			
8 Noller, Kevin	JR	Bellarmino College Prep	51.88	53.71	q
24.95		53.71 (28.76)			
9 Ossher, Dylan	SR	St. Ignatius College Prep	55.22	53.96	q
25.22		53.96 (28.74)			
10 Hagmueller, Blake	SR	Serra High School	54.51	54.15	q
25.09		54.15 (29.06)			
11 Kornach, Konstantin	JR	Sacred Heart Cathedral Prep	54.52	54.49	q
25.31		54.49 (29.18)			
12 West, Jack	SR	Archbishop Riordan High School	55.60	54.54	q
25.77		54.54 (28.77)			
13 Cole, Michael	JR	St. Ignatius College Prep	57.84	54.74	q
25.26		54.74 (29.48)			
14 Wong, Newton	SR	St. Ignatius College Prep	55.71	55.21	q
25.44		55.21 (29.77)			
15 Crawford, Noah	SO	Valley Christian High School	57.18	55.88	q
26.19		55.88 (29.69)			
16 Daigle, Noah	SO	Saint Francis High School	56.79	56.43	q
26.57		56.43 (29.86)			
17 Gaskin, Blake	JR	St. Ignatius College Prep	59.59	57.61	
26.24		57.61 (31.37)			
18 Jane, Hayden	JR	Valley Christian High School	59.27	57.62	
27.38		57.62 (30.24)			
19 Bongi, Michael	SR	Bellarmino College Prep	58.90	59.10	
27.15		59.10 (31.95)			
20 Patel, Anish	SR	Valley Christian High School	1:05.23	1:01.09	
28.24		1:01.09 (32.85)			
21 Prasad, Rishi	SR	Archbishop Mitty High School	1:05.90	1:01.35	
28.60		1:01.35 (32.75)			
22 Nunez, Vincent	JR	Serra High School	1:05.45	1:02.15	
23 Su, Eric	SO	Serra High School	1:02.29	1:02.35	
28.87		1:02.35 (33.48)			
24 Venkat, Sunay	JR	Saint Francis High School	1:07.51	1:06.89	
31.22		1:06.89 (35.67)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Event 25 Girls 100 Yard Freestyle Junior Varsity

WCAL Record: 55.77 2011 Cathy Cantoni AMHS
 50.16 AAA
 50.99 AAC
 55.39 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Walsh, Paige	SO	Archbishop Riordan High School	59.80	58.80	20
28.29		58.80 (30.51)			
2 Jog, Zuie	JR	Archbishop Mitty High School	1:00.27	59.15	17
28.67		59.15 (30.48)			
3 Jacobson, Rene	FR	Saint Francis High School	1:00.67	59.42	16
28.66		59.42 (30.76)			
4 Lavaka, Mailani	FR	Archbishop Mitty High School	1:00.90	59.43	15
28.81		59.43 (30.62)			
5 Fischer, Maya	SO	Archbishop Mitty High School	1:00.75	1:00.16	14
28.76		1:00.16 (31.40)			
6 Anderson, Malina	SO	St. Ignatius College Prep	1:03.41	1:02.51	13
29.44		1:02.51 (33.07)			
7 Silva, Sophia	SO	Archbishop Mitty High School	1:03.02	1:03.06	12
30.74		1:03.06 (32.32)			
8 Whitehurst, Gabby	SO	Presentation High School	1:03.32	1:03.16	11
29.03		1:03.16 (34.13)			
B - Final					
9 sue, Madeleine	JR	St. Ignatius College Prep	1:09.90	1:05.62	9
30.89		1:05.62 (34.73)			
10 Brisson, Claire	JR	Saint Francis High School	1:08.84	1:06.44	7
31.46		1:06.44 (34.98)			
11 Kosmyнка, Emerson	FR	Presentation High School	1:05.97	1:07.61	6
31.03		1:07.61 (36.58)			
12 Fischer, Addison	SO	Valley Christian High School	1:06.81	1:08.75	5
32.24		1:08.75 (36.51)			
13 Pentek, Flora	JR	Saint Francis High School	1:13.21	1:13.25	4
35.23		1:13.25 (38.02)			
14 Hair, Charlotte	FR	Presentation High School	1:14.00	1:13.86	3
35.44		1:13.86 (38.42)			
15 Cherkis, Kylee	JR	Archbishop Riordan High School	1:15.34	1:15.72	2
35.18		1:15.72 (40.54)			
--- Maddox, Audrey	FR	St. Ignatius College Prep	1:04.89	DQ	
31.18		DQ (33.91)			

Event 25 Girls 100 Yard Freestyle Junior Varsity

WCAL Record: 55.77 2011 Cathy Cantoni AMHS
 50.16 AAA
 50.99 AAC
 55.39 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Walsh, Paige	SO	Archbishop Riordan High School	1:00.25	59.80	q
28.84		59.80 (30.96)			
2 Jog, Zuie	JR	Archbishop Mitty High School	1:01.57	1:00.27	q
29.14		1:00.27 (31.13)			
3 Jacobson, Rene	FR	Saint Francis High School	1:00.55	1:00.67	q
28.97		1:00.67 (31.70)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 25 Girls 100 Yard Freestyle Junior Varsity)**

	Name	Yr	School	Seed Time	Prelim Time	
4	Fischer, Maya	SO	Archbishop Mitty High School	1:03.31	1:00.75	q
	28.94				1:00.75 (31.81)	
5	Lavaka, Mailani	FR	Archbishop Mitty High School	1:02.90	1:00.90	q
	29.53				1:00.90 (31.37)	
6	Silva, Sophia	SO	Archbishop Mitty High School	1:05.55	1:03.02	q
	30.53				1:03.02 (32.49)	
7	Whitehurst, Gabby	SO	Presentation High School	1:03.20	1:03.32	q
	29.67				1:03.32 (33.65)	
8	Anderson, Malina	SO	St. Ignatius College Prep	1:02.24	1:03.41	q
	30.43				1:03.41 (32.98)	
9	Maddox, Audrey	FR	St. Ignatius College Prep	1:09.62	1:04.89	q
	30.62				1:04.89 (34.27)	
10	Kosmyinka, Emerson	FR	Presentation High School	1:09.88	1:05.97	q
	31.86				1:05.97 (34.11)	
11	Fischer, Addison	SO	Valley Christian High School	1:08.09	1:06.81	q
	31.84				1:06.81 (34.97)	
12	Brisson, Claire	JR	Saint Francis High School	1:08.02	1:08.84	q
	32.11				1:08.84 (36.73)	
13	sue, Madeleine	JR	St. Ignatius College Prep	1:05.68	1:09.90	q
	32.91				1:09.90 (36.99)	
14	Pentek, Flora	JR	Saint Francis High School	1:14.49	1:13.21	q
	34.97				1:13.21 (38.24)	
15	Hair, Charlotte	FR	Presentation High School	1:17.08	1:14.00	q
16	Feldman, Tanith	FR	Saint Francis High School	1:11.80	1:15.29	q
	35.34				1:15.29 (39.95)	
17	Cherkis, Kylee	JR	Archbishop Riordan High School	1:19.67	1:15.34	
	36.52				1:15.34 (38.82)	
18	Edwards, Charlotte	SO	Sacred Heart Cathedral Prep	1:17.28	1:15.83	
	37.30				1:15.83 (38.53)	
19	Liu, Zihan	FR	Valley Christian High School	NT	1:16.90	
	35.10				1:16.90 (41.80)	
20	Farias, Sofia	SO	Saint Francis High School	1:18.50	1:17.75	
	35.84				1:17.75 (41.91)	
21	Jiang, Lindsey	FR	Valley Christian High School	NT	1:18.12	
	37.22				1:18.12 (40.90)	
22	Cardenas, Lily	SO	Sacred Heart Cathedral Prep	1:22.63	1:19.56	
	16.77				1:19.56 (1:02.79)	
23	Lloyd, Anna	JR	Sacred Heart Cathedral Prep	1:18.72	1:20.47	
	38.15				1:20.47 (42.32)	
24	Sullivan, Evelyn	JR	Sacred Heart Cathedral Prep	1:28.58	1:22.45	
	39.18				1:22.45 (43.27)	
25	Ibarra Fernandez, Maria	FR	Presentation High School	1:21.81	1:23.13	
	40.21				1:23.13 (42.92)	
26	Burne, Teagan	SO	Sacred Heart Cathedral Prep	1:24.33	1:23.99	
	40.18				1:23.99 (43.81)	
27	Nghi Le, Bao	JR	Archbishop Riordan High School	1:20.48	1:26.13	
	40.86				1:26.13 (45.27)	
28	Zogarc, Francesca	JR	Sacred Heart Cathedral Prep	1:31.48	1:29.79	
	41.43				1:29.79 (48.36)	
29	Zhang, Audrina	FR	Valley Christian High School	1:33.71	1:32.95	
	42.86				1:32.95 (50.09)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 25 Girls 100 Yard Freestyle Junior Varsity)**

Name	Yr	School	Seed Time	Prelim Time
30 Pau, Abbie	FR	Sacred Heart Cathedral Prep	1:08.55	1:33.93
42.49	1:33.93	(51.44)		
31 Williams, Charlotte	SO	Sacred Heart Cathedral Prep	1:28.04	1:34.39
42.64	1:34.39	(51.75)		
32 Law, Joumana	JR	Archbishop Riordan High School	1:43.66	1:40.46
43.65	1:40.46	(56.81)		
33 Wiley, Eve	SO	Archbishop Riordan High School	1:45.01	1:44.30
1:26.71	1:44.30	(17.59)		
34 Chien, Camille	FR	Presentation High School	1:50.04	1:45.92
46.85	1:45.92	(59.07)		
35 Wilson, Jaelah	JR	Sacred Heart Cathedral Prep	1:48.10	1:48.23
49.00	1:48.23	(59.23)		
--- Mak, Allison	FR	Archbishop Mitty High School	1:09.00	X1:04.45
31.12	1:04.45	(33.33)		
--- Prado, Lesly	FR	Archbishop Mitty High School	1:03.91	X1:04.99
31.21	1:04.99	(33.78)		
--- Arriaga, Melina	FR	Archbishop Mitty High School	1:06.74	X1:05.99
32.33	1:05.99	(33.66)		
--- Kalynij, Hannah	FR	Archbishop Mitty High School	1:11.43	X1:06.34
33.08	1:06.34	(33.26)		
--- Freestone, Olivia	FR	Archbishop Mitty High School	1:09.91	X1:10.32
33.40	1:10.32	(36.92)		
--- Jately, Maya	FR	Archbishop Mitty High School	1:12.00	X1:11.81
34.16	1:11.81	(37.65)		
--- Koch, Imogene	JR	Archbishop Mitty High School	1:09.97	X1:12.44
33.88	1:12.44	(38.56)		
--- Godwhani, Ayesha	JR	Archbishop Mitty High School	1:06.00	X1:13.15
34.25	1:13.15	(38.90)		

Event 26 Boys 100 Yard Freestyle Junior Varsity

WCAL Record: 47.79 2004 Nick Bounfiglio BELA
 44.72 AAA
 45.56 AAC
 49.69 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
*1 Taysi, Griffin	SO	Bellarmino College Prep	51.02	50.46	18.50
24.21	50.46	(26.25)			
*1 Cochran, Kaden	SO	Valley Christian High School	50.38	50.46	18.50
24.15	50.46	(26.31)			
3 Zucek, Dax	SO	Bellarmino College Prep	51.19	51.01	16
24.75	51.01	(26.26)			
4 Timar, Andre	FR	Serra High School	52.11	51.44	15
24.57	51.44	(26.87)			
5 Ng, Bryce	JR	Bellarmino College Prep	52.48	51.88	14
24.60	51.88	(27.28)			
6 Adam, Conor	FR	Saint Francis High School	52.25	52.48	13
25.35	52.48	(27.13)			
7 Latif, Zayne	JR	Archbishop Mitty High School	53.40	52.95	12
25.42	52.95	(27.53)			
8 Wilson, Aiden	SO	Bellarmino College Prep	52.35	52.98	11
25.13	52.98	(27.85)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

B - Final ... (Event 26 Boys 100 Yard Freestyle Junior Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
B - Final					
9 Pangilinin, Jonathan	FR	Archbishop Riordan High School	53.40	53.57	9
25.93		53.57 (27.64)			
10 Haag, Alex	SO	Serra High School	54.94	53.74	7
25.54		53.74 (28.20)			
11 Sjauwfoekloy, Kendall	SO	St. Ignatius College Prep	53.43	53.97	6
26.19		53.97 (27.78)			
12 Kwok, Peter	FR	Serra High School	54.69	54.66	5
26.43		54.66 (28.23)			
13 Valdes, Ryi	JR	St. Ignatius College Prep	56.61	56.44	4
26.93		56.44 (29.51)			
14 Shaheen, Anthony	SO	Saint Francis High School	58.21	56.80	3
26.89		56.80 (29.91)			
15 Somoza, Naveen	JR	St. Ignatius College Prep	56.85	57.14	2
26.30		57.14 (30.84)			
16 Oliver, Clark	SO	Archbishop Mitty High School	57.50	57.46	1
27.33		57.46 (30.13)			

Event 26 Boys 100 Yard Freestyle Junior Varsity

WCAL Record:	47.79	2004	Nick Bounfiglio	BELA
	44.72	AAA		
	45.56	AAC		
	49.69	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Cochran, Kaden	SO	Valley Christian High School	51.56	50.38	q
24.47		50.38 (25.91)			
2 Taysi, Griffin	SO	Bellarmino College Prep	52.29	51.02	q
24.36		51.02 (26.66)			
3 Zucek, Dax	SO	Bellarmino College Prep	54.84	51.19	q
24.43		51.19 (26.76)			
4 Timar, Andre	FR	Serra High School	53.00	52.11	q
24.70		52.11 (27.41)			
5 Adam, Conor	FR	Saint Francis High School	53.15	52.25	q
25.36		52.25 (26.89)			
6 Wilson, Aiden	SO	Bellarmino College Prep	55.56	52.35	q
25.09		52.35 (27.26)			
7 Ng, Bryce	JR	Bellarmino College Prep	51.00	52.48	q
25.08		52.48 (27.40)			
8 Latif, Zayne	JR	Archbishop Mitty High School	54.57	53.40	q
25.39		53.40 (28.01)			
9 Pangilinin, Jonathan	FR	Archbishop Riordan High School	54.50	53.40	q
25.65		53.40 (27.75)			
10 Sjauwfoekloy, Kendall	SO	St. Ignatius College Prep	55.13	53.43	q
26.10		53.43 (27.33)			
11 Kwok, Peter	FR	Serra High School	55.73	54.69	q
26.27		54.69 (28.42)			
12 Haag, Alex	SO	Serra High School	54.95	54.94	q
25.97		54.94 (28.97)			
13 Valdes, Ryi	JR	St. Ignatius College Prep	57.96	56.61	q
26.97		56.61 (29.64)			
14 Somoza, Naveen	JR	St. Ignatius College Prep	1:00.26	56.85	q
25.95		56.85 (30.90)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 26 Boys 100 Yard Freestyle Junior Varsity)**

Name	Yr	School	Seed Time	Prelim Time	
15 Oliver, Clark	SO	Archbishop Mitty High School	57.69	57.50	q
27.36	57.50 (30.14)				
16 Shaheen, Anthony	SO	Saint Francis High School	1:00.14	58.21	q
27.36	58.21 (30.85)				
17 Shoup, Benjamin	SO	Serra High School	57.31	58.69	
28.12	58.69 (30.57)				
18 Freedman, Eric	FR	Archbishop Mitty High School	1:00.00	59.10	
29.27	59.10 (29.83)				
19 Mercay, Tristan	FR	Serra High School	59.83	1:00.20	
20 Santoso, Deric	FR	Serra High School	1:00.76	1:00.51	
29.67	1:00.51 (30.84)				
21 Zhao, Daniel	FR	Archbishop Mitty High School	1:00.00	1:00.57	
29.07	1:00.57 (31.50)				
22 Kutty, Rishi	SO	Archbishop Mitty High School	59.53	1:00.77	
29.14	1:00.77 (31.63)				
23 Marinov, Phillip	SO	Sacred Heart Cathedral Prep	1:08.03	1:02.47	
29.33	1:02.47 (33.14)				
24 Xiao, Roger	FR	St. Ignatius College Prep	1:04.77	1:03.67	
30.00	1:03.67 (33.67)				
25 Raja, Vishnu	SO	Archbishop Mitty High School	1:00.00	1:03.90	
30.73	1:03.90 (33.17)				
26 Gomez Lario, Phoenix	SO	Archbishop Riordan High School	1:03.24	1:04.07	
29.83	1:04.07 (34.24)				
27 Powell, Darby	FR	Archbishop Riordan High School	1:07.75	1:04.16	
30.51	1:04.16 (33.65)				
28 Chuang, Colin	JR	Serra High School	1:08.07	1:04.47	
30.52	1:04.47 (33.95)				
29 Giang, Timothy	JR	Bellarmino College Prep	1:05.72	1:04.51	
30.73	1:04.51 (33.78)				
30 Savage, Evan	SO	Serra High School	1:02.97	1:06.49	
31.26	1:06.49 (35.23)				
31 Ulveling, August	FR	Serra High School	1:02.03	1:06.76	
30.36	1:06.76 (36.40)				
32 Gonzalez, DJ	SO	Valley Christian High School	1:05.71	1:06.77	
31.82	1:06.77 (34.95)				
33 Kharbanda, Aditya	FR	Bellarmino College Prep	1:07.62	1:07.09	
32.05	1:07.09 (35.04)				
34 Pan, Steve	SO	Saint Francis High School	1:11.77	1:07.17	
1:07.30	1:07.17 ()				
35 Ritchie, William	FR	Bellarmino College Prep	1:05.73	1:07.20	
31.53	1:07.20 (35.67)				
36 Eaton, Kaleb	JR	Archbishop Mitty High School	1:07.11	1:07.60	
31.86	1:07.60 (35.74)				
37 Zaki, Mark	FR	Archbishop Mitty High School	1:06.51	1:07.62	
33.03	1:07.62 (34.59)				
38 Alas, Elijah	SO	Serra High School	1:04.63	1:07.68	
31.11	1:07.68 (36.57)				
39 Ha, Ryan	JR	Bellarmino College Prep	1:12.89	1:07.98	
33.84	1:07.98 (34.14)				
40 Sommerfield, Aidan	FR	Archbishop Riordan High School	1:07.89	1:08.17	
32.37	1:08.17 (35.80)				
41 Alex, David	FR	Bellarmino College Prep	1:13.81	1:10.09	
33.73	1:10.09 (36.36)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 26 Boys 100 Yard Freestyle Junior Varsity)**

Name	Yr	School	Seed Time	Prelim Time
42 Liu, Kollen	FR	Serra High School	1:14.50	1:10.71
35.05		1:10.71 (35.66)		
43 Pangilinan, Patrick	SO	Serra High School	1:08.94	1:11.53
33.66		1:11.53 (37.87)		
44 Au, Aidan	JR	Serra High School	1:08.94	1:11.55
33.32		1:11.55 (38.23)		
45 Walthew, Jai	FR	Archbishop Riordan High School	1:09.78	1:13.15
34.66		1:13.15 (38.49)		
46 Gomez, Marco	FR	Serra High School	1:14.40	1:13.75
35.49		1:13.75 (38.26)		
47 Pacubas, Dylan John	JR	Sacred Heart Cathedral Prep	1:14.56	1:15.67
34.78		1:15.67 (40.89)		
48 Sanguinetti, Giovanni	SO	Serra High School	1:16.92	1:16.41
36.70		1:16.41 (39.71)		
49 Cao, Minh-Quang	SO	Bellarmino College Prep	1:25.59	1:16.42
35.37		1:16.42 (41.05)		
50 Gupta, Arin	FR	Bellarmino College Prep	1:27.32	1:18.08
37.47		1:18.08 (40.61)		
51 Sagarbarria, Francisco	FR	Serra High School	1:18.85	1:19.00
36.22		1:19.00 (42.78)		
52 Stanislaus, Akash	FR	Bellarmino College Prep	1:18.64	1:21.31
37.10		1:21.31 (44.21)		
53 Raman, Arjun	FR	Bellarmino College Prep	1:23.91	1:22.57
39.04		1:22.57 (43.53)		
54 Kotian, Rishaan	FR	Bellarmino College Prep	1:26.17	1:25.28
39.49		1:25.28 (45.79)		
55 Montiel, Cesar	FR	Archbishop Mitty High School	1:21.55	1:25.29
41.05		1:25.29 (44.24)		
56 Gorrepati, Ashwin	FR	Bellarmino College Prep	1:33.81	1:31.22
57 Montano Alvarado, Raul	SO	Serra High School	1:22.07	1:42.39
47.08		1:42.39 (55.31)		
--- O'Leary, Gannon	SO	Bellarmino College Prep	55.09	X52.67
25.05		52.67 (27.62)		
--- Li, Valentino	JR	Bellarmino College Prep	54.70	X53.36
25.34		53.36 (28.02)		
--- Ceprnic, Kosta	JR	Bellarmino College Prep	54.88	X55.05
26.19		55.05 (28.86)		
--- Massaband, Noah	JR	Bellarmino College Prep	55.30	X55.33
27.16		55.33 (28.17)		
--- Duran, Joaquin	SO	Bellarmino College Prep	57.14	X55.36
26.86		55.36 (28.50)		
--- Li, Han	JR	Bellarmino College Prep	56.18	X55.66
26.38		55.66 (29.28)		
--- Osborne, Sean	FR	Bellarmino College Prep	59.34	X56.23
27.07		56.23 (29.16)		
--- Creamer, Carl	SO	Bellarmino College Prep	59.72	X57.19
27.46		57.19 (29.73)		
--- Olavarria, Emilio	JR	Bellarmino College Prep	57.50	X57.55
27.56		57.55 (29.99)		
--- Laponis, Ben	SO	Bellarmino College Prep	1:01.15	X57.73
27.86		57.73 (29.87)		
--- Terrazas, Nathaniel	FR	Bellarmino College Prep	58.68	X57.85
27.96		57.85 (29.89)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 26 Boys 100 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time
--- Benassi, Luca	FR	Bellarmino College Prep	1:00.00	X58.80
29.30	58.80	(29.50)		
--- Wall, Andrew	SO	Bellarmino College Prep	57.65	X58.94
27.85	58.94	(31.09)		
--- Dao, Khang	FR	Bellarmino College Prep	1:04.48	X59.63
28.13	59.63	(31.50)		
--- Amburgey, Romin	FR	Bellarmino College Prep	1:03.39	X1:00.11
28.42	1:00.11	(31.69)		
--- Nguyen, Antoine	JR	Bellarmino College Prep	1:00.84	X1:00.31
28.48	1:00.31	(31.83)		
--- Yerganian, Shant	FR	Bellarmino College Prep	1:02.39	X1:00.64
28.68	1:00.64	(31.96)		
--- Gohil, Abhi	SO	Bellarmino College Prep	1:02.17	X1:00.70
29.49	1:00.70	(31.21)		
--- Panah, Keon	FR	Bellarmino College Prep	1:00.08	X1:00.72
29.13	1:00.72	(31.59)		
--- Ye, Ethan	FR	Bellarmino College Prep	1:03.28	X1:00.99
28.48	1:00.99	(32.51)		
--- Yin, Alexander	SO	Bellarmino College Prep	1:02.16	X1:01.16
--- Vinoth, Jaden	SO	Bellarmino College Prep	1:04.48	X1:01.87
29.89	1:01.87	(31.98)		
--- Lu, Aaron	SO	Bellarmino College Prep	1:00.78	X1:01.94
29.14	1:01.94	(32.80)		
--- Terra, Dominic	FR	Bellarmino College Prep	1:04.55	X1:03.12
30.17	1:03.12	(32.95)		
--- Lavery, Conor	FR	Bellarmino College Prep	1:06.06	X1:03.60
30.39	1:03.60	(33.21)		
--- Gupta, Kishan	FR	Bellarmino College Prep	1:06.05	X1:04.64
31.01	1:04.64	(33.63)		
--- Ren, Lucas	FR	Bellarmino College Prep	1:43.35	X1:42.44
47.60	1:42.44	(54.84)		
--- Brandt, Nathan	FR	Saint Francis High School	1:12.81	DQ
32.73	DQ	(36.44)		

Event 27 Girls 100 Yard Freestyle Varsity

WCAL Record: 49.25 2011 Maddy Schaefer-SF SFMV
 50.16 AAA
 50.99 AAC
 55.39 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Burkhardt, Elizabeth	SR	St. Ignatius College Prep	50.61	50.61	20
24.69	50.61	(25.92)			
2 Avnur, Maya	JR	Saint Francis High School	54.01	53.38	17
26.14	53.38	(27.24)			
3 Hopkins, Caitlin	SR	Saint Francis High School	54.69	53.53	16
26.08	53.53	(27.45)			
4 Rickard, Riese	FR	Saint Francis High School	55.44	54.52	15
26.35	54.52	(28.17)			
5 Ng, Marcella	JR	Archbishop Mitty High School	55.15	54.88	14
6 Pyper, Sophia	SO	Valley Christian High School	56.18	55.80	13
26.87	55.80	(28.93)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

A - Final ... (Event 27 Girls 100 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
7 Ring, Berlyn	SO	Sacred Heart Cathedral Prep	55.91	55.88	12
26.59	55.88 (29.29)				
8 Teeramaythawit, Haley	SO	Presentation High School	57.09	58.09	11
27.75	58.09 (30.34)				
B - Final					
9 Lim, Yisin	FR	Saint Francis High School	57.90	57.30	9
28.30	57.30 (29.00)				
10 Fusilero, Emery	JR	Archbishop Mitty High School	59.58	57.51	7
27.68	57.51 (29.83)				
11 Schwerte, Ella	FR	St. Ignatius College Prep	58.14	57.89	6
28.33	57.89 (29.56)				
12 Yoshida, Anelise	FR	Archbishop Mitty High School	57.69	58.27	5
27.65	58.27 (30.62)				
13 Vega, Arwen	SO	Presentation High School	57.70	58.36	4
27.78	58.36 (30.58)				
14 Woo, Ellie	JR	Archbishop Mitty High School	58.84	58.99	3
28.50	58.99 (30.49)				
15 Li, Hannah	SO	Valley Christian High School	58.97	59.73	2
28.13	59.73 (31.60)				
16 Zedlitz, Zara	FR	St. Ignatius College Prep	58.51	59.89	1
28.30	59.89 (31.59)				

Event 27 Girls 100 Yard Freestyle Varsity

WCAL Record:	49.25	2011	Maddy Schaefer-SF	SFMV
	50.16	AAA		
	50.99	AAC		
	55.39	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Burkhardt, Elizabeth	SR	St. Ignatius College Prep	50.87	50.61	q
24.80	50.61 (25.81)				
2 Avnur, Maya	JR	Saint Francis High School	54.79	54.01	q
26.37	54.01 (27.64)				
3 Hopkins, Caitlin	SR	Saint Francis High School	54.69	54.69	q
26.38	54.69 (28.31)				
4 Ng, Marcella	JR	Archbishop Mitty High School	55.98	55.15	q
26.71	55.15 (28.44)				
5 Rickard, Riese	FR	Saint Francis High School	56.02	55.44	q
26.38	55.44 (29.06)				
6 Ring, Berlyn	SO	Sacred Heart Cathedral Prep	57.45	55.91	q
26.74	55.91 (29.17)				
7 Pyper, Sophia	SO	Valley Christian High School	55.18	56.18	q
27.27	56.18 (28.91)				
8 Teeramaythawit, Haley	SO	Presentation High School	55.58	57.09	q
26.84	57.09 (30.25)				
9 Yoshida, Anelise	FR	Archbishop Mitty High School	1:00.44	57.69	q
27.22	57.69 (30.47)				
10 Vega, Arwen	SO	Presentation High School	58.17	57.70	q
27.68	57.70 (30.02)				
11 Lim, Yisin	FR	Saint Francis High School	57.79	57.90	q
28.43	57.90 (29.47)				
12 Schwerte, Ella	FR	St. Ignatius College Prep	59.36	58.14	q
28.20	58.14 (29.94)				

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Results

Preliminaries ... (Event 27 Girls 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time	
13 Zedlitz, Zara	FR	St. Ignatius College Prep	1:01.00	58.51	q
27.86		58.51 (30.65)			
14 Woo, Ellie	JR	Archbishop Mitty High School	59.89	58.84	q
28.34		58.84 (30.50)			
15 Li, Hannah	SO	Valley Christian High School	57.90	58.97	q
28.07		58.97 (30.90)			
16 Fusilero, Emery	JR	Archbishop Mitty High School	58.05	59.58	q
28.58		59.58 (31.00)			
17 McLean, Ella	SO	Valley Christian High School	1:05.67	1:03.68	
18 Juul, Bridget	SR	Archbishop Mitty High School	1:02.40	1:04.08	
30.93		1:04.08 (33.15)			
19 Bora, Isha	JR	Presentation High School	1:04.33	1:04.97	
31.28		1:04.97 (33.69)			
20 Corsell, Nicolina	SR	Presentation High School	1:06.82	1:07.73	
31.79		1:07.73 (35.94)			
21 Todd, Sophia		St. Ignatius College Prep	1:07.12	1:09.01	
33.08		1:09.01 (35.93)			
22 Harlan, Alexandra	SR	St. Ignatius College Prep	1:09.79	1:11.80	
23 Alvarado, Briana	JR	Archbishop Riordan High School	1:15.55	1:17.29	
35.78		1:17.29 (41.51)			
24 Brouwer, Katelyn	SR	Presentation High School	1:43.95	1:31.40	
42.84		1:31.40 (48.56)			
25 Molina-Cativo, Angely	SR	Sacred Heart Cathedral Prep	1:35.49	1:32.89	
41.93		1:32.89 (50.96)			
26 Aguilar, Amy	SO	Archbishop Riordan High School	1:43.55	1:32.97	
41.11		1:32.97 (51.86)			
27 Carrasquilla, Brianna	SR	Archbishop Riordan High School	1:39.45	1:38.23	
44.99		1:38.23 (53.24)			
28 Kim, Rose	SR	Archbishop Riordan High School	1:40.54	1:39.57	
46.20		1:39.57 (53.37)			
29 Guzman, Ruby	SR	Archbishop Riordan High School	1:44.67	1:41.47	
48.53		1:41.47 (52.94)			
--- Payne, Lia	JR	Saint Francis High School	58.76	X59.31	
28.33		59.31 (30.98)			
--- Kimball, Madison	SR	Archbishop Riordan High School	1:08.87	DQ	
34.77		DQ (37.65)			

Event 28 Boys 100 Yard Freestyle Varsity

WCAL Record: 44.84 2015 Benjamin Ho-SF SFMV
 44.72 AAA
 45.56 AAC
 49.69 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Porter, Tyler	JR	Bellarmino College Prep	46.44	45.50	20
21.72		45.50 (23.78)			
2 Rances, Miguel	JR	Bellarmino College Prep	47.35	46.46	17
22.05		46.46 (24.41)			
3 Taner, Vaughn	SR	Serra High School	46.62	46.49	16
22.38		46.49 (24.11)			
4 Boettner, Jackson	SR	Bellarmino College Prep	48.01	46.86	15
22.66		46.86 (24.20)			

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Results

A - Final ... (Event 28 Boys 100 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
5 Hernandez, Micah 23.38	JR	Valley Christian High School	49.33	48.30	14
		48.30 (24.92)			
6 Mancinetti, Marco 23.34	SR	Archbishop Riordan High School	47.94	48.55	13
		48.55 (25.21)			
7 Kalynij, Luke 23.52	SR	Bellarmino College Prep	49.05	48.65	12
		48.65 (25.13)			
8 Crawford, Noah 24.51	SO	Valley Christian High School	50.53	51.24	11
		51.24 (26.73)			

B - Final

9 Yen, Jordan 23.98	SO	Archbishop Mitty High School	50.64	49.64	9
		49.64 (25.66)			
10 Gavin, Tucker 24.16	JR	Archbishop Mitty High School	51.58	50.17	7
		50.17 (26.01)			
*11 Hagmueller, Blake 24.12	SR	Serra High School	51.91	50.27	5.50
		50.27 (26.15)			
*11 Sampson, Lucas 23.98	SR	Archbishop Mitty High School	51.38	50.27	5.50
		50.27 (26.29)			
13 Li, Moore 24.68	SO	Valley Christian High School	51.84	50.58	4
		50.58 (25.90)			
14 Niemi, Calvin 24.56	SO	St. Ignatius College Prep	51.68	50.86	3
		50.86 (26.30)			
15 Paine, Brody 24.83	SR	St. Ignatius College Prep	51.56	51.63	2
		51.63 (26.80)			
16 Hagmueller, Reed 25.03	SR	Serra High School	52.30	51.89	1
		51.89 (26.86)			

Event 28 Boys 100 Yard Freestyle Varsity

WCAL Record:	44.84	2015	Benjamin Ho-SF	SFMV
	44.72	AAA		
	45.56	AAC		
	49.69	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Porter, Tyler 22.12	JR	Bellarmino College Prep	45.75	46.44	q
		46.44 (24.32)			
2 Taner, Vaughn 22.40	SR	Serra High School	47.47	46.62	q
		46.62 (24.22)			
3 Rances, Miguel 22.37	JR	Bellarmino College Prep	46.03	47.35	q
		47.35 (24.98)			
4 Mancinetti, Marco 22.86	SR	Archbishop Riordan High School	49.20	47.94	q
		47.94 (25.08)			
5 Boettner, Jackson 23.31	SR	Bellarmino College Prep	47.20	48.01	q
		48.01 (24.70)			
6 Kalynij, Luke 23.86	SR	Bellarmino College Prep	48.70	49.05	q
		49.05 (25.19)			
7 Hernandez, Micah 23.89	JR	Valley Christian High School	50.41	49.33	q
		49.33 (25.44)			
8 Crawford, Noah 24.30	SO	Valley Christian High School	53.13	50.53	q
		50.53 (26.23)			
9 Yen, Jordan 24.27	SO	Archbishop Mitty High School	50.41	50.64	q
		50.64 (26.37)			
10 Sampson, Lucas 24.37	SR	Archbishop Mitty High School	53.00	51.38	q
		51.38 (27.01)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 28 Boys 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time	
11 Paine, Brody	SR	St. Ignatius College Prep	52.95	51.56	q
25.03		51.56 (26.53)			
12 Gavin, Tucker	JR	Archbishop Mitty High School	51.63	51.58	q
24.66		51.58 (26.92)			
13 Niemi, Calvin	SO	St. Ignatius College Prep	52.34	51.68	q
25.00		51.68 (26.68)			
14 Li, Moore	SO	Valley Christian High School	52.90	51.84	q
25.10		51.84 (26.74)			
15 Hagmueller, Blake	SR	Serra High School	NT	51.91	q
24.69		51.91 (27.22)			
16 Hagmueller, Reed	SR	Serra High School	53.13	52.30	q
25.13		52.30 (27.17)			
17 Kendall, Chase	JR	St. Ignatius College Prep	52.65	52.84	
25.29		52.84 (27.55)			
18 Kalchuri, Anay	FR	Valley Christian High School	NT	52.89	
25.06		52.89 (27.83)			
19 Hornik, Jeremy	JR	St. Ignatius College Prep	54.43	53.14	
25.25		53.14 (27.89)			
20 Vargas, Max	JR	Serra High School	54.38	53.20	
25.90		53.20 (27.30)			
21 Patel, Anish	SR	Valley Christian High School	54.41	53.40	
25.47		53.40 (27.93)			
22 Sharp, Luke	JR	Saint Francis High School	53.41	54.82	
26.29		54.82 (28.53)			
23 Kang, Sean	SR	Archbishop Mitty High School	54.64	55.09	
26.44		55.09 (28.65)			
24 Karpman, Marco	SR	Saint Francis High School	55.00	55.52	
26.19		55.52 (29.33)			
25 Lajeunesse, Luke	SR	Archbishop Mitty High School	53.80	55.83	
26.47		55.83 (29.36)			
26 Wang, Issac	SR	Sacred Heart Cathedral Prep	57.27	56.83	
26.64		56.83 (30.19)			
27 Kinney, Sully	JR	Serra High School	56.79	56.92	
27.58		56.92 (29.34)			
28 Murray, Timothy	SR	St. Ignatius College Prep	56.42	56.96	
27.42		56.96 (29.54)			
29 Sumabat, Christian	SR	Bellarmino College Prep	58.10	57.20	
27.42		57.20 (29.78)			
30 Qi, Hongda	SR	Archbishop Mitty High School	57.20	57.49	
27.46		57.49 (30.03)			
31 Goodrich, Grant	JR	Serra High School	59.17	1:00.45	
28.60		1:00.45 (31.85)			
32 Ha, Harrison	SR	Archbishop Mitty High School	1:05.50	1:01.64	
29.03		1:01.64 (32.61)			
33 Kovac, Henry	SR	Bellarmino College Prep	1:04.14	1:03.60	
30.56		1:03.60 (33.04)			
34 Jo, Yoonwon	SR	Archbishop Mitty High School	1:09.36	1:03.71	
31.92		1:03.71 (31.79)			
35 Wong, Adam	SR	Archbishop Riordan High School	1:13.25	1:12.73	
34.37		1:12.73 (38.36)			
36 Yang, Tyson	FR	Archbishop Riordan High School	1:15.58	1:13.43	
35.07		1:13.43 (38.36)			

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Results

Preliminaries ... (Event 28 Boys 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
37 Gryb, Ian	SR	Archbishop Riordan High School	1:14.27	1:15.26
	34.23	1:15.26 (41.03)		
38 Evans, Owen	JR	Archbishop Riordan High School	1:11.88	1:15.61
	34.51	1:15.61 (41.10)		
39 Bhatia, Karan	SR	Serra High School	1:24.20	1:27.35
	41.88	1:27.35 (45.47)		
--- Zooby, Zachary	SR	Bellarmine College Prep	47.84	X49.93
	23.79	49.93 (26.14)		
--- Von der Ahe, Christopher	SR	Bellarmine College Prep	54.47	X51.71
	24.83	51.71 (26.88)		
--- Salom, Vince	SR	Bellarmine College Prep	56.59	X53.46
	25.71	53.46 (27.75)		

Event 29 Girls 500 Yard Freestyle Junior Varsity

WCAL Record: 5:28.47 2010 Anna Saber AMHS
 4:53.16 AAA
 4:58.16 AAC
 5:25.49 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Duro, Alyssa	JR	Archbishop Mitty High School	5:48.39	5:48.35	20
	29.93	1:02.52 (32.59) 1:36.80 (34.28) 2:11.72 (34.92)			
	2:47.73 (36.01)	3:23.85 (36.12) 3:59.93 (36.08) 4:36.73 (36.80)			
	5:13.13 (36.40)	5:48.35 (35.22)			
2 Juul, Anna	JR	Archbishop Mitty High School	6:14.17	6:06.81	17
	31.34	1:06.06 (34.72) 1:43.21 (37.15) 2:20.85 (37.64)			
	2:57.84 (36.99)	3:35.37 (37.53) 4:13.49 (38.12) 4:51.73 (38.24)			
	5:30.34 (38.61)	6:06.81 (36.47)			
3 Fisher, Sophia	SO	Saint Francis High School	6:12.76	6:07.87	16
	30.77	1:05.78 (35.01) 1:43.04 (37.26) 2:21.12 (38.08)			
	2:59.36 (38.24)	3:37.31 (37.95) 4:15.98 (38.67) 4:54.80 (38.82)			
	5:33.89 (39.09)	6:07.87 (33.98)			
4 Baicher, Jessica	SO	Archbishop Mitty High School	6:15.64	6:08.01	15
	32.57	1:08.63 (36.06) 1:46.29 (37.66) 2:24.02 (37.73)			
	3:01.58 (37.56)	3:39.49 (37.91) 4:17.23 (37.74) 4:55.01 (37.78)			
	5:32.87 (37.86)	6:08.01 (35.14)			
5 Pingree, Taylor	SO	Archbishop Mitty High School	6:27.33	6:23.03	14
	34.72	1:11.78 (37.06) 1:50.45 (38.67) 2:29.58 (39.13)			
	3:09.08 (39.50)	3:49.29 (40.21) 4:28.75 (39.46) 5:08.09 (39.34)			
	5:46.52 (38.43)	6:23.03 (36.51)			
6 Walsh, Elizabeth	JR	Archbishop Riordan High School	6:35.83	6:32.10	13
	33.62	1:11.05 (37.43) 1:51.02 (39.97) 2:32.44 (41.42)			
	3:13.41 (40.97)	3:53.85 (40.44) 4:34.70 (40.85) 5:15.89 (41.19)			
	5:55.27 (39.38)	6:32.10 (36.83)			
7 Peralta, Aria	FR	St. Ignatius College Prep	6:49.32	6:38.84	12
	34.90	1:13.72 (38.82) 1:53.51 (39.79) 2:33.46 (39.95)			
	3:14.55 (41.09)	3:55.68 (41.13) 4:36.74 (41.06) 5:17.99 (41.25)			
	5:59.19 (41.20)	6:38.84 (39.65)			
8 Javinsky, Jenna	FR	St. Ignatius College Prep	6:57.75	6:53.69	11
	37.91	1:19.50 (41.59) 2:01.21 (41.71) 2:43.66 (42.45)			
	3:25.50 (41.84)	4:08.73 (43.23) 4:50.72 (41.99) 5:33.90 (43.18)			
	6:15.59 (41.69)	6:53.69 (38.10)			

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Results

B - Final ... (Event 29 Girls 500 Yard Freestyle Junior Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
B - Final					
9	Concion, Dalia	SO Valley Christian High School	6:58.23	7:01.35	9
	35.64	1:15.72 (40.08)	1:57.07 (41.35)	2:39.41 (42.34)	
	3:22.27 (42.86)	4:06.65 (44.38)	4:51.30 (44.65)	5:35.84 (44.54)	
	6:19.31 (43.47)	7:01.35 (42.04)			
10	Almajdalani, Farrah	SO St. Ignatius College Prep	7:10.87	7:06.46	7
	36.00	1:17.13 (41.13)	1:59.96 (42.83)	2:43.06 (43.10)	
	3:27.66 (44.60)	4:12.15 (44.49)	4:57.03 (44.88)	5:41.73 (44.70)	
	6:26.18 (44.45)	7:06.46 (40.28)			
11	Verma, Simone	SO Saint Francis High School	7:11.50	7:21.71	6
	35.56	1:16.09 (40.53)	1:59.13 (43.04)	2:43.93 (44.80)	
	3:30.30 (46.37)	4:17.61 (47.31)	5:04.55 (46.94)	5:52.23 (47.68)	
	6:39.68 (47.45)	7:21.71 (42.03)			
12	Webb, Sophia	FR Valley Christian High School	7:25.36	7:23.02	5
	36.84	1:17.78 (40.94)	2:01.84 (44.06)	2:46.37 (44.53)	
	3:31.54 (45.17)	4:18.19 (46.65)	5:05.32 (47.13)	5:52.77 (47.45)	
	6:40.00 (47.23)	7:23.02 (43.02)			
13	Flanagan, Delaney	JR Archbishop Riordan High School	7:43.86	7:32.17	4
	40.73	1:25.24 (44.51)	2:11.17 (45.93)	2:57.37 (46.20)	
	3:43.97 (46.60)	4:30.84 (46.87)	5:18.00 (47.16)	6:04.81 (46.81)	
	6:50.53 (45.72)	7:32.17 (41.64)			
14	Childres, Ava	JR Sacred Heart Cathedral Prep	7:55.10	7:54.42	3
	38.47	1:23.54 (45.07)	2:10.55 (47.01)	2:58.63 (48.08)	
	3:47.56 (48.93)	4:36.86 (49.30)	5:26.94 (50.08)	6:17.13 (50.19)	
	7:07.60 (50.47)	7:54.42 (46.82)			
15	Cruikshank, Chloe	FR Presentation High School	8:05.63	7:59.95	2
	38.02	1:22.50 (44.48)	2:09.61 (47.11)	2:59.03 (49.42)	
	3:49.61 (50.58)	4:41.24 (51.63)	5:31.31 (50.07)	6:24.66 (53.35)	
	7:14.74 (50.08)	7:59.95 (45.21)			
16	Farzaneh, Ara	FR Presentation High School	8:09.32	8:05.97	1
	40.18	1:25.56 (45.38)	2:14.87 (49.31)	3:04.32 (49.45)	
	3:56.12 (51.80)	4:47.82 (51.70)	5:38.51 (50.69)	6:30.73 (52.22)	
	7:20.81 (50.08)	8:05.97 (45.16)			

Event 29 Girls 500 Yard Freestyle Junior Varsity

WCAL Record: 5:28.47 2010 Anna Saber AMHS
 4:53.16 AAA
 4:58.16 AAC
 5:25.49 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Duro, Alyssa	JR Archbishop Mitty High School	5:45.32	5:48.39	q
	29.91	1:03.29 (33.38)	1:37.59 (34.30)	2:13.09 (35.50)	
	2:49.20 (36.11)	3:25.58 (36.38)	4:02.22 (36.64)	4:38.61 (36.39)	
	5:14.13 (35.52)	5:48.39 (34.26)			
2	Fisher, Sophia	SO Saint Francis High School	6:12.21	6:12.76	q
	32.71	1:09.75 (37.04)	1:47.53 (37.78)	2:26.03 (38.50)	
	3:04.50 (38.47)	3:43.19 (38.69)	4:21.93 (38.74)	5:00.50 (38.57)	
	5:38.27 (37.77)	6:12.76 (34.49)			
3	Juul, Anna	JR Archbishop Mitty High School	6:19.70	6:14.17	q
	32.29	1:07.68 (35.39)	1:44.44 (36.76)	2:21.78 (37.34)	
	3:00.20 (38.42)	3:38.73 (38.53)	4:17.78 (39.05)	4:57.31 (39.53)	
	5:36.26 (38.95)	6:14.17 (37.91)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 29 Girls 500 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time	
4 Baicher, Jessica	SO	Archbishop Mitty High School	6:06.87	6:15.64	q
33.12	1:10.69 (37.57)	1:48.67 (37.98)	2:26.81 (38.14)		
3:04.91 (38.10)	3:43.63 (38.72)	4:21.85 (38.22)	5:00.08 (38.23)		
5:38.70 (38.62)	6:15.64 (36.94)				
5 Pingree, Taylor	SO	Archbishop Mitty High School	6:30.10	6:27.33	q
35.17	1:13.04 (37.87)	1:52.45 (39.41)	2:32.51 (40.06)		
3:12.71 (40.20)	3:51.88 (39.17)	4:32.02 (40.14)	5:12.49 (40.47)		
5:51.27 (38.78)	6:27.33 (36.06)				
6 Walsh, Elizabeth	JR	Archbishop Riordan High School	6:42.54	6:35.83	q
33.95	1:12.87 (38.92)	1:53.46 (40.59)	2:34.80 (41.34)		
3:16.91 (42.11)	3:56.59 (39.68)	4:37.94 (41.35)	5:19.25 (41.31)		
5:59.67 (40.42)	6:35.83 (36.16)				
7 Peralta, Aria	FR	St. Ignatius College Prep	6:38.25	6:49.32	q
38.10	1:18.86 (40.76)	2:00.39 (41.53)	2:42.32 (41.93)		
3:23.67 (41.35)	4:05.03 (41.36)	4:46.72 (41.69)	6:10.18 (1:23.46)		
6:49.32 (39.14)					
8 Javinsky, Jenna	FR	St. Ignatius College Prep	7:09.00	6:57.75	q
37.97	1:19.69 (41.72)	2:01.82 (42.13)	2:44.52 (42.70)		
3:26.82 (42.30)	4:10.09 (43.27)	4:53.13 (43.04)	5:36.20 (43.07)		
6:18.49 (42.29)	6:57.75 (39.26)				
9 Concion, Dalia	SO	Valley Christian High School	6:52.29	6:58.23	q
36.43	1:16.74 (40.31)	1:58.51 (41.77)	2:40.35 (41.84)		
3:23.08 (42.73)	4:06.01 (42.93)	4:50.10 (44.09)	5:32.87 (42.77)		
6:16.48 (43.61)	6:58.23 (41.75)				
10 Almajdalani, Farrah	SO	St. Ignatius College Prep	7:06.04	7:10.87	q
35.18	1:15.85 (40.67)	1:59.02 (43.17)	2:43.52 (44.50)		
3:28.83 (45.31)	4:14.20 (45.37)	4:59.36 (45.16)	5:44.74 (45.38)		
6:30.43 (45.69)	7:10.87 (40.44)				
11 Verma, Simone	SO	Saint Francis High School	7:04.30	7:11.50	q
35.34	1:15.97 (40.63)	1:59.52 (43.55)	2:44.40 (44.88)		
3:29.48 (45.08)	4:14.82 (45.34)	5:00.12 (45.30)	5:45.44 (45.32)		
6:30.43 (44.99)	7:11.50 (41.07)				
12 Webb, Sophia	FR	Valley Christian High School	NT	7:25.36	q
37.59	1:19.38 (41.79)	2:03.07 (43.69)	2:48.41 (45.34)		
3:34.65 (46.24)	4:21.49 (46.84)	5:08.22 (46.73)	5:55.81 (47.59)		
6:42.81 (47.00)	7:25.36 (42.55)				
13 Flanagan, Delaney	JR	Archbishop Riordan High School	7:59.59	7:43.86	q
43.19	1:29.18 (45.99)	2:15.95 (46.77)	3:03.26 (47.31)		
3:51.42 (48.16)	5:27.38 (1:35.96)	6:14.43 (47.05)	7:01.61 (47.18)		
7:44.04 (42.43)	7:43.86 ()				
14 Childres, Ava	JR	Sacred Heart Cathedral Prep	7:32.54	7:55.10	q
39.16	1:24.94 (45.78)	2:12.71 (47.77)	3:01.51 (48.80)		
3:50.68 (49.17)	4:39.86 (49.18)	5:30.37 (50.51)	6:20.86 (50.49)		
7:10.90 (50.04)	7:55.10 (44.20)				
15 Cruikshank, Chloe	FR	Presentation High School	9:09.97	8:05.63	q
41.15	1:29.80 (48.65)	2:19.59 (49.79)	3:10.46 (50.87)		
4:00.61 (50.15)	4:51.54 (50.93)	5:42.13 (50.59)	6:31.20 (49.07)		
7:21.03 (49.83)	8:05.63 (44.60)				
16 Farzaneh, Ara	FR	Presentation High School	8:18.94	8:09.32	q
40.26	1:26.73 (46.47)	2:15.87 (49.14)	3:06.01 (50.14)		
3:56.88 (50.87)	4:47.82 (50.94)	5:39.03 (51.21)	6:31.97 (52.94)		
7:24.60 (52.63)	8:09.32 (44.72)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 29 Girls 500 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time
17 Toleno, Siena	FR	Saint Francis High School	8:25.62	8:14.29
45.49	1:34.76 (49.27)	2:24.62 (49.86)	3:15.18 (50.56)	
4:05.69 (50.51)	4:56.23 (50.54)	5:47.03 (50.80)	6:37.25 (50.22)	
7:28.10 (50.85)	8:14.29 (46.19)			
18 Flores Lomeli, Alondra	JR	Presentation High School	NT	8:23.21
41.87	1:29.38 (47.51)	2:19.46 (50.08)	3:09.26 (49.80)	
3:59.65 (50.39)	4:52.74 (53.09)	5:46.77 (54.03)	6:41.61 (54.84)	
7:35.72 (54.11)	8:23.21 (47.49)			
19 Marinaro, Giovanna	FR	Saint Francis High School	NT	8:27.54
42.60	1:29.78 (47.18)	2:20.04 (50.26)	3:12.20 (52.16)	
4:05.20 (53.00)	5:00.01 (54.81)	5:53.13 (53.12)	6:46.73 (53.60)	
8:27.54 (1:40.81)				
20 Vijay, Maya	FR	Saint Francis High School	NT	8:35.36
41.95	1:30.70 (48.75)	2:22.25 (51.55)	3:15.33 (53.08)	
4:09.45 (54.12)	5:02.75 (53.30)	5:57.53 (54.78)	6:53.49 (55.96)	
7:46.20 (52.71)	8:35.36 (49.16)			

Event 30 Boys 500 Yard Freestyle Junior Varsity

WCAL Record: 4:42.04 2004 Taylor Smith BELA
 4:28.60 AAA
 4:32.95 AAC
 4:57.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Callahan, Espen	SO	Archbishop Mitty High School	5:05.99	5:01.84	20
27.48	57.62 (30.14)	1:28.11 (30.49)	1:58.66 (30.55)		
2:29.09 (30.43)	2:59.52 (30.43)	3:30.10 (30.58)	4:00.94 (30.84)		
4:32.18 (31.24)	5:01.84 (29.66)				
2 Olsen, William	JR	Bellarmino College Prep	5:04.12	5:02.00	17
27.58	58.16 (30.58)	1:29.40 (31.24)	1:59.97 (30.57)		
2:30.23 (30.26)	3:01.22 (30.99)	3:32.02 (30.80)	4:02.54 (30.52)		
4:32.94 (30.40)	5:02.00 (29.06)				
3 Li, Daniel	FR	Bellarmino College Prep	5:05.91	5:08.37	16
28.19	58.93 (30.74)	1:29.79 (30.86)	2:00.50 (30.71)		
2:31.31 (30.81)	3:02.59 (31.28)	3:33.81 (31.22)	4:05.74 (31.93)		
4:37.81 (32.07)	5:08.37 (30.56)				
4 Shedlosky, Owen	FR	Bellarmino College Prep	5:21.79	5:16.57	15
28.06	58.56 (30.50)	1:29.85 (31.29)	2:01.95 (32.10)		
2:34.17 (32.22)	3:06.63 (32.46)	3:39.66 (33.03)	4:12.35 (32.69)		
4:45.50 (33.15)	5:16.57 (31.07)				
5 Chen, Bryce	SO	Valley Christian High School	5:24.82	5:17.06	14
28.18	58.85 (30.67)	1:30.25 (31.40)	2:02.55 (32.30)		
2:34.94 (32.39)	3:07.46 (32.52)	3:40.32 (32.86)	4:13.18 (32.86)		
4:45.76 (32.58)	5:17.06 (31.30)				
6 Tung, Kai	FR	Bellarmino College Prep	5:18.62	5:17.53	13
28.14	58.93 (30.79)	1:30.78 (31.85)	2:03.16 (32.38)		
2:35.26 (32.10)	3:07.58 (32.32)	3:40.36 (32.78)	4:13.78 (33.42)		
4:46.50 (32.72)	5:17.53 (31.03)				
7 Zanghi, Chase	SO	Archbishop Mitty High School	5:35.35	5:24.92	12
27.79	58.37 (30.58)	1:29.89 (31.52)	2:01.97 (32.08)		
2:34.32 (32.35)	3:07.04 (32.72)	3:41.16 (34.12)	4:15.75 (34.59)		
4:50.76 (35.01)	5:24.92 (34.16)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

A - Final ... (Event 30 Boys 500 Yard Freestyle Junior Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
8 Tannert, Rollan	FR	Saint Francis High School	5:38.99	5:39.31	11
30.52	1:03.55 (33.03)	1:37.25 (33.70)	2:11.63 (34.38)		
2:46.62 (34.99)	3:21.86 (35.24)	3:56.98 (35.12)	4:32.22 (35.24)		
5:06.71 (34.49)	5:39.31 (32.60)				

B - Final

9 Emelyanov, Ilya	JR	Saint Francis High School	5:55.27	5:49.30	9
29.99	1:03.78 (33.79)	1:38.76 (34.98)	2:13.68 (34.92)		
2:49.17 (35.49)	3:25.70 (36.53)	4:02.68 (36.98)	4:39.33 (36.65)		
5:15.41 (36.08)	5:49.30 (33.89)				
10 Ruan, Jacob	SO	Archbishop Mitty High School	6:25.89	6:10.86	7
32.45	1:08.39 (35.94)	1:45.99 (37.60)	2:24.33 (38.34)		
3:02.85 (38.52)	3:41.49 (38.64)	4:19.99 (38.50)	4:58.44 (38.45)		
5:36.43 (37.99)	6:10.86 (34.43)				
11 Bishop, Nicholas	JR	St. Ignatius College Prep	6:40.58	6:27.43	6
33.40	1:10.41 (37.01)	1:48.41 (38.00)	2:27.53 (39.12)		
3:06.85 (39.32)	3:46.91 (40.06)	4:27.29 (40.38)	5:08.00 (40.71)		
5:48.86 (40.86)	6:27.43 (38.57)				
12 Agrawal, Neel	FR	Archbishop Mitty High School	6:57.10	6:54.13	5
33.80	1:12.79 (38.99)	1:54.62 (41.83)	2:37.38 (42.76)		
3:19.25 (41.87)	4:01.83 (42.58)	4:45.20 (43.37)	5:29.39 (44.19)		
6:11.11 (41.72)	6:54.13 (43.02)				
13 Louie, Christian	SO	Archbishop Riordan High School	7:04.56	7:04.98	4
31.59	1:09.49 (37.90)	1:52.89 (43.40)	2:39.48 (46.59)		
	4:07.40 ()	4:55.27 (47.87)	5:42.18 (46.91)		
6:24.69 (42.51)	7:04.98 (40.29)				
14 Ly, Ethan	JR	Archbishop Riordan High School	7:25.33	7:16.84	3
35.52	1:14.93 (39.41)	1:57.76 (42.83)	2:42.00 (44.24)		
3:26.97 (44.97)	4:13.31 (46.34)	4:59.69 (46.38)	5:46.35 (46.66)		
6:33.10 (46.75)	7:16.84 (43.74)				

Event 30 Boys 500 Yard Freestyle Junior Varsity

WCAL Record: 4:42.04 2004 Taylor Smith BELA
 4:28.60 AAA
 4:32.95 AAC
 4:57.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Olsen, William	JR	Bellarmino College Prep	5:31.50	5:04.12	q
27.27	56.79 (29.52)	1:26.62 (29.83)	1:57.35 (30.73)		
2:28.32 (30.97)	2:59.64 (31.32)	3:31.11 (31.47)	4:02.34 (31.23)		
4:33.57 (31.23)	5:04.12 (30.55)				
2 Li, Daniel	FR	Bellarmino College Prep	5:12.74	5:05.91	q
27.05	56.88 (29.83)	1:27.33 (30.45)	1:58.38 (31.05)		
2:29.74 (31.36)	3:01.27 (31.53)	3:32.82 (31.55)	4:04.47 (31.65)		
4:36.00 (31.53)	5:05.91 (29.91)				
3 Callahan, Espen	SO	Archbishop Mitty High School	5:22.78	5:05.99	q
27.79	58.06 (30.27)	1:29.23 (31.17)	1:59.89 (30.66)		
2:30.94 (31.05)	3:02.00 (31.06)	3:32.21 (30.21)	4:03.64 (31.43)		
4:35.32 (31.68)	5:05.99 (30.67)				
4 Tung, Kai	FR	Bellarmino College Prep	5:30.38	5:18.62	q
27.19	57.70 (30.51)	1:29.45 (31.75)	2:01.63 (32.18)		
2:35.12 (33.49)	3:08.25 (33.13)	3:41.51 (33.26)	4:15.00 (33.49)		
4:48.57 (33.57)	5:18.62 (30.05)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 30 Boys 500 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time	
5	Shedlosky, Owen	FR Bellarmine College Prep	5:31.14	5:21.79	q
	28.45	59.14 (30.69)	1:32.01 (32.87)	2:05.37 (33.36)	
	2:37.72 (32.35)	3:11.19 (33.47)	3:44.46 (33.27)	4:17.91 (33.45)	
	4:50.77 (32.86)	5:21.79 (31.02)			
6	Chen, Bryce	SO Valley Christian High School	5:19.29	5:24.82	q
	27.84	58.37 (30.53)	1:30.14 (31.77)	2:02.46 (32.32)	
	2:35.34 (32.88)	3:08.77 (33.43)	3:42.29 (33.52)	4:16.41 (34.12)	
	4:51.05 (34.64)	5:24.82 (33.77)			
7	Zanghi, Chase	SO Archbishop Mitty High School	5:54.11	5:35.35	q
	28.06	59.24 (31.18)	1:32.25 (33.01)	2:05.35 (33.10)	
	2:38.25 (32.90)	3:11.70 (33.45)	3:46.62 (34.92)	4:23.04 (36.42)	
	4:59.65 (36.61)	5:35.35 (35.70)			
8	Tannert, Rollan	FR Saint Francis High School	5:40.60	5:38.99	q
	29.53	1:01.86 (32.33)	1:35.24 (33.38)	2:08.92 (33.68)	
	2:43.17 (34.25)	3:17.70 (34.53)	3:52.93 (35.23)	4:28.01 (35.08)	
	5:03.70 (35.69)	5:38.99 (35.29)			
9	Emelyanov, Ilya	JR Saint Francis High School	5:53.23	5:55.27	q
	30.35	1:04.28 (33.93)	1:39.82 (35.54)	2:15.38 (35.56)	
	2:51.87 (36.49)	3:28.95 (37.08)	4:06.53 (37.58)	4:43.74 (37.21)	
	5:21.25 (37.51)	5:55.27 (34.02)			
10	Salma, Rhys	JR Serra High School	6:11.15	6:19.36	q
	32.87	1:09.89 (37.02)	1:48.28 (38.39)	2:26.79 (38.51)	
	3:06.30 (39.51)	3:46.01 (39.71)	4:25.25 (39.24)	5:04.37 (39.12)	
	5:43.46 (39.09)	6:19.36 (35.90)			
11	Ruan, Jacob	SO Archbishop Mitty High School	6:26.64	6:25.89	q
	31.31	1:07.80 (36.49)	1:46.67 (38.87)	2:26.29 (39.62)	
		3:06.54 ()	3:47.53 (40.99)	4:28.51 (40.98)	
	5:09.18 (40.67)	6:25.89 (1:16.71)			
12	Bishop, Nicholas	JR St. Ignatius College Prep	6:33.43	6:40.58	q
	33.82	1:11.09 (37.27)	1:50.41 (39.32)	2:31.46 (41.05)	
	3:13.74 (42.28)		4:39.20 ()	5:19.66 (40.46)	
	6:01.88 (42.22)	6:40.58 (38.70)			
13	Agrawal, Neel	FR Archbishop Mitty High School	6:50.00	6:57.10	q
	33.00	1:12.22 (39.22)	1:53.72 (41.50)	2:36.74 (43.02)	
		4:03.23 ()	4:46.96 (43.73)	5:31.45 (44.49)	
	6:57.10 (1:25.65)				
14	Saroha, Soumil	JR Valley Christian High School	NT	7:01.91	q
	33.89	1:11.85 (37.96)	1:53.77 (41.92)	2:37.12 (43.35)	
	3:21.40 (44.28)	4:06.77 (45.37)	4:51.14 (44.37)	5:36.08 (44.94)	
	6:20.58 (44.50)	7:01.91 (41.33)			
15	Louie, Christian	SO Archbishop Riordan High School	6:40.34	7:04.56	q
	33.71	1:13.38 (39.67)	1:56.01 (42.63)	2:40.43 (44.42)	
	3:26.45 (46.02)	4:12.63 (46.18)	4:56.17 (43.54)	5:39.54 (43.37)	
	6:23.20 (43.66)	7:04.56 (41.36)			
16	Ly, Ethan	JR Archbishop Riordan High School	6:35.55	7:25.33	q
	34.80	1:14.18 (39.38)	1:57.49 (43.31)	2:41.31 (43.82)	
	3:27.82 (46.51)	4:15.49 (47.67)	5:03.83 (48.34)	5:52.22 (48.39)	
	6:39.52 (47.30)	7:25.33 (45.81)			
---	Brown, Nolan	FR Bellarmine College Prep	NT	X5:30.28	
	29.37	1:00.90 (31.53)	1:34.51 (33.61)	2:08.24 (33.73)	
		3:16.27 ()	3:50.28 (34.01)		
	4:58.21 ()	5:30.28 (32.07)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 30 Boys 500 Yard Freestyle Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time
--- Dietrich, Derek	FR	Bellarmine College Prep	5:36.45	X5:32.24
28.61	1:00.25 (31.64)	1:33.38 (33.13)	2:06.81 (33.43)	
2:41.15 (34.34)	3:15.80 (34.65)	3:49.86 (34.06)	4:24.48 (34.62)	
4:59.00 (34.52)	5:32.24 (33.24)			
--- Khan, Sulaayman	FR	Bellarmine College Prep	5:44.38	X5:37.46
28.79	1:00.98 (32.19)	1:34.10 (33.12)	2:08.20 (34.10)	
2:42.49 (34.29)	3:17.21 (34.72)	3:52.45 (35.24)	4:27.88 (35.43)	
5:03.11 (35.23)	5:37.46 (34.35)			

Event 31 Girls 500 Yard Freestyle Varsity

WCAL Record: 4:51.65 2019 Nicole Oliva SFMV
 4:53.16 AAA
 4:58.16 AAC
 5:25.49 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Rutter, Violet	FR	Archbishop Mitty High School	5:04.87	4:59.17	20
27.47	58.16 (30.69)	1:28.05 (29.89)	1:58.30 (30.25)		
2:28.29 (29.99)	2:58.72 (30.43)	3:28.83 (30.11)	3:59.23 (30.40)		
4:29.80 (30.57)	4:59.17 (29.37)				
2 Birkhold, Elaine	JR	St. Ignatius College Prep	4:58.88	5:06.05	17
27.50	58.00 (30.50)	1:28.32 (30.32)	1:58.71 (30.39)		
2:29.34 (30.63)	3:00.29 (30.95)	3:32.36 (32.07)	4:04.33 (31.97)		
4:35.33 (31.00)	5:06.05 (30.72)				
3 Swall, Alex	SO	Saint Francis High School	5:19.10	5:16.94	16
28.57	59.68 (31.11)	1:31.89 (32.21)	2:03.94 (32.05)		
2:36.08 (32.14)	3:08.11 (32.03)	3:40.35 (32.24)	4:12.88 (32.53)		
4:45.82 (32.94)	5:16.94 (31.12)				
4 Caputo, Maddie	JR	Archbishop Mitty High School	5:22.03	5:18.29	15
29.58	1:01.79 (32.21)	1:34.43 (32.64)	2:07.33 (32.90)		
2:39.80 (32.47)	3:11.83 (32.03)	3:44.41 (32.58)	4:17.24 (32.83)		
4:49.31 (32.07)	5:18.29 (28.98)				
5 Malhi, Rhian	FR	Presentation High School	5:42.01	5:38.06	14
29.27	1:01.37 (32.10)	1:34.92 (33.55)	2:09.17 (34.25)		
2:43.69 (34.52)	3:19.22 (35.53)	3:54.54 (35.32)	4:29.59 (35.05)		
5:04.40 (34.81)	5:38.06 (33.66)				
6 Mizutani, Mia	SR	Archbishop Mitty High School	5:46.58	5:40.89	13
30.42	1:03.32 (32.90)	1:36.84 (33.52)	2:11.28 (34.44)		
2:45.88 (34.60)	3:20.75 (34.87)	3:55.15 (34.40)	4:30.50 (35.35)		
5:06.06 (35.56)	5:40.89 (34.83)				
7 Wheeler, Hannah	JR	Valley Christian High School	5:36.55	5:42.23	12
31.08	1:04.35 (33.27)	1:38.33 (33.98)	2:12.92 (34.59)		
2:47.76 (34.84)	3:22.57 (34.81)	3:57.48 (34.91)	4:32.37 (34.89)		
5:07.65 (35.28)	5:42.23 (34.58)				
8 Schlunt, Brooklyn	FR	St. Ignatius College Prep	5:41.67	5:43.16	11
30.19	1:03.65 (33.46)	1:37.91 (34.26)	2:13.00 (35.09)		
2:48.20 (35.20)	3:23.41 (35.21)	3:58.86 (35.45)	4:34.05 (35.19)		
5:09.61 (35.56)	5:43.16 (33.55)				
B - Final					
9 Spicknall, Ashlie	SO	Archbishop Mitty High School	5:47.78	5:45.58	9
30.96	1:05.01 (34.05)	1:39.82 (34.81)	2:14.82 (35.00)		
2:50.01 (35.19)	3:25.48 (35.47)	4:00.89 (35.41)	4:36.43 (35.54)		
5:11.72 (35.29)	5:45.58 (33.86)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

B - Final ... (Event 31 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
10 Barte, Elissa	SR	Valley Christian High School	5:55.35	5:55.74	7
31.70	1:05.92 (34.22)	1:41.00 (35.08)	2:16.39 (35.39)		
2:52.02 (35.63)	3:27.73 (35.71)	4:04.33 (36.60)	4:41.11 (36.78)		
5:18.77 (37.66)	5:55.74 (36.97)				
11 Varty, Elizabeth	SO	Presentation High School	5:48.78	5:58.28	6
30.64	1:05.37 (34.73)	1:41.14 (35.77)	2:17.10 (35.96)		
2:53.71 (36.61)	3:30.69 (36.98)	4:07.85 (37.16)	4:44.93 (37.08)		
5:22.19 (37.26)	5:58.28 (36.09)				
12 Dehlendorf, Lily	FR	St. Ignatius College Prep	6:09.55	6:03.97	5
32.29	1:08.23 (35.94)	1:44.86 (36.63)	2:21.76 (36.90)		
2:59.01 (37.25)	3:35.96 (36.95)	4:13.15 (37.19)	4:50.61 (37.46)		
5:28.11 (37.50)	6:03.97 (35.86)				
13 Rivera, Carmen	SO	Presentation High School	6:07.42	6:06.89	4
31.57	1:05.98 (34.41)	1:42.24 (36.26)	2:18.91 (36.67)		
2:56.34 (37.43)	3:34.47 (38.13)	4:13.00 (38.53)	4:51.91 (38.91)		
5:30.29 (38.38)	6:06.89 (36.60)				
14 Grunewald, Cate	SO	Saint Francis High School	6:11.16	6:09.78	3
31.70	1:07.33 (35.63)	1:44.75 (37.42)	2:22.86 (38.11)		
3:01.42 (38.56)	3:39.83 (38.41)	4:18.34 (38.51)	4:57.56 (39.22)		
5:34.41 (36.85)	6:09.78 (35.37)				
15 Demina, Alisa	SR	Sacred Heart Cathedral Prep	6:17.05	6:12.50	2
32.68	1:08.58 (35.90)	1:46.04 (37.46)	2:24.05 (38.01)		
3:01.79 (37.74)	3:40.38 (38.59)	4:19.23 (38.85)	4:58.13 (38.90)		
5:36.30 (38.17)	6:12.50 (36.20)				
16 Crehan, Maggie	SO	Sacred Heart Cathedral Prep	6:26.97	6:17.14	1
32.44	1:07.96 (35.52)	1:45.32 (37.36)	2:23.61 (38.29)		
3:02.33 (38.72)	3:41.59 (39.26)	4:21.50 (39.91)	5:00.94 (39.44)		
5:40.17 (39.23)	6:17.14 (36.97)				

Event 31 Girls 500 Yard Freestyle Varsity

WCAL Record:	4:51.65	2019	Nicole Oliva	SFMV
	4:53.16	AAA		
	4:58.16	AAC		
	5:25.49	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Birkhold, Elaine	JR	St. Ignatius College Prep	5:00.31	4:58.88	q
27.24	57.13 (29.89)	1:27.32 (30.19)	1:57.59 (30.27)		
2:28.16 (30.57)	2:58.56 (30.40)	3:29.00 (30.44)	3:59.60 (30.60)		
4:29.67 (30.07)	4:58.88 (29.21)				
2 Rutter, Violet	FR	Archbishop Mitty High School	5:03.33	5:04.87	q
27.03	56.77 (29.74)	1:27.29 (30.52)	1:58.19 (30.90)		
2:28.93 (30.74)	3:00.44 (31.51)	3:32.02 (31.58)	4:03.63 (31.61)		
4:34.90 (31.27)	5:04.87 (29.97)				
3 Swall, Alex	SO	Saint Francis High School	5:24.08	5:19.10	q
29.43	1:01.38 (31.95)	1:33.63 (32.25)	2:06.25 (32.62)		
2:38.60 (32.35)	3:10.79 (32.19)	3:42.88 (32.09)	4:15.34 (32.46)		
4:48.08 (32.74)	5:19.10 (31.02)				
4 Caputo, Maddie	JR	Archbishop Mitty High School	5:35.00	5:22.03	q
29.63	1:02.72 (33.09)	1:35.44 (32.72)	2:08.52 (33.08)		
2:40.86 (32.34)	3:13.29 (32.43)	3:46.54 (33.25)	4:19.48 (32.94)		
4:51.80 (32.32)	5:22.03 (30.23)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 31 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time	
5 Wheeler, Hannah	JR	Valley Christian High School	5:50.07	5:36.55	q
30.99	1:03.82 (32.83)	1:37.16 (33.34)	2:10.82 (33.66)		
2:44.87 (34.05)	3:19.26 (34.39)	3:53.97 (34.71)	4:28.49 (34.52)		
5:02.73 (34.24)	5:36.55 (33.82)				
6 Schlunt, Brooklyn	FR	St. Ignatius College Prep	5:59.77	5:41.67	q
30.81	1:04.59 (33.78)	1:38.87 (34.28)	2:13.41 (34.54)		
2:48.74 (35.33)	3:23.76 (35.02)	3:58.56 (34.80)	4:33.17 (34.61)		
5:07.71 (34.54)	5:41.67 (33.96)				
7 Malhi, Rhian	FR	Presentation High School	5:41.11	5:42.01	q
29.77	1:02.44 (32.67)	1:36.09 (33.65)	2:10.41 (34.32)		
2:45.44 (35.03)	3:20.81 (35.37)	3:56.49 (35.68)	4:31.93 (35.44)		
5:07.07 (35.14)	5:42.01 (34.94)				
8 Mizutani, Mia	SR	Archbishop Mitty High School	5:47.45	5:46.58	q
31.72	1:05.86 (34.14)	1:40.33 (34.47)	2:14.60 (34.27)		
2:49.99 (35.39)	3:24.90 (34.91)	4:00.46 (35.56)	4:35.89 (35.43)		
5:11.35 (35.46)	5:46.58 (35.23)				
9 Spicknall, Ashlie	SO	Archbishop Mitty High School	5:59.25	5:47.78	q
31.91	1:06.65 (34.74)	1:41.69 (35.04)	2:16.99 (35.30)		
2:52.73 (35.74)	3:28.15 (35.42)	4:03.96 (35.81)	4:39.52 (35.56)		
5:14.17 (34.65)	5:47.78 (33.61)				
10 Varty, Elizabeth	SO	Presentation High School	5:52.71	5:48.78	q
30.23	1:04.16 (33.93)	1:38.92 (34.76)	2:14.49 (35.57)		
2:50.22 (35.73)	3:25.62 (35.40)	4:01.93 (36.31)	4:38.35 (36.42)		
5:14.41 (36.06)	5:48.78 (34.37)				
11 Barte, Elissa	SR	Valley Christian High School	5:47.42	5:55.35	q
31.47	1:05.63 (34.16)	1:40.36 (34.73)	2:15.79 (35.43)		
2:51.50 (35.71)	3:27.24 (35.74)	4:03.48 (36.24)	4:40.78 (37.30)		
5:18.59 (37.81)	5:55.35 (36.76)				
12 Rivera, Carmen	SO	Presentation High School	6:02.77	6:07.42	q
31.71	1:07.69 (35.98)	1:44.91 (37.22)	2:22.34 (37.43)		
2:59.62 (37.28)	3:37.23 (37.61)	4:15.44 (38.21)	4:53.48 (38.04)		
5:30.87 (37.39)	6:07.42 (36.55)				
13 Dehlendorf, Lily	FR	St. Ignatius College Prep	6:16.58	6:09.55	q
32.71	1:09.06 (36.35)	1:46.15 (37.09)	2:23.62 (37.47)		
3:01.40 (37.78)	3:39.00 (37.60)	4:16.96 (37.96)	4:54.80 (37.84)		
5:32.91 (38.11)	6:09.55 (36.64)				
14 Grunewald, Cate	SO	Saint Francis High School	5:48.63	6:11.16	q
31.26	1:07.78 (36.52)	1:45.63 (37.85)	2:23.69 (38.06)		
3:01.82 (38.13)	3:39.97 (38.15)	4:18.66 (38.69)	4:56.29 (37.63)		
5:35.71 (39.42)	6:11.16 (35.45)				
15 Demina, Alisa	SR	Sacred Heart Cathedral Prep	6:03.74	6:17.05	q
32.17	1:08.76 (36.59)	1:47.99 (39.23)	2:26.17 (38.18)		
3:04.49 (38.32)	3:43.05 (38.56)	4:22.00 (38.95)	5:01.71 (39.71)		
5:40.01 (38.30)	6:17.05 (37.04)				
16 Crehan, Maggie	SO	Sacred Heart Cathedral Prep	6:34.09	6:26.97	q
32.69	1:09.59 (36.90)	1:47.92 (38.33)	2:27.44 (39.52)		
3:07.45 (40.01)	3:46.86 (39.41)	4:27.71 (40.85)	5:07.76 (40.05)		
5:48.90 (41.14)	6:26.97 (38.07)				
17 Kloes, Peri	SO	Sacred Heart Cathedral Prep	6:27.73	6:34.66	
33.70	1:11.52 (37.82)	1:52.35 (40.83)	2:33.85 (41.50)		
3:15.06 (41.21)	3:56.64 (41.58)	4:38.21 (41.57)	5:20.44 (42.23)		
6:02.23 (41.79)	6:34.66 (32.43)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 31 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
18 Morrow, Kira	SO	Sacred Heart Cathedral Prep	6:56.17	7:06.16
			36.20	1:16.28 (40.08)
			1:58.09 (41.81)	2:40.73 (42.64)
			3:24.28 (43.55)	4:07.06 (42.78)
			4:51.64 (44.58)	5:37.25 (45.61)
			6:22.93 (45.68)	7:06.16 (43.23)

Event 32 Boys 500 Yard Freestyle Varsity

WCAL Record: 4:28.46 2012 Michael Nunan-VC VCHS
 4:28.60 AAA
 4:32.95 AAC
 4:57.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Shao, Garic	JR	Valley Christian High School	4:33.05	4:30.60	20
			25.61	52.77 (27.16)	
			1:20.34 (27.57)	1:47.90 (27.56)	
			2:15.27 (27.37)	2:42.60 (27.33)	
			3:10.11 (27.51)	3:37.39 (27.28)	
			4:04.66 (27.27)	4:30.60 (25.94)	
2 Goya, Francisco	SR	Saint Francis High School	4:46.40	4:31.80	17
			25.55	52.97 (27.42)	
			1:20.46 (27.49)	1:48.16 (27.70)	
			2:15.84 (27.68)	2:43.35 (27.51)	
			3:10.74 (27.39)	3:38.12 (27.38)	
			4:05.25 (27.13)	4:31.80 (26.55)	
3 White III, Robert	SO	Valley Christian High School	4:46.64	4:37.80	16
			24.81	52.38 (27.57)	
			1:20.36 (27.98)	1:48.28 (27.92)	
			2:16.41 (28.13)	2:44.67 (28.26)	
			3:13.12 (28.45)	3:42.05 (28.93)	
			4:09.95 (27.90)	4:37.80 (27.85)	
4 Do, Brian	FR	Bellarmino College Prep	4:50.61	4:43.58	15
			26.19	54.14 (27.95)	
			1:22.60 (28.46)	1:51.30 (28.70)	
			2:20.13 (28.83)	2:49.28 (29.15)	
			3:18.66 (29.38)	3:48.00 (29.34)	
			4:16.17 (28.17)	4:43.58 (27.41)	
5 Shang, Derek	JR	Bellarmino College Prep	4:48.03	4:45.20	14
			25.90	54.10 (28.20)	
			1:22.59 (28.49)	1:51.88 (29.29)	
			2:21.23 (29.35)	2:50.02 (28.79)	
			3:18.71 (28.69)	3:47.82 (29.11)	
			4:17.17 (29.35)	4:45.20 (28.03)	
6 Yu, Ben	SO	Archbishop Mitty High School	4:51.53	4:48.83	13
			25.89	53.64 (27.75)	
			1:22.17 (28.53)	1:51.44 (29.27)	
			2:21.00 (29.56)	2:50.65 (29.65)	
			3:20.29 (29.64)	3:50.30 (30.01)	
			4:20.32 (30.02)	4:48.83 (28.51)	
7 Dodge, Cannon	SO	Archbishop Mitty High School	4:52.71	4:56.02	12
			26.74	56.27 (29.53)	
			1:26.17 (29.90)	1:56.29 (30.12)	
			2:26.39 (30.10)	2:56.46 (30.07)	
			3:26.42 (29.96)	3:56.72 (30.30)	
			4:26.75 (30.03)	4:56.02 (29.27)	
8 Manole, Tomas	SR	Valley Christian High School	4:52.82	5:00.00	11
			26.38	54.30 (27.92)	
			1:22.89 (28.59)	1:52.20 (29.31)	
			2:22.09 (29.89)	2:52.34 (30.25)	
			3:23.55 (31.21)	3:55.57 (32.02)	
			4:28.13 (32.56)	5:00.00 (31.87)	
B - Final					
9 Glanville, Dylan	SO	Bellarmino College Prep	5:01.60	4:39.57	9
			25.47	52.77 (27.30)	
			1:20.39 (27.62)	1:48.83 (28.44)	
			2:17.44 (28.61)	2:45.82 (28.38)	
			3:14.51 (28.69)	3:43.30 (28.79)	
			4:11.76 (28.46)	4:39.57 (27.81)	
10 Coffin, Sean	SR	Serra High School	4:59.83	4:51.74	7
			26.49	54.68 (28.19)	
			1:24.06 (29.38)	1:54.27 (30.21)	
			2:23.78 (29.51)	2:53.66 (29.88)	
			3:23.73 (30.07)	3:53.68 (29.95)	
			4:23.84 (30.16)	4:51.74 (27.90)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

B - Final ... (Event 32 Boys 500 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
11 Smith, Brady	JR	Bellarmine College Prep	5:01.98	4:58.75	6
26.90	56.59 (29.69)	1:26.27 (29.68)	1:56.70 (30.43)		
2:26.79 (30.09)	2:57.56 (30.77)	3:28.03 (30.47)	3:58.75 (30.72)		
4:29.58 (30.83)	4:58.75 (29.17)				
12 McGuigan, Joaquin	JR	St. Ignatius College Prep	5:04.55	5:03.16	5
27.50	57.17 (29.67)	1:27.40 (30.23)	1:57.74 (30.34)		
2:28.21 (30.47)	2:59.07 (30.86)	3:30.13 (31.06)	4:01.57 (31.44)		
4:32.78 (31.21)	5:03.16 (30.38)				
13 Pascual, Andrew	SO	Saint Francis High School	5:02.60	5:05.28	4
26.74	56.93 (30.19)	1:27.89 (30.96)	1:58.92 (31.03)		
2:30.08 (31.16)	3:01.39 (31.31)	3:32.63 (31.24)	4:04.24 (31.61)		
4:35.19 (30.95)	5:05.28 (30.09)				
14 Blitzer, Chase	JR	Valley Christian High School	5:06.38	5:09.34	3
27.84	58.06 (30.22)	1:28.78 (30.72)	1:59.95 (31.17)		
2:31.66 (31.71)	3:03.23 (31.57)	3:35.20 (31.97)	4:07.55 (32.35)		
4:39.82 (32.27)	5:09.34 (29.52)				
15 Dunn, Dylan	SO	St. Ignatius College Prep	5:13.93	5:13.76	2
28.39	59.36 (30.97)	1:31.75 (32.39)	2:03.10 (31.35)		
2:34.74 (31.64)	3:06.50 (31.76)	3:37.82 (31.32)	4:09.76 (31.94)		
4:41.87 (32.11)	5:13.76 (31.89)				
--- Buehmann, Johann	JR	St. Ignatius College Prep	5:13.52	DQ	
27.88	58.32 (30.44)	1:29.52 (31.20)	2:00.70 (31.18)		
2:35.94 (35.24)	3:08.54 (32.60)	3:42.40 (33.86)	4:15.93 (33.53)		
4:49.04 (33.11)	DQ (32.81)				

Event 32 Boys 500 Yard Freestyle Varsity

WCAL Record:	4:28.46	2012	Michael Nunan-VC	VCHS
	4:28.60	AAA		
	4:32.95	AAC		
	4:57.99	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Shao, Garic	JR	Valley Christian High School	4:46.12	4:33.05	q
24.91	51.96 (27.05)	1:19.63 (27.67)	1:47.35 (27.72)		
2:15.29 (27.94)	2:43.44 (28.15)	3:11.27 (27.83)	3:39.15 (27.88)		
4:06.52 (27.37)	4:33.05 (26.53)				
2 Goya, Francisco	SR	Saint Francis High School	4:35.46	4:46.40	q
25.12	52.50 (27.38)	1:20.93 (28.43)	1:49.48 (28.55)		
2:18.20 (28.72)	2:47.42 (29.22)	3:16.99 (29.57)	3:47.21 (30.22)		
4:17.29 (30.08)	4:46.40 (29.11)				
3 White III, Robert	SO	Valley Christian High School	4:59.09	4:46.64	q
25.92	54.51 (28.59)	1:23.96 (29.45)	1:53.58 (29.62)		
2:22.61 (29.03)	2:51.67 (29.06)	3:20.75 (29.08)	3:50.17 (29.42)		
4:18.27 (28.10)	4:46.64 (28.37)				
4 Shang, Derek	JR	Bellarmine College Prep	4:43.14	4:48.03	q
26.10	54.84 (28.74)	1:24.37 (29.53)	1:54.35 (29.98)		
2:23.67 (29.32)	2:53.33 (29.66)	3:23.20 (29.87)	3:52.76 (29.56)		
4:21.46 (28.70)	4:48.03 (26.57)				
5 Do, Brian	FR	Bellarmine College Prep	4:42.15	4:50.61	q
27.10	55.38 (28.28)	1:24.33 (28.95)	1:53.78 (29.45)		
2:23.25 (29.47)	2:53.19 (29.94)	3:22.06 (28.87)	3:51.71 (29.65)		
4:22.19 (30.48)	4:50.61 (28.42)				

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 32 Boys 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time	
6 Yu, Ben	SO	Archbishop Mitty High School	4:49.67	4:51.53	q
26.30	54.41 (28.11)	1:23.44 (29.03)	1:53.05 (29.61)		
2:22.60 (29.55)	2:52.33 (29.73)	3:22.44 (30.11)	3:52.57 (30.13)		
4:22.17 (29.60)	4:51.53 (29.36)				
7 Dodge, Cannon	SO	Archbishop Mitty High School	4:58.82	4:52.71	q
26.60	55.60 (29.00)	1:24.81 (29.21)	1:54.22 (29.41)		
2:23.59 (29.37)	2:53.78 (30.19)	3:23.80 (30.02)	3:53.84 (30.04)		
4:23.41 (29.57)	4:52.71 (29.30)				
8 Manole, Tomas	SR	Valley Christian High School	5:16.41	4:52.82	q
26.57	54.84 (28.27)	1:23.59 (28.75)	1:53.00 (29.41)		
2:22.37 (29.37)	2:51.91 (29.54)	3:21.52 (29.61)	3:51.70 (30.18)		
4:22.50 (30.80)	4:52.82 (30.32)				
9 Coffin, Sean	SR	Serra High School	5:03.62	4:59.83	q
26.19	55.32 (29.13)	1:25.12 (29.80)	1:55.31 (30.19)		
2:24.99 (29.68)	2:55.56 (30.57)	3:26.45 (30.89)	3:58.30 (31.85)		
4:29.57 (31.27)	4:59.83 (30.26)				
10 Glanville, Dylan	SO	Bellarmino College Prep	4:41.34	5:01.60	q
26.82	55.56 (28.74)	1:25.54 (29.98)	1:56.41 (30.87)		
2:27.20 (30.79)	2:58.50 (31.30)	3:29.98 (31.48)	4:01.40 (31.42)		
4:32.07 (30.67)	5:01.60 (29.53)				
11 Smith, Brady	JR	Bellarmino College Prep	4:57.30	5:01.98	q
26.99	56.93 (29.94)	1:27.81 (30.88)	1:58.79 (30.98)		
2:29.53 (30.74)	3:00.36 (30.83)	3:31.33 (30.97)	4:02.16 (30.83)		
4:33.16 (31.00)	5:01.98 (28.82)				
12 Pascual, Andrew	SO	Saint Francis High School	5:04.83	5:02.60	q
26.22	55.53 (29.31)	1:25.94 (30.41)	1:56.39 (30.45)		
2:27.22 (30.83)	2:58.26 (31.04)	3:29.64 (31.38)	4:00.88 (31.24)		
4:32.22 (31.34)	5:02.60 (30.38)				
13 McGuigan, Joaquin	JR	St. Ignatius College Prep	5:20.42	5:04.55	q
27.01	56.37 (29.36)	1:26.20 (29.83)	1:56.17 (29.97)		
	2:58.02 ()	4:01.65 (1:03.63)	4:33.35 (31.70)		
5:04.55 (31.20)	5:04.55 ()				
14 Blitzer, Chase	JR	Valley Christian High School	5:20.87	5:06.38	q
26.93	56.36 (29.43)	1:26.77 (30.41)	1:57.71 (30.94)		
2:28.98 (31.27)	3:00.55 (31.57)	3:32.12 (31.57)	4:03.99 (31.87)		
4:35.64 (31.65)	5:06.38 (30.74)				
15 Buehmann, Johann	JR	St. Ignatius College Prep	5:20.54	5:13.52	q
27.18	57.44 (30.26)	1:28.63 (31.19)	2:00.73 (32.10)		
2:32.61 (31.88)	3:04.87 (32.26)	3:37.51 (32.64)	4:10.16 (32.65)		
4:42.60 (32.44)	5:13.52 (30.92)				
16 Dunn, Dylan	SO	St. Ignatius College Prep	5:24.67	5:13.93	q
28.51	59.99 (31.48)	1:32.79 (32.80)	2:04.73 (31.94)		
2:35.66 (30.93)	3:07.78 (32.12)	3:40.43 (32.65)	4:12.76 (32.33)		
4:43.24 (30.48)	5:13.93 (30.69)				
17 Taylor, Brooks	SR	St. Ignatius College Prep	5:17.69	5:17.56	
28.42	59.41 (30.99)	1:31.32 (31.91)	2:03.60 (32.28)		
2:35.91 (32.31)	3:08.19 (32.28)	3:40.81 (32.62)	4:13.12 (32.31)		
4:45.30 (32.18)	5:17.56 (32.26)				
18 Wright, Colin	SO	Serra High School	5:19.82	5:17.72	
27.66	58.36 (30.70)	1:29.26 (30.90)	2:00.97 (31.71)		
2:33.30 (32.33)	3:05.73 (32.43)	3:38.74 (33.01)	4:11.87 (33.13)		
4:45.14 (33.27)	5:17.72 (32.58)				

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Results

Preliminaries ... (Event 32 Boys 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
19 Partridge, Logan	SO	Saint Francis High School	5:21.77	5:20.16
28.72	1:00.09 (31.37)	1:31.63 (31.54)	2:03.87 (32.24)	
2:36.36 (32.49)	3:09.41 (33.05)	3:42.61 (33.20)	4:16.11 (33.50)	
4:48.85 (32.74)	5:20.16 (31.31)			
20 Tarantino, Dante	SR	Serra High School	5:32.53	5:21.12
29.02	1:00.64 (31.62)	1:32.64 (32.00)	2:05.34 (32.70)	
2:38.36 (33.02)	3:11.06 (32.70)	3:43.86 (32.80)	4:16.96 (33.10)	
4:49.71 (32.75)	5:21.12 (31.41)			
21 Cordani, Griffin	JR	Archbishop Mitty High School	5:39.42	5:35.39
28.59	1:00.38 (31.79)	1:32.72 (32.34)	2:05.45 (32.73)	
2:39.05 (33.60)	3:12.88 (33.83)	3:49.12 (36.24)	4:24.98 (35.86)	
5:01.08 (36.10)	5:35.39 (34.31)			
22 Kutner, Dainel	JR	Sacred Heart Cathedral Prep	6:03.89	6:07.05
30.79	1:06.20 (35.41)	1:42.79 (36.59)	2:20.16 (37.37)	
2:57.36 (37.20)	3:35.41 (38.05)	4:14.80 (39.39)	4:52.68 (37.88)	
5:30.74 (38.06)	6:07.05 (36.31)			
23 Perun, Tyler	SR	Sacred Heart Cathedral Prep	6:28.36	6:29.68
31.84	1:08.62 (36.78)	1:47.36 (38.74)	2:27.27 (39.91)	
3:07.78 (40.51)	3:48.39 (40.61)	4:29.31 (40.92)	5:10.60 (41.29)	
5:50.99 (40.39)	6:29.68 (38.69)			

Event 33 Girls 200 Yard Freestyle Relay Junior Varsity

WCAL Record: 1:46.25 2005 St. Ignatius College Prep STIG
 S Lohrey, M Herrerias, K Conley, R Dayao
 1:35.48 AAA
 1:37.15 AAC
 1:46.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Mitty High School	A	1:53.73	1:52.49	40
1) Liang, Chloe SO	2) Fischer, Maya SO	3) Nicholson, Camille FR	4) Jog, Zuie JR	
28.16	56.34 (28.18)	1:25.08 (28.74)	1:52.49 (27.41)	
2 Archbishop Riordan High School	A	1:53.89	1:54.12	34
1) Mallory, Rhianna JR	2) Wei, Quiana SO	3) Martinez, Yzabelle FR	4) Walsh, Paige SO	
28.46	56.64 (28.18)	1:26.09 (29.45)	1:54.12 (28.03)	
3 Saint Francis High School	A	1:54.90	1:54.59	32
1) Jacobson, Rene FR	2) Brisson, Claire JR	3) Pignati, Emilia FR	4) Garcia, Naomi FR	
28.00	58.16 (30.16)	1:29.36 (31.20)	1:54.59 (25.23)	
4 St. Ignatius College Prep	A	2:00.41	1:54.78	30
1) Anderson, Malina SO	2) Repp, Nahla JR	3) Maddox, Audrey FR	4) sue, Madeleine JR	
29.04	56.40 (27.36)	1:25.63 (29.23)	1:54.78 (29.15)	
5 Presentation High School	A	1:58.94	1:56.68	28
1) Kosmynka, Emerson FR	2) Penzel, Lucy SO	3) Lopez, Miki SO	4) Whitehurst, Gabby SO	
30.81	1:01.31 (30.50)	1:29.29 (27.98)	1:56.68 (27.39)	
6 Valley Christian High School	A	1:50.17	2:00.46	26
1) Yiu, Sofia FR	2) Gridley, Magnolia JR	3) Fischer, Addison SO	4) Leggio, Vanessa SO	
31.15	1:01.27 (30.12)	1:31.11 (29.84)	2:00.46 (29.35)	
7 Sacred Heart Cathedral Prep	A	2:16.04	2:27.56	24
1) Zogarc, Francesca JR	2) Williams, Charlotte SO	3) Lloyd, Anna JR	4) Childres, Ava JR	
42.30	1:20.23 (37.93)	1:52.89 (32.66)	2:27.56 (34.67)	
--- Presentation High School	B	2:16.02	x2:11.98	
1) Akers, Micaela FR	2) Lenz, Maddy FR	3) Fidrych, Mallory SO	4) Farzaneh, Ara FR	
31.89	1:05.89 (34.00)	1:38.65 (32.76)	2:11.98 (33.33)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025

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(Event 33 Girls 200 Yard Freestyle Relay Junior Varsity)

Team	Relay	Seed Time	Finals Time	Points
--- Valley Christian High School	B	2:12.00	x2:15.11	
1) Zhang, Audrina FR	2) Jiang, Lindsey FR	3) Kulkarni, Myra FR	4) Liu, Zihan FR	
44.84	1:12.38 (27.54)	1:42.69 (30.31)	2:15.11 (32.42)	
--- Saint Francis High School	B	2:07.02	x2:21.94	
1) Vijay, Maya FR	2) Sayno, Sandy FR	3) Lynch, Natalie SO	4) Toleno, Siena FR	
37.79	1:10.59 (32.80)	1:42.19 (31.60)	2:21.94 (39.75)	
--- Sacred Heart Cathedral Prep	B	NT	DQ	
1) Lazar, Grace JR	2) Wilson, Jaelah JR	3) Pau, Abbie FR	4) Cosico, Aaliyah FR	
39.83	1:26.83 (47.00)	2:04.80 (37.97)	DQ (35.44)	

Event 34 Boys 200 Yard Freestyle Relay Junior Varsity

WCAL Record: **1:30.41** 2004 Bellarmine BELA
J MacDonell, K Schmidt, B McCoid, N Bounfiglio
1:24.15 AAA
1:25.57 AAC
1:34.39 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Bellarmine College Prep	A	1:35.45	1:32.76	40
1) Brennan, Colin SO	2) Ng, Bryce JR	3) Brennan, Blake SO	4) Willey, Ryan FR	
23.50	47.05 (23.55)	1:10.00 (22.95)	1:32.76 (22.76)	
2 Serra High School	A	1:39.00	1:36.47	34
1) Timar, Andre FR	2) Haag, Alex SO	3) Shoup, Benjamin SO	4) Kwok, Peter FR	
23.50	47.42 (23.92)	1:11.84 (24.42)	1:36.47 (24.63)	
3 Archbishop Mitty High School	A	1:43.57	1:39.88	32
1) Huynh, Pax SO	2) Latif, Zayne JR	3) Ji, Kevin SO	4) Callahan, Espen SO	
25.09	49.69 (24.60)	1:14.64 (24.95)	1:39.88 (25.24)	
4 St. Ignatius College Prep	A	1:40.39	1:40.02	30
1) Chan, Oliver FR	2) Sjauwfoekloy, Kendall SO	3) Konvicka, Daniel JR	4) Valdes, Ryou JR	
25.67	50.29 (24.62)	1:15.79 (25.50)	1:40.02 (24.23)	
5 Valley Christian High School	A	1:50.56	1:43.51	28
1) Huesca, Kalob SO	2) McCarroll, Danny FR	3) Deac, Darius JR	4) Cochran, Kaden SO	
33.03	54.91 (21.88)	1:20.72 (25.81)	1:43.51 (22.79)	
6 Archbishop Riordan High School	A	1:51.65	1:48.58	26
1) Wong, Evan SO	2) Powell, Darby FR	3) Gomez Lario, Phoenix SO	4) Lu, Justin JR	
27.68	54.78 (27.10)	1:22.54 (27.76)	1:48.58 (26.04)	
7 Saint Francis High School	A	1:41.96	1:50.04	24
1) Pan, Steve SO	2) Brandt, Nathan FR	3) Miyamoto, Joseph SO	4) Edwards, Austin FR	
29.32	57.18 (27.86)	1:26.59 (29.41)	1:50.04 (23.45)	
8 Sacred Heart Cathedral Prep	A	1:58.00	1:57.52	22
1) Haber, Logan SO	2) Russo, Landon FR	3) Pacubas, Dylan John JR	4) Lee, Michael SO	
29.62	57.53 (27.91)	1:28.23 (30.70)	1:57.52 (29.29)	
--- Bellarmine College Prep	B	1:38.00	x1:35.98	
1) Zucek, Dax SO	2) Li, Daniel FR	3) Wilson, Aiden SO	4) O'Leary, Gannon SO	
23.70	47.49 (23.79)	1:12.14 (24.65)	1:35.98 (23.84)	
--- Serra High School	B	1:42.00	x1:42.98	
1) Ho, Riley SO	2) Santoso, Deric FR	3) Mayer, Griffin SO	4) Mercay, Tristan FR	
26.21	52.73 (26.52)	1:17.61 (24.88)	1:42.98 (25.37)	
--- St. Ignatius College Prep	B	1:52.12	x1:55.88	
1) Gines, Anthony JR	2) Xiao, Roger FR	3) McGuigan, Mateo FR	4) Bishop, Nicholas JR	
26.83	53.87 (27.04)	1:27.31 (33.44)	1:55.88 (28.57)	
--- Archbishop Riordan High School	B	1:59.59	x1:57.53	
1) Sommerfield, Aidan FR	2) Lee, Aidan SO	3) Louie, Christian SO	4) Walthew, Jai FR	
30.56	59.14 (28.58)	1:30.77 (31.63)	1:57.53 (26.76)	

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Results

Event 35 Girls 200 Yard Freestyle Relay Varsity

WCAL Record: 1:35.95 4/30/2022 St. Ignatius College Prep STIG
 J Ash, A Baker, L Jeong Engle, M Repp

1:35.48 AAA

1:37.15 AAC

1:46.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 St. Ignatius College Prep	A	1:39.77	1:36.79	40
1) Birkhold, Elaine JR	2) Lee, Cami	3) Kwok, Maddie SO	4) Burkhardt, Elizabeth SR	
24.11	49.06 (24.95)	1:13.56 (24.50)	1:36.79 (23.23)	
2 Saint Francis High School	A	1:40.26	1:38.33	34
1) Rickard, Riese FR	2) Avnur, Naomi JR	3) Hopkins, Caitlin SR	4) Avnur, Maya JR	
24.50	49.27 (24.77)	1:13.83 (24.56)	1:38.33 (24.50)	
3 Archbishop Mitty High School	A	1:39.19	1:39.55	32
1) Fusilero, Emery JR	2) O'Young, Enna SO	3) Ng, Marcella JR	4) Rutter, Violet FR	
25.15	50.84 (25.69)	1:15.64 (24.80)	1:39.55 (23.91)	
4 Valley Christian High School	A	1:44.13	1:43.77	30
1) Pyper, Sophia SO	2) Williams, Kenley FR	3) Li, Hannah SO	4) Ashtiani, Mina FR	
25.34	50.94 (25.60)	1:17.58 (26.64)	1:43.77 (26.19)	
5 Presentation High School	A	1:42.24	1:44.73	28
1) Ipsaro, Samantha JR	2) Ovrootsky, Shana JR	3) Vega, Arwen SO	4) Teeramaythawit, Haley SO	
27.51	53.22 (25.71)	1:19.47 (26.25)	1:44.73 (25.26)	
6 Sacred Heart Cathedral Prep	A	1:52.78	1:49.66	26
1) Ring, Berlyn SO	2) Devlin, Isabella SO	3) Demina, Alisa SR	4) Crehan, Maggie SO	
26.39	52.36 (25.97)	1:21.44 (29.08)	1:49.66 (28.22)	
7 Archbishop Riordan High School	A	2:40.56	2:39.83	24
1) Alvarado, Briana JR	2) Carrasquilla, Brianna SR	3) Kim, Rose SR	4) Guzman, Ruby SR	
	1:17.73 ()	1:57.79 (40.06)	2:39.83 (42.04)	
--- Saint Francis High School	B	1:48.63	x1:50.44	
1) Lim, Yisin FR	2) Payne, Lia JR	3) Grunewald, Cate SO	4) Zannotto, Giana JR	
26.96	54.53 (27.57)	1:23.72 (29.19)	1:50.44 (26.72)	
--- Presentation High School	B	NT	x1:55.35	
1) Rivera, Carmen SO	2) Tapucu, Aliya SR	3) Ramasubban, Ayana JR	4) Varty, Elizabeth SO	
29.44	57.12 (27.68)	1:26.70 (29.58)	1:55.35 (28.65)	
--- Sacred Heart Cathedral Prep	B	NT	x2:11.17	
1) Geis, Harper JR	2) Molina-Cativo, Angely SR	3) Morrow, Kira SO	4) Dunn, Fiona JR	
31.95	1:10.29 (38.34)	1:40.75 (30.46)	2:11.17 (30.42)	

Event 36 Boys 200 Yard Freestyle Relay Varsity

WCAL Record: 1:25.26 4/27/2024 Archbishop Mitty High School AMHS
 S Shimomura, E Balbuena, N Sifferman, S Elaydi

1:24.15 AAA

1:25.57 AAC

1:34.39 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Bellarmine College Prep	A	1:23.88	1:24.88	40
1) Shang, Derek JR	2) Rances, Miguel JR	3) Magallanes, Keith SR	4) Porter, Tyler JR	
22.34	43.44 (21.10)	1:04.90 (21.46)	1:24.88 (19.98)	
2 Archbishop Mitty High School	A	1:29.03	1:25.59	34
1) Sifferman, Nick JR	2) Balbuena, Enzo JR	3) Yen, Jordan SO	4) Elaydi, Shareef SO	
21.59	42.56 (20.97)	1:05.20 (22.64)	1:25.59 (20.39)	
3 Saint Francis High School	A	1:28.82	1:26.65	32
1) Zhou, Aiden FR	2) Lisac, Vilko JR	3) Guerin, Finn JR	4) Goya, Francisco SR	
20.79	43.13 (22.34)	1:05.03 (21.90)	1:26.65 (21.62)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****(Event 36 Boys 200 Yard Freestyle Relay Varsity)**

Team	Relay	Seed Time	Finals Time	Points
4 Valley Christian High School	A	1:28.90	1:29.61	30
1) Cameron, Jack JR 22.04	2) Housholder, Andrew SO 44.87 (22.83)	3) Hernandez, Micah JR 1:06.78 (21.91)	4) White III, Robert SO 1:29.61 (22.83)	
5 Serra High School	A	1:29.51	1:30.98	28
1) Dempsey, Hunter SO 23.23	2) Hagmueller, Reed SR 47.01 (23.78)	3) Hagmueller, Blake SR 1:08.95 (21.94)	4) Coffin, Sean SR 1:30.98 (22.03)	
6 St. Ignatius College Prep	A	1:35.87	1:35.41	26
1) Niemi, Calvin SO 23.54	2) Paine, Brody SR 48.01 (24.47)	3) Hornik, Jeremy JR 1:11.70 (23.69)	4) McGuigan, Joaquin JR 1:35.41 (23.71)	
7 Sacred Heart Cathedral Prep	A	1:42.43	1:49.07	24
1) Troung, Anthony SR 29.34	2) Lee, Kenneth JR 55.81 (26.47)	3) Perun, Tyler SR 1:23.31 (27.50)	4) Kutner, Dainel JR 1:49.07 (25.76)	
8 Archbishop Riordan High School	A	2:03.97	2:05.31	22
1) Yang, Tyson FR 33.24	2) Evans, Owen JR 1:02.81 (29.57)	3) Gryb, Ian SR 1:32.03 (29.22)	4) Wong, Adam SR 2:05.31 (33.28)	
--- Bellarmine College Prep	B	1:28.93	x1:28.07	
1) Zooby, Zachary SR 22.24	2) Boettner, Jackson SR 44.01 (21.77)	3) Kalynij, Luke SR 1:06.42 (22.41)	4) Noller, Kevin JR 1:28.07 (21.65)	
--- Valley Christian High School	B	NT	x1:33.20	
1) Su, Forrest SO 23.96	2) Crawford, Noah SO 47.51 (23.55)	3) Chae, Sean FR 1:10.85 (23.34)	4) Blitzer, Chase JR 1:33.20 (22.35)	
--- Serra High School	B	NT	x1:34.90	
1) Nunez, Vincent JR 23.91	2) Vargas, Max JR 47.67 (23.76)	3) Tarantino, Dante SR 1:11.15 (23.48)	4) Wright, Colin SO 1:34.90 (23.75)	
--- St. Ignatius College Prep	B	NT	x1:37.05	
1) Kendall, Chase JR 24.33	2) Taylor, Brooks SR 47.65 (23.32)	3) Murray, Timothy SR 1:12.92 (25.27)	4) Buehmann, Johann JR 1:37.05 (24.13)	
--- Saint Francis High School	B	1:38.73	x1:38.64	
1) Karpman, Marco SR 24.28	2) Sivamurthy, Nikhil SO 49.76 (25.48)	3) Marquez, Devin JR 1:14.34 (24.58)	4) Sharp, Luke JR 1:38.64 (24.30)	

Event 37 Girls 100 Yard Backstroke Junior Varsity

WCAL Record:	1:00.59	2015	Kaitlin Rooney	PRES
	54.69	AAA		
	55.91	AAC		
	1:02.99	CCS		

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Lavaka, Mailani	FR	Archbishop Mitty High School	1:07.22	1:05.48	20
2 Jeon, Eunwoo	JR	Archbishop Mitty High School	1:13.60	1:12.41	17
35.07		1:12.41 (37.34)			
3 Wei, Quiana	SO	Archbishop Riordan High School	1:11.40	1:12.66	16
33.80		1:12.66 (38.86)			
4 Martinez, Yzabelle	FR	Archbishop Riordan High School	1:14.96	1:14.21	15
36.84		1:14.21 (37.37)			
5 Gridley, Magnolia	JR	Valley Christian High School	1:12.41	1:14.24	14
36.60		1:14.24 (37.64)			
6 Vieira, Naomi	SO	Saint Francis High School	1:19.51	1:16.70	13
37.20		1:16.70 (39.50)			
7 Ishimoto, Emma	SO	St. Ignatius College Prep	1:18.80	1:19.34	12
38.61		1:19.34 (40.73)			
8 Leggio, Vanessa	SO	Valley Christian High School	1:20.28	1:23.74	11

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****B - Final ... (Event 37 Girls 100 Yard Backstroke Junior Varsity)**

Name	Yr	School	Prelim Time	Finals Time	Points
B - Final					
9	Tran, Taylor	FR Archbishop Mitty High School	1:20.73	1:17.94	9
	38.91	1:17.94 (39.03)			
10	Freestone, Olivia	FR Archbishop Mitty High School	1:25.32	1:23.64	7
	39.23	1:23.64 (44.41)			
11	Sumisaki, Naomi	SO Archbishop Riordan High School	1:22.35	1:24.14	6
	40.28	1:24.14 (43.86)			
12	Hair, Charlotte	FR Presentation High School	1:25.14	1:25.28	5
	1:25.52	1:25.28 ()			
13	Clarke, Lola	FR Sacred Heart Cathedral Prep	1:25.62	1:26.16	4
	40.79	1:26.16 (45.37)			
14	Peterson, Emily	FR St. Ignatius College Prep	1:24.53	1:26.39	3
	42.36	1:26.39 (44.03)			
15	Fidrych, Mallory	SO Presentation High School	1:30.67	1:31.88	2
	43.21	1:31.88 (48.67)			
16	Verma, Simone	SO Saint Francis High School	1:30.02	1:35.09	1
	44.84	1:35.09 (50.25)			

Event 37 Girls 100 Yard Backstroke Junior Varsity

WCAL Record: **1:00.59** 2015 **Kaitlin Rooney** **PRES**
54.69 AAA
55.91 AAC
1:02.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Lavaka, Mailani	FR Archbishop Mitty High School	1:10.35	1:07.22	q
	32.69	1:07.22 (34.53)			
2	Wei, Quiana	SO Archbishop Riordan High School	1:11.88	1:11.40	q
	33.86	1:11.40 (37.54)			
3	Gridley, Magnolia	JR Valley Christian High School	1:12.51	1:12.41	q
	35.40	1:12.41 (37.01)			
4	Jeon, Eunwoo	JR Archbishop Mitty High School	1:15.96	1:13.60	q
	35.29	1:13.60 (38.31)			
5	Martinez, Yzabelle	FR Archbishop Riordan High School	1:12.63	1:14.96	q
	35.94	1:14.96 (39.02)			
6	Ishimoto, Emma	SO St. Ignatius College Prep	1:19.28	1:18.80	q
	38.24	1:18.80 (40.56)			
7	Uzoigwe, ada	FR St. Ignatius College Prep	1:18.81	1:19.12	q
	38.28	1:19.12 (40.84)			
8	Vieira, Naomi	SO Saint Francis High School	1:18.92	1:19.51	q
	38.77	1:19.51 (40.74)			
9	Leggio, Vanessa	SO Valley Christian High School	NT	1:20.28	q
	37.27	1:20.28 (43.01)			
10	Tran, Taylor	FR Archbishop Mitty High School	1:20.00	1:20.73	q
	39.74	1:20.73 (40.99)			
11	Sumisaki, Naomi	SO Archbishop Riordan High School	1:24.64	1:22.35	q
	39.44	1:22.35 (42.91)			
12	Peterson, Emily	FR St. Ignatius College Prep	1:32.69	1:24.53	q
	40.81	1:24.53 (43.72)			
13	Hair, Charlotte	FR Presentation High School	1:25.28	1:25.14	q
	40.91	1:25.14 (44.23)			
14	Freestone, Olivia	FR Archbishop Mitty High School	1:22.79	1:25.32	q
	40.69	1:25.32 (44.63)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 37 Girls 100 Yard Backstroke Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time	
15 Clarke, Lola	FR	Sacred Heart Cathedral Prep	1:29.79	1:25.62	q
40.00				1:25.62 (45.62)	
16 Verma, Simone	SO	Saint Francis High School	NT	1:30.02	q
43.51				1:30.02 (46.51)	
17 Fidrych, Mallory	SO	Presentation High School	1:30.95	1:30.67	
44.09				1:30.67 (46.58)	
18 Pentek, Flora	JR	Saint Francis High School	1:27.85	1:31.89	
44.35				1:31.89 (47.54)	
19 Dary, Delara	FR	St. Ignatius College Prep	1:33.15	1:32.20	
20 Kumaresh, Sujaya	JR	Saint Francis High School	1:37.80	1:37.67	
46.05				1:37.67 (51.62)	
--- Yang, Suzanna	FR	Saint Francis High School	NT	DQ	
54.75				DQ (59.57)	
--- Ibarra Fernandez, Maria	FR	Presentation High School	1:38.05	DQ	
49.03				DQ (51.60)	
--- Lazar, Grace	JR	Sacred Heart Cathedral Prep	1:45.46	DQ	
50.54				DQ (1:00.08)	
--- Sayno, Sandy	FR	Saint Francis High School	1:23.43	DQ	
41.18				DQ (43.51)	

Event 38 Boys 100 Yard Backstroke Junior Varsity

WCAL Record: 53.55 2004 Scott Jackson BELA
 48.94 AAA
 50.13 AAC
 56.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Gasiorowski, Joseph	SO	Bellarmino College Prep	56.96	56.01	20
26.77				56.01 (29.24)	
2 Taysi, Griffin	SO	Bellarmino College Prep	56.75	56.17	17
27.12				56.17 (29.05)	
3 Willey, Ryan	FR	Bellarmino College Prep	1:00.46	59.33	16
28.99				59.33 (30.34)	
4 Chiang, Lynx	SO	Bellarmino College Prep	1:00.36	1:00.75	15
28.94				1:00.75 (31.81)	
5 Ji, Kevin	SO	Archbishop Mitty High School	1:06.88	1:06.24	14
31.63				1:06.24 (34.61)	
6 Lu, Justin	JR	Archbishop Riordan High School	1:10.75	1:06.88	13
32.70				1:06.88 (34.18)	
7 Juul, Karl	FR	Archbishop Mitty High School	1:08.41	1:08.13	12
32.86				1:08.13 (35.27)	
8 Lu, Jason	JR	Archbishop Riordan High School	1:11.30	1:11.34	11
33.64				1:11.34 (37.70)	
B - Final					
9 Shaheen, Anthony	SO	Saint Francis High School	1:12.81	1:11.53	9
34.63				1:11.53 (36.90)	
10 Russo, Landon	FR	Sacred Heart Cathedral Prep	1:16.40	1:16.81	7
37.41				1:16.81 (39.40)	
11 Decker, Aiden	FR	Valley Christian High School	1:21.17	1:23.10	6
40.05				1:23.10 (43.05)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Event 38 Boys 100 Yard Backstroke Junior Varsity

WCAL Record: 53.55 2004 Scott Jackson BELA
 48.94 AAA
 50.13 AAC
 56.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Taysi, Griffin	SO	Bellarmine College Prep	58.83	56.75	q
27.21	56.75	(29.54)			
2 Gasiorowski, Joseph	SO	Bellarmine College Prep	57.80	56.96	q
27.29	56.96	(29.67)			
3 Chiang, Lynx	SO	Bellarmine College Prep	1:03.66	1:00.36	q
28.55	1:00.36	(31.81)			
4 Willey, Ryan	FR	Bellarmine College Prep	1:01.21	1:00.46	q
29.20	1:00.46	(31.26)			
5 Ji, Kevin	SO	Archbishop Mitty High School	1:06.93	1:06.88	q
32.86	1:06.88	(34.02)			
6 Juul, Karl	FR	Archbishop Mitty High School	1:16.10	1:08.41	q
1:08.45	1:08.41	()			
7 Lu, Justin	JR	Archbishop Riordan High School	1:08.78	1:10.75	q
33.80	1:10.75	(36.95)			
8 Lu, Jason	JR	Archbishop Riordan High School	1:12.50	1:11.30	q
33.61	1:11.30	(37.69)			
9 Shaheen, Anthony	SO	Saint Francis High School	1:13.53	1:12.81	q
35.75	1:12.81	(37.06)			
10 Russo, Landon	FR	Sacred Heart Cathedral Prep	1:13.95	1:16.40	q
36.42	1:16.40	(39.98)			
11 Decker, Aiden	FR	Valley Christian High School	1:25.21	1:21.17	q
--- Phadke, Neil	SO	Bellarmine College Prep	1:03.83	X1:02.21	
29.81	1:02.21	(32.40)			
--- Duran, Joaquin	SO	Bellarmine College Prep	1:06.96	X1:04.33	
31.85	1:04.33	(32.48)			
--- Isaac, Neil	FR	Bellarmine College Prep	1:08.21	X1:05.49	
31.12	1:05.49	(34.37)			
--- Vinoth, Jaden	SO	Bellarmine College Prep	1:16.82	X1:14.08	
--- Deshaboina, Amogh	FR	Bellarmine College Prep	1:20.90	X1:19.53	
39.17	1:19.53	(40.36)			
--- Lavery, Conor	FR	Bellarmine College Prep	1:27.27	X1:20.99	
--- Fernandez Yoon, David	SO	Bellarmine College Prep	1:23.85	X1:22.73	
40.61	1:22.73	(42.12)			
--- Gupta, Arin	FR	Bellarmine College Prep	NT	X1:39.13	
48.01	1:39.13	(51.12)			

Event 39 Girls 100 Yard Backstroke Varsity

WCAL Record: 53.83 2016 Chloe Isleta-Pres PRES
 54.69 AAA
 55.91 AAC
 1:02.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Avnur, Naomi	JR	Saint Francis High School	59.36	59.00	20
28.49	59.00	(30.51)			
2 Hu, Madison	JR	Presentation High School	1:02.87	1:00.01	17
28.99	1:00.01	(31.02)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

A - Final ... (Event 39 Girls 100 Yard Backstroke Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
3 Penaskovic, Shelby	FR	Archbishop Mitty High School	1:00.77	1:00.84	16
29.30		1:00.84 (31.54)			
4 Wen, Maya	JR	Saint Francis High School	1:04.03	1:03.69	15
30.83		1:03.69 (32.86)			
5 Pham, Lan-Anh	SO	Archbishop Mitty High School	1:03.83	1:04.11	14
30.19		1:04.11 (33.92)			
6 Yoshida, Anelise	FR	Archbishop Mitty High School	1:03.71	1:04.68	13
30.61		1:04.68 (34.07)			
7 Buckallew, Daniela	JR	Saint Francis High School	1:06.16	1:05.30	12
31.38		1:05.30 (33.92)			
8 Yasana, Julianne	SR	Archbishop Mitty High School	1:06.20	1:06.21	11
31.35		1:06.21 (34.86)			

B - Final

9 Cox, Lily		St. Ignatius College Prep	1:06.84	1:07.66	9
32.87		1:07.66 (34.79)			
10 Dehlendorf, Lily	FR	St. Ignatius College Prep	1:07.69	1:07.68	7
32.72		1:07.68 (34.96)			
11 Zedlitz, Zara	FR	St. Ignatius College Prep	1:07.40	1:07.70	6
32.72		1:07.70 (34.98)			
12 Barki, Adriene	JR	St. Ignatius College Prep	1:09.22	1:07.75	5
32.38		1:07.75 (35.37)			
13 Arroyo, Cassiopeia	SO	Valley Christian High School	1:06.93	1:07.76	4
32.89		1:07.76 (34.87)			
14 Pugh, Ryland	FR	Sacred Heart Cathedral Prep	1:09.31	1:09.48	3
34.05		1:09.48 (35.43)			
15 McLean, Ella	SO	Valley Christian High School	1:13.93	1:10.26	2
33.73		1:10.26 (36.53)			
16 Tapucu, Aliya	SR	Presentation High School	1:11.98	1:10.48	1
34.28		1:10.48 (36.20)			

Event 39 Girls 100 Yard Backstroke Varsity

WCAL Record: 53.83 2016 Chloe Isleta-Pres PRES
 54.69 AAA
 55.91 AAC
 1:02.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Avnur, Naomi	JR	Saint Francis High School	1:00.58	59.36	q
28.70		59.36 (30.66)			
2 Penaskovic, Shelby	FR	Archbishop Mitty High School	1:03.19	1:00.77	q
29.47		1:00.77 (31.30)			
3 Hu, Madison	JR	Presentation High School	1:00.94	1:02.87	q
30.25		1:02.87 (32.62)			
4 Yoshida, Anelise	FR	Archbishop Mitty High School	1:04.66	1:03.71	q
30.24		1:03.71 (33.47)			
5 Pham, Lan-Anh	SO	Archbishop Mitty High School	1:04.73	1:03.83	q
30.36		1:03.83 (33.47)			
6 Wen, Maya	JR	Saint Francis High School	1:04.87	1:04.03	q
31.07		1:04.03 (32.96)			
7 Buckallew, Daniela	JR	Saint Francis High School	1:05.61	1:06.16	q
32.06		1:06.16 (34.10)			
8 Yasana, Julianne	SR	Archbishop Mitty High School	1:08.42	1:06.20	q
32.08		1:06.20 (34.12)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 39 Girls 100 Yard Backstroke Varsity)**

Name	Yr	School	Seed Time	Prelim Time	
9 Cox, Lily		St. Ignatius College Prep	1:07.67	1:06.84	q
	31.94	1:06.84 (34.90)			
10 Arroyo, Cassiopeia		SO Valley Christian High School	1:09.83	1:06.93	q
	32.77	1:06.93 (34.16)			
11 Zedlitz, Zara		FR St. Ignatius College Prep	1:13.67	1:07.40	q
	32.30	1:07.40 (35.10)			
12 Dehlendorf, Lily		FR St. Ignatius College Prep	1:08.07	1:07.69	q
	32.00	1:07.69 (35.69)			
13 Barki, Adriene		JR St. Ignatius College Prep	1:08.11	1:09.22	q
	34.28	1:09.22 (34.94)			
14 Pugh, Ryland		FR Sacred Heart Cathedral Prep	1:09.36	1:09.31	q
	33.91	1:09.31 (35.40)			
15 Tapucu, Aliya		SR Presentation High School	1:04.44	1:11.98	q
	34.64	1:11.98 (37.34)			
16 McLean, Ella		SO Valley Christian High School	1:11.21	1:13.93	q
17 Geis, Harper		JR Sacred Heart Cathedral Prep	1:21.76	1:19.38	
	38.84	1:19.38 (40.54)			
18 Corsell, Nicolina		SR Presentation High School	1:15.48	1:21.06	

Event 40 Boys 100 Yard Backstroke Varsity

WCAL Record: 49.22 2019 **Andy Huang** **SFMV**
 48.94 AAA
 50.13 AAC
 56.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Balbuena, Enzo		JR Archbishop Mitty High School	51.51	49.91	20
	24.19	49.91 (25.72)			
2 Zhou, Aiden		FR Saint Francis High School	50.96	50.72	17
	24.89	50.72 (25.83)			
3 Crawford, Finn		FR Serra High School	51.93	52.17	16
	25.03	52.17 (27.14)			
4 Pon, Brandon		SO Bellarmine College Prep	53.63	52.77	15
	25.66	52.77 (27.11)			
5 Kim, Jaden		JR Bellarmine College Prep	53.41	53.47	14
	25.68	53.47 (27.79)			
6 Ossher, Dylan		SR St. Ignatius College Prep	53.93	54.89	13
	26.37	54.89 (28.52)			
7 Tzou, Landau		JR Saint Francis High School	55.73	56.92	12
	27.44	56.92 (29.48)			
8 Guerin, Finn		JR Saint Francis High School	55.62	56.97	11
	27.21	56.97 (29.76)			
B - Final					
9 Wells, Gavin		JR Bellarmine College Prep	56.44	54.83	9
	26.57	54.83 (28.26)			
10 Dempsey, Hunter		SO Serra High School	57.15	56.63	7
	27.23	56.63 (29.40)			
11 Tai, Dylan		JR Bellarmine College Prep	57.40	57.60	6
	27.19	57.60 (30.41)			
12 Chae, Sean		FR Valley Christian High School	59.46	59.92	5
	29.20	59.92 (30.72)			
13 Gaskin, Blake		JR St. Ignatius College Prep	59.85	59.99	4
	28.89	59.99 (31.10)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

B - Final ... (Event 40 Boys 100 Yard Backstroke Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
14 Tan, Jeffrey	FR	Valley Christian High School	58.30	1:00.28	3
29.67		1:00.28 (30.61)			
15 Prasad, Rishi	SR	Archbishop Mitty High School	1:01.24	1:00.90	2
29.47		1:00.90 (31.43)			
16 Smoot, Graham	SO	Saint Francis High School	58.88	1:01.31	1
29.86		1:01.31 (31.45)			

Event 40 Boys 100 Yard Backstroke Varsity

WCAL Record: 49.22 2019 Andy Huang SFMV
 48.94 AAA
 50.13 AAC
 56.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Zhou, Aiden	FR	Saint Francis High School	52.69	50.96	q
25.21		50.96 (25.75)			
2 Balbuena, Enzo	JR	Archbishop Mitty High School	50.61	51.51	q
25.01		51.51 (26.50)			
3 Crawford, Finn	FR	Serra High School	54.30	51.93	q
25.51		51.93 (26.42)			
4 Kim, Jaden	JR	Bellarmine College Prep	53.66	53.41	q
26.08		53.41 (27.33)			
5 Pon, Brandon	SO	Bellarmine College Prep	55.73	53.63	q
25.94		53.63 (27.69)			
6 Ossher, Dylan	SR	St. Ignatius College Prep	55.73	53.93	q
26.39		53.93 (27.54)			
7 Guerin, Finn	JR	Saint Francis High School	59.80	55.62	q
26.40		55.62 (29.22)			
8 Tzou, Landau	JR	Saint Francis High School	56.64	55.73	q
27.03		55.73 (28.70)			
9 Wells, Gavin	JR	Bellarmine College Prep	1:00.01	56.44	q
27.32		56.44 (29.12)			
10 Dempsey, Hunter	SO	Serra High School	58.17	57.15	q
27.63		57.15 (29.52)			
11 Tai, Dylan	JR	Bellarmine College Prep	57.60	57.40	q
27.26		57.40 (30.14)			
12 Tan, Jeffrey	FR	Valley Christian High School	59.18	58.30	q
28.46		58.30 (29.84)			
13 Smoot, Graham	SO	Saint Francis High School	1:00.54	58.88	q
28.65		58.88 (30.23)			
14 Chae, Sean	FR	Valley Christian High School	1:01.62	59.46	q
28.93		59.46 (30.53)			
15 Gaskin, Blake	JR	St. Ignatius College Prep	1:00.22	59.85	q
28.55		59.85 (31.30)			
16 Prasad, Rishi	SR	Archbishop Mitty High School	1:05.50	1:01.24	q
29.28		1:01.24 (31.96)			
17 Yang, Darrin	JR	St. Ignatius College Prep	1:00.51	1:01.90	
29.76		1:01.90 (32.14)			
18 Marquez, Devin	JR	Saint Francis High School	1:09.61	1:06.33	
32.27		1:06.33 (34.06)			
19 Perun, Tyler	SR	Sacred Heart Cathedral Prep	1:10.16	1:09.86	
33.68		1:09.86 (36.18)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 40 Boys 100 Yard Backstroke Varsity)

Name	Yr	School	Seed Time	Prelim Time
20 Troung, Anthony	SR	Sacred Heart Cathedral Prep	1:19.11	1:16.22
	36.14	1:16.22 (40.08)		

Event 41 Girls 100 Yard Breaststroke Junior Varsity

WCAL Record: 1:10.20 2017 Se Kim STIG
 1:02.53 AAA
 1:03.85 AAC
 1:09.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Duro, Alyssa	JR	Archbishop Mitty High School	1:16.73	1:15.10	20
	35.00	1:15.10 (40.10)			
2 Walsh, Paige	SO	Archbishop Riordan High School	1:18.74	1:17.59	17
	36.61	1:17.59 (40.98)			
3 Mallory, Rhianna	JR	Archbishop Riordan High School	1:16.81	1:18.60	16
	37.12	1:18.60 (41.48)			
4 Repp, Nahla	JR	St. Ignatius College Prep	1:23.68	1:18.61	15
	36.87	1:18.61 (41.74)			
5 Rose, Amandine	FR	St. Ignatius College Prep	1:26.66	1:23.08	14
	39.77	1:23.08 (43.31)			
6 Yiu, Sofia	FR	Valley Christian High School	1:23.20	1:23.80	13
	40.17	1:23.80 (43.63)			
7 Chen, Kara	FR	Archbishop Mitty High School	1:25.57	1:25.85	12
	40.06	1:25.85 (45.79)			
8 Ware, Lulu	SO	Sacred Heart Cathedral Prep	1:29.75	1:29.27	11
	42.94	1:29.27 (46.33)			

B - Final

9 Lajeunesse, Ella	FR	Archbishop Mitty High School	1:30.34	1:28.45	9
	40.82	1:28.45 (47.63)			
10 Dias, Diyanka	FR	Archbishop Mitty High School	1:31.37	1:28.46	7
	41.96	1:28.46 (46.50)			
11 Peterson, Emily	FR	St. Ignatius College Prep	1:31.76	1:31.89	6
	43.30	1:31.89 (48.59)			
12 Fuhrmann, Charlotte	JR	Archbishop Riordan High School	1:32.89	1:33.61	5
	44.82	1:33.61 (48.79)			
13 Sayno, Sandy	FR	Saint Francis High School	1:37.26	1:36.86	4
	45.97	1:36.86 (50.89)			
14 Rold, Samantha	JR	Archbishop Riordan High School	1:37.28	1:38.13	3
	46.13	1:38.13 (52.00)			
15 Jiang, Lindsey	FR	Valley Christian High School	1:43.05	1:42.51	2
	47.89	1:42.51 (54.62)			
16 Lenz, Maddy	FR	Presentation High School	1:50.38	1:58.17	1
	53.83	1:58.17 (1:04.34)			

Event 41 Girls 100 Yard Breaststroke Junior Varsity

WCAL Record: 1:10.20 2017 Se Kim STIG
 1:02.53 AAA
 1:03.85 AAC
 1:09.99 CCS

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Duro, Alyssa	JR	Archbishop Mitty High School	1:18.49	1:16.73 q
	35.92	1:16.73 (40.81)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****Preliminaries ... (Event 41 Girls 100 Yard Breaststroke Junior Varsity)**

Name	Yr	School	Seed Time	Prelim Time	
2 Mallory, Rhianna	JR	Archbishop Riordan High School	1:18.50	1:16.81	q
36.50		1:16.81 (40.31)			
3 Walsh, Paige	SO	Archbishop Riordan High School	1:18.64	1:18.74	q
38.82		1:18.74 (39.92)			
4 Yiu, Sofia	FR	Valley Christian High School	1:21.89	1:23.20	q
39.49		1:23.20 (43.71)			
5 Repp, Nahla	JR	St. Ignatius College Prep	1:19.54	1:23.68	q
38.89		1:23.68 (44.79)			
6 Chen, Kara	FR	Archbishop Mitty High School	1:29.87	1:25.57	q
41.40		1:25.57 (44.17)			
7 Rose, Amandine	FR	St. Ignatius College Prep	1:24.36	1:26.66	q
42.68		1:26.66 (43.98)			
8 Ware, Lulu	SO	Sacred Heart Cathedral Prep	1:33.08	1:29.75	q
44.76		1:29.75 (44.99)			
9 Lajeunesse, Ella	FR	Archbishop Mitty High School	1:30.50	1:30.34	q
42.22		1:30.34 (48.12)			
10 Dias, Diyanka	FR	Archbishop Mitty High School	1:31.92	1:31.37	q
42.96		1:31.37 (48.41)			
11 Peterson, Emily	FR	St. Ignatius College Prep	1:39.21	1:31.76	q
43.53		1:31.76 (48.23)			
12 Fuhrmann, Charlotte	JR	Archbishop Riordan High School	1:35.55	1:32.89	q
44.75		1:32.89 (48.14)			
13 Sayno, Sandy	FR	Saint Francis High School	1:38.79	1:37.26	q
14 Rold, Samantha	JR	Archbishop Riordan High School	1:35.78	1:37.28	q
46.03		1:37.28 (51.25)			
15 Yang, Suzanna	FR	Saint Francis High School	1:39.75	1:39.81	q
48.31		1:39.81 (51.50)			
16 Jiang, Lindsey	FR	Valley Christian High School	NT	1:43.05	q
47.44		1:43.05 (55.61)			
17 Lenz, Maddy	FR	Presentation High School	1:47.44	1:50.38	
--- Smith, Makena	SO	Valley Christian High School	1:27.74	DQ	
42.68		DQ (49.20)			

Event 42 Boys 100 Yard Breaststroke Junior Varsity

WCAL Record: 54.97 2013 Curtis Ogren-SF SFHS
 55.22 AAA
 58.46 AAC
 1:01.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Li, Valentino	JR	Bellarmino College Prep	1:05.86	1:04.66	20
30.18		1:04.66 (34.48)			
2 Long, Ian	SO	Bellarmino College Prep	1:06.07	1:05.11	17
30.18		1:05.11 (34.93)			
3 Lee, Jason	FR	Archbishop Mitty High School	1:10.24	1:07.34	16
31.92		1:07.34 (35.42)			
4 Chen, Bryce	SO	Valley Christian High School	1:08.82	1:07.60	15
32.09		1:07.60 (35.51)			
5 Ischanov, Andrew	FR	Bellarmino College Prep	1:06.65	1:07.92	14
31.66		1:07.92 (36.26)			
6 Jeon, Hajin	FR	Archbishop Mitty High School	1:09.15	1:09.29	13
32.16		1:09.29 (37.13)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025**Results****A - Final ... (Event 42 Boys 100 Yard Breaststroke Junior Varsity)**

Name	Yr	School	Prelim Time	Finals Time	Points
7 Chu, Ethan	SO	Valley Christian High School	1:10.21	1:10.17	12
33.63			1:10.17 (36.54)		
8 Pham, David	SO	Bellarmino College Prep	1:11.31	1:11.49	11
33.93			1:11.49 (37.56)		
B - Final					
9 Coffin, Ryan	SO	Serra High School	1:11.92	1:09.00	9
33.11			1:09.00 (35.89)		
10 Gines, Anthony	JR	St. Ignatius College Prep	1:13.47	1:13.32	7
34.33			1:13.32 (38.99)		
11 Jeon, Hajun	FR	Archbishop Mitty High School	1:14.00	1:13.82	6
34.34			1:13.82 (39.48)		
12 Chan, Oliver	FR	St. Ignatius College Prep	1:12.26	1:14.09	5
35.54			1:14.09 (38.55)		
13 Wong, Evan	SO	Archbishop Riordan High School	1:13.07	1:14.60	4
34.94			1:14.60 (39.66)		
14 Walsh, Anthony	JR	Serra High School	1:16.55	1:14.88	3
34.40			1:14.88 (40.48)		
15 Miyamoto, Joseph	SO	Saint Francis High School	1:14.23	1:14.89	2
35.45			1:14.89 (39.44)		
16 White, Brandon	JR	Serra High School	1:14.73	1:15.36	1
35.90			1:15.36 (39.46)		

Event 42 Boys 100 Yard Breaststroke Junior Varsity

WCAL Record:	54.97	2013	Curtis Ogren-SF	SFHS
	55.22	AAA		
	58.46	AAC		
	1:01.99	CCS		

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Li, Valentino	JR	Bellarmino College Prep	1:05.56	1:05.86	q
31.47			1:05.86 (34.39)		
2 Long, Ian	SO	Bellarmino College Prep	1:06.35	1:06.07	q
30.35			1:06.07 (35.72)		
3 Ischanov, Andrew	FR	Bellarmino College Prep	1:10.84	1:06.65	q
31.75			1:06.65 (34.90)		
4 Chen, Bryce	SO	Valley Christian High School	NT	1:08.82	q
32.88			1:08.82 (35.94)		
5 Jeon, Hajin	FR	Archbishop Mitty High School	1:08.70	1:09.15	q
32.19			1:09.15 (36.96)		
6 Chu, Ethan	SO	Valley Christian High School	1:08.21	1:10.21	q
34.23			1:10.21 (35.98)		
7 Lee, Jason	FR	Archbishop Mitty High School	1:20.00	1:10.24	q
33.37			1:10.24 (36.87)		
8 Pham, David	SO	Bellarmino College Prep	1:13.06	1:11.31	q
33.76			1:11.31 (37.55)		
9 Coffin, Ryan	SO	Serra High School	1:12.23	1:11.92	q
34.41			1:11.92 (37.51)		
10 Chan, Oliver	FR	St. Ignatius College Prep	1:15.24	1:12.26	q
34.33			1:12.26 (37.93)		
11 Ye, Ethan	FR	Bellarmino College Prep	1:15.73	1:12.96	q
34.22			1:12.96 (38.74)		
12 Wong, Evan	SO	Archbishop Riordan High School	1:17.50	1:13.07	q
33.85			1:13.07 (39.22)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 42 Boys 100 Yard Breaststroke Junior Varsity)

Name	Yr	School	Seed Time	Prelim Time	
13 Gines, Anthony	JR	St. Ignatius College Prep	1:14.79	1:13.47	q
34.52		1:13.47 (38.95)			
14 Jeon, Hajun	FR	Archbishop Mitty High School	1:17.14	1:14.00	q
34.11		1:14.00 (39.89)			
15 Miyamoto, Joseph	SO	Saint Francis High School	1:16.24	1:14.23	q
35.41		1:14.23 (38.82)			
16 White, Brandon	JR	Serra High School	1:19.00	1:14.73	q
35.66		1:14.73 (39.07)			
17 Walsh, Anthony	JR	Serra High School	1:16.44	1:16.55	
35.24		1:16.55 (41.31)			
18 Yu, James	FR	Valley Christian High School	1:18.41	1:18.20	
35.92		1:18.20 (42.28)			
19 Delaney, Logan	SO	Saint Francis High School	1:18.71	1:21.38	
37.83		1:21.38 (43.55)			
20 Eaton, Kaleb	JR	Archbishop Mitty High School	1:25.74	1:22.30	
39.14		1:22.30 (43.16)			
21 Lee, Michael	SO	Sacred Heart Cathedral Prep	1:26.52	1:24.78	
41.75		1:24.78 (43.03)			
22 Zheng, John	SO	Archbishop Riordan High School	1:28.45	1:26.27	
23 Aubrey, Austin	FR	Bellarmino College Prep	NT	1:28.01	
40.37		1:28.01 (47.64)			
24 Godithi, Arya	FR	Bellarmino College Prep	NT	1:33.14	
42.62		1:33.14 (50.52)			
25 Aliangan, Aiden	FR	Bellarmino College Prep	NT	1:35.09	
42.74		1:35.09 (52.35)			
26 Anderson, Jake	FR	Bellarmino College Prep	NT	1:36.27	
27 Kim, Minkyul	FR	Bellarmino College Prep	1:31.81	1:36.95	
28 Tran, Tri	JR	Bellarmino College Prep	NT	1:38.06	
44.07		1:38.06 (53.99)			
--- Laponis, Ben	SO	Bellarmino College Prep	1:17.82	X1:13.36	
34.69		1:13.36 (38.67)			
--- Aldabagh, Taym	FR	Bellarmino College Prep	1:20.52	X1:15.07	
34.28		1:15.07 (40.79)			
--- Mannas, Connor	FR	Bellarmino College Prep	1:17.57	X1:15.52	
35.66		1:15.52 (39.86)			
--- Yerganian, Shant	FR	Bellarmino College Prep	1:18.73	X1:17.07	
35.69		1:17.07 (41.38)			
--- Creamer, Carl	SO	Bellarmino College Prep	1:19.82	X1:17.28	
36.15		1:17.28 (41.13)			
--- Chakraborty, Ryan	SO	Bellarmino College Prep	1:25.68	X1:22.30	
38.06		1:22.30 (44.24)			
--- Barba, Jakob	JR	Bellarmino College Prep	1:23.81	X1:22.58	
38.31		1:22.58 (44.27)			
--- Lu, Aaron	SO	Bellarmino College Prep	1:16.77	X1:23.82	
37.83		1:23.82 (45.99)			
--- Bshara, Rawi	JR	Bellarmino College Prep	1:18.73	DQ	
33.53		DQ (42.84)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Event 43 Girls 100 Yard Breaststroke Varsity

WCAL Record: 1:02.04 4/27/2024 Mia Su
 1:02.53 AAA
 1:03.85 AAC
 1:09.99 CCS

AMHS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Su, Mia	SO	Archbishop Mitty High School	1:03.89	1:01.00	20
29.74			1:01.00 (31.26)		
2 Liu, Gabrielle	FR	Presentation High School	1:07.67	1:05.22	17
31.02			1:05.22 (34.20)		
3 Ovrootsky, Shana	JR	Presentation High School	1:07.40	1:07.63	16
31.73			1:07.63 (35.90)		
4 O'Young, Enna	SO	Archbishop Mitty High School	1:08.40	1:07.95	15
32.54			1:07.95 (35.41)		
5 Turk, Catey		St. Ignatius College Prep	1:09.83	1:10.61	14
32.75			1:10.61 (37.86)		
6 Woo, Ellie	JR	Archbishop Mitty High School	1:11.43	1:10.88	13
33.31			1:10.88 (37.57)		
7 Slakoff, Sydney	SO	St. Ignatius College Prep	1:10.36	1:11.26	12
33.74			1:11.26 (37.52)		
8 Devlin, Isabella	SO	Sacred Heart Cathedral Prep	1:12.73	1:12.58	11
34.09			1:12.58 (38.49)		
B - Final					
9 Zanotto, Giana	JR	Saint Francis High School	1:12.91	1:12.19	9
34.60			1:12.19 (37.59)		
10 Glazzy, Lauren	SR	Archbishop Mitty High School	1:12.90	1:14.25	7
35.18			1:14.25 (39.07)		
11 Ling, Nina	FR	Valley Christian High School	1:13.67	1:14.96	6
35.58			1:14.96 (39.38)		
12 Ryzhikova, Katherine	SO	St. Ignatius College Prep	1:19.21	1:18.06	5
36.07			1:18.06 (41.99)		
13 Yee, Miya	JR	St. Ignatius College Prep	1:18.30	1:18.34	4
36.57			1:18.34 (41.77)		
14 Dryden, Lauren	SR	Valley Christian High School	1:25.13	1:26.11	3
40.25			1:26.11 (45.86)		

Event 43 Girls 100 Yard Breaststroke Varsity

WCAL Record: 1:02.04 4/27/2024 Mia Su
 1:02.53 AAA
 1:03.85 AAC
 1:09.99 CCS

AMHS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Su, Mia	SO	Archbishop Mitty High School	1:02.75	1:03.89	q
30.46			1:03.89 (33.43)		
2 Ovrootsky, Shana	JR	Presentation High School	1:06.75	1:07.40	q
31.97			1:07.40 (35.43)		
3 Liu, Gabrielle	FR	Presentation High School	1:05.12	1:07.67	q
32.23			1:07.67 (35.44)		
4 O'Young, Enna	SO	Archbishop Mitty High School	1:08.18	1:08.40	q
32.96			1:08.40 (35.44)		
5 Turk, Catey		St. Ignatius College Prep	1:12.42	1:09.83	q
32.75			1:09.83 (37.08)		

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 43 Girls 100 Yard Breaststroke Varsity)

Name	Yr	School	Seed Time	Prelim Time	
6 Slakoff, Sydney	SO	St. Ignatius College Prep	1:12.50	1:10.36	q
33.52		1:10.36 (36.84)			
7 Woo, Ellie	JR	Archbishop Mitty High School	1:13.09	1:11.43	q
33.61		1:11.43 (37.82)			
8 Devlin, Isabella	SO	Sacred Heart Cathedral Prep	1:13.84	1:12.73	q
34.24		1:12.73 (38.49)			
9 Glazzy, Lauren	SR	Archbishop Mitty High School	1:14.92	1:12.90	q
34.43		1:12.90 (38.47)			
10 Zanotto, Giana	JR	Saint Francis High School	1:13.72	1:12.91	q
34.68		1:12.91 (38.23)			
11 Ling, Nina	FR	Valley Christian High School	1:12.30	1:13.67	q
34.88		1:13.67 (38.79)			
12 Morrow, Keara	JR	Archbishop Mitty High School	1:14.69	1:15.01	q
36.03		1:15.01 (38.98)			
13 Yee, Miya	JR	St. Ignatius College Prep	1:18.94	1:18.30	q
36.22		1:18.30 (42.08)			
14 Ryzhikova, Katherine	SO	St. Ignatius College Prep	1:17.54	1:19.21	q
37.33		1:19.21 (41.88)			
15 Dryden, Lauren	SR	Valley Christian High School	1:26.39	1:25.13	q
40.20		1:25.13 (44.93)			
16 Ramasubban, Ayana	JR	Presentation High School	1:31.38	1:33.30	q
44.61		1:33.30 (48.69)			
17 Ratcliffe, Isabella	SR	Sacred Heart Cathedral Prep	1:26.02	1:34.84	
44.11		1:34.84 (50.73)			

Event 44 Boys 100 Yard Breaststroke Varsity

WCAL Record: 54.66 4/27/2024 Shareef Elaydi AMHS
 55.22 AAA
 58.46 AAC
 1:01.99 CCS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Elaydi, Shareef	SO	Archbishop Mitty High School	57.46	54.26	20
26.02		54.26 (28.24)			
2 Raghunathan, Kevin	SR	Serra High School	56.20	56.44	17
26.52		56.44 (29.92)			
3 Cameron, Jack	JR	Valley Christian High School	58.49	57.23	16
27.26		57.23 (29.97)			
4 Raghunathan, Brian	SO	Serra High School	57.50	57.79	15
27.63		57.79 (30.16)			
5 West, Jack	SR	Archbishop Riordan High School	58.42	57.89	14
27.46		57.89 (30.43)			
6 Magallanes, Keith	SR	Bellarmino College Prep	59.51	58.29	13
27.39		58.29 (30.90)			
7 Huang, Caden	SR	St. Ignatius College Prep	1:00.34	59.73	12
28.12		59.73 (31.61)			
8 Mancinetti, Marco	SR	Archbishop Riordan High School	59.27	59.75	11
27.55		59.75 (32.20)			
B - Final					
9 Winalski, Chris	SR	Bellarmino College Prep	1:01.45	59.67	9
28.00		59.67 (31.67)			
10 Huang, Ryan	SO	Saint Francis High School	1:00.40	1:00.89	7
28.51		1:00.89 (32.38)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

B - Final ... (Event 44 Boys 100 Yard Breaststroke Varsity)

Name	Yr	School	Prelim Time	Finals Time	Points
11 Manole, Tomas	SR	Valley Christian High School	1:00.92	1:01.57	6
29.29		1:01.57 (32.28)			
12 Huang, Tony	FR	Archbishop Mitty High School	1:02.92	1:03.31	5
29.82		1:03.31 (33.49)			
13 Wong, Newton	SR	St. Ignatius College Prep	1:03.66	1:03.35	4
30.18		1:03.35 (33.17)			
14 Van Alst, Samuel	SR	Bellarmino College Prep	1:04.92	1:03.91	3
29.64		1:03.91 (34.27)			
15 Housholder, Andrew	SO	Valley Christian High School	1:03.52	1:04.33	2
30.09		1:04.33 (34.24)			
16 Dunn, Dylan	SO	St. Ignatius College Prep	1:05.26	1:06.78	1
31.19		1:06.78 (35.59)			

Event 44 Boys 100 Yard Breaststroke Varsity

WCAL Record: 54.66 4/27/2024 Shareef Elaydi AMHS
 55.22 AAA
 58.46 AAC
 1:01.99 CCS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Raghunathan, Kevin	SR	Serra High School	57.19	56.20	q
26.29		56.20 (29.91)			
2 Elaydi, Shareef	SO	Archbishop Mitty High School	58.67	57.46	q
27.15		57.46 (30.31)			
3 Raghunathan, Brian	SO	Serra High School	1:00.10	57.50	q
27.07		57.50 (30.43)			
4 West, Jack	SR	Archbishop Riordan High School	58.56	58.42	q
28.28		58.42 (30.14)			
5 Cameron, Jack	JR	Valley Christian High School	58.68	58.49	q
27.88		58.49 (30.61)			
6 Mancinetti, Marco	SR	Archbishop Riordan High School	1:00.58	59.27	q
27.58		59.27 (31.69)			
7 Magallanes, Keith	SR	Bellarmino College Prep	58.45	59.51	q
27.84		59.51 (31.67)			
8 Huang, Caden	SR	St. Ignatius College Prep	1:01.33	1:00.34	q
28.46		1:00.34 (31.88)			
9 Huang, Ryan	SO	Saint Francis High School	1:01.85	1:00.40	q
28.03		1:00.40 (32.37)			
10 Manole, Tomas	SR	Valley Christian High School	1:03.57	1:00.92	q
28.82		1:00.92 (32.10)			
11 Winalski, Chris	SR	Bellarmino College Prep	58.43	1:01.45	q
28.49		1:01.45 (32.96)			
12 Huang, Tony	FR	Archbishop Mitty High School	1:00.83	1:02.92	q
29.71		1:02.92 (33.21)			
13 Housholder, Andrew	SO	Valley Christian High School	1:03.38	1:03.52	q
29.93		1:03.52 (33.59)			
14 Wong, Newton	SR	St. Ignatius College Prep	1:04.39	1:03.66	q
30.11		1:03.66 (33.55)			
15 Van Alst, Samuel	SR	Bellarmino College Prep	1:07.43	1:04.92	q
30.08		1:04.92 (34.84)			
16 Dunn, Dylan	SO	St. Ignatius College Prep	1:07.14	1:05.26	q
30.24		1:05.26 (35.02)			

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

Preliminaries ... (Event 44 Boys 100 Yard Breaststroke Varsity)

Name	Yr	School	Seed Time	Prelim Time
17 He, Ethan	SO	Valley Christian High School	NT	1:05.36
30.69				1:05.36 (34.67)
18 Cordani, Griffin	JR	Archbishop Mitty High School	1:15.76	1:08.09
32.97				1:08.09 (35.12)
19 Graham, Henry	JR	Serra High School	1:10.04	1:09.21
32.84				1:09.21 (36.37)
20 Khong, Enhua	SR	Bellarmino College Prep	1:08.39	1:10.48
31.83				1:10.48 (38.65)
21 Garzee, Desmond	SR	St. Ignatius College Prep	1:14.13	1:11.25
33.54				1:11.25 (37.71)
22 Sivamurthy, Nikhil	SO	Saint Francis High School	1:12.90	1:13.12
34.53				1:13.12 (38.59)
23 Russo, Dylan	JR	Sacred Heart Cathedral Prep	1:14.46	1:15.14
34.48				1:15.14 (40.66)
24 Partridge, Logan	SO	Saint Francis High School	1:13.23	1:15.42
35.62				1:15.42 (39.80)
25 Gomez, Omar	SR	Serra High School	1:20.11	1:19.02
36.99				1:19.02 (42.03)
26 Lee, Kenneth	JR	Sacred Heart Cathedral Prep	1:15.71	1:22.22
27 Bucher, Dominik	SR	Bellarmino College Prep	1:30.62	1:27.89
40.11				1:27.89 (47.78)
28 Pak, Matthew	SR	Sacred Heart Cathedral Prep	1:25.45	1:28.11
41.12				1:28.11 (46.99)
--- Yang, Barak	SO	Valley Christian High School	1:08.48	X1:06.37
31.18				1:06.37 (35.19)
--- Su, Forrest	SO	Valley Christian High School	1:07.40	X1:07.42
31.51				1:07.42 (35.91)

Event 45 Girls 400 Yard Freestyle Relay Junior Varsity

WCAL Record: 3:52.55 2010 Archbishop Mitty AMHS
 K Cheng, M Chock, J Schultz, A Saber
 3:27.68 AAA
 3:31.16 AAC
 3:56.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Mitty High School	A	4:14.74	4:00.33	40
1) Jog, Zuie JR	2) Lavaka, Mailani FR	3) Fischer, Maya SO	4) Duro, Alyssa JR	
29.07	59.87 (59.87)	1:29.36 (29.49)	2:00.01 (1:00.14)	
2:29.08 (29.07)	3:01.08 (1:01.07)	3:29.01 (27.93)	4:00.33 (59.25)	
2 St. Ignatius College Prep	A	4:45.72	4:26.94	34
1) Anderson, Malina SO	2) Maddox, Audrey FR	3) Rose, Amandine FR	4) Peralta, Aria FR	
30.58	1:36.31 (1:36.31)	2:12.93 (36.62)	2:44.71 (1:08.40)	
3:20.19 (35.48)	3:52.42 (1:07.71)	4:27.11 (34.69)	4:26.94 (34.52)	
3 Archbishop Riordan High School	A	4:35.57	4:36.35	32
1) Walsh, Elizabeth JR	2) Martinez, Yzabelle FR	3) Sumisaki, Naomi SO	4) Couch, Corrina JR	
32.15	1:06.81 (1:06.81)	1:40.04 (33.23)	2:16.89 (1:10.08)	
2:49.59 (32.70)	3:31.10 (1:14.21)	4:00.82 (29.72)	4:36.35 (1:05.25)	
4 Valley Christian High School	A	4:50.05	4:47.73	30
1) Concion, Dalia SO	2) Leggio, Vanessa SO	3) Jiang, Lindsey FR	4) Webb, Sophia FR	
33.97	1:10.98 (1:10.98)	1:28.13 (17.15)	2:26.78 (1:15.80)	
2:55.30 (28.52)	3:37.57 (1:10.79)	4:11.25 (33.68)	4:47.73 (1:10.16)	

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Results

(Event 45 Girls 400 Yard Freestyle Relay Junior Varsity)

Team	Relay	Seed Time	Finals Time	Points
5 Saint Francis High School	A	4:36.51	4:48.50	28
1) Jacobson, Rene FR	2) Clements, Raeleigh SO	3) Feldman, Tanith FR	4) Verma, Simone SO	
31.74	1:06.15 (1:06.15)	2:27.85 (1:21.70)	3:00.09 (1:53.94)	
3:38.48 (38.39)	4:11.65 (1:11.56)	4:48.50 (36.85)		
6 Sacred Heart Cathedral Prep	A	5:07.18	5:10.89	26
1) Edwards, Charlotte SO	2) Cardenas, Lily SO	3) Ware, Lulu SO	4) Clarke, Lola FR	
38.18	1:16.76 (1:16.76)	1:37.11 (20.35)	2:37.36 (1:20.60)	
3:13.82 (36.46)	3:53.52 (1:16.16)	4:30.17 (36.65)	5:10.89 (1:17.37)	
7 Presentation High School	A	5:15.31	5:13.70	24
1) Hair, Charlotte FR	2) Tan, Vivian FR	3) Akers, Micaela FR	4) Kosmyinka, Emerson FR	
37.51	1:17.37 (1:17.37)	1:57.06 (39.69)	2:56.68 (1:39.31)	
3:17.12 (20.44)	3:54.62 (57.94)	4:32.38 (37.76)	5:13.70 (1:19.08)	
--- St. Ignatius College Prep	B	4:55.00	x4:46.17	
1) Peterson, Emily FR	2) Almajdalani, Farrah SO	3) Javinsky, Jenna FR	4) Ishimoto, Emma SO	
37.40	1:18.06 (1:18.06)	1:48.65 (30.59)	2:24.97 (1:06.91)	
3:00.07 (35.10)	3:40.19 (1:15.22)	4:09.59 (29.40)	4:46.17 (1:05.98)	
--- Saint Francis High School	B	5:16.54	x5:03.97	
1) Pentek, Flora JR	2) Kumaresh, Sujaya JR	3) Farias, Sofia SO	4) Moore, Maya FR	
34.77	1:13.19 (1:13.19)	1:49.84 (36.65)	2:36.07 (1:22.88)	
3:10.86 (34.79)	3:53.32 (1:17.25)	4:25.06 (31.74)	5:03.97 (1:10.65)	
--- Sacred Heart Cathedral Prep	B	NT	DQ	
1) Lloyd, Anna JR	2) Burne, Teagan SO	3) Zogoric, Francesca JR	4) Brenes Cardenas, Maya SO	
37.17	1:19.19 (1:19.19)	1:38.50 (19.31)	1:57.72 (38.53)	
2:40.11 (42.39)	3:22.58 (1:24.86)	4:13.68 (51.10)	DQ (2:08.51)	

Event 46 Boys 400 Yard Freestyle Relay Junior Varsity

WCAL Record: 3:19.18 2004 Bellarmine BELA
J MacDonell, T Smith, K Schmidt, N Bounfiglio
 3:05.17 AAA
 3:08.08 AAC
 3:29.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Bellarmine College Prep	A	3:31.89	3:24.84	40
1) Gasiorowski, Joseph SO	2) Taysi, Griffin SO	3) Zucek, Dax SO	4) Ng, Bryce JR	
24.23	49.49 (49.49)	1:13.75 (24.26)	1:40.39 (50.90)	
2:05.45 (25.06)	2:32.56 (52.17)	2:57.00 (24.44)	3:24.84 (52.28)	
2 Serra High School	A	3:48.00	3:38.78	34
1) Timar, Andre FR	2) Shoup, Benjamin SO	3) Haag, Alex SO	4) Coffin, Ryan SO	
25.95	53.17 (53.17)	1:19.88 (26.71)	1:49.10 (55.93)	
2:14.79 (25.69)	2:43.64 (54.54)	3:10.15 (26.51)	3:38.78 (55.14)	
3 Archbishop Mitty High School	A	3:51.78	3:43.78	32
1) Latif, Zayne JR	2) Zanghi, Chase SO	3) Oliver, Clark SO	4) Callahan, Espen SO	
25.35	53.77 (53.77)	1:20.07 (26.30)	1:49.43 (55.66)	
2:16.65 (27.22)	2:47.55 (58.12)	3:13.99 (26.44)	3:43.78 (56.23)	
4 Saint Francis High School	A	3:15.07	3:46.38	30
1) Adam, Conor FR	2) Shaheen, Anthony SO	3) Emelyanov, Ilya JR	4) Tannert, Rollan FR	
25.33	53.63 (53.63)	1:20.43 (26.80)	1:51.44 (57.81)	
2:18.82 (27.38)	2:48.96 (57.52)	3:16.05 (27.09)	3:46.38 (57.42)	
5 Valley Christian High School	A	3:53.67	3:47.98	28
1) Kim, Jonathan SO	2) Chu, Ethan SO	3) McCarroll, Danny FR	4) Chen, Bryce SO	
27.23	56.09 (56.09)	1:22.87 (26.78)	1:52.30 (56.21)	
2:21.43 (29.13)	2:54.12 (1:01.82)	3:20.30 (26.18)	3:47.98 (53.86)	

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Results

(Event 46 Boys 400 Yard Freestyle Relay Junior Varsity)

Team	Relay	Seed Time	Finals Time	Points
6 St. Ignatius College Prep	A	3:49.24	3:48.80	26
1) Chan, Oliver FR	2) Sjauwfoekloy, Kendall SO	3) Konvicka, Daniel JR	4) Somoza, Naveen JR	
28.03	58.06 (58.06)	1:24.38 (26.32)	1:52.49 (54.43)	
2:19.61 (27.12)	2:50.83 (58.34)	3:16.55 (25.72)	3:48.80 (57.97)	
7 Archbishop Riordan High School	A	3:54.45	3:56.69	24
1) Rabbetz, Mason SO	2) Gomez Lario, Phoenix SO	3) Powell, Darby FR	4) Pangilinin, Jonathan FR	
25.05	51.58 (51.58)	1:21.74 (30.16)	1:56.94 (1:05.36)	
2:26.66 (29.72)	3:00.54 (1:03.60)	3:27.29 (26.75)	3:56.69 (56.15)	
--- Bellarmine College Prep	B	3:34.57	x3:31.91	
1) Willey, Ryan FR	2) Li, Daniel FR	3) Wilson, Aiden SO	4) O'Leary, Gannon SO	
25.03	52.18 (52.18)	1:16.57 (24.39)	1:43.33 (51.15)	
2:10.24 (26.91)	2:38.95 (55.62)	3:04.41 (25.46)	3:31.91 (52.96)	
--- Serra High School	B	4:00.00	x4:00.31	
1) Mercay, Tristan FR	2) White, Brandon JR	3) Walsh, Anthony JR	4) Salma, Rhys JR	
27.56	59.51 (59.51)	1:28.79 (29.28)	2:02.07 (1:02.56)	
2:29.68 (27.61)	3:01.58 (59.51)	3:29.61 (28.03)	4:00.31 (58.73)	
--- Archbishop Riordan High School	B	4:31.55	x4:34.94	
1) Lee, Aidan SO	2) Walthew, Jai FR	3) Sommerfield, Aidan FR	4) Ly, Ethan JR	
31.41	1:08.58 (1:08.58)	1:44.27 (35.69)	2:20.70 (1:12.12)	
2:52.68 (31.98)	3:29.52 (1:08.82)	4:00.00 (30.48)	4:34.94 (1:05.42)	

Event 47 Girls 400 Yard Freestyle Relay Varsity

WCAL Record: 3:29.48 2019 St Francis High School SFMV
 N Oliva, S Harris, A Holden, B Schaffer
 3:27.68 AAA
 3:31.16 AAC
 3:56.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Mitty High School	A	3:42.55	3:30.44	40
1) Wu, Isabel SO	2) O'Young, Enna SO	3) Su, Mia SO	4) Rutter, Violet FR	
24.91	51.02 (51.02)	1:17.63 (26.61)	1:46.46 (55.44)	
2:11.98 (25.52)	2:39.02 (52.56)	3:03.66 (24.64)	3:30.44 (51.42)	
2 St. Ignatius College Prep	A	3:39.41	3:31.17	34
1) Birkhold, Elaine JR	2) Slakoff, Sydney SO	3) Kwok, Maddie SO	4) Burkhardt, Elizabeth SR	
25.25	52.16 (52.16)	1:18.95 (26.79)	1:48.03 (55.87)	
2:13.48 (25.45)	2:41.38 (53.35)	3:05.33 (23.95)	3:31.17 (49.79)	
3 Saint Francis High School	A	3:40.76	3:38.47	32
1) Rickard, Riese FR	2) Hopkins, Caitlin SR	3) Swall, Alex SO	4) Avnur, Maya JR	
26.34	55.05 (55.05)	1:21.80 (26.75)	1:50.59 (55.54)	
2:16.61 (26.02)	2:44.93 (54.34)	3:10.54 (25.61)	3:38.47 (53.54)	
4 Presentation High School	A	3:47.06	3:54.28	30
1) Hu, Madison JR	2) Sisto, Brooke SO	3) Malhi, Rhian FR	4) Liu, Gabrielle FR	
28.22	59.02 (59.02)	1:25.92 (26.90)	1:55.02 (56.00)	
2:23.39 (28.37)	3:01.41 (1:06.39)	3:22.48 (21.07)	3:54.28 (52.87)	
5 Sacred Heart Cathedral Prep	A	4:05.00	4:04.47	28
1) Pugh, Ryland FR	2) Dunn, Fiona JR	3) Kloes, Peri SO	4) Demina, Alisa SR	
30.76	1:03.39 (1:03.39)	1:35.36 (31.97)	2:10.30 (1:06.91)	
2:40.18 (29.88)	3:14.17 (1:03.87)	4:04.47 (50.30)		
6 Valley Christian High School	A	3:51.16	4:07.00	26
1) Li, Hannah SO	2) Ling, Nina FR	3) Barte, Elissa SR	4) Wheeler, Hannah JR	
27.91	1:00.07 (1:00.07)	1:30.51 (30.44)	2:05.31 (1:05.24)	
2:34.45 (29.14)	3:07.42 (1:02.11)	3:35.87 (28.45)	4:07.00 (59.58)	

2025 WCAL Championships - 5/1/2025 to 5/3/2025

Results

(Event 47 Girls 400 Yard Freestyle Relay Varsity)

Team	Relay	Seed Time	Finals Time	Points
--- Saint Francis High School	B	3:53.00	x3:23.59	
1) Lim, Yisin FR	2) Buckallew, Daniela JR	3) Payne, Lia JR	4) Zanutto, Giana JR	
28.12	57.45 (57.45)	1:25.67 (28.22)	1:56.81 (59.36)	
2:24.83 (28.02)	2:55.70 (58.89)	3:23.59 (27.89)		
--- St. Ignatius College Prep	B	3:55.00	x3:53.90	
1) Turk, Catey	2) Schwerte, Ella FR	3) Dehlendorf, Lily FR	4) Schlunt, Brooklyn FR	
27.26	57.14 (57.14)	1:25.14 (28.00)	1:56.11 (58.97)	
2:15.91 (19.80)	2:56.14 (1:00.03)	3:23.12 (26.98)	3:53.90 (57.76)	

Event 48 Boys 400 Yard Freestyle Relay Varsity

WCAL Record: 3:08.81 2014 St Francis High School SFMV
C Ogren, D Ren, S Elmurib, B Ho
3:05.17 AAA
3:08.08 AAC
3:29.99 CCS

Team	Relay	Seed Time	Finals Time	Points
1 Bellarmine College Prep	A	3:05.98	3:06.29	40
1) Rances, Miguel JR	2) Boettner, Jackson SR	3) Kim, Jaden JR	4) Porter, Tyler JR	
21.91	46.25 (46.25)	1:08.96 (22.71)	1:33.99 (47.74)	
1:56.55 (22.56)	2:21.43 (47.44)	2:42.40 (20.97)	3:06.29 (44.86)	
*2 Serra High School	A	3:19.05	3:11.08	33
1) Taner, Vaughn SR	2) Crawford, Finn FR	3) Coffin, Sean SR	4) Raghunathan, Kevin SR	
22.69	46.91 (46.91)	1:10.14 (23.23)	1:35.35 (48.44)	
1:58.61 (23.26)	2:24.37 (49.02)	2:46.05 (21.68)	3:11.08 (46.71)	
*2 Valley Christian High School	A	3:11.92	3:11.08	33
1) Shao, Garic JR	2) White III, Robert SO	3) Manole, Tomas SR	4) Kuzmenko, Yury JR	
23.89	48.78 (48.78)	1:11.93 (23.15)	1:37.05 (48.27)	
2:00.42 (23.37)	2:26.52 (49.47)	2:47.89 (21.37)	3:11.08 (44.56)	
4 Saint Francis High School	A	3:15.07	3:14.24	30
1) Zhou, Aiden FR	2) Pascual, Andrew SO	3) Lisac, Vilko JR	4) Goya, Francisco SR	
22.24	46.87 (46.87)	1:10.84 (23.97)	1:37.68 (50.81)	
2:01.40 (23.72)	2:27.82 (50.14)	2:49.77 (21.95)	3:14.24 (46.42)	
5 Archbishop Mitty High School	A	3:25.54	3:16.06	28
1) Dodge, Cannon SO	2) Yu, Ben SO	3) Yen, Jordan SO	4) Huang, Tony FR	
23.48	49.33 (49.33)	1:13.14 (23.81)	1:38.45 (49.12)	
2:01.87 (23.42)	2:27.47 (49.02)	2:51.02 (23.55)	3:16.06 (48.59)	
6 St. Ignatius College Prep	A	3:29.48	3:28.94	26
1) Wong, Newton SR	2) Niemi, Calvin SO	3) McGuigan, Joaquin JR	4) Ossher, Dylan SR	
24.76	51.48 (51.48)	1:16.07 (24.59)	1:43.03 (51.55)	
2:08.11 (25.08)	2:35.57 (52.54)	3:00.98 (25.41)	3:28.94 (53.37)	
7 Sacred Heart Cathedral Prep	A	3:43.74	3:39.44	24
1) Kornach, Konstantin JR	2) Russo, Dylan JR	3) Kutner, Dainel JR	4) Wang, Issac SR	
23.82	49.86 (49.86)	1:16.27 (26.41)	1:46.65 (56.79)	
2:13.53 (26.88)	2:43.85 (57.20)	3:09.51 (25.66)	3:39.44 (55.59)	
8 Archbishop Riordan High School	A	4:05.65	4:13.92	22
1) Reyes, Sean SR	2) Evans, Owen JR	3) West, Jack SR	4) Mancinetti, Marco SR	
31.35	1:10.74 (1:10.74)	1:46.60 (35.86)	2:31.70 (1:20.96)	
2:57.05 (25.35)	3:24.44 (52.74)	3:47.86 (23.42)	4:13.92 (49.48)	
--- Bellarmine College Prep	B	3:12.50	x3:13.43	
1) Shang, Derek JR	2) Noller, Kevin JR	3) Kalynij, Luke SR	4) Zooby, Zachary SR	
23.59	47.63 (47.63)	1:10.35 (22.72)	1:35.09 (47.46)	
1:58.84 (23.75)	2:24.50 (49.41)	2:47.45 (22.95)	3:13.43 (48.93)	

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Results

(Event 48 Boys 400 Yard Freestyle Relay Varsity)

Team	Relay			Seed Time	Finals Time	Points
--- Valley Christian High School	B			NT	x3:21.75	
1) Hernandez, Micah JR	2) Li, Moore SO	3) Chae, Sean FR	4) Blitzer, Chase JR			
23.89	49.76 (49.76)	1:13.45 (23.69)	1:39.48 (49.72)			
2:03.92 (24.44)	2:31.03 (51.55)	2:54.62 (23.59)	3:21.75 (50.72)			
--- Serra High School	B			NT	x3:27.00	
1) Dempsey, Hunter SO	2) Vargas, Max JR	3) Wright, Colin SO	4) Raghunathan, Brian SO			
24.86	51.85 (51.85)	1:17.32 (25.47)	1:45.21 (53.36)			
2:10.24 (25.03)	2:36.68 (51.47)	3:00.42 (23.74)	3:27.00 (50.32)			
--- Saint Francis High School	B			3:26.00	x3:30.08	
1) Daigle, Noah SO	2) Karpman, Marco SR	3) Sharp, Luke JR	4) Guerin, Finn JR			
24.82	51.52 (51.52)	1:17.81 (26.29)	1:46.42 (54.90)			
2:11.97 (25.55)	2:40.27 (53.85)	3:03.76 (23.49)	3:30.08 (49.81)			
--- St. Ignatius College Prep	B			NT	DQ	
1) Dunn, Dylan SO	2) Yang, Darrin JR	3) Buehmann, Johann JR	4) Gaskin, Blake JR			
26.43	55.12 (55.12)	1:21.95 (26.83)	1:51.35 (56.23)			
2:15.99 (24.64)	2:43.91 (52.56)	3:08.74 (24.83)	DQ (54.05)			

Event 126 Boys 100 Yard Freestyle Swim-off Junior Varsity

WCAL Record:	44.84	2015	Benjamin Ho-SF	SFMV
	44.72	AAA		
	45.56	AAC		
	49.69	CCS		

Name	Yr	School	Seed Time	Finals Time
- Swim-off				
1 Latif, Zayne		JR Archbishop Mitty High School	NT	52.19
24.79		52.19 (27.40)		
2 Pangilinin, Jonathan		FR Archbishop Riordan High School	NT	53.11
25.41		53.11 (27.70)		